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Browned
With Precision
by Ruth Jensen

May flowers and warm weather ahead bring beauty problems as acute as those we have been contending with all winter. If, by choice or skin temperament, you fall into the lily-white maiden group, you will find broad-rimmed hats, dark glasses, rich nourishing creams, bleaching and freckle creams, and a liquid powder your right hand beauty aids. However, for those who choose to sun-tan, remember it is serious business. Our winter-whitened skins must be exposed gradually, or the result will be both painful and disastrous. On your first expedition into Old Sol's rays allow yourself not more than 2 minutes in direct rays to toast. The length of time may be gradually increased from day to day. Olive oil or some of the well known sun tan oils will serve to lubricate your body. Then cover your hair with a gay bandanna, adjust a pair of sun glasses that have darkened glass sides to prevent glare, begin to count time, and relax.

Here are a few words of caution to the enthusiastic sun-tanner: do not attempt to read because of eyestrain. Time your sunning and then turn over, lubricate the exposed part and sink back again into your lethargy. Toast each side not longer than 2 minutes, and call it a day. The time of your sun bath may be lengthened each day until your skin is the exact goldness you desire.

A bland soap and water, tissue cream, cold cream, finishing cream, and a favorite hand lotion are all good summer stand-bys. To help acquire a smooth summer make up are the cream powder bases and liquid powders (guaranteed to subdue that shiny nose). Hair reacts in much the same way as your skin; it too can be burned from too much exposure. Hats and our old friends, the handkerchiefs, make good protectors. If you must go bareheaded, hair oil will help counteract the dryness and brittleness. Oil shampoos will also aid. In extreme cases of dryness, a visit to the beauty shop and treatment by a competent operator is advisable. If too frequent washings are inadvisable, a dry shampoo of oatmeal or a commercial product will remove some of the oil.

Summer is the season to enjoy the great outdoors, and we can to the fullest by observing and rigorously following a few simple precautions so that the end of summer and beginning of fall quarter will find us with fresh, radiant glowing skins instead of shoe leather faces.

If you have gathered together your friends to play bridge, and you want to announce your engagement, start them off on a treasure hunt as something new. You'll have to write some little verses—the simpler the better, and place your clues very carefully. At the end of the trail each guest will find a sealed envelope, with the caution—not to be opened until later. When all the guests have found their "treasure" they come back and wait for the signal to open their envelopes. The envelopes have all been numbered, so No. 1 opens his and finds inside a card with one word on it. No. 2 finds another word on his—it happens to be the second word in the sentence. And so on. After all the cards have been read aloud, they will be found to bear the message.