A Timeless Tradition

Tin-Shi Tam, the university carillonneur and chairwoman of the music department’s keyboard division, performs Wednesday as part of her weekday webcast concerts atop the Campanile. A celebrated artist on carillon and organ, Tam has given recitals and performances in Asia, Australia, Canada, Europe and the United States.


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Sports:
Eight runners sent to nationals
The Cyclones now have eight athletes to compete at the NCAA Outdoor Championships. The NCAA West regionals produced three men and five women to move on to Drake Stadium June 6-9. Among the men were Ian Warner, Edward Kemboi and Cam Ostrouski. On the women's side, Kianna Elahi, Ese Okoro, Meaghan Nelson, Hayli Bozarth, and Danielle Frere all moved on, as well.

Hoiberg signs extension
After two years at the helm as ISU men's basketball coach, Fred Hoiberg has a new contract. The school announced May 29 that Hoiberg had signed an 8-year contract worth an average of $1.5 million annually that will begin with the 2012-13 season and run through the 2019-20 season. Hoiberg's original contract was set to expire in three years on April 30, 2010.

Ames247:
Art on Campus
The first in a series of Art Walks through the Art on Campus Collection took place Wednesday, May 23. This is a focus of these walks was the “Thousand Words Project” which asks people in the Iowa State community to re-interpret Christian Petersen's art in the Art on Campus Collection.

News:
Obama visits Des Moines
Speaking to a large and energetic crowd, President Barack Obama criticized Republican opponent Mitt Romney while trying to keep the crowd hopeful during a May 24 campaign stop in Des Moines. Obama touted his dedication to affordable higher education, saying it is a necessity everyone should be able to afford, not a luxury afforded to only a specific few.

One arrest, one injury after fight
A bar fight broke out during a beer pong tournament in the morning of May 24, ending in one arrest and at least one injury. Witnesses said the fight broke out in the back room of Cy's Roost and then continued at Paddy's Irish Pub. Police responded to the scene and identified Wallace Franklin as the man who injured another participant. Franklin was arrested and charged with willful injury, which is a class 'C' felony.

Veterans ride on a Freedom Flight
This October, Story County plans to send veterans on a “Freedom Flight” to the District of Columbia to see memorials. To send veterans for free, Story County is fundraising for $95,000. So far, $40,000 has been raised. The organizers are giving first priority to World War II veterans.

Daily scoop

Police blotter
Ames, ISU Police Departments

The information in the log comes from the ISU and City of Ames police departments' records. All those accused of violating the law are innocent until proven guilty in a court of law.

May 20
Allison Ruby, 23, 4700 Mortensen Road, Apt. 213, was arrested and charged with operating while intoxicated at Hayward Avenue and Knapp Street (reported at 2:12 a.m.).
Bountavyey Louang, 20, of 527 East Seventh St., Apt. B, was arrested and charged with operating while intoxicated (second offense) and driving under suspension at Lincoln Way and University Boulevard (reported at 3:37 a.m.).

May 21
A staff member reported a motorist left the ramp without paying for parking services at the Memorial Union Ramp (reported at 9:05 a.m.).
Jose Martinez reported the theft of a bike at Carver Hall (reported at 9:53 a.m.).

May 24
A vehicle that left the scene struck a motorcycle owned by Todd Athenly in Lot 40 (reported at 11:30 a.m.). Officers assisted a male who experiencing medical difficulties at State Gym. The individual was transported to Mary Greeley Medical Center for treatment (reported at 3:47 p.m.).

May 25
Paul O’Laughlin, 21, 213 South Sheldon Ave., Apt. 5, was arrested and charged with operating while intoxicated at Chamberlain Street and Welch Avenue (reported at 1:53 a.m.).
Joshua Schau, 21, 1427 South Grand Ave., Apt. 302, was arrested and charged with public intoxication at Chamberlain Street and Hayward Avenue (reported at 1:58 a.m.).
Cody Fountain, 21, 172D University Village, was arrested and charged with public intoxication at Chamberlain Street and Welch Avenue (reported at 2:41 a.m.).

May 26
A staff member reported being harassed by a client at Veterinary Medicine (reported at 2:02 p.m.).

Correll were involved in a property damage collision on the 2500 block of University Boulevard (reported at 9:14 p.m.).
A resident reported receiving a check that was later determined to be fraudulent at University Village (reported at 3:07 p.m.).

May 22
A staff member reported a golf cart had been driven into the water at Lake Laverne. There was no apparent damage to the vehicle (reported at 3:36 a.m.).
A vehicle leased by Christopher Blankenburg Drive and Stange Road. He was subsequently released on citation (reported at 6:06 p.m.).

May 27
A resident reported being harassed by a client at Veterinary Medicine (reported at 9:14 p.m.).

May 28
A vehicle that left the scene struck a motorcycle owned by Todd Athenly in Lot 40 (reported at 11:30 a.m.). Officers assisted a male who experiencing medical difficulties at State Gym. The individual was transported to Mary Greeley Medical Center for treatment (reported at 3:47 p.m.).

May 29
Paul O’Laughlin, 21, 213 South Sheldon Ave., Apt. 5, was arrested and charged with operating while intoxicated at Chamberlain Street and Welch Avenue (reported at 1:53 a.m.).
Joshua Schau, 21, 1427 South Grand Ave., Apt. 302, was arrested and charged with public intoxication at Chamberlain Street and Hayward Avenue (reported at 1:58 a.m.).
Cody Fountain, 21, 172D University Village, was arrested and charged with public intoxication at Chamberlain Street and Welch Avenue (reported at 2:41 a.m.).

An officer assisted a male who fell from a skateboard at Union Drive and Wallace Road. The individual was transported to Mary Greeley Medical Center for treatment (reported at 7:28 p.m.).
Jeffrey Robertson, 20, 1427 South Grand Ave., Apt. 302, was arrested and charged with public intoxication at Martin Hall (reported at 8:16 p.m.).

May 30
A staff member reported being harassed by a client at Veterinary Medicine (reported at 2:02 p.m.).

Wednesday of the month during the academic school year in Hamilton Hall.

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PERIODICALS POSTAGE
What TV show had the most thrilling season finale?

Erin Sickels
Sophomore
Kinesiology

“‘Revenge,’ because even though I only watched a few episodes, I was still drawn in. It was very suspenseful.”

Shalika Khindurangala
Junior
Chemistry

“‘Gossip Girl,’ because there were so many twists and turns at the end. It was thrilling.”

Andrew Schulte
Junior
History

“‘Castle,’ because the dynamic between Castle and Beckett got back to the way it should be.”

Bryce Link
Senior
Meteorology

“‘Game of Thrones.’ Even though it hasn’t happened yet, it is different than all of the other shows. The acting is better.”

Faces in the Crowd

Make your choice:
Go online to vote in next week’s poll at iowastatedaily.com

Next week:
Which summer action film are you most looking forward to?
By Aimee.Burch
@iowastatedaily.com

Pamela Anthony was recently named Iowa State's new dean of students. Currently serving as assistant dean of students at Georgia State University in Atlanta, Anthony will officially take up her new post on Aug. 1. Anthony recently took some time to discuss recent events, as well as her life to this point, in a phone interview with the Daily.

What do you hope to accomplish in the position as dean of students?

I'm new to the area, so I hope to really get acclimated and know the students. I hope to spend time talking to students, like student leaders as well as those not involved in campus activities to see why they are not involved.

I hope to understand the ISU experience I have heard so much about. I have many friends and colleagues who spoke highly of the ISU experience.

Also, I've never lived in the Midwest. I've lived in the far West and Alaska, but not the Midwest, so that will be a new experience, getting to know this part of the country.

Why do you do what you do?

Most people don't go to school saying they want to be a dean of students, but as a student, I got involved and was pretty social. I realized then that I could go and have a career where I could be involved in the campus and get to know people. I kind of fell into it serendipitously. It's now my passion and my purpose.

If you had to do something over in your education path, what would you do differently?

I didn't study abroad as a student, which is something I wish I would have done. Our world is so global now, and I didn't necessarily see that as a student. Now you can post something online and the whole world can see it within minutes. I have traveled internationally quite a bit but as an adult and not in the academic sense.

It is important for students to go beyond what they know and get out of their comfort zone. I'm big on exposing students to new opportunities.

So you have traveled quite a bit. Any favorite spots or memories?

The Great Wall of China because, well, it's China and massive and takes a lot of strength to climb. The Swiss Alps were majestic.

The next place would probably be Greece. Have you ever seen pictures of something on a postcard and thought, “This can’t be real.” Greece was like that, and it was amazing to look around and see that all of it was real. I love to travel.

Do you have any other hobbies or favorite things?

I love shopping. Anyone who knows me knows I love shoes. I don't know how many of my heels I'll be able to wear in Iowa during the winter, but I'm going to try.

I've also gotten into arts and crafts lately. I love reading. I just finished my Ph.D., so the last five years I've spent reading academic texts, and I'm looking forward to more leisurely reading.

I love being social and meeting people.

Is there anything else students should know about you?

Students can expect me to be fair. They can expect that I will challenge them and be engaged in the process.
ISD road trip: Winterset

Winterset offers more than bridges and John Wayne

By Frances Myers @iowastatedaily.com

All visitors who set foot on Iowa soil know they’re bound to come across a small town at some point, no matter how hard they try to avoid it. That is one of the many things Iowa is known for. Small towns and friendly people.

Winterset has done its share to keep local businesses and “the little man” alive and thriving. Come into the town square, and you are surrounded by small businesses, from barbershops to antique shops, as well as local restaurants.

The few larger businesses were vastly outnumbered.

As usual, we chose food for our first stop. We stopped at Northside Café, famous for its role in the popular movie “The Bridges of Madison County,” starring Clint Eastwood and Meryl Streep.

After walking around for a while, we decided it would be a good idea to check out what Winterset (and Madison County as a whole) is best known for, other than John Wayne — the covered bridges.

A common theme with visiting the bridges is visiting them with your lover. We found many messages written upon the walls of the bridges depicting two people in love. The hapless romantics in us was brought out as we couldn’t help but be swept away by these messages written so eloquently upon such prominent pieces of history.

The day coming to an end, we stopped for a bite to eat at Frostees Desserts. Winterset feeds the ice cream cravings of people through a local stand that sells cold and hot snacks for an inexpensive price. I got a large waffle cone with twist ice cream for a mere $2.

Try getting that at DQ.

ISD road trip: Winterset

Discover more:
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Winterset is home to one of six covered bridges located near Winterset, Iowa. Roseman Bridge was built in 1883 and is featured in the movie and book “The Bridges of Madison County.”
Standing on the baseline at the Sukup Basketball Complex, they laugh and joke with one another. Korie Lucious and Will Clyburn had seen each other before they arrived in Ames. In fact, while they did not know it at the time, the two played against each other one summer in high school.

More than a year removed from transferring to Iowa State in the spring of 2011, Lucious and Clyburn have heeded advice from their teammates as they wait to get on the court.

“They basically just told us to be patient,” Lucious said. “They told us that the year was going to be a hard year, but at the same time it was going to go by fast — so just be patient.”

As they head into a summer of preparation before fall practice begins, Lucious and Clyburn are now practicing for their own games. And they have become good friends along the way.

**Finding home in Ames**

It did not take Lucious long to make a trip to Ames. After being dismissed at Michigan State for “conduct detrimental to the team,” the senior visited Hilton Coliseum just 11 days later.

Lucious had received a phone call from then-senior guard Dianne Garrett, who is also from Lucious’s hometown of Milwaukee, passing along the team’s interest. With former Spartan teammate Chris Allen already a Cyclone transfer, Lucious jumped at the opportunity to visit.

“I loved the atmosphere during the Big 12 Conference game,” Lucious said of his visit to the game against Kansas State. “The fans welcomed me with open arms even though I hadn’t even committed here yet.”

Despite interest from Marquette and Baylor, Lucious said the experience during his visit cemented his decision. He would become a Cyclone.

Nearly one month after Lucious committed in March 2011, Utah fired its head coach, Jim Boylen. Clyburn began looking at other schools for his final season of eligibility.

Just one year earlier, Clyburn had been in Iowa, playing for Marshalltown Community College some 40 miles east of Ames. After his two years, he had decided to head to Utah. Now, he was looking to get closer to his hometown of Detroit and play in front of his family.

“After I left Iowa, I never thought I’d be back,” Clyburn said. “It is kind of crazy me being back here.”

When Clyburn officially visited Ames in April 2011, he met fellow transfer Lucious. Several years after unknowingly being on the same court in high school, they were now well aware of each other.

“We’ve kind of clicked since then; we became good friends, and we have a good relationship,” Lucious said. “We both kind of felt each other out and saw that we were going to be good friends.”

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**File photo: Iowa State Daily**

Will Clyburn and Korie Lucious celebrates in March 2012 as the Cyclones were chosen to take part in the NCAA Tournament. Lucious said he hopes to bring the team back next season.
Building a bond

During the 2011-12 season, four transfers — Royce White, Chris Babb, Anthony Booker and Allen — took the floor in cardinal and gold after sitting out the previous season.

As Lucious and Clyburn sat out last season, they took advice from the collective group. While the team was on the road, the two watched games with each other at their homes, at Sukup and even at a local restaurant.

The opportunities to hang out have built a bond.

“We’re very close. On the court we know we’re the only two transfers that have been sitting out, so everything we’re going through we’re going through together,” Lucious said. “Sitting on the sideline with each other for a year, it brings two players close.”

That closeness has shown to teammates, as well.

“I can tell they’ve gotten close to where they’re really good friends,” Babb said. “They’re actually going to be living together this next year; obviously that shows the type of relationship they’ve built over that year.”

In practice the two have developed a connection after spending a year together on the scout team, and there is hope that the camaraderie will carry over.

“We’re with each other every day, just about every hour of the day,” Clyburn said. “It’s great with him being the point guard next year and me and him being able to connect during the off-season and the summer.”

A new start awaits

It does not take much more than the mere mention of Hilton to bring a smile to their faces. The two friends and teammates are ready to play.

“That’s what I think about all the time,” Clyburn said. “I keep saying, ‘It’s right around the corner,’ and it is. Just a few months, and I’ll be on the court.”

For a guy that hit a 3-point buzzer-beater in the NCAA Tournament to send Michigan State to the Sweet Sixteen, waiting a season to play has been difficult. It has been equally difficult for a guy that averaged 17.1 points and 7.8 rebounds per game in his most recent season at Utah.

“Being out for so long is hard for any competitor to just sit there and watch,” Lucious said. “[My excitement] is through the roof right now, but I’m really excited that’s it just around the corner.”

When the time comes, Babb thinks the friendship will shine on the game floor.

“They’ve built a great relationship,” Babb said. “And I think it’s going to show on the court.”
Local musicians team up for album

Poison Control Center records new tracks

By Dale Johnson
@iowastatedaily.com

Patrick Fleming of the Poison Control Center recently produced Max Sollisch’s upcoming “Dolfish” album. Fleming and Sollisch are both a part of Afternoon Records, and the record was made in Des Moines with strong ties to the Ames community.

Sollisch recorded the album in the basement of Maximum Ames artists Chris Ford and Derek Lambert, both of whom play on the album as well as Fleming, Dylan Boyle and Dustin Harmeson.

“Dolfish,” Sollisch’s solo project, gained attention of music reporters and bloggers with his debut EP “Your Love Is Bumming Me Out” before signing with Afternoon Records. He met Fleming while joining the Poison Control Center for the final two weeks of their Neverending Tour.

The two spoke in January when Sollisch mentioned he wanted to record his album in analog to Fleming, who offered to record it for Sollisch in Des Moines.

Sollisch then spent a week in Des Moines where he recorded the album. Fleming set up a track tape recorder for him that the Poison Control Center bought a few years ago.

“Things. If the tape runs out or you mess up, you have to get another tape.” Fleming said. “There’s no way of saving anything. The album in analog captures the intimacy of the album have another tape.”

Boyle said that recording

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www.cityofames.org/SmartEnergy
been recorded in a small space. Fleming added that it creates a timeless feel to record in analog.

Fleming mentioned the names of Boyle, Ford, Harmeson and Lambert after discussing the sound Sollisch aimed for on the album.

Lambert provided drum tracking along with Ford, who also added organ, Harmeson played upright bass and Boyle added to the guitar tracking.

The group used the living room as playing space, where the instruments were set up and Sollisch showed his songs to the group before recording, according to Ford.

The parts were composed at the site without sheet music, and many of the songs recorded only 15 minutes after they were presented to the band for the first time.

“I showed up right after work, and Patrick had the apartment all decked out in recording equipment with all of them sweating in there,” Harmeson said. “I asked [Sollisch] if he had music, and he said, ‘I’m going to play a song for you,’ and it was a very high pressure situation.”

Boyle shared a similar experience to Harmeson in recording his tracks immediately after work.

“Max is an incredible artist, and I find myself an all-right guitarist,” Boyle said. “To be asked to come over and record a solo on Max’s album is an honor.”

Sollisch said that he was impressed at how well the album came together, and that it was great to work the group despite the demanding learning curve.

“Thanks to the Space team and residents for having the album ready on time,” Fleming said. “Working with the group was a great experience.”

Both Fleming and Sollisch said they have high hopes for the album when it releases this fall now that the “Dolfish” project will receive some assistance from Afternoon Records.

Sollisch also stated that he plans on touring through Ames and Des Moines this fall and looks to play with the artists he recorded with.

“If the opportunity comes around and Patrick’s willing, I’d love to come back and record another album in Iowa,” Sollisch said.
Problems lie in ‘unofficial’ Veishea

Very soon after the death of one young man (who was not an Iowa State Student) during Veishea 2012 another round of questioning whether Veishea should continue was touched off.

Even though it is well-intentioned, such criticism fails to account for the fact that the problems of Veishea are larger than a giant college party. It is wide and can be exemplified by the way we talk about it. While many people still use the acronym VEISHEA, others use it as a word: Veishea.

Instead of a party, Veishea is a celebration and showcase of everything that makes Iowa State Iowa State. The acronym Veishea is supposed to, like Iowa State, stand for something. It may no longer describe the colleges of Iowa State, but the university still exists.

Some things about Iowa State make it unique from other public research land-grant universities. Deciding to come to Ames for Veishea is not a matter of asking, “Where else can I catch a buzz this weekend?” It is, rather, a matter of asking, “What is a more appropriate place to celebrate what is now a 154-year history of a university that is unique and special?”

Hazards to public order and personal safety that go with the temptations of inebriation are heightened during Veishea as a matter of course. Most people will, given an excuse, drink and act more rowdily than they should. Such events will, quite simply, get out of hand and morph from a celebration into a party.

Everyone involved in Veishea is to blame for its excesses. We do not seek to escape blame for Veishea’s collateral damage; but we do want to suggest that that is what the riots and deaths are: collateral damage. They do not happen because of Veishea. Instead, Veishea is the catalyst for larger problems within our society: that people would rather do what anybody could do anywhere instead of carving out something unique. The problems presented by only a few individuals give the rest of us, and the whole celebration, a bad name.

As we look for solutions to such problems, we too often look toward official institutions. Social ills cannot be resolved by city council decree or legislative act, as laws do not change morality and ethics overnight.

Changing the organic institutions of society does not happen over night. Getting rid of the “official” Veishea is no solution to the “unofficial” Veishea that happens on the other side of Lincoln Way.
Listen to find benefits in arguing

“Stop arguing.” I’ve been told this many times, whether by my sisters when arguing with my brother about the best Spider-Man villains or by teachers who have considered my objections distracting. I always return with a quick “Why?” to which I usually get a reply of “Arguing will get you nowhere” or “You don’t have to keep trying to prove how right you can be.”

When people say such things, I can’t help but think they might not have any idea what an argument is really about. The point of argumentation in the first place is not to let someone else know how right you are, but instead it is about putting your ideas and notions against those of someone else — and that requires both listening and speaking.

When people treat an argument as a chance to listen and learn instead of just a chance to tell everyone what they should know, there is a part where they get to learn and focus on the part about telling everyone else their ideas.

If someone is only focusing on letting everyone else know something, they are actually just preaching. That is fine in its own time and place, but we must all realize that preaching is a one-way street. The preacher gains nothing from the encounter and will never be changed or altered by the audience. When the mentality of “I’m right, and you should just shut up and listen why” invades an argument, the whole reason for arguing vanishes. No longer can one expect to grow or learn from the world but instead is confined to their own views and viewpoint.

So often when people discuss issues from different viewpoints, they bring certain preconceived notions of their opposition to the argument with them. This can manifest itself in ideas like “I know why you support gay marriage. It’s because you don’t care about the sanctity of real marriages.” This can cause people to stop (or never start) listening to what someone else is saying. When this happens, people end up not arguing at all but instead find themselves simply speaking at another person, with little interaction ever happening.

There is also a more subtle effect that creates a self-reinforcing problem of animosity towards whoever you are talking to. When anyone is in an argument but isn’t actually listening to what someone else is saying, the interaction is severed, and the second person must either stop the dialogue or be put into a position of similar isolation while speaking at the first.

When someone starts speaking at somebody and a second person is speaking at them, both will undoubtedly feel like the other is being too dense to reason with because people will always want to blame someone else for being unreasonable. This blame will destroy any sense of mutual respect that could be achieved. When a person isn’t listening to someone else’s ideas, it is very easy to forget they may have some good ones. This will never get anyone to a place of interaction that can change their viewpoint of the world.

When someone is listening to another person’s ideas, however, they may just find that theirs aren’t perfect. That is the essence of argumentation, and trust me, when you discover something new about the world or its workings because someone took the time to share their ideas with you, you won’t be upset about it. It really is an amazing thing when your view of the world is changed because of an interaction with another human being.

To gain an improved worldview from discussion and argumentation with those unlike you, columnist Phil Brown writes, keep an open mind and listen carefully to all points of view.

Phil Brown is a senior in political science, biology and environmental studies from Emmetsburg, Iowa.
The bells of Iowa State began as a love story, which is why many of its traditions sprang up, centered on love and romance.

The carillon within the Campanile was donated to the university by Edgar W. Stanton, member of Iowa State’s first graduating class in 1872. Throughout his tenure at Iowa State, he served in many positions, including acting president on four different occasions.

When Stanton’s wife, Margaret MacDonald Stanton, died in 1895, he decided to create a monument in her honor. With the help of then-ISU President William M. Beardshear, Stanton selected a site for a clock tower with a 10-bell chime.

The tower was designed by George E. Hallett, an architect from Des Moines, and the bells were added in memory of Margaret.

The Campanile has many traditions and legends attached to it, according to the University Archives:

“An ISU woman is not a ‘true coed’ until she has been kissed under the Campanile at the stroke of midnight. After the kiss, she must anonymously drop jelly beans outside each girl’s door in her house. Any senior who hasn’t achieved coed status before graduation must drop lemon drops. This legend lives on during ‘Mass Campaniling’ at Homecoming or during the Friday night of Senior Week.”

In 1969, the chimes were expanded to 26 bells, and the playing console was added in memory of the death of Edgar Stanton.

The carillon then became known as the Edgar W. and Margaret MacDonald Stanton Memorial Carillon.

Over the years, more bells were added to the carillon, and it became known as the Edgar W. and Margaret MacDonald Stanton Memorial Carillon. Today, it is one of the largest carillons in the United States, with 50 bells. The carillon rings in timeless traditions and is a beloved symbol of Iowa State University. 

By Trevor Werner
@iowastatedaily.com

Campanile plays a long music history

The bells of Iowa State began as a love story, which is why many of its traditions sprang up, centered on love and romance.

The Campanile was a gift from Edgar W. Stanton, a member of Iowa State’s first graduating class in 1872. Throughout his tenure at Iowa State, he served in many positions, including acting president on four different occasions.

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were added and multiple renovations took place until it was finished in 1994 with 50 bells total. The maintenance of the Campanile costs about $2,000 a year. The service includes the clock, the mechanics, the console and the bells. Iowa State has had five official university carillonneurs, with Tin-Shi Tam acting as its current player.

“I began my tenure at Iowa State as Cownie Professor of Music [the official title of the university carillonneur] in 1994,” Tam said.

Tam, a native of Hong Kong, is the university carillonneur and the chairwoman of the keyboard division. She is a carillonneur member of the Guild of Carillonneurs in North America and a fellow of the Trinity College of Music, London.

She holds a doctorate of musical arts in organ from the University of Michigan.

“Carillon lessons are offered to ISU students who are interested,” Tam said. “It requires previous keyboard experience. One half-hour lesson weekly for one credit [Music 118E]. Auditions are required.”

Tam has given recitals throughout Asia, Australia, Canada, Europe and the United States:

“The most fascinating aspect about the carillon,” Tam said, “is that every instrument is different. One should appreciate each instrument as it is.”

Tam has given recitals throughout Asia, Australia, Canada, Europe and the United States:

Graves-Vitu studied the carillon with Charles Chapman in Luray, Va., for nine years. She then went to Hollins University to earn a degree, after which she studied with Jacques Lannoy at the Ecole Francaise de Carillon in Douai, France.

She was named carillonneur of the Perpignan Cathedral in 2006.

“I have played in many places,” Graves-Vitu said. “Ireland, England, the United States and France, to name a few. I also teach many lessons in France.”

The next performer in the summer concert series will be Robert B. Grogen, followed later in the summer by Sue Bergren and Julianne Vanden Wyngaard, each of whom is a well-respected carillonneur.

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Tin-Shi Tam, the university carillonneur, sits at the playing console of the Edgar W. and Margaret MacDonald Stanton Memorial Carillon in the Campanile before her weekday noon performance Wednesday. Tam broadcasts each performance online.
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Whole, 2%, 1%, or Skim Half Gallon

$4.99
Frito Lay Variety Pack Snacks
18-20 oz | select varieties

Hy-Vee Natural Spring or Purified Drinking Water
16.9 fl oz | 24 ct.

99¢
Sunny D Citrus Punch
64 fl oz | select varieties

5 for $10
Xtra Laundry Detergent
62.5 or 75 fl oz | select varieties

3 for $1
Bakery Fresh Glazed Donuts

4 for $10
Pepsi Products
24 fl oz | 6 pack

10 for $5
Michelina's Zap'ems Entrees
7.5-8 oz | select varieties

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Betty Crocker Brownie Mix
18.3-20.5 oz | select varieties

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FRIDAY ONLY

June, 1, 2012

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Betty Crocker Helper Meals
4.3-8.4 oz | select varieties 88¢

General Mills Cereal
8.7-12 oz | select varieties 3 for $5

Hy-Vee Cottage Cheese
1% or 4% small curd or 4% large curd 24 oz $1.48

Tony's Pizza Original Crust
12.14-17 oz | select varieties 3 for $5

New Crop California Red Seedless Grapes per lb $1.48

All Week (May 30-June 5)

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Hy-Vee Cottage Cheese
1% or 4% small curd or 4% large curd
24 oz

3 for $5

Tony’s Pizza Original Crust
12.14-17 oz. | select varieties

88¢

Betty Crocker Helper Meals
4.3-8.4 oz. | select varieties

88¢

Hy-Vee 100% Natural Fresh Value Pack Chicken Split Breast, Thighs or Drumsticks
per lb

3 for $5

General Mills Cereal
8.7-12 oz. | select varieties

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Footwear

Walk down the aisle in high style

By Jolie Monroe
Daily staff writer

It has been said diamonds are a girl’s best friend, but shoes may be a close second. Wedding shoes require the perfect mix of comfort, originality and style. Look no further than Pure Bridal in Ames, where owners Kayse Carter and Rita Gartin have great advice on finding the perfect pair. Pure Bridal offers wedding dresses, little black dresses, tuxedos, shoes, jewelry and much more.

Color

Shoes for the bridesmaids and bride are dye-able to any color desirable, Gartin said. Not only is there a wide variety of colors to choose from, the color is also made specifically for indoor or outdoor lighting.

Another exciting option is dyeing certain parts of the shoe. For example, Gartin said a shoe with a bow on the toe could be white all-over with a pink bow.

Can’t decide on a color? Go with a standard blue to be your “something blue.”

Customize

Whether you prefer sparkle, decals or vintage, there are plenty of options to make your heels a hit.

“Some people use decals under the shoe saying ‘I do’ or ‘Mrs. Smith,’” Carter said. Decals can be purchased online.

For a blinged out look, try adding rhinestones down the back of the heel or adding a broach, Carter suggested.

If you are not looking for a DIY project, Pure Bridal has some shoes that have been “pre-blinged.”

Comfort

Foot discomfort should be the last thing on a bride’s mind. But Pure Bridal has stylish and comfortable options for any look.

From flats to subtle platforms, there is something for everyone. Carter and Gartin pride themselves on treating their customers like family. Stop in to Pure Bridal for the perfect kicks or to check out their selection of little black dresses.
Personalize your wedding look by balancing bling with the dress

By Melanie Anderson
Daily staff writer

The traditional wedding custom many brides follow is to have something old, something new, something borrowed and something blue as apart of their attire on their wedding day. This wedding custom allows for brides to personalize their wedding attire, even if they are the only ones who know it.

Brides love to personalize a wedding dress by accenting it with unique jewelry. Keep in mind, accessories can make or break an outfit.

Brittney Madsen, social media events coordinator of the Wedding Shoppe, a large bridal store on Grand Avenue in St. Paul, Minn., provided some insight to popular trends and styles when it comes to wedding jewelry.

“Statement pieces are definitely a trend right now. Any big necklaces with a pop of color are popular,” Madsen said. “Keep in mind, accessories can make or break an outfit.”

Madsen also said the bridal jewelry community expects a shift in the upcoming months to “Great Gatsby”-esque ornate styles. Madsen said this style is “art-deco-like, a gilded style from the Roaring ‘20s.”

When choosing the right jewelry, it is important to keep the wedding dress style in mind. The last word a bride wants to have used to describe her is gaudy.

Here are some tips for keeping the right amount of bling to each style of dress:

**Sweetheart cut:** A collar necklace parallels the cut of the sweetheart style that looks great and adds some sparkle.

**Strapless cut:** A collar necklace is also acceptable for the strapless style. Choose a bold, bejeweled piece that accentuates your sculpted shoulders.

**One-shoulder cut:** Skip the necklace on this cut for the one-shoulder sweep speaks for itself. Choose earrings that are near and dear to the heart, or new bedazzled danglers.

Whatever style of dress and collection of jewelry a bride decides to wear on her wedding day should be her own personal taste.

Madsen said: “It’s important to look and feel like yourself on your wedding day, since the day is all about you.”

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**Accessories**

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**Health**

Pre-wedding diets too good to be true?

By Lindsey Schlarck
Daily staff writer

Preparing for the big day can seem like an episode of “Survivor”: Brides starve and endure intense workouts to look picture-perfect for their weddings.

Celebrity-inspired crash diets and detox cleanses may have rapid results but require extreme willpower.

For some brides, that is not enough.

A recent New York Times article featured a growing trend: Some people who want to lose weight get a feeding tube inserted to restrict calories and help shed pounds in just 10 days.

The tube “nourishes” women with a mere 800 calories and comes at a price tag of approximately $1500.

The diet contains no carbohydrates and forces the body to enter ketosis, a process that burns fat for fuel. Some reports said women lost an average of 20 to 25 pounds in less than two weeks.

“Whether what diet you try, the formula is simple: calories in less than calories out equals weight loss,” said Laura Kimm, dietian at the West Ames Hy-Vee. “If a diet claims to be ‘fast, easy weight loss’ or a ‘breakthrough miracle,’ it is most likely too good to be true.”

What is lost in weight, however, may be gained in other side effects, such as kidney stones, headaches and dehydration. Patients must be monitored by doctors to avoid these symptoms.

“If you don’t attempt this in a healthy way, you may be setting yourself up for some significant health problems including osteoporosis, increased symptoms of fatigue and decreased body energy supplies,” Kimm said.

To maintain — and sustain — healthy weight loss, brides should start the process early with nutrient-dense foods and sensible choices.

Experts at ProjectWedding.com recommend avoiding carbonated soft drinks and caffeine in the week before the wedding, as they can cause extra bloating and dehydration.

Foods high in starch, like pasta and potatoes, also cause bloating and gas.

Rather, brides should select high-protein, low-fat options for lasting energy.

“Ultimately, all foods can fit into a healthy diet,” Kimm said. “The key is variety, balance and moderation.”
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Download the Daily’s new tablet edition

Ames Lab celebrates 65 years of research

Four hurdlers compete as more than just regular teammates

Study focuses on Wal-Mart’s effect on small town Iowa
Thursday

Principal Charity Golf Classic
When: All day
What: A family-friendly event that contributes to economic vitality and quality in central Iowa.
Where: Glen Oaks Country Club

Farewell reception: Jennifer Nissen
When: 3 to 4:30 p.m.
What: Nissen, coordinator of leadership and service for the ISU Student Activities Center, has accepted a position at St. Norbert College near Green Bay, Wis.
Where: Campanile Room, Memorial Union

West Des Moines Farmers’ Market
When: 4 to 8 p.m.
What: Buy local at this weekly farmers’ market.
Where: Historic Valley Junction

Basic sewing: pillows with Judith Lemish
When: 7 to 9:30 p.m.
What: Add color, texture and pattern to any room with throw pillows.
Where: Workspace, Memorial Union

Friday

Principal Charity Golf Classic
When: All day
What: A family-friendly event that contributes to economic vitality and quality in central Iowa.
Where: Glen Oaks Country Club

Great Plains Society for the Study of Argumentation Conference
What: A conference to embrace work on expertise in policy controversies from across the disciplines focused on argumentation, reasoning, rhetoric, communication and deliberation.
Where: Carver Hall

Open forum: fiscal year ‘13 budget planning update
When: Noon to 1 p.m.
Where: Gallery Room, Memorial Union

Saturday

Principal Charity Golf Classic
When: All day.
Sunday

Principal Charity Golf Classic
When: All day
What: A family-friendly event that contributes to economic vitality and quality in central Iowa.
Where: Glen Oaks Country Club

Mustang Car Show
When: 9 a.m. to 4 p.m.
Where: Historic Valley Junction

Roosevelt Summer Sundays concerts
When: 7 p.m.
What: Ames local concert series.
Where: Roosevelt School Playground

Argentine Tango with Valerie Williams
When: 4 to 7 p.m.
What: A multi-level class with time to enjoy music and dance
Where: Workspace, Memorial Union

Monday

Garden drawing and color
When: 4 to 6 p.m.
What: A six week course exploring the basics of garden and nature drawings.
Where: Reiman Gardens

Basket weaving with Jan Smith
When: 6 to 9 p.m.
What: Make a field basket.
Where: Workspace, Memorial Union

Embroidery with Judith Lemish
When: 7 to 8:30 p.m.
What: Learn the basic stitches of embroidery.
Where: Workspace, Memorial Union

Tuesday

Music and art
When: 6:30 to 8:30 p.m.
What: A six week course on the co-relationship of music and art.
Where: Reiman Gardens

Wednesday

NCAA Men and Women’s Track and Field Championship
When: All Day
What: Division I 91st annual men’s championship and 31st annual women’s championship.
Where: Reiman Gardens

Informational lunch: MBA program
When: Noon to 1 p.m.
What: Learn more about the Master of Business Administration offered by the College of Business.
Where: Gerdin Business Building

Better Flower Photography
When: 2 to 4:30 p.m.
What: Photography with Mark Stoltenberg.
Where: Reiman Gardens

Earrings with Terrie Hoefer
When: 6 to 8 p.m.
What: Bring a selection of your favorite beads to make one to two pairs of earrings.

World Pork Expo
When: All day
What: The World Pork Expo is the largest pork-specific trade show. There will be 20,000 pork producers and allied professionals.
Where: Elwell Family Food Center, Iowa State Fairgrounds

Winefest Des Moines: She Said Wine, He Said Beer Dinner
When: 6 p.m.
What: Winefest, with Raccoon River Brewing Company and Gateway Market, will present a dinner for $65 per person.
Where: Raccoon River Brewing Company, Des Moines

Roller derby
When: 7 p.m.
What: The Crash Test Dolls, from Des Moines, will take on the Farm Fresh Roller Girls, from the Quad Cities.
Where: 7 Flags Events Center, Clive, Iowa
Zoo Brew
When: 5:30 p.m.
What: Every Wednesday from June to August, Blank Park Zoo holds Zoo Brew, where guests can enjoy music, food, local brews and sights of exotic animals.
Where: Blank Park Zoo, Des Moines

Free Flicks: ‘Raiders of the Lost Ark’
When: Begins at dusk
What: The Des Moines Art Center, in partnership with Des Moines Park and Recreation, will present “Raiders of the Lost Ark.”
Where: Front lawn of the Des Moines Art Center, Des Moines

Flipside at Jasper Winery
When: 6 to 9 p.m.
What: There will be live music at the winery every Thursday and wine, sangria, Madhouse, beer, burgers and brats. Flipside will play June 7.
Where: Jasper Winery, Des Moines

Governors Days
When: 6:30 p.m. Thursday through 10 p.m. Saturday
What: This summer festival will feature concerts, parades, car shows, etc.
Where: Waterworks Park, Grimes, Iowa

Music in the Junction: Matt Woods and the Thunderbolts
When: 5:30 to 8:30 p.m.
What: Part of the Historic Valley Junction farmers market and concert series. There will be more than 100 vendors.
Where: Historic Valley Junction, West Des Moines

Winefest Des Moines: Prima Dinners
When: 6:30 p.m.
What: The night will feature five dining options from the metro area’s top chefs. Each chef will be paired with a winery.
Where: Places in and around Des Moines

Christopher the Conquered with Seedlings
When: 9 p.m.
What: Local bands Christopher the Conquered and Seedlings will perform together.
Where: Gas Lamp, Des Moines

Iowa Cubs game
When: 7:05 p.m. Thursday through Saturday and 1:05 p.m. Sunday.
What: The Iowa Cubs will play the Nashville Sounds. There will be fireworks after Friday’s game.
Where: Principal Park, Des Moines

Flipside at Jasper Winery
When: 6 to 9 p.m.
What: There will be free live music at the winery every Thursday and wine, sangria, Madhouse, beer, burgers and brats. Flipside will play June 7.
Where: Jasper Winery, Des Moines

Free skin cancer screening
When: 4 to 7 p.m.
What: The John Stoddard Cancer Center will hold free skin cancer screening.
Where: John Stoddard Cancer Center, Des Moines

Winefest Des Moines: Prima Dinners
When: 6:30 p.m.
What: The night will feature the work of five dining options from the metro area’s top chefs. Each chef will be paired with a winery.
Where: Places in and around Des Moines

Christopher the Conquered with Seedlings
When: 9 p.m.
What: Local bands Christopher the Conquered and Seedlings will perform together.
Where: Gas Lamp, Des Moines


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Thursday, May 31, 2012 | Iowa State Daily | CLASSIFIEDS | 25
What makes people sneeze?

Sneezing usually occurs when the nerve endings of the mucous membrane of the nose are irritated, due to a swelling of the membrane, for example when we have a cold, or when some foreign body, such as a gnat, invades our nose, or when allergy and pollen season strike.

Surprisingly enough, sneezing can be brought on (or out!) when the optic nerves in our eyes are exposed to bright light!

For whatever reason, the membrane is irritated, sneezing is a reflex act, completely beyond our control, by which the nose trumpets out air in an attempt which the nose trumpets.

Sometimes, however, this is accomplished only through multiple sneezes.

Medical science dispelled ancient beliefs concerning the out-of-control sneeze, and snuffed out superstitions in the process. Primitive people held the belief that a sneeze signified approaching death, and immediately assisted the distressed person by crying out “God help you!” Egyptians, Romans, and Greeks, saw the sneeze as an omen of approaching danger, or, on a more positive note, as a way of foretelling the future. Lucky ones sneezed to the right, while unlucky ones sneezed to the left. The moral of the story is to know your right from your left, and to sneeze in that direction, regardless of who is next to you!

Biblically speaking, sneezing meant a certain death, until Jacob nosed in and made a deal with God, whereby a prayer per sneeze cheated the grim reaper. Pope Gregory the Great, in response to the sixth century plague in Italy, carved out his place in history as being the one responsible for insisting that prayers, such as “God bless you!”, be said in response to the deadly sneeze. He did not, however, order that prayers be kept close at hand to snare the airborne germs spewed forth by the sneeze.
TODAY IN HISTORY!

1790 - The first Copyright Act was signed by President George Washington. The act protected authorship rights over books, maps and other written material. Rights of copy were only granted to US citizens, a mandate that was kept in place for more than a century.

1941 - The very first issue of the still popular “Parade: The Weekly Picture Newspaper” went on sale. Some 125,000 copies were sold for a nickel each. “Parade” became the most-read publication in the U.S. with a circulation of over 22-million readers in 132 newspapers.

1943 - A comic strip came to radio, as Archie Andrews was heard on the Mutual Broadcasting System for the first time. “Archie”, Veronica and the gang stayed on radio for about five years.

1976 - The Who put out a total of 76,000 watts of power at 120 decibels. They played the loudest concert anyone had ever heard, making it into “The Guinness Book of World Records”.

1989 - The second “World No-Tobacco Day” was held. The goals of the day were to encourage governments, organizations, and communities worldwide to become aware of the hazards of tobacco use, and to encourage everyone who smoked to quit for at least 24 hours. From this year onwards, May 31st was designated as No-Tobacco Day.

1990 - The smash NBC sitcom “Seinfeld” premiered.

1994 - U.S. Rep. Dan Rostenkowski, D-Illinois, was indicted on 17 felony counts, alleging he’d plundered nearly $700,000 from the government.

1994 - Bosnia’s parliament elected Croat war veteran Kresimir Zubak as the first interim president of a new power-sharing Muslim-Croat federation.

1996 - Right-winger Benjamin Netanyahu narrowly beat Shimon Peres in the election for Israeli prime minister. Netanyahu won 50.4 percent of votes and Peres 49.5 percent.

BORN ON THIS DATE

1819 Walt Whitman, poet d: 1892
1930 Clint Eastwood [Jr.], actor
1935 Ronald Laird, Track & Field Hall of Famer
1938 Peter Yarrow, singer

Why and how do cats purr?

Purring is part of every cat’s repertoire of social communication, apparently created by the movement of air in spasms through contractions of the diaphragm. Interestingly, purring is sometimes heard in cats who are severely ill or anxious, perhaps as a self-comforting vocalization. But, more typically, it is a sign of contentment, first heard in kittens as they suckle milk from their mother.

In adults, purring is heard in domesticated cats when they are petted, and in feral cats during sexual or other social contexts. Like submissive posturing among dogs, purring may be a signal of appeasement to other cats or to people, a way to communicate that the purring cat need not be threatened.

As with many behaviors in dogs and cats, the original presumed purpose of the behavior may not be directly relevant in a pet home. But we do believe that, when our healthy pet cats purr, they are happy and at peace.
<table>
<thead>
<tr>
<th>Prices Effective</th>
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<td>Tues 29</td>
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