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Give Your Child's Food Attention

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A JAPANESE woman in a flowered kimona may be telling her husband, "I mustn't force Ling to eat his rice." If so, she probably is using facts that have gone into Miriam E. Lowenberg's new book, Your Child's Food.

Even before Miss Lowenberg, assistant professor of child development and foods and nutrition, had completed the book, McGraw-Hill hailed it as the fulfillment of a definite need in child nutrition.

A development of Food for the Young Child, which Miss Lowenberg published five years ago for nursery school supervisors and mothers, Your Child's Food was written especially from the mother's viewpoint, though it is also for nursery school supervisors. The new book was gleaned from Iowa State Nursery School experiences and answers to 120 questionnaires, sent to mothers and nursery school supervisors all over the United States. Food for the Young Child has been widely distributed over the United States, and copies have circulated to Australia, New Zealand and Japan.

"How can I get my child to eat?" was asked so frequently of the nursery school by puzzled mothers and child directors, explains Miss Lowenberg, that child development instructors at the college began investigating the situation. Observations were made in the nursery school, where eating habits were studied and recorded regularly. As a result of the study, certain definite conclusions were reached which Miss Lowenberg has amplified upon in her new book.

Attractive photographs of nursery school children are generously scattered throughout the book. The pictures were taken by Mrs. Margaret Bonine Fox, wife of G. W. Fox, professor of physics. To express the informal motif of the book, gay verses heading each chapter were written by Mrs. Lorraine Sandstrom Beckman, former child development staff member and wife of R. W. Beckman, assistant professor of journalism. Miss Lydia V. Swanson, head of the Child Development Department, wrote a chapter on Eating.

Contending that experience is the best teacher, Miss Lowenberg has an impressive record of work in the field of child nutrition. She completed her undergraduate work at the University of Chicago, working with Dr. Lydia Roberts, pioneer in the child nutrition field.

Miss Lowenberg received her master's degree at Iowa State, initiating here food studies which have contributed to the present organization in child nutrition. For the last 10 years she has supervised the food and nutrition of nursery school children at Iowa State.

Active in the field of journalism, the author has written two books, a bulletin, syndicated material and numerous articles for women's magazines.

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