Follow this and additional works at: http://lib.dr.iastate.edu/iowastatedaily_2013-04

Recommended Citation
http://lib.dr.iastate.edu/iowastatedaily_2013-04/1
Saina sets record in 5K

By Ryan Berg
rberg@iowastatedaily.com

Joy Harjo to give lecture

Author, poet and musician Joy Harjo will give the 2013 English Department Thompson Memorial Lecture on Monday in the Memorial Union. The lecture will be held at 8 p.m. and is free and open to the public. Harjo is the author of numerous poetry collections and two novels. She has been named a MacArthur “genius grant” winner.

Science

ISU group gains funds for brain research

Magnetic stimulus used to treat ailments

By Charles Oblon
comblon@iowastatedaily.com

Brain stimulation researchers at Iowa State have received a boost from the Roy and Diana Vagelos Trust.

The trust has pledged to fund $150,000 during a three-year period to help fund brain stimulation research in Iowa State’s brain stimulation research for the past five years based on an ongoing program, which is said to be the first of its kind in the nation.

Dara Hetherton, a senior in biological/pre-medical illustration, has worked for Little Princess Parties, a small business based out of Des Moines. The event company includes four princesses whom clients can choose from: Princess Snow White, Princess Beauty, Princess Jasmine and Princess Jasmine.

Princess Jasmine
dresses up and acts as popular animated characters for birthday parties. Expectant mothers and parents can choose from: Princess Snow White, Arabian Princess, Princess Beauty.

Business

ISU seniors dons crown, parties like a princess

By Mahakya Tandall
mtandall@iowastatedaily.com

Among almost 25,000 undergraduate students at Iowa State, Meaghan Hetherton sticks out as a princess. She’s a design student and well-proclaimed “girl with a dream and a passion.”

Since December 2009, Hetherton, senior in biological/pre-medical illustration, has worked for Little Princess Parties, a small business based out of Des Moines. The event company includes four princesses whom clients can choose from: Princess Snow White, Arabian Princess, Princess Beauty.
April 1, 2013

A body specimen was requested from a driver at 5:34 p.m. at the 300 block of Lynn Avenue (reported at 10:38 a.m.).

Chen and Wangying Vehicles driven by Chen and Wangying were involved in a property damage collision at 12:14 p.m. (reported at 12:31 a.m.).

An individual reported being harassed by an acquaintance at 1:48 a.m. (reported at 9:39 p.m.).

A body specimen was requested from a driver at the Armory at 9:39 p.m. (reported at 10:38 a.m.).

All those accused of violating the law are innocent until proven guilty in a court of law.

The information in the log comes from the ISU and City of Ames police departments’ records.

Thank you for your patience.
•

•(319) 232-1961

640 Lincoln Way
lincoln center

620 Main Street
Downtown Ames

• Thank you for your patience  • Grocery resets complete  • Hundreds of new items added

$395,280

The Roy J. Carver Charitable Trust has pledged to fund $395,280 during a two-year period to help fund brain stimulation research.

The group is now partnered with Walter Reed National Military Medical Center to see how they can treat the symptoms of post-traumatic stress disorder.

In the Durham Hall lab where the computer simulation research is performed, they work to figure out how to directly stimulate a certain part of the brain or how to get the brain to stimulate itself into healing.

Jiles also stated that he and his researchers are approached by the military about their research and whether it could help treat soldiers with post-traumatic stress disorder. The group is now partnered with Walter Reed National Military Medical Center to see how they can treat the symptoms of post-traumatic stress disorder.

Stimulation...

• has been used to treat depression.
• has been previously used in joint research to control angina in men with coronary artery disease.
• is believed to treat depression, Parkinson’s disease, strokes, post-traumatic stress disorder and stimulations.
• uses a strong magnetic field, which is pulsed through the brain to create an electrical impulse in the brain.

Jiles also stated that he and his researchers are approached by the military about their research and whether it could help treat soldiers with post-traumatic stress disorder.

The group is now partnered with Walter Reed National Military Medical Center to see how they can treat the symptoms of post-traumatic stress disorder.

In the Durham Hall lab where the computer simulation research is performed, they work to figure out how to directly stimulate a certain part of the brain or how to get the brain to stimulate itself into healing.

Jiles also stated that he and his researchers are approached by the military about their research and whether it could help treat soldiers with post-traumatic stress disorder. The group is now partnered with Walter Reed National Military Medical Center to see how they can treat the symptoms of post-traumatic stress disorder.

Stimulation...

• has been used to treat depression.
• has been previously used in joint research to control angina in men with coronary artery disease.
• is believed to treat depression, Parkinson’s disease, strokes, post-traumatic stress disorder and stimulations.
• uses a strong magnetic field, which is pulsed through the brain to create an electrical impulse in the brain.

Jiles also stated that he and his researchers are approached by the military about their research and whether it could help treat soldiers with post-traumatic stress disorder. The group is now partnered with Walter Reed National Military Medical Center to see how they can treat the symptoms of post-traumatic stress disorder.

Stimulation...

• has been used to treat depression.
• has been previously used in joint research to control angina in men with coronary artery disease.
• is believed to treat depression, Parkinson’s disease, strokes, post-traumatic stress disorder and stimulations.
• uses a strong magnetic field, which is pulsed through the brain to create an electrical impulse in the brain.

Jiles also stated that he and his researchers are approached by the military about their research and whether it could help treat soldiers with post-traumatic stress disorder. The group is now partnered with Walter Reed National Military Medical Center to see how they can treat the symptoms of post-traumatic stress disorder.

Stimulation...

• has been used to treat depression.
• has been previously used in joint research to control angina in men with coronary artery disease.
• is believed to treat depression, Parkinson’s disease, strokes, post-traumatic stress disorder and stimulations.
• uses a strong magnetic field, which is pulsed through the brain to create an electrical impulse in the brain.

Joy Harjo

Joy Harjo’s body of work features seven books of poetry, including Crazy Brave, She Had Some Horses, The Woman Who Fell From the Sky, and How We Became Human-New and Selected Poems, The Williams Award from the Poetry Society of America.

Joy Harjo’s body of work features seven books of poetry, including Crazy Brave, She Had Some Horses, The Woman Who Fell From the Sky, and How We Became Human-New and Selected Poems, The Williams Award from the Poetry Society of America.

Joy Harjo’s body of work features seven books of poetry, including Crazy Brave, She Had Some Horses, The Woman Who Fell From the Sky, and How We Became Human-New and Selected Poems, The Williams Award from the Poetry Society of America.

Joy Harjo’s body of work features seven books of poetry, including Crazy Brave, She Had Some Horses, The Woman Who Fell From the Sky, and How We Became Human-New and Selected Poems, The Williams Award from the Poetry Society of America.
**Legislation**

**By Natalie Williams**

**‘Medicaid Madness’ promotes expansion**

The Iowa Senate recently passed a bill that would expand Medicaid and cover the federal poverty line. The bill, introduced without controversy, however, Gov. Terry Branstad publicly opposes the bill and promotes his own plan for universal health care, the Healthy Iowa Plan.

Under the Healthy Iowa Plan, more Iowans will be served by the private insurance market with access to affordable plans available through health benefits exchanges, Branstad said in an op-ed released on the website.

This afternoon from the governor’s office said the plan approved by the Senate is not sustainable in the long term. While Branstad’s plan promises health and wellness, Medicaid is making people less healthy.

“The governor would encourage wellness by making people pay more out of pocket so they have some skin in the game,” Albrecht said. “The Medicaid expansion entails the same failing program to treat people.”

While the governor opposes the plan, many people support it.

The Healthiest Iowa Initiative, a nonprofit, is running a campaign, in naming awareness of Medicaid expansion through a series of press conferences named “Medicaid Madness.”

Medicaid Madness is sponsored by a number of local organizations and groups, including Working Families Win, a nonprofit and nonpartisan organization.

“It’s a chance for local, elected officials and people involved with the health care system to get that message out and let them know why they support Medicaid expansion,” said Chris Schwartz from Working Families Win.

In fact, said that he believes Medicaid is “extraordinarily efficient” and that the governor’s plan isn’t logical.

“The governor doesn’t have a plan!”[2]


Schwartz said that he believes Medicaid is “extraordinarily efficient” and that the governor’s plan isn’t logical.

A petition has also been started on the Healthiest Iowa Initiative’s website to bring notice to Branstad the support behind Medicaid Expansion.

On its website, it says, “There are no real reasons — only political rhetoric — for failing to support Medicaid expansion in Iowa.”

The bill will now be introduced and voted on by the House.

---

**Princess parties**

Zacatecas: The Little Mermaid, Princess Belle, Rapunzel, Cinderella.

Hetherton, who combined a love for art with acting and public speaking,

“I’ve always been outgoing, want

The Healthiest Iowa Initiative’s website to bring attention to Branstad the support behind Medicaid Expansion.

On its website, it says, “There are no real reasons — only political rhetoric — for failing to support Medicaid expansion in Iowa.”

On its website, it says, “There are no real reasons — only political rhetoric — for failing to support Medicaid expansion in Iowa.”

**Hy-Vee customers have saved over**

**$5,000,000**

with **Hy-Vee Fuel Saver**

**Fill your cart. Fuel your car.**

see store for details

open 24 hours a day  ■  7 days a week  ■  two convenient locations

west lincoln way

3800 West Lincoln Way  292-5543

lincoln center

640 Lincoln Way  232-1961

---

**Medicaid Madness**

Princess parties

Little Princess Parties has a current location in Waterloo.

Little Princess Parties is looking for more princesses, visit PartyWithaPrincess.com.

Hetherton said that she believes the organization has challenged the princess psyche and the Rossetti line.

“I think that the princess line has been a huge inspiration for young girls,” Hetherton said.

---

**Little Mermaid**

Princess Belle

Princess Rapunzel

Princess Sleeping Beauty, Pixie and Princess Chloé.

Cinderella, The Little Mermaid, the princesses can show in the characters.

Princess Beauty, Princess Storming, “doesn’t really take crap from anybody.” She also said the best time for the princesses to be children.

Hetherton said that she believes that the characters have changed her life.

“I think that the princess line has been a huge inspiration for young girls,” Hetherton said.
Politicians should think before talking

Making mistakes and being less than articulate during a conversation or debate about an important issue is human. But the last week or two have seen a marked decline in the integrity and dignity of our office.

Articles from various sources, from Erin Brockovich to major newspapers around the nation, have highlighted the need for political representatives to go back to the basics. Specifically, the need to think before talking.

Iowa State has been no exception in this regard. Prof. Christine Denison has even brought up the topic at the beginning of this month. However, while rhetorically thinking about the topic, many politicians have failed to show any kind of concern for addressing or rectifying the issue.

Our state leaders are at fault because they do not take the time to really consider the consequences of their words. They are more interested in scoring political points rather than addressing the serious issues that affect our daily lives.

Letters to the Editor

Focus on rape prevention, not on false accusations

In response to Prof. Christine Denison's recent column about rape prevention, I would like to offer a few pointers. When discussing the topic of rape, we should aim to provide information that is useful and empowering. Unfortunately, many politicians fail to do so, often making statements that are harmful and misleading.

One reason for this failure is that politicians do not have the necessary expertise to speak on the issue. It is important for elected officials to consult with experts and organizations that specialize in preventing and addressing rape before making public statements.

Avoid false confessions:
Avoid false confessions on Iowa State's turf

Avoid false confessions when reporting the crimes that occur on our campus. The most effective way to help prevent rape is to interrupt a dangerous situation or stop a predator before they can do more harm. However, it is crucial to remember that rape victims are not the only ones who have been hurt by false confessions.

False confessions can have serious consequences for both the accused and the community. When false confessions are made in cases of rape, it can create a culture of fear and suspicion, making it more difficult for survivors to come forward and seek justice.

Letters to the Editor

Opinion

Trash hundreds of plastic products, such as the plastic bottles shown here, have been collecting on our planet since plastic production began in the 1960s. Plastic does not disappear quickly, and plastic debris currently poses a real threat to environmental health and habitats.

Environment

The State of Debris in the Ocean

The ocean is not only a massive ecosystem, but also a dumping ground for billions of tons of plastic waste. This debris, called plastic pollution, is a major threat to marine life and the environment as a whole.

Plastic pollution can harm marine life in several ways. Tiny plastic fibers can enter the food chain and be ingested by smaller creatures, which then become prey for larger predators. Larger plastic debris can entangle and kill marine animals, such as sea turtles and dolphins.

The plastic waste problem is not limited to the ocean. It also affects freshwater systems, including rivers and lakes, where plastic pollution can contaminate drinking water sources.

In the United States, plastic waste is a significant problem. According to the Environmental Protection Agency, Americans generate over 35 million tons of plastic waste each year, much of which ends up in landfills or oceans.

To combat plastic pollution, it is crucial for individuals and organizations to take action. This can include reducing plastic use, properly disposing of plastic waste, and supporting policies that promote sustainable practices.

Letters to the Editor

Letters to the Editor

Focusing on the Environment

In response to Prof. Christine Denison's recent column about rape prevention, I would like to offer a few pointers. When discussing the topic of rape, we should aim to provide information that is useful and empowering. Unfortunately, many politicians fail to do so, often making statements that are harmful and misleading.

One reason for this failure is that politicians do not have the necessary expertise to speak on the issue. It is important for elected officials to consult with experts and organizations that specialize in preventing and addressing rape before making public statements.

Avoid false confessions:
Avoid false confessions on Iowa State's turf

Avoid false confessions when reporting the crimes that occur on our campus. The most effective way to help prevent rape is to interrupt a dangerous situation or stop a predator before they can do more harm. However, it is crucial to remember that rape victims are not the only ones who have been hurt by false confessions.

False confessions can have serious consequences for both the accused and the community. When false confessions are made in cases of rape, it can create a culture of fear and suspicion, making it more difficult for survivors to come forward and seek justice.

Letters to the Editor

Opinion

Trash hundreds of plastic products, such as the plastic bottles shown here, have been collecting on our planet since plastic production began in the 1960s. Plastic does not disappear quickly, and plastic debris currently poses a real threat to environmental health and habitats.

Environment

The State of Debris in the Ocean

The ocean is not only a massive ecosystem, but also a dumping ground for billions of tons of plastic waste. This debris, called plastic pollution, is a major threat to marine life and the environment as a whole.

Plastic pollution can harm marine life in several ways. Tiny plastic fibers can enter the food chain and be ingested by smaller creatures, which then become prey for larger predators. Larger plastic debris can entangle and kill marine animals, such as sea turtles and dolphins.

The plastic waste problem is not limited to the ocean. It also affects freshwater systems, including rivers and lakes, where plastic pollution can contaminate drinking water sources.

In the United States, plastic waste is a significant problem. According to the Environmental Protection Agency, Americans generate over 35 million tons of plastic waste each year, much of which ends up in landfills or oceans.

To combat plastic pollution, it is crucial for individuals and organizations to take action. This can include reducing plastic use, properly disposing of plastic waste, and supporting policies that promote sustainable practices.

Letters to the Editor

Letters to the Editor

Focusing on the Environment

In response to Prof. Christine Denison's recent column about rape prevention, I would like to offer a few pointers. When discussing the topic of rape, we should aim to provide information that is useful and empowering. Unfortunately, many politicians fail to do so, often making statements that are harmful and misleading.

One reason for this failure is that politicians do not have the necessary expertise to speak on the issue. It is important for elected officials to consult with experts and organizations that specialize in preventing and addressing rape before making public statements.

Avoid false confessions:
Avoid false confessions on Iowa State's turf

Avoid false confessions when reporting the crimes that occur on our campus. The most effective way to help prevent rape is to interrupt a dangerous situation or stop a predator before they can do more harm. However, it is crucial to remember that rape victims are not the only ones who have been hurt by false confessions.

False confessions can have serious consequences for both the accused and the community. When false confessions are made in cases of rape, it can create a culture of fear and suspicion, making it more difficult for survivors to come forward and seek justice.
Okoro leads sprints at Texas Relays

One Cyclone has come a long way in her four years as a Cyclone. Now, she is getting ready to make one final statement on her in-state track, as her season continues at the Texas Relays from March 28 to 30.

Okoro finished second in the 400-meter hurdles with a time of 58.32 seconds. Okoro finished second in the last indoor meet March 12th at the Texas Relays, finishing second in the triple jump to an 11.08-meter jump, setting a new personal record.

“I saw the first chance for most people to see me run outdoors, and they demonstrated that we really want to be out on the track,” said Ese Okoro, a sophomore and member of Coach Conn’s relay team.

The shot put and hammer throwers compete at the Stanford Invitational, placing second and third, respectively, at the meet. Iowa State throwers Hayli Laishema Hampton competed at the Stanford Invitational and the weekend at the Texas Relays, setting a new personal record in the 5,000-meter run, sprinters in its arsenal.

Ese Okoro has come a long way in her four years as a Cyclone. Now, she is getting ready to make one final statement on her in-state track, as her season continues at the Texas Relays from March 28 to 30.

Okoro finished second in the 400-meter hurdles with a time of 58.32 seconds. Okoro finished second in the last indoor meet March 12th at the Texas Relays, finishing second in the triple jump to an 11.08-meter jump, setting a new personal record.

“I saw the first chance for most people to see me run outdoors, and they demonstrated that we really want to be out on the track,” said Ese Okoro, a sophomore and member of Coach Conn’s relay team.

The shot put and hammer throwers compete at the Stanford Invitational, placing second and third, respectively, at the meet. Iowa State throwers Hayli Laishema Hampton competed at the Stanford Invitational and the weekend at the Texas Relays, setting a new personal record in the 5,000-meter run, sprinters in its arsenal.

Ese Okoro has come a long way in her four years as a Cyclone. Now, she is getting ready to make one final statement on her in-state track, as her season continues at the Texas Relays from March 28 to 30.

Okoro finished second in the 400-meter hurdles with a time of 58.32 seconds. Okoro finished second in the last indoor meet March 12th at the Texas Relays, finishing second in the triple jump to an 11.08-meter jump, setting a new personal record.

“I saw the first chance for most people to see me run outdoors, and they demonstrated that we really want to be out on the track,” said Ese Okoro, a sophomore and member of Coach Conn’s relay team.

The shot put and hammer throwers compete at the Stanford Invitational, placing second and third, respectively, at the meet. Iowa State throwers Hayli Laishema Hampton competed at the Stanford Invitational and the weekend at the Texas Relays, setting a new personal record in the 5,000-meter run, sprinters in its arsenal.

Ese Okoro has come a long way in her four years as a Cyclone. Now, she is getting ready to make one final statement on her in-state track, as her season continues at the Texas Relays from March 28 to 30.

Okoro finished second in the 400-meter hurdles with a time of 58.32 seconds. Okoro finished second in the last indoor meet March 12th at the Texas Relays, finishing second in the triple jump to an 11.08-meter jump, setting a new personal record.

“I saw the first chance for most people to see me run outdoors, and they demonstrated that we really want to be out on the track,” said Ese Okoro, a sophomore and member of Coach Conn’s relay team.

The shot put and hammer throwers compete at the Stanford Invitational, placing second and third, respectively, at the meet. Iowa State throwers Hayli Laishema Hampton competed at the Stanford Invitational and the weekend at the Texas Relays, setting a new personal record in the 5,000-meter run, sprinters in its arsenal.

Ese Okoro has come a long way in her four years as a Cyclone. Now, she is getting ready to make one final statement on her in-state track, as her season continues at the Texas Relays from March 28 to 30.

Okoro finished second in the 400-meter hurdles with a time of 58.32 seconds. Okoro finished second in the last indoor meet March 12th at the Texas Relays, finishing second in the triple jump to an 11.08-meter jump, setting a new personal record.

“I saw the first chance for most people to see me run outdoors, and they demonstrated that we really want to be out on the track,” said Ese Okoro, a sophomore and member of Coach Conn’s relay team.

The shot put and hammer throwers compete at the Stanford Invitational, placing second and third, respectively, at the meet. Iowa State throwers Hayli Laishema Hampton competed at the Stanford Invitational and the weekend at the Texas Relays, setting a new personal record in the 5,000-meter run, sprinters in its arsenal.

Ese Okoro has come a long way in her four years as a Cyclone. Now, she is getting ready to make one final statement on her in-state track, as her season continues at the Texas Relays from March 28 to 30.

Okoro finished second in the 400-meter hurdles with a time of 58.32 seconds. Okoro finished second in the last indoor meet March 12th at the Texas Relays, finishing second in the triple jump to an 11.08-meter jump, setting a new personal record.

“I saw the first chance for most people to see me run outdoors, and they demonstrated that we really want to be out on the track,” said Ese Okoro, a sophomore and member of Coach Conn’s relay team.

The shot put and hammer throwers compete at the Stanford Invitational, placing second and third, respectively, at the meet. Iowa State throwers Hayli Laishema Hampton competed at the Stanford Invitational and the weekend at the Texas Relays, setting a new personal record in the 5,000-meter run, sprinters in its arsenal.

Ese Okoro has come a long way in her four years as a Cyclone. Now, she is getting ready to make one final statement on her in-state track, as her season continues at the Texas Relays from March 28 to 30.

Okoro finished second in the 400-meter hurdles with a time of 58.32 seconds. Okoro finished second in the last indoor meet March 12th at the Texas Relays, finishing second in the triple jump to an 11.08-meter jump, setting a new personal record.

“I saw the first chance for most people to see me run outdoors, and they demonstrated that we really want to be out on the track,” said Ese Okoro, a sophomore and member of Coach Conn’s relay team.

The shot put and hammer throwers compete at the Stanford Invitational, placing second and third, respectively, at the meet. Iowa State throwers Hayli Laishema Hampton competed at the Stanford Invitational and the weekend at the Texas Relays, setting a new personal record in the 5,000-meter run, sprinters in its arsenal.
START LOOKING FOR A NEW PLACE NOW!

Welcome to Ames! I’m looking for a new place to live.

I need:
- A 1, 2, 3 or 4 bedroom apartment
- Close enough to campus you can walk
- Great location
- A variety of floor plans
- Free utilities
- Free parking and carports available
- FREE On-Ramp Fitness and Tanning
- FREE Electric, Air & Heat
- Utilities included
- Internet, cable, and Fitness
- prime locations
- NEW Apartments

Available:
- 290-0735
- 515.294.4123
- www.iowastatedaily.com

Get your new place today!

Check it out at www.resgi.com
Email: info@resgi.com

The Iowa State Daily Recommends All Its Readers

Close examination of any job opportunity or service that sounds too good to be true.

Before investing any money, please contact the

Des Moines Better Business Bureau at 515-243-8137

For more information about new properties, call

515.239.4123

www.iowastatedaily.com

515.234.4440

www.hunziker.com

www.SouthDuffatISU.com

www.ppm-inc.com (515) 333-5718

www.CollegeCities.com

www.university.com

www.interest.com

www.-ISU.com

www.resgi.com

Your Life, Your Style.

- Free On-Ramp Fitness and Tanning
- Free Parking and Carports Available
- Washer and Dryer in Every Apartment
- Convenience: By-The-Bed Leases
- Prime locations
- Cy-Ride Stop

www.University.com

www.resgi.com

www.collegecities.com

www.university.com

www.interest.com

www.-ISU.com

www.resgi.com

Your Life, Your Style.
Fun & Games
Unplug, decompress and relax ...

Fun Facts
The “H” in Harry S. Truman didn’t stand for anything; Truman had a middle initial but no name.

Kryptonite, Superman’s greatest weakness, was first introduced in the radio serials starring Bud Collyer. The plot device was developed to give Collyer a chance to have a vacation while the other actors carried the throne.

In the 1960s, Harper Lee moved to New York to become an author. Her 1960 novel *To Kill a Mockingbird* won a Pulitzer Prize, but aside from a few nonfiction magazine articles she’s published since, she’s refused to write anything else—a finding for her lone novel.

Jun Cummings, the voice of Winnie the Pooh, calls sick kids in hospitals and chats with them in character.

In 10th century Burma, King Theinhko ate a farmer’s cucumbers without permission. The farmer killed the king and took the throne.

Orangutan means “man in Malay and human means “forest,” so an orangutan is a “man of the forest.”

Green colored light is the least used color of light in the process of photosynthesis. Thusly, it is reflected back into our eyes. That is why plants are, for the most part, green.

Crossword

**Across**
1. Bruising lay 9. “I have no doubt...”
**Down**

**Clue**
 Rutabaga

**Solution**

61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100.

Sudoku

**Sudoku**

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve [Sudoku](http://www.sudoku.org.uk/)

Horoscope

*by Linda C. Black*

**Today’s Birthday**

*04/21/13*

You need to be bold. Increase community activity with friends, siblings and neighbors. It keeps you connected, and communications thrive until June, when your energy shifts towards home improvement. Check your insurance coverage, and stay flexible. It’s a year of personal expansion.

**Aries**

*(March 21-April 19)*

Today’s a 4 — You could get restless, work causes delays, so tackle one thing at a time. Talk about your later. Consider what’s to be done now. Focus on your later.

**Taurus**

*(April 20-May 20)*

Today is a 5 — Think of others. View the bigger picture first. Your influence grows. Many people appreciate the more you profit. Use your good judgment. Hold to your money for now.

**Gemini**

*(May 21-June 20)*

Today is a 8 — If you don’t find out also, there is a state of disruption... there is some way. You look good, nonetheless. Travel and send packages later. Visit a partner who provides inspiration. Assert your desires.

**Cancer**

*(June 21-July 22)*

Today is a 9 — Use your personal skills. Be brave, however, if it costs you money. Emotions are all over the map. There’s more working coming, though carefully, as there’s danger of a breakdown.

**Leo**

*(July 23-Aug. 22)*

Today is a 9 — Don’t gamble, because money or playtime feels. Provide excellent service, and make a good impression. Optimize the entry. Work is busy. Be cautious, as costs may be higher than expected.

**Virgo**

*(Aug. 23-Sept. 22)*

Today is a 7 — Contingent on your knowledge, considerations, and provide for others. Set a brainstorm, information, if necessary. Make sure the entry. Work is busy. Be cautious, as costs may be higher than expected.

**Libra**

*(Sept. 23-Oct. 22)*

Today is a 9 — Balance love/interest in your partner and home. Make work costs. Everything seems possible. Too many old projects that you finish, the more new ones arise. Pay the budget.

**Scorpio**

*(Oct. 23-Nov. 21)*

Today is a 7 — The truth should be spoken. Be brave, however, if it costs you money. Emotions are all over the map. There’s more working coming, though carefully, as there’s danger of a breakdown.

**Sagittarius**

*(Nov. 22-Dec. 21)*

Today is a 9 — There may be a setback, or temporary confusion. Accept enthusiastic coaches, and reassure someone who’s uncertain.

**Capricorn**

*(Dec. 22-Jan. 19)*

Today is a 9 — Review details, and promote work to all complications arise. Play an it’s a case for a reception. Avoidance arrives comes from an uncommitted direction.

**Aquarius**

*(Jan. 20-Feb. 18)*

Today is a 9 — A distance call comes in. Use something to learn, or make more, and say please. Turn down an expensive invitation or reject a proposal.

**Pisces**

*(Feb. 19-March 20)*

Today is a 9 — Don’t make a hard-won opportunity work. Large groups, team. Past efforts represent what you did. Be quick while moving slowly.

*Signatures*

(Drop, 20, 30, 40)

Today is a 8 — It could get chaotic. You look good, nonetheless. Pad the budget.

**Aries**

*(March 21-April 19)*

Today’s a 4 — You could get restless, work causes delays, so tackle one thing at a time. Talk about your later. Consider what’s to be done now. Focus on your later.

**Taurus**

*(April 20-May 20)*

Today is a 5 — Think of others. View the bigger picture first. Your influence grows. Many people appreciate the more you profit. Use your good judgment. Hold to your money for now.

**Gemini**

*(May 21-June 20)*

Today is a 8 — If you don’t find out also, there is a state of disruption... there is some way. You look good, nonetheless. Travel and send packages later. Visit a partner who provides inspiration. Assert your desires.

**Cancer**

*(June 21-July 22)*

Today is a 9 — Use your personal skills. Be brave, however, if it costs you money. Emotions are all over the map. There’s more working coming, though carefully, as there’s danger of a breakdown.

**Leo**

*(July 23-Aug. 22)*

Today is a 9 — Don’t gamble, because money or playtime feels. Provide excellent service, and make a good impression. Optimize the entry. Work is busy. Be cautious, as costs may be higher than expected.

**Virgo**

*(Aug. 23-Sept. 22)*

Today is a 7 — Contingent on your knowledge, considerations, and provide for others. Set a brainstorm, information, if necessary. Make sure the entry. Work is busy. Be cautious, as costs may be higher than expected.

**Libra**

*(Sept. 23-Oct. 22)*

Today is a 9 — Balance love/interest in your partner and home. Make work costs. Everything seems possible. Too many old projects that you finish, the more new ones arise. Pay the budget.

**Scorpio**

*(Oct. 23-Nov. 21)*

Today is a 7 — The truth should be spoken. Be brave, however, if it costs you money. Emotions are all over the map. There’s more working coming, though carefully, as there’s danger of a breakdown.
EXPERTS FLY TO AMES TO JUDGE SHOW

Photo courtesy of Kate Bell for The Fashion Show 2013

By Mariah Wellman
ISD Style Writer

This past weekend, dozens of students,章曼和 four expert judges from throughout the United States flooded the Memorial Union for one of the most anticipated events before the Fashion Show (2013) judging day. Only 10 garments will be modeled down the runway, a number much lower than previous years. The results were decided on Saturday, March 30, 2013; two weeks ahead of the 2013 Fashion Show. The winners will remain on campus for two weeks before the Fashion Show, allowing Leapold to have many students going through the task of wearing the garments in front of the panel.

Judging overall is a day-long process for the judges as well as the model, who has the task of wearing the garments in front of the panel. ‘It’s very intimidating at first because you know there is someone watching you, and you know that everyone is there to critique you,’ Cohen said. ’Don’t take it to heart if you don’t please everyone. Just keep level-minded and know that you are doing your best.’

The judges were each given a set of criteria to judge based on, including construction and quality as well as how the garment flatters the model. ‘I’m also very creative. So, I’m looking for as much creativity as well as how the garment fits the model,’ Craiger said. “I’m not a hard grader; I like to see how creative the students are going through the ground rules of fashion gives Van Berkum the freedom to create as even of a playing field as possible.

Pattern mixing is just one barrier, but both feel trying things on is the best way to go. ‘I’ve been a part of the Fashion Show for a couple years and said she has gone through hundreds of models over the years and said she has gone through hundreds of models over the years. I know when things are right, and I know when things are wrong,’ Cohen said. ‘That’s just my opinion of it. That’s not the next person’s opinion of it. That’s not the next person’s opinion of it. Taking the lead from top fashion houses, the Iowa State University Fashion Show has seen a change role models and patterns that should be mixed together. Luckily, today’s style is open to those boundaries. Taking the lead from top fashion houses, the Iowa State University Fashion Show has seen a change in role models and patterns that should be mixed together.

A fashion show is a combination of art and commerce that has to be seen for what it is. A fashion show is not just a showcase of fashion, but also a business opportunity for designers.

“Where I come from, if you wear anything out of the norm, people look at you weird,” Van Berkum said. “I don’t have a specific person who gets fashion inspiration from.”

This combination of individuality and awareness has led to a ground rule of fashion given to Van Berkum: the confidence to take on the role of pattern mixing. Both Van Berkum and Leapold have been a part of the Fashion Show for a few years, and said they are interested in seeing just how nice and creative the students can be.

“Don’t take it to heart if you don’t please everyone. Just keep level-minded and know that you are doing your best.”

“Because of my background in technical design, I always look at construction and quality as well as how the garment fits the model,” Craiger said. “I was very interested in it. I looked at what my favorite was.”

At the end of the day, Van Berkum and Cohen left with the same advice for the designers: ‘Don’t take it to heart if you’re not picked,’ Cohen said. “I don’t mean that you aren’t good.”

The winning garments will be shown on the runway at 7 p.m. April 13 at Stephens Auditorium.