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GLASSES... For Modern Lasses

by Donna Schneider
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"Umm—who's that girl? Quite a looker!" exclaimed the boy, glancing at the attractive girl. What's so unusual about that? Nothing—except the girl was one of nearly 60% of the modern women who wear glasses at least part of the time. She is one of the smart women who has given up snubbing her friends on the street because she doesn't see them, for good sight and—best of all,—good looks. Yes, good looks; for glasses have at last caught up with fashion.

Array Of Frames

Just stop at any optician's shop and look at the array of frames available—frosty blues, distinguished tortoise frames, perky plaids, gamin-like harlequins. But wait—just because the frames look glamorous on Susie Jones or in the display case doesn't mean they're right for you. Trying on glasses is the best way to discover the right style for you, but here are a few hints to help you along. First let's consider your basic face shapes.

1. Round. Don't emphasize the roundness by wearing very round frames; however, sharply angular frames may cause too much contrast. The best shape is one which has some similarity to the curves of the face and adds some length, such as an oval with slightly upswept brow line. Side pieces that fit low on the temples make this face seem owlish.

2. Oval. Many different shapes of frames may be worn. A level brow line and broad flare are becoming and make the eyes seem larger and more widely set.

3. Square. A conventional, rounded frame, without a straight brow line, is usually the best choice. A dark brow line and clear lower part add an undesirable horizontal line.

4. Heart. A frame with a deeper, rounder curve under the eyes helps add fullness to the lower part of this face.

Try Different Frames

Did you know that glasses can actually improve your looks? Just try on a few different frames and notice the illusions they can create. Your nose will appear longer with glasses having a bridge that spans the brows horizontally and shorter with a low nose bridge. A gentle oval shape softens sharp features. For the small-featured face, a modified lift at the temples and curved line at the base is flattering, while delicate angularity and sharply uplifted sides will add emphasis.

Remember the weight of your features in choosing a pair of glasses; a delicate bone structure calls for lighter weight glasses, while strong features require a heavier frame for balance. Dark colors seem heavier than light colors; a small featured person might wear fairly heavy frames in a pale blue and yet be overpowered by the same size in black.

Color Ques

For harmony the frame color should be chosen with regard to your hair, skin and eye colors. Warm colors complement most skin tones, but contrast such as a warm brown frame with cool black hair creates an unpleasant discord. It's fun to match your frames to your eyes. Remember, though, a color brighter than your eyes may make them seem dull, while a duller shade, such as pale blue or navy with blue eyes will make them seem bright and sparkling. Black is smart for the blonde with a golden glint to her hair. Dark-eyed brunettes look attractive in red, green, or gold frames. Red-heads seem vibrant in dark colors such as cocoa and sometimes contrasting ebony belongs up here.

An Extra Pair

Well now, found your perfect pair of glasses? Fine—don't stop here. You don't wear the same jewelry every day, do you? Of course not; think how monotonous that would become. Glasses are an accessory too, so why not use some of your clothing budget for another pair of glasses? Glasses with a "party look" give you a wonderful lift on those special evenings. Frames sparked with rhinestones or perhaps a lacy silver pattern embedded in clear plastic—don't they sound glamorous? However, if you can only have one pair of glasses, keep them conventional and basic, so they will fit in with most of your wardrobe.

Yes, with the glasses which fit your face shape, coloring and personality you can become the girl who makes people remark, "Who's that girl?—How attractive!" For glasses can be glamorous!