

1943

## Students Enlist in Victory Program

Annette DeLay  
*Iowa State College*

Follow this and additional works at: <http://lib.dr.iastate.edu/homemaker>



Part of the [Home Economics Commons](#)

---

### Recommended Citation

DeLay, Annette (1943) "Students Enlist in Victory Program," *The Iowa Homemaker*: Vol. 23 : No. 2 , Article 11.  
Available at: <http://lib.dr.iastate.edu/homemaker/vol23/iss2/11>

This Article is brought to you for free and open access by the Student Publications at Iowa State University Digital Repository. It has been accepted for inclusion in The Iowa Homemaker by an authorized editor of Iowa State University Digital Repository. For more information, please contact [digirep@iastate.edu](mailto:digirep@iastate.edu).



*Through the newly revised high school curriculum, girls from home economics classes are obtaining practical experience as student supervisors. They are instructing members of grade school foods preparation classes*

## Students Enlist in Victory Program

*Annette DeLay explains the changes which Iowa high schools are making in their home economics programs*

**G**EARING the Iowa high school program to war-time activity means building a revised curriculum around conservation of food and materials. As revealed in the answers to questionnaires sent to Iowa home economics instructors, all of the home economics departments are participating in some form of war work.

In home economics classes high school girls are gaining practical experience with the point rationing system through actual menu planning, purchasing and preparation of meals. Some menus include only non-rationed foods; others give experience in keeping within the food ration.

Many of the home economics classes are stressing the nutritive requirements of the individual by analyzing daily food habits, choosing the most nutritious foods among those rationed and planning healthful, hot lunches.

The high school classes have discovered that war-time planning and buying increases the importance of soybeans as a protein alternate and of whole grain cereals in the diet.

The work of many of the homemaking groups is coordinated with the high school victory corps pro-

gram. Iowa high school girls have made seersucker bed jackets, slippers, utility bags and have done knitting. One group of sophomore girls worked as a factory unit, cutting and sewing hospital slippers for the Junior Red Cross. Home nursing units teach the girls how to care for patients in the home before and after the doctor arrives.

A victory garden project is one division of a high school victory corps. The girls learn what, when and how to plan vegetables to meet the family's nutritional needs. In one school the girls took a 3-week vocational agriculture course to learn more about gardening and poultry raising as a preparation for their work this summer.

Special units on child care and training have been introduced. Conservation and repair of household equipment is stressed. The girls have received actual experience in repair of irons, cords and other electrical appliances which are not easily replaced. Remodeling of old furniture also has been done in some of the schools.

Clothing conservation is being stressed in the high schools where girls are making over wool garments and converting men's suits into garments for themselves.