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Everyone Cooks . . .

Men, Too
by Mary Odegard
Technical Journalism Junior

"MY PIECRUST didn't turn out right," comes a deep masculine voice from the Institution Tearoom kitchen in the Home Economics Building. The voice belongs to one of the many non-home economics majors, both male and female, who take Group Foods Service each spring quarter. This course, listed as Institution Management 280, is the only food elective offered and requires no prerequisites.

As the name implies, the object of the class is to give basic training in meeting the food needs of large groups. For this reason classes often include house-mothers learning how to plan better balanced meals for their houses, and boys working as stewards in fraternities, as well as students in agriculture, forestry and science who just want to learn to cook. Since most of the students have definite ideas on what they'd like to learn, Miss Carolyn Cason, who teaches the course, plans the classwork around the things in which they are most interested.

Forester plans menu

One forestry student chose as a project to plan a meal for forest-fire fighters, going into such details as how foodstuffs and equipment would be transported into the area, and how to prepare and serve it to the workers efficiently.

For the three complete meals which are served during the quarter, the class members plan the menus, buy the food, organize their work and finally serve the food in proper style. Some material on nutrition is included in the course so they will be able to plan balanced menus. The high point of the quarter is a picnic to which class members bring their elites. Last year's bill of fare included fried chicken, hot potato... (Continued on page 16)

Measuring flour is an Institution Management 280 student who is learning to plan for the food needs of large groups. Miss Carolyn Cason, instructor of this food elective for non-home economics majors, watches him.
Men, Too—

(Continued from page 12)

salad, rolls and cherry pie a la mode—all, including
the ice cream, prepared by the students.

When asked if boys were rather awkward in pre-
paring food, Miss Cason replied, "Actually they are
often more careful cooks than the girls, though natur-
ally not as advanced in techniques. They always seem
to have a good time," she added. Miss Cason is espe-
cially interested in teaching those taking the course
to be objective critics of when a food product is well
prepared, rather than judging it by individual likes
and dislikes.

Boys who have taken the course are modest but
enthusiastic over their cooking skills. One of them,
when asked to name his worst cooking faux pas of
the quarter, could remember only one instance when
he put two "doses" of salt in the beans. In general,
class members feel they learn to better appreciate prop-
erly prepared food; and, as one boy put it, "I'll ap-
preciate my wife's cooking."

SOLVED

Home Economics
Mystery

by Marilyn Bergeson
Technical Journalism Senior

THERE'S an honest-to-goodness mystery on the
Iowa State campus. If traditions hold true, there
will be students varying from fraternity pledges to
Daily reporters asking the new home economics dean,
"What's in the cornerstone of the Home Economics
Building?"

The answer

Dean LeBaron knows the answer, and so do we. On
May 9, 1925, the cornerstone was laid, and in it a
strong box was concealed "so as to preserve its contents
for all time—a few choice records which will give
to those who open it, possibly some 2,000 years to
come, a conception of Iowa State College life in 1925,"
said the Dean of Home Economics then.

In the strong box were placed four daily newspapers,
the Ames Tribune, Chicago Tribune, Des Moines
Register and Des Moines Capital. Several home eco-
nomics bulletins were also enclosed.

College catalogs of 1924 and 1925, the Iowa Home-
maker, Ames Alumnus and the Iowa State Student,
which is now the Daily, were a part of Iowa State's
recorded history which was put into the cornerstone.

Pictures, too

To give future finders a visual glimpse of the people
and college life of 1925, pictures were added to the
strong-box collection. Those used included a book
of campus scenes, a picture of Dean MacKay, first head
of the home economics division, an all-college picture,
the new Home Economics Building in the process of
construction and children in the home management
houses.

After the laying of the cornerstone with its concealed
records of history, a faculty member explained, "This
box of records is physical, but it contains symbolically
much more. It contains material from which corner-
stones of great institutions must always be made—
the hopes and dreams of the founders and the work of
students and faculty."