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A Career For You

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Home economics offers you a career filled with excitement. If you come to Iowa State College, you'll choose one of ten departments to help you select that career. These nine seniors, presidents of departmental home economics clubs, faced this decision four years ago. Each of them has a story to tell about her major field and how she chose it. They can help you find—

A Career For You

"EDUCATION COMES from experience, from participating in things, not just looking on," says Jane Payseur, president of Education Club. As a future teacher, she'll have a chance to put this philosophy to use.

Her enthusiasm for teaching home economics has been growing since her high school days in Evanston, Illinois. She began to see the need for more stress on home economics then and decided it was the field for her.

She doesn't let her enthusiasm for home economics narrow her interests, however. "Interests outside your major field are an important part of college life," Jane says. "There are so many fascinating things to do on campus no one should have trouble finding interests outside her own field." Athletic activities, music and Cardinal Guild, the student governing body at Iowa State, have broadened her own college days. Because of her service to the college through these activities, Jane was chosen student body president for the annual Woman's Day at Iowa State.

"Getting the most out of college means deciding what you want to get out of it and then working for those goals," Jane continued. "A well balanced education is really the most important thing. To do that, study, activities and social life must all be included."

Jane's success at Iowa State is partly due to her always-ready enthusiasm, a great interest in everything around her and her love of people. She has applied these traits in working toward her degree in home economics education. Jane, as her friends call her, plans to teach in a large mid-west school after she graduates in June.

"TO BE MAJORING in general home economics doesn't necessarily mean that a girl doesn't plan to find a home ec job," says Carol Berg, president of General Home Economics and Home Management Club. "I am planning to work after I graduate."

Carol, like a lot of other girls, has not declared a major in the Home Economics Division, but is still getting both wide and specialized training in the home economics field.

"Most employers are more interested in what courses and experiences you've had — not in what your major is. Being an Iowa State graduate is about your best selling point to employers."

Carol implied, too, that her schedule of courses is no easier than a foods or household equipment or any other major's schedule is. A general home economics major takes the same core curriculum courses that include "ground work" in home economics, introductory social, science and science courses.

During junior and senior years, advanced courses are taken and the general home economics student will declare a minor.

College days have been very enjoyable for Carol and she advises, "Enjoy every minute of your college life as much as you can. It's so short!"
Applied Art is the stepping stone to work in occupational therapy for art club president Pattie Pumphrey, H. Ec. Sr.

To Pattie, applied art is the natural step to work in helping to rehabilitate the handicapped. She'll use her crafts courses particularly in teaching these people to use their hands.

What made Pattie decide to major in applied art? Her high school interests were coupled with display work, dance decorations, and art work of various kinds. Interior decoration offered many possibilities as she thought about college and vocations.

While attending Colorado University as a freshman, Pattie decided that she wanted to combine art work with home economics. This was not possible in a fine arts school. Leafing through an Iowa State College catalogue, she found the answer for her—applied art under the Home Economics division.

Transferring to Iowa State at the beginning of her sophomore year, Pattie says she has found in her major a great deal in freedom of expression. The work in jewelry, water color, advertising and textile design, she says, is fast, not laborious. It is creative, and gives a great deal of satisfaction while learning.

Applied art is a field you can apply in your own home. Pattie continues saying that the student gets a great deal of satisfaction in creating while learning things which she can keep. Even if you don't go into applied art as a profession, you can carry it as a profitable hobby to beautify your home.

When thinking of college, one usually thinks of extracurricular activities. Pattie feels that the woman attending college should enter as many activities as grades permit the first two years. During your junior and senior years, you should concentrate on the two or three activities in which you are vitally interested. These should be those you'll be using in some way afterwards. Pat says, "Carry what can be fun, but when it becomes work, it loses its object."

Rosemary Iverson, president of Child Development Club, was given the opportunity to study at Merrill-Palmer School in Detroit, Michigan, this quarter, so she writes the following in answer to our questions:

"From the very first, I was certain that I wanted Child Development to be my major, so I went to the department club meetings as a freshman. I feel that this was very helpful, because I had a chance to get to know my professors early in college.

"That first meeting of Child Development Club was one in which girls who had gone to Merrill-Palmer School told about the set-up... how they were chosen by Home Economics Department Heads and how they spent their time in concentrated study of child development and family relationships. I decided then that I would like to go if I were given the opportunity. You might say that was my goal in college.

"During my sophomore year, I read about cerebral palsied children, and I decided that was what I wanted to do... help them. I'm so glad that I'm studying here, because all the work I'm doing on my own is centered around cerebral palsied children. I'm visiting all of the agencies that deal with crippled children. In Nursery School laboratory I'm working at the Detroit Orthopedic Hospital, which is for cerebral palsied children.

"I want to be absolutely sure that this is the right work for me before I start in it. Everyone says that it is a depressing field, but I think that I will enjoy it a great deal.

"I didn't realize what a good child development department we had at Iowa State until I came up here to school. It seems as if I have had twice as much background as most of the other students. The other day in one of our courses, we had to list the previous courses and experience we had in child development, and my list covered a whole page. I glanced at some of the other girls' cards and found that they were almost blank. I was really amazed. Most of the courses that I'm taking are duplication of the courses at school, but they seem to be completely new material to many of the students."
RED HAIRRED, Eleanor Feeney, known to most of her friends as "Susie", is president of the Household Equipment Club. A senior, she plans to graduate in June.

Susie came to Iowa State from her home in Oak Park, Illinois, because she wanted a medium sized co-educational school with technical training. Since her main interest was home economics, she thought she wanted to major in household equipment but wasn't sure until after she had taken the freshman physics course. That helped her decide, and she started working toward her goal.

"I don't think I would change things too much if I could start college again," she says. "I've enjoyed both the school work and the activities plus the many wonderful friends I have made. I definitely feel that activities are a part of college life and should be included by everyone as long as they don't get too many. When they become a duty instead of a pleasure, it is time to stop and take inventory."

As a freshman, Susie participated in Freshman Y and Freshman Home Economics Club. She has served on Home Economics Council for two years, on Cardinal Guild, as president of her sorority, and is a member of Phi Upsilon Omicron, home economics professional honorary. She spends her summers working for Marshall Field and Company in Chicago in the personal shopping service department.

Although she plans to be married after graduation, Susie hopes to put her household equipment major to good use by going into home service work for a public utility company.

Kay Wiley, president of textiles and clothing club, began making a career of homemaking during her junior year at Iowa State. She became Mrs. John Wiley then.

Kay thinks that a girl needs home economics training to help make her homemaking career a success. She says, "A homemaker can contribute to her community and manage her home life better if she has had college home economics training." That is why she decided to finish college after her wedding.

Textiles and clothing training will come in handy when Kay begins furnishing a home for herself and John. Courses in fabrics, textile design and interior will give her ideas for decorating with those extra touches that mean home.

After graduation Kay hopes to use her training in textiles and clothing in buying or selling for a department store. Education courses which she has taken qualify her to teach home economics, too.

"Activities are especially important for a married girl. They keep her in contact with students and make her a more interesting person." Kay has put this philosophy to use by participating in Textiles and Clothing Club, home economics council and Phi Upsilon Omicron, professional home economics honorary.

"I'M REALLY NOT a typical institution management major at all," announced Marjorie Bower (usually called Muff) as we began our interview.

"You see, I'm going to take my internship next year and become a dietitian. Institution management covers a broad field in foods, and career opportunities are varied. That's mainly why I became interested. Most graduates go into administrative positions in restaurants, college residence dining rooms, college unions or employee cafeterias.

Last year Muff was chairman of the institution management banquet. Planning a dinner such as that is one of the things she may be doing after graduation. This year she worked as hostess in the Institution Management Tearoom one quarter which gave her more valuable experience.
"Field trips are an important part of our classroom work," Muff continued. "I'm beginning to consider myself quite an authority on kitchens since we've visited ones in various women's dorms, sororities and fraternities on campus as well as Friley Hall. We've also gone to Des Moines and visited several hotels, the Iowa Methodist Hospital and the Cloud Room at the airport."

Next year will probably find Muff interning at Massachusetts General Hospital, but she believes that for an administrative food career, there's nothing like an institution management major!

It's easy to see that Muff believes experience outside the classroom is invaluable.

"We students should take courses outside of our major curriculum if it is possible for us to arrange it," says dark haired Marge Miller with a bright sparkle of enthusiasm in her dark eyes. "We are apt to become too scientific and narrow minded when we keep our noses in textbooks relating only to our major field."

And Marge isn't just suppressing desires to go to a liberal arts school, either, for she has chosen the highly specialized field of experimental cookery.

'Thinking back four years ago, Marge remembers so well some big decisions she had to make before she could begin a college career successfully, "I had a general idea that I would always enjoy working with food—not just eating it—and I had supposed dietetics would be the logical major. But I found out that there were several fields that come under foods work. The more I heard about the experimental cookery angle of foods, the more fascinating it seemed to me. Just think of always working with something new and always trying to find a better way to prepare food."

So, after coming all the way from Milbank, South Dakota, Marge realized that this college business was nothing to take lightly.

Consequently, her grades have always been high, she's a member of three honorary fraternities, has been president of her social sorority and was president of Foods and Nutrition Club. Besides this, she has worked in some important journalism activities that have helped Marge decide that even an experimental cookery major could find an interesting publicity job in her field.

DOROTHY KENT, president of Technical Journalism Club, enrolled at Iowa State as a Textiles and Clothing major. She was looking forward to a career in merchandising. In the freshman orientation course, where students hear speakers from many of the departments, she first learned of the opportunities in the field of journalism. The sophomore reporting course really sold her on the profession.

In her spare time (which Dottie says she has little of now, because she used most of it as a freshman) she likes to knit, read and bowl. Naturally many of her activities have been of the journalistic variety. Dottie went to Belmond on the journalism trip spring quarter of her sophomore year. She was women's editor on the student staff which published an edition of the weekly Belmond Independent.

She enjoyed most the time-consuming job of assistant women's editor on the Iowa State Daily. As editor of the Women's Day issue of the Daily this year, Dottie and her staff nut the paper to bed two minutes and fifteen seconds before the deadline—a real feat.

These experiences will be valuable, because she is considering newspaper work. Dottie believes she'd also be happy working on public relations or writing instruction booklets and pamphlets for equipment manufacturers, since household equipment is her minor.

A job of this sort for an American manufacturer in either South America or Australia would be very appealing, she said.

Every year Dottie has worked on Veishea. Last year she was on Veishea Central Committee as chairman of Veishea Vodvil. Before that, Stars Over Veishea, and Parade Secretary claimed her time.