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## Looking Abroad

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are prepared to teach and to participate in many other activities. A teaching career is one in which the work hours combine well with the hours you would like to spend at home. Substitute teaching is valuable for those who are not able to devote nine months of the year to their job.

Experienced extension workers have learned a lot about organizing programs and projects. Club work, church work, and events in other organizations demand such qualities of leadership.

#### **Food for Employment**

Food and nutrition majors find inexhaustible use for their school experiences. Some have opened candy shops; others bake wedding cakes; still others are employed by industry, testing new products in their own home. And there's always the fun of creative cooking for your family.

Institution management prepares a woman for a variety of jobs in restaurants, hotels, clubs, cafeterias, and industrial food service facilities. For those who chose homemaking as a career, this knowledge is of benefit in helping with banquets and other events which require a knowledge of large quantity planning and food preparation.

#### **Aiding the Consumer**

Achieving desired goals is an aim of home management. Confidence and competence are synonymous with a well-run home, and this is one of the results of home management education.

Many women have contributed their talents and knowledge outside the home as well. They act as consumer consultants to banks, credit agencies, insurance companies, and consumer magazines on a part-time basis.

Along with home management majors, graduates in household equipment are an aid to the consumer. Passing on their information of efficient and effective use of household equipment is one of the functions they can perform, either casually or on a job.

#### **Still More Opportunities**

Women who are in the area of home economics journalism can "free-lance." Writing may be done at home; proofreading is another part-time occupation; and radio and television offer other possibilities. There is no substitute for practical experience in journalism when the need for publicity arises in some of the organizations to which the homemaker belongs.

Textiles and clothing majors are an asset to their families. Good taste in clothing is a real addition to the attractiveness of family members. Skills such as this can be put to use also in community projects, designing costumes for plays and skits, and remodeling old clothing.

Youth and recreation leaders are always in demand. Girl Scouts, Campfire Girls, YWCA, and the

Red Cross all need competent full- and part-time staff. Persons trained in physical education can help in the development of good sportsmanship and physical, mental, and social skills when they become staff members.

Whatever your background in home economics, an opportunity is waiting. It just takes a little extra look and a stretch of the imagination to find a position suited to your skills and time.

## **Looking Abroad**

by Barbara Brown, H.G.E. 4

An International Service Program has become a part of the home economics curriculum here at Iowa State.

Although this program is not considered a major, it is designed to provide students with a background in international service for work in such government programs as the Peace Corps.

One girl is now studying under this program — Anita Wright, H.G.E. 3, from Glendora, California. When asked about the program Anita said, "Work abroad will be a rewarding experience. But I realize I must accept the culture of that country and help the people to help themselves. I realize that I cannot expect to impose our ideals on others in my time abroad."

And afterwards? Anita has not yet decided what she will do following graduation or after working overseas. Some of the opportunities she is considering is becoming a Peace Corps member or associating with another government agency. It would also be possible to work in industry either upon graduation or after experience in another area.

This is a type of education that is ever growing and changing with the times. Through this program young women will now have an opportunity to become oriented to national and international affairs. It will give students a chance to be informed and to understand the complex world that we now live in. The girl who goes into this program must appreciate the values and ideals of freedom and feel a sense of responsibility toward others throughout the world.

In order to fulfill the requirements for this program, students will be required to complete the home economics core curriculum courses. In addition to this, education is broadened by courses applying physical, biological and social sciences and the arts to the betterment of family living.

With a desire to serve others, a spirit of adventure, and a desire to increase her level of educational experience, Anita is looking forward to worthwhile adventures in other cultures.