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Why All This Fuss Over Sex?

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The mating of the two sexes, or sexual intercourse, to achieve reproduction is a natural phenomenon. Because of the overemphasis on the problem of sexual adjustment of marriage, some have advocated pre-marital sexual relations in an attempt to determine if a couple is suited for matrimony. This is a grave error. There is no necessity for pre-marital sexual practice or attempts of practice.

Adjustment Period

Two normal, healthy individuals who enter into the state of matrimony can achieve sexual adjustment, perhaps not immediately after marriage, but within a reasonable length of time.

In the many years of my work with young groups, I have yet to see a couple who could not adjust to each other sexually. Immediately after a couple is married, of course, sex assumes a predominant role and a short conference with one's physician before marriage, should make this adjustment a fairly easy one. After a reasonable period of marriage, if there are questions of sexual adjustment, they can then be taken up with the physician or another suitable counselor.

I Believe

Marriages are not broken because of poor sexual adjustment. After all, this really occupies a minor portion of time in any given marriage. There has been entirely too much emphasis on what should be a normal function controlled only by our social requirements and code of morals.

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