He hands shook uncontrollably. His breathing was heavy. His emotions wound up, but he couldn’t help himself.

Adam Guenther, fifth-year senior in animal science at Iowa State, was driving back to Ames from Omaha, Neb., knowing he was going to tell his mother he was gay.

“Oh, yeah, I was nervous,” Guenther said.

A drive that would normally take him two hours took him four because he was shaking so much.

“His hands were shaking,” Guenther said.

Guenther was driving back from his internship in Omaha last summer. He was about to meet up with his mom to move into his Frederiksen Court apartment.

“She was checking into our hotel when I called her letting her know I was in Ames,” Guenther said of that August 2013 day. “She said to come meet her there and we would go to Frederiksen to pick up the keys and pull her alongside and just tell her. That’s how it went.”

Her reaction, he said, was one of surprise. He later called his twin brother Tyler, who also reacted a bit surprised.

“They were very accepting,” Guenther said.

“They understood. They were proud that I was being open and honest about who I was as a person. That was great.”

Coming to terms with the fact that he was gay wasn’t an instantaneous moment, Guenther said. Throughout middle school and high school, he had to keep himself in check and hide his true identity.

The first weeks of college may be overwhelming for many students, but homesickness can compound on that stress, especially for multicultural students. The Multicultural Student Affairs supports those students who feel homesick and help them in their personal and academic development.

On Tuesday, the MSA prepared a special activity named Jump Start for the multicultural freshmen in the Memorial Union. The Sun Room was filled with students from different cultures.

Everywhere in the room, there were organizations, associations, fraternities and sororities that are influenced by multicultural students. The sounds of various languages could be heard by anyone who walked through the room.

The main reason for Jump Start was to encourage new Cyclones to meet and interact with students that are from their same culture and guide them on how to become a successful ISU student.

The activity welcomed freshmen and even included some transfer students. Students learn dances step-by-step from an instructor during the Jump Start event hosted by Multicultural Student Affairs on Tuesday in the Sun Room of the Memorial Union.
Weather

**WEDNESDAY**
Partly cloudy and breezy with a chance of showers.

83
72

**THURSDAY**
Mostly sunny with a breeze. Possibility of a thunderstorm at night.

85
59

**FRIDAY**
Mostly sunny with humidity in the morning.

68
50

**POLICE BLOTTER**

**August 28**
Tyshon VanBlue, 24, of 2731 13th St. in Ames was arrested for warrants, with operating while intoxicated the third degree at the Armento Services Building (reported at 10:47 a.m.).

An individual reported the theft of a trash container at the College of Design (reported at 9:52 a.m.).

An individual reported the personal injury collision at 12:27 p.m. at Lot 21 (reported at 5:00 p.m.).

A case of sexual abuse in the college of design was report at 8:59 a.m. (reported at 12:58 a.m.).

An officer investigated a property damage collision at South 18th Street and University Boulevard (reported at 10:47 a.m.).

An officer investigated a property damage collision at Lot 21 (reported at 9:00 p.m.).

Officers assisted a man who was experiencing emotional difficulties at Ames interim facility. The individual was transported to Mary Greeley Medical Center for treatment (reported at 6:18 p.m.).

**August 29**
Kelvin Porteas, 19, of 1020 S. 9th St., was arrested and charged with public intoxication at Gray Avenue and Sunset Drive (reported at 12:44 a.m.).

Tyler Dockstader, 22, of 3307 Bayberry Circle, Ames, was arrested and charged with operating while intoxicated at 1600 block of 2nd St. NW (reported at 12:57 a.m.).

Officers arrested another individual for a personal injury collision at South 4th Street and Beach Avenue (reported at 7:21 p.m.).

An individual reported the theft of a bike at Student Services Building (reported at 3:33 p.m.).

An officer assisted a man who was experiencing medical difficulties at the College of Design (reported at 9:52 a.m.).

**FACES IN THE CROWD**

**Austin Roemer**

Rylee Colling / Iowa State Daily

Do you have a good time living in Ames? Yes, it’s really a small town. It’s hard to get around people especially when they are on their phones, but in general, it’s not too bad.

**Jose Martinez**

Rylee Colling / Iowa State Daily

What’s your ideal coliving experience? “Yes, I'd really like to have more of a huge mixer. We don’t have a mixer at Iowa State.”

**Emily Bannantine**

Rylee Colling / Iowa State Daily

Do you think the campus is quiet? “I don’t really think so. It’s kind of tough to get around people especially when they are on their phones. Not to general, it’s not too bad.”

**Sarah Anderson**

Rylee Colling / Iowa State Daily

Why do you food students? “Yes, I’m from a small town. It’s hard to ride my bike and pass people on the sidewalk.”

**Online Only Content**

Snyder: 10 things to know about unization

Autonomy within the Power 5 conferences can be “tough to maintain,” Snyder said. “Take a step back and a broader look at the top 10 things you need to know coming out of the Power 5 autonomy.”

For more information check out unization.com.

**Podcast: LGBTAA president shares coming out story**

In today’s conversation, some students shared their stories and the beginning of a new school year. Tune in today’s podcast “The Critic’s Corner,” when LGBTAA President Adam Gunther shares his story and why he decided to come out at the beginning of the 2014-2015 school year.

Find the podcast attached to this story online by following #ISD360.

**Multicultural students welcomed**

Iowa State University students hosted a welcoming party for all international students last night. Check online at iowastatedaily.com/photos for a full gallery of last night’s events.

**Big I2 power rankings**

The Cyclones get off to a rough start last weekend with a loss to North Dakota State. This week, the SSD sports staff ranks the Big 12 from head to toe. Find out where Iowa State, and other Big 12 schools stood at iowastatedaily.com/sports.

**Princeton Review ranks Iowa State**

The Princeton Review named Iowa State University as the greenest institution in the country.

Find out online what other top ratings Iowa State has received lately.

**LGBTQA services**

There are six different groups on campus which deal primarily with LGBTQA services. Find out online what some of those services are, how to utilize them and how to get involved.

**IOWA STATE DAILY**

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A student throws her coffee cup into one of several solar powered trash compactors surrounding Central Campus. Because of Iowa State’s sustainable campus goal, this freshman for the app.

By Emily Barske
@iowastatedaily.com

ISU scientists create helpful soybean app with five-year grant

By Konzii Mongor
@iowastatedaily.com

ISU is among 24 colleges appearing on the Princeton Review’s 2015 Green Rating Honor Roll for receiving the highest possible rating. The Princeton Review rates schools from a low of 1 to 100 points in a perfect score of 100. A school receiving the highest rating demonstrates a commitment to sustainability in academics, campus infrastructure, and student behavior. Iowa State offers an interdiscipli- nary sustainability minor with more than 100 green courses.

Although Iowa State has previously been listed on the Princeton Review’s Green Rating Honor Roll, this year marks the first time being recognized on the honor roll list. “We provide both educational and leadership experience for students,” said Bhattacharyya, whose leadership team is devoted to skills that will be ef- fective in their future careers,” said Merry Rankin, director of sustainability at Iowa State who strives to apply sustainability in multiple ways. All new construction and major renovations on campus promise to achieve the certification of gold LEED standards. Leadership in Energy and Environmental Design certification is awarded by the U.S. Green Building Council. LEED certification is the second-highest green rating behind platinum.

The university also dedicates 10 percent of its budget to a small fund that invests 10 percent of its endowment into socially responsible funds. The university also has managed to achieve a 66 percent reduction in waste with a goal of zero waste by 2020. Campus waste is managed by the ISU Zero Waste Program, which replaces trash containers throughout Iowa State’s campus.

By keeping in mind that more than 130,000 students and faculty members spend time on campus, Iowa State is committed to minimizing its impact because it’s something we all need to carry forward into their life styles.

“I really respect the students for getting involved,” Rankin said. “They’ve actually started a lot of the committees around here and getting the students involved in issues that are of concern to their life style, it’s really exciting for us to lead and support,” said Harvick. “It’s something that we really honor and care for because everyone is making a difference,” Rankin said. “That’s really important because the impact we have on this planet is something that can never be changed.”

Troupe said. “We’re trying to bring sustainability into all kinds of curriculums,” Bhattacharyya said. “We have engineering, business, design, agriculture and liberal arts and sciences all in this workshop working together as a group and learning from each other.”

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Medium 7-8 Topping Pizza Slices + 1 Breadstick
Saves Delivery, Dine-in or Carryout.
$10

For the eighth time, the Agricultural Business Club was named National Outstanding Chapter. The club hosted the annual conference in Minneapolis in July.

“We haven’t won it for eight years in a row so that’s something we’re still excited to get,” said club president Beth Pleggenkuhle. “It’s not something we ever expected. I think we still have high hopes of getting it.”

The club attends the Agricultural and Applied Economics Association conference — a conference for professionals in the agriculture economics industry — every year. The conference allows students to network with professionals.

“It’s the club emphasis on networking and involving students in the agriculture economics industry — every year.” Pleggenkuhle said.

As for what makes the club one of the best in the nation, it’s not just the meetings, Pleggenkuhle said. It’s the club emphasis on hard work but also networking with companies.

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“A lot of people probably assume that we have so many benefits here on campus that it’s such a large major in the college — which does help, of course — but I think students actually gain a lot of helpful skills from it, Pleggenkuhle said. “Students really find that a value in networking companies and learning valuable tips that they can use well into their graduation.”

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“Students really find that a value in networking companies and learning valuable tips that they can use well into their graduation.”
Hackers got into personal accounts of celebrities and released them on the Internet. Many of her supporters have vanished and she is powerless to do anything about it, either. The difference between your future career and not keeping up with the speed of hackers is something that has been deleted. People are watching. Hackers are getting better at what they do. They will probably release your celebrity photos with the celebrity nude photos and even worse. No one has IT. Even things that have been deleted are able to be your social media accounts. It is important to remember when putting images or photos online is eligible for print in the Iowa State Daily. We reserve the right to edit or reject any letter or online feedback. We try to offer a service to everyone who is opposed to the pay compensation programs for university student-athletes. The court must operate on its own without the interference of the Federal Reserve or the Internal Revenue Service. As a former justice, I think the issues are much more simple from the view of the former justices for the hope of a resolution. The issue of the living situation of the sports income in the current situation that Iowa State is in a crisis is a heavy one, improve the functioning system without a dysfunction. The funding in the court demonstrates shall as long as the court is required to return to the Senate and popular press that this issue will never be independent and compulsory. The court must operate on its own without the interference of the Federal Reserve or the Internal Revenue Service. As a former justice, I think the issues are much more simple from the view of the former justices for the hope of a resolution. The issue of the living situation of the sports income in the current situation that Iowa State is in a crisis is a heavy one, improve the functioning system without a dysfunction. The funding in the court demonstrates shall as long as the court is required to return to the Senate and popular press that this issue will never be independent and compulsory. The court must operate on its own without the interference of the Federal Reserve or the Internal Revenue Service.

Iowa State's head football coach Paul Rhoads has come under fire for the decision to play in a game against the University of Oklahoma. The move was seen as a move to improve the team's record and secure a spot in the Big 12 conference. However, critics argued that the move was motivated by money and not a genuine desire to improve the team's performance. The move did not go well for him as he was unable to pursue his goal of joining the Northwestern pre-football program.

Letters to the Editor:

Pay student-athletes to play

By Stephen Stayner

The NCAA has recently been criticized for its conference requirements, which may be too lenient. The Big 12 conference requires its athletes to have 12 credit hours in the classroom and in their major. As for the compensation of athletes, the NCAA is not able to indefinitely delay the decision to allow student-athletes to receive compensation. The NCAA is unfair in their decision and the consequences for not being able to play will be severe. The Big 12 conference requires its athletes to have 12 credit hours in the classroom and in their major. As for the compensation of athletes, the NCAA is not able to indefinitely delay the decision to allow student-athletes to receive compensation. The NCAA is unfair in their decision and the consequences for not being able to play will be severe.

Letters to the Editor:

Students without faith don't need to struggle

Permalink: Blake Lanser/Iowa State Daily
**Leaders’ injuries hinder Cyclones**

*By Alex Gookin*  
@iowastatedaily.com

On the fourth play of the game against Dakota State, Quietin Bundrage went down, clutching his knee. ISU fans were nervous to see the severity of injuries that plagued Iowa, Nebraska, and other teams this spring.

Despite being down three receivers, six Cyclones caught passes from Bundrage’s backup, ten with no signs of concern. gorgeous’ Allen... / Image 3

Head coach Paul Rhoads announced the extent of Bundrage’s injury, the loss of one of his team’s leaders.

**Young runners relieve stress for cross country team**

*By Luke Manderfeld*  
@iowastatedaily.com

The plaque honoring Lloyd McGonigal is off the field. More than a year later, the Cyclones fell to the Bronchos 6-3 in their final game of the regular season. University of Central Oklahoma on Feb. 15 at Ames/ISU Ice Arena. The Cyclones fell to the Broncos 6-3 in their final game of the regular season. University of Central Oklahoma on Feb. 15 at Ames/ISU Ice Arena. The Cyclones fell to the Broncos 6-3 in their final game of the regular season.
Horoscopes by Linda Black

Today’s Birthday (09/14)
Good fortune comes through own development this year. Grinn and bear it. Positive and self-responsible attitude occupies you until 2022, when focus gets dimmer. Family tends to draw you in. The key is to let your guard down and trust the results. Connect with partners who honor your spiritual mission. All in all, you look marvelous.

CLASIFIEDS
Announcements on or before 3rd of each month.

Mars 21April 10

Aries - 8

Mars 21

Libra - 8

Mars 21

Taurus - 7

Mars 21

Gemini - 8

Mars 21

Cancer - 8

Mars 21

Leo - 8

Mars 21

Virgo - 8

Mars 21

Libra - 8

Mars 21

Scorpio - 9

Mars 21

Sagittarius - 9

Mars 21

Capricorn - 8

Mars 21

Aquarius - 9

Mars 21

Pisces - 7

Mars 21

Today:

Get the advantage, check the day’s rating: 10 is the easiest day, 0 the most difficult. Good fortune comes through inner development this year. Grow your resources together. For more, and get it. Launch your own business. Aims are clear. Focus on business. Aims are clear. Focus on business.

Tuesday, Sept. 3, 2014

(aug. 23-sept. 22)

Virgo - 8

Focus on providing professional resources available to them.

Leo - 8

Put a female in charge.

Virgo - 8

Focus on providing professional resources available to them.

Wednesday, Sept. 4, 2014

(aug. 23-sept. 22)

Virgo - 8

Focus on providing professional resources available to them.

Leo - 8

Put a female in charge.

Virgo - 8

Focus on providing professional resources available to them.

Wednesday, Sept. 5, 2014

(aug. 23-sept. 22)

Virgo - 8

Focus on providing professional resources available to them.

Leo - 8

Put a female in charge.

Virgo - 8

Focus on providing professional resources available to them.

Wednesday, Sept. 6, 2014

(aug. 23-sept. 22)

Virgo - 8

Focus on providing professional resources available to them.

Leo - 8

Put a female in charge.

Virgo - 8

Focus on providing professional resources available to them.

Wednesday, Sept. 7, 2014

(aug. 23-sept. 22)

Virgo - 8

Focus on providing professional resources available to them.

Leo - 8

Put a female in charge.

Virgo - 8

Focus on providing professional resources available to them.

Wednesday, Sept. 8, 2014

(aug. 23-sept. 22)

Virgo - 8

Focus on providing professional resources available to them.

Leo - 8

Put a female in charge.

Virgo - 8

Focus on providing professional resources available to them.

Wednesday, Sept. 9, 2014

(aug. 23-sept. 22)

Virgo - 8

Focus on providing professional resources available to them.

Leo - 8

Put a female in charge.

Virgo - 8

Focus on providing professional resources available to them.

Wednesday, Sept. 10, 2014

(aug. 23-sept. 22)

Virgo - 8

Focus on providing professional resources available to them.

Leo - 8

Put a female in charge.