

# *Sketch*

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## Mondays

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# Mondays

Michael Heckle

Loneliness is a song on repeat.  
When you first hit play  
you may revel in the tune.

Wrap it around yourself  
like an electric blanket  
and tap your foot to its beat.

But over and over,  
a blanket turned to lead  
pins you under its weight.

A barren sonic scape,  
where all you want to do  
is listen to something else.

And when the song changes  
or silence breaks through the waves,  
you can still hear it

ringing faintly in your ears.