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To Broaden Knowledge and Personality—

Select Your Electives Now

by Barbara Parsons

Electives can increase your knowledge and broaden your personality if chosen wisely. Or they can be courses merely to fill out 192 credits and give you a few hours of snap work.

"There are three different objectives in choosing your electives," says Dr. Paulena Nickell, head of the Department of Home Management. "They can broaden your knowledge in areas outside of your major field and give you cultural experiences or they can be used to pursue any particular interests in your own field. Some courses such as crafts or creative writing you'll want to elect just because you enjoy them."

Two students came to their counselors to preclassify. Lazy Betty believes in electing courses that will give her free time for Union labs. A foods and nutrition major, Betty has given no forethought as to what type of employment she wants later. Someone told her that one course seldom had any homework and the instructor was often absent. "That's a course for me," she decided. Then someone else mentioned that the professor teaching botany classes gave only two examinations during the quarter. She preclassified for that one, too.

Wise Mary

Wise Mary, the other student, talked with graduates and her counselor and decided to major in textiles and clothing to prepare herself for fabric retailing and buying in a large department store after graduation. Since she would be working with advertisers she elected a psychology of advertising course. Mary also chose applied art courses to give herself a better knowledge of design as well as more liberal work that would help her when she would come in contact with the public.

Mary has prepared herself to cope with many situations that might arise. Betty has only credit for a wide assortment of classes she merely attended, none of them planned to aid her in a future job or develop her personal interests.

Your curriculum and the type of work you are planning to enter after graduation often determine the courses you will elect. In the Department of Home Management, women are not trained for professional careers and therefore are given 39 elective hours. Miss Marquita Irland, of the department of Home Management, advises women to choose several of their elective courses from one department so that they will acquire specific information in that field.

Applied Art

"Many of the women in the department have centered their interests on applied art courses, English, speech or radio. Others, who wish to go into YWCA work or social work in family living, elect subjects in sociology and psychology," Miss Irland explains.

Dr. Louise Peet, head of the Department of Household Equipment, suggests that students who are planning to enter public service work take courses dealing with the psychology of selling and advertising. Food electives such as large quantity cookery, catering and courses in photography have been useful to many women in their positions.

Choosing electives in the Department of Institution Management involves another consideration—whether or not the student intends to become a member of the American Dietetic Association. This organization has prescribed that members must have nine credits in nutrition and either a teaching methods course in education or teaching hospital dietetics.

Dr. Grace Augustine, head of the Department of Institution Management, recommends that women

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planning to enter personnel work take industrial psychology or economics of industrial relations. She also suggests that institution management majors planning to do foods or home service work elect institution housekeeping and a meat cutting course because meat is the most expensive item in the diet.

"We tend to be so scientific in this college that I feel students should select some courses that are more liberal and will broaden their education," says Prof. Elfriede Brown, of the Department of Foods and Nutrition. Catering, meat cutting, floriculture, botany, photography, abnormal psychology, modern language and sociology have been popular electives in the department. Education courses are needed by students expecting to enter dietetic internships.

Textiles and Clothing majors might elect psychology of advertising if retailing is their chosen career. Prof. Rosalie Rathbone, head of the department, says, "Applied art courses are the ones most often elected by women in this department, particularly when entering the field of fashion designing."

Women working for a degree in home economics journalism usually specialize in one particular field of home economics so that they may be better prepared to write about a specific subject. Foods and nutrition courses are most often chosen since the possibilities for positions are largest in this field. Others take many applied art, household equipment and child development courses with the intention of writing about home furnishings, household equipment and children.

Other people can't tell you what course you should elect; they can only give advice. Decide what your interests are, what field you wish to enter after graduation and enjoy them."

When Your Gang Gets Together

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- CRACKERS
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- PICKLES
- OLIVES
- COKES
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