Childhood attention spans linked to TV

A study by two ISU professors indicates a clear pattern in elementary behavior

see RESEARCH on PAGE 3

4th of July photos
The rain didn't stop residents from attending the parade

Fan Column
An ISU student's love for Nebraska allows for some Cyclone loyalty

Alternative Breaks
Program gives students another option for their Spring Break trip

TUESDAY
July 6, 2010, Volume 205 >> Number 15 >> 40 cents >> iowastatedaily.com >> An independent newspaper serving Iowa State since 1890
June 13
Kelly Channon, 29, 5615 Lincoln Way unit 30, was arrested and charged with driving while barred. (reported at 12:15 a.m.)

Thomas Moore, 20, 2811 West St. unit 202, was arrested and charged with serious assault. (reported at 12:30 a.m.)

Matthew Redling, 26, of Ankeny, was arrested and charged with public intoxication and simple assault. (reported at 2:00 a.m.)

Christopher Gallagher, 38, 3709 Tripp St., was arrested and charged with aggravated domestic abuse. (reported at 3:09 a.m.)

June 14
A resident in University Village reported two unauthorized purchases were made on his account. (reported at 5:44 p.m.)

June 15
Christian Martin, 45, 706 Clark Ave., was arrested and charged with public intoxication — third offense. (reported at 12:45 a.m.)

Vehicles driven by Teresa Peters and Betty Peterson were involved in a property damage collision. (reported at 2:49 p.m.)

Brandon Eyanson, 35, 2130 Barr Drive, was arrested and charged with theft in the fifth degree, driving while barred. (reported at 3:30 p.m.)

Vehicles driven by Jamie Hertz and Amanda Stein were involved in a property damage collision. (reported at 5:07 p.m.)

Keith Bruinsma, 39, of Brookings, S.D., was arrested and charged with operating while intoxicated. (reported at 10:26 p.m.)

June 16
Akot Akot, 24, 1018 Lincoln Way, was arrested and charged with first degree harassment. (reported at 10 a.m.)
Attention deficit linked to television

By Paige Godden
Daily Staff Writer

Two ISU professors teamed up to perform a study on the effect of TV on the attention span of elementary school students and college students.

The research found that children who exceeded the two hours per day of screen time recommended by the American Academy of Pediatrics were 1.5 to 2 times more likely to be above average in attention problems, according to the news release.

The study was started several years ago, by two psychologists named Edward Swing and Douglas Gentile.

Swing said the professors had 1,323 participants come in with the elementary school students and their parents to complete questionnaires during a 13-month period.

The students' teachers also had to answer some questions about the students during the time.

College students only had to come to the lab one time, Swing said.

Swing said that after 13 months of research, attention problems related to TV watching were apparent.

The recommendation made by the American Academy of Pediatrics is for children to only watch one to two hours of TV or video games each day.

Swing said that in the group of children they studied, TV usage was a little higher than the recommended two hours, at 2.46 hours. However, the study demographic was a little lower than what some other studies have found the national average to be.

The elementary school age sample was part of the Switch program, “Switch what you Do, View and Chew.”

Douglas has been taking an active part in the study. He was also featured for his work in the area of reversing childhood obesity in the Science Daily online.

The program is looking at things like diet and exercise, childhood behavior and the importance of school.

Swing said even though the study is focused on early childhood and middle school children, it is useful to see the effects outside of early childhood.

Swing said the study did not look at the effects of casual, occasional TV watching, but looked at the cumulative results that last throughout your life.

Swing said the study did not provide longitudinal data, unfortunately, and it is not really clear if this data is limited to childhood or if it will occur later in life.

He said the study justified some caution in watching too much television and video game usage, but it is talking about a statistically small associations.

“It's not that it's not important. Several studies show small associations — lead intake and children's IQ is a small association — but it has implications because it is relevant to the whole population,” Swing said. “This would be one piece that would contribute to development problems.”
What did Mama buffalo say when her youngest went off to college?  
“Bi son”
Heart device first used at Mary Greeley Center

By Katherine Klingseis
Daily Staff Writer

Measuring a mere 44 millimeters across, the Fortify Implantable Cardioverter Defibrillator has the power to jump-start a heart, and the Mary Greeley Medical Center is now the first to use it.

A defibrillator is a device commonly used to remedy life-threatening heart conditions, such as abnormal electrical activity in the heart, uncoordinated contraction of the cardiac muscles of the heart ventricles and fast heart rhythm. These heart abnormalities can lead to sudden cardiac death.

“This sudden cardiac death can be treated very effectively with a very high grade electrical shock to the heart to basically shut down the electrical system that’s working at a very fast rate, and then reboot or restart the heart to achieve a normal rhythm,” said Imran Dotani, cardiologist at Mary Greeley Medical Center and McFarland Clinic.

In comparison to older, bulkier defibrillators, ICDs are implanted into the patient’s chest, where it monitors the patient’s heart and can administer an electrical shock if there is an abnormality.

The Fortify ICD delivers the highest amount of stored and delivered energy of any ICD available. For patients with an enlarged heart; low ejection fraction, the amount of blood pumped by the heart into the body; advanced heart failure; or high defibrillation threshold, the amount of energy required to shock the heart back to normal rhythm; the ability of the ICD to administer 40 joules of energy is a blessing.

Dotani was the first doctor in Iowa to implant the Fortify ICD into a patient. He chose to implant the device because of its power and small size.

“The first patient was a small lady that I felt would benefit from a smaller implant device,” Dotani said. “You have to make an incision on the chest and put these leads into the heart, and then the device has to sit on top of the ribs and can be easily seen in a thinner person.”

The procedure of implanting the device begins with the doctor making a two-inch long incision a few inches below the collarbone. The wires, leads, that deliver electrical shocks, sense the cardiac rhythm, and, if needed, pace the heart, are screwed into the heart muscle.

The generator, which is connected to the leads, is then placed inside a pocket. The generator is a computer system that can monitor the heart rhythm of both the top and the bottom chambers of the heart. The patient goes through tests in order to make sure the ICD is functioning correctly.

“If someone is running, it will recognize that this is a normal rhythm coming from the top going to the bottom of the heart, and it will not shock them,” Dotani said. “If it recognizes that the upper chamber is only going at 60 beats per minute, but the lower chamber is going at 200 or 180, which means it is an abnormal rhythm, then the computer will recognize this rhythm and shock them.”

The first ICD that Dotani implanted was in 2005, and, since that time, he has implanted hundreds. Dotani believes ICDs will become even smaller and be able to operate on their own, without an outside connection. The only thing holding scientists back in creating a smaller, non-connect ed implant is finding the correct battery source.

“The battery source has to be long enough, otherwise we have to change the battery every six or seven years, which is why it’s put on the chest wall, so we can get to it to change it,” Dotani said. “We don’t have a source that can continue to live there for 40 to 50 years in some younger people.”

6 departments replace 4 in College of Design

By Abigail Barefoot
Daily Staff Writer

The short-term structure of six individual programs will replace the existing four departments in the College of Design as of July 1.

The original four departments to be consolidated in the college included architecture; landscape architecture; community and regional planning; and art and design. The three new departments of graphic design, interior design and integrated studio arts are all now replacing art and design, which used to contained all three.

With new departments come new program directors: professor Gregory Palermo, professor of architecture; Doug Johnston, professor of community and regional planning; Debra Satterfield, associate professor of graphic design; Ingrid Lillicren, professor of integrated studio arts; Lee Cagle, professor of interior design; and Heidi Hofmann, professor of landscape architecture.

The new directors will serve one-year terms for the 2010-2011 academic year while the college’s administrative structure is evaluated and reorganized to support the new strategic direction of the college.
Always low wages, values

The same old story happened again, this time in the south side of Chicago: A Wal-Mart got its way when it wanted to move its corporate interests into a neighborhood.

The battle against the labor unions crying for higher wages was settled with an $8.75 hourly wage for the future workers employed at the to-be-constructed Wal-Mart.

“Smith, an alderman in Chicago, presented posters at a City Council meeting showing that Wal-Mart CEO Michael Duke’s $35 million salary, when converted to an hourly wage, worked out to $16,826.92,” according to ABC News.

Walmart’s protest concerning how much the CEO makes compared to how little the average worker makes was met with the haggard and old, “He’s the CEO, so he deserves it,” defense from Wal-Mart.

“I don’t think Mike Duke needs, as the CEO of a Fortune 1 company, to defend his compensation package,” said Steven Restivo, Wal-Mart’s director of community affairs.

That’s the way it is, isn’t it? The rich corporations bring their entitled attitude to the poor neighborhoods that are starving for work and smirk when people resist because the workers will be getting paid so little when it’s blatant it doesn’t have to be that way.

Jason Ryan Arment is a senior in English from Grimes.

The community leaders essentially have no choice but to allow the corporation to come because they need the money.

The labor unions can’t do much about it; they just aren’t as strong as they were two or three decades ago. Giant corporations pulled the rug out from under them years ago by exporting jobs overseas to be done far less than in America.

But that’s the American way, isn’t it? You build something, therefore you get to reap the benefits of what you built.

Wrong, actually.

Not only is that not what’s happening when Wal-Mart takes advantage of poor communities desperately needing money, it flies in the face of American values.

America has a distinct tradition of industries valuing their community. Only recently has this sort of thinking that makes contrary behavior by titans of industries acceptable taken hold.

Benjamin Franklin is a shining example of someone who was extremely successful and extremely sensitive to the needs of his community at the same time.

He designed reading glasses and an extremely efficient stove and didn’t patent either so that they could be more readily available to the public. He still made a lot of money off of his designs, he just cared more about his community than he did about making the absolute maximum amount of money possible.

That seems to be the exact opposite of today’s corporations though.

The maximum amount of money must be made with the least amount of overhead cost. So, employees are paid less than $9 an hour while their head boss makes a little less than $17,000 an hour.

Giant corporations aren’t in the business of building communities, they’re in the business of amassing huge amounts of wealth. They aren’t concerned about the bottom-tier employee. Their entitled attitude doesn’t leave room to think of the myriad of little guys that make their wealth possible.

Stop shopping at Wal-Mart. If you can purchase something from a mom and pop store, do so. Keep your money in the community by giving it to locally-owned businesses that have a vested interest in seeing the community grow and thrive.

Trickle-down economics is for suckers. Support people in your community so they can support you.
Mean-spirited policy change flunks fairness test

On July 1 a policy change was implemented at Iowa State University that negatively affected retired faculty and staff. Retirees are now required to pay full price for an annual general parking permit. In the past, such a permit was provided to qualified retirees at no charge.

This mean-spirited policy change flunks the fairness test and is not mirrored by parking regulations at other Regents’ institutions. Complimentary parking was one of the very few benefits granted to ISU retirees; that privilege has been arbitrarily withdrawn.

Retired faculty and staff are now charged the same annual fee as their active colleagues while obviously using ISU parking facilities much less. The small number of retirees coupled with limited use is unlikely to reduce pressure on general parking lots.

Dean R. Prestemon is from Ames.

U-wire

Liberalism precursor for socialism argument tragic, typical

In his 1835 classic “Democracy in America,” Frenchman Alexis de Tocqueville marveled at the success of American capitalism. The story of material wealth that would be fundamentally unknown by any other nation, the American capitalism should be credited with the economic progress of the time, crying, “No!”

Did any of these changes so damage our market economy that it now looks like socialism? Of course not. Each reform has benefited capitalism, enlightened it and made it more just. When risky financial practices plunged the United States into a deep economic crisis in 1929, it took trillions of dollars of government spending, new regulations and deficits dwarfing our current one to correct the Great Depression and prevent future crises. Did the United States plunge into a collectivist nightmare? No. It experienced unprecedented economic growth and stability.

It was only after the right’s signature policy achievements of deregulating the banking industry and lowering income tax rates, which allowed for unprecedented inequality of wealth, that we plunged again into a massive financial crisis. And now, the right — specifically the blissfully ignorant and indignant Tea Party — says again that it is liberalism (or socialism, their rhetoric makes no distinction) that threatens our way of life.

History has not shown that American capitalism should fear liberal policy, which are the ideas that have moved capitalism forward. Rather it should fear, as Tocqueville did, the very real threat of those who view social advance as a harbinger of revolution and refuse to move at all.
Family duo crafts one-of-a-kind jewelry

Talking Windows Jewelry offers Iowa State licensed product

By Ivy Christainson
Daily Staff Writer

If you’re looking for a unique gift, you’ll find it at Talking Windows Jewelry.

A business started by mother-daughter team Cindy Marshall and Natasha Stewart, Talking Windows Jewelry, based out of Des Moines, stemmed from the women’s passion for creative jewelry.

Cindy Marshall said they never intended to start a business.

“My daughter and I had seen the glass soldered windows on a couple of other designer jewelry and were intrigued,” she said.

“We decided one weekend to put it together to wear ourselves and every time we wore one, someone would ask us where we got them.”

Soon the duo was making windowed necklaces, bracelets and charms for friends and family.

They came to the decision to start Talking Windows Jewelry in July 2008.

Both have strong interest in fashion and creativity, so it wasn’t difficult to enjoy the jewelry-making process.

The name, Talking Windows Jewelry, was difficult to choose, according the business’ Facebook page:

“Since each of our designs has a glass soldered ‘window,’ we wanted to include the word ‘window’ somewhere in our name. The initial designs we created for ourselves always made a statement or ‘talked’ to others. We ended up combining the two words and knew ‘Talking Windows Jewelry’ would be a perfect name for our business.”

Marshall said the best thing about their jewelry is each creation a customer purchases is guaranteed to be unparalleled to any of the other jewelry offered.

“We have a one-of-a-kind unique collection, which means we don’t duplicate it,” she said.

“Whoever gets [the piece] wears it, and no one else will have one like it.”

The business offers a variety of adornments, including bracelets, necklaces, earrings and a wide variety of chains.

The price ranges from $29.50 to $210.00, depending on the type of chain used and number of beads and charms, but typically one of the items is $35.50.

Every necklace, bracelet, earring and charm is handcrafted.

The process to create the jewelry is very labor intensive, some pieces taking days to finish.

With that, there is a heavy amount of soldering and detailed work involved.

Recently, Talking Windows Jewelry was licensed to sell ISU and the University of Iowa merchandise.

To qualify for this, they had to fill out a comprehensive application.

In addition, the two women made up a sample line to be viewed by trademark individuals for each college.

Marshall said ISU officials were very impressed with the line created and that the officials had not seen anything like it before.

Currently, the Iowa State University Bookstore has several Talking Windows Jewelry pieces for sale, as a second shipment was recently delivered to the store.

With such an interest in their entrepreneurship, Cindy Marshall and Natasha Stewart have seen their business grow.

They previously attended the Farmers’ Market to sell and inform new customers about their one-of-a-kind handcrafted designs.

Photo: Kait McKinney/Iowa State Daily

Cindy Marshall and her daughter are now adding ISU designs to their line of jewelry. Photo: Kait McKinney/Iowa State Daily

See UNIQUE on PAGE 9
Taco Time celebrates 40th year

By Ivy Christianson
Daily Staff Writer

An Ames eating establishment is celebrating its 40th anniversary.

Taco Time, 511 Lincoln Way, got its start in 1969 when owners Mac and Janice Peterson opened the establishment in Campustown.

A letter written by Peterson for the Ames Tribune explains the establishment’s humble beginnings.

“The first days were filled with excitement and skepticism. Well-meaning citizens of Ames were concerned about the future for the new food place. Are there enough Mexican people in the area to be your customers and can you get local people to try something so foreign?”

The letter goes on to say, “When Mac concluded the financing with the University Bank of Ames, the bank president asked, ‘Tell me again, what is a Ta-co?’”

The business is still going strong though, said Larry Cornelius, current owner of Taco Time. Cornelius took over the establishment in 2005; he had previously managed Taco Time in the 1980s and was familiar with the business.

“We have a lot of tradition; the reason I came back was the culture,” he said. “The thought of Taco Time closing, being sold to someone who didn’t understand it, that was a concern of mine. I wanted to make sure it continues.”

In 1971, Taco Time made the switch from Campustown to Lincoln Way.

“This location became available and Lincoln Way is a much larger artery for the city of Ames,” Cornelius said.

An indicator of success is the restaurant’s positive environment, Cornelius said.

“I think we’re a good business, a healthy environment and we’re successful, which benefits the community,” he said.

Additionally, he said what makes the business special is the people.

“When customers come in and, through us, interact with each other, we’re saying ‘please’ and we’re saying ‘thank you,’ and you’re talking to each other with respect, I think that’s subliminal,” Cornelius said. “Customers sense that and like that.”

Taco Time has made its 40th anniversary a summer celebration with events going on all season long. Right before Iowa State’s spring semester ended, the restaurant sold 50 cent tacos, which lead to a tremendous response from students. They have also given away a Wii and have more planned for the duration of summer.

“I think if people just came in and gave us a shot, they’d be very, very surprised with the quality of the food and the service,” Cornelius said. “We’re looking for good customers, and I think they’re looking for good places to eat.”

Ames banks ranked 7th best in data-security

By Micaela Cashman
Daily Staff Writer

Ames ranks nationally as one of the best places for bank data-security.

Ames is the seventh best place in the country for banks to locate data-secure offices, according to the Boyd Company, a consulting firm in Princeton, N.J., hired to advise banks nationwide.

Ames placed above Tulsa, Okla.; Des Moines; and Charlotte, N.C.

Boyd Company based their rankings on several factors, including operational costs, available workforce and accessibility.

Many cities from the Midwest were ranked on the list because of their central location. This means they can reach both coasts quickly, and do not experience as many natural disasters as states located along the coast.

Ames was also favorable because of its connection to Iowa State.

“This is a fantastic acknowledgment for Ames,” said President and CEO of the Ames Chamber of Commerce Dan Culhane, “especially in light of the other communities on the list. We live in a time where bank data-security is of utmost importance, so it’s reassuring to know Ames competes among the best.”

Two other Iowa cities were ranked in the top 10: Council Bluffs at the sixth spot and Des Moines in the ninth.

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The downtown streets of Ames were lined with many spectators holding umbrellas despite the rain.

Matthew Goodman, Ames City Council member, throws balls to spectators Sunday during the parade in downtown Ames. Photo: Tsubasa Shigehara/Iowa State Daily

Supporters of Chad Steenhoek, candidate for Iowa's House of Representatives, hand out flyers Sunday during the parade. Photo: Logan Gaedke/Iowa State Daily

Children, dressed in raincoats and shielded by umbrellas, ride bicycles Sunday during the parade. Photo: Logan Gaedke/Iowa State Daily
Girls in costumes ride a float sponsored by Images by Ngaire, a local portrait studio, Sunday during the parade in downtown Ames. Photo: Tsukasa Shigehara/Iowa State Daily

A float-rider with Heroic Ink points and fires a squirt gun at the crowd Sunday during the parade. Photo: Logan Gaedke/Iowa State Daily

Umbrellas lined the street Sunday as steady rain fell during the parade. Despite the rain, spectators were willing to brave the chilly droplets to celebrate the Fourth of July. Photo: Logan Gaedke/Iowa State Daily

A young spectator shields his head from the rain with a Frisbee while watching the Ames Parks and Rec Tae Kwon Do club pass by Sunday during the parade. Photo: Logan Gaedke/Iowa State Daily
Georgia’s Evans resigns post following arrest

By Charles Odum  
AP Sports Writer

ATHENS, Ga. — Damon Evans offered another apology on the day his resignation as Georgia’s athletic director was announced by the school’s president.

The announcement by Michael Adams came Monday after a conference call with the executive committee of the athletic association’s board of directors. Adams said Evans resigned Sunday, less than a week after Evans was arrested on a DUI charge.

Evans released a statement Monday in which he offered “my sincerest apology” to Adams, Georgia officials, coaches, fans and student-athletes.

“It had been my hope since taking the job in 2004 that I would have a long career at UGA,” Evans said. “But because of a serious mistake in judgment, that won’t be the case and I understand that I have a long road to rebuilding my reputation and career.”

Evans was arrested late Wednesday in Atlanta. He was charged with DUl and failure to maintain a lane. Also arrested with him was Courtney Fuhrmann, who was charged with disorderly conduct.

Adams said Evans, whose raise to a $550,000 annual salary took effect at about the same time as his arrest, will be paid three months salary as severance. Evans also will receive a $100,000 he has earned as a longevity bonus.

Despite those accomplishments, Evans’ arrest caused damage to his reputation that led to the resignation.

Details from the Georgia State Patrol’s incident report from the arrest added even more embarrassment.

“We acknowledge the many positive accomplishments of his tenure, including an increased focus on the academic success of student-athletes, the overall financial strength of the athletic department and the hiring of many very good people as head coaches and senior leaders in the athletic department,” Adams said, reading from a statement.

I will let you in on a little secret that is not so secret: I am a huge Nebraska fan. So much so that Ndamukong Suh is my Prince Charming, Bo Pelini is my noble steed, Tom Osborne is my faithful wizard and Bill Callahan is the evil stepfather in my football fairy tale. And let me say, it’s a good thing that the parents got divorced.

“When I first accepted my admission into Iowa State, I tried so hard to give my heart to the Cyclones. I watched their rival game in that fall of 2006 and had never felt so torn. I was still wearing my No. 45 Joel Makovicka jersey and sitting on the floor in my basement inconsistently cheering for both teams. But by the end of the game, I knew that I would always bleed Husker red.

So here I am getting my higher education at Iowa State as a Nebraska fan. I get a lot of sass for being a Nebraska fan here. I’ve been called names like “traitor” and other things far less civil.

Several people have asked me why I don’t attend the University of Nebraska. I remind them that my four years at Iowa State are, surprisingly, about my academics and not about athletics, and I ask if they came to Iowa State for the football team.

“I am not trying to bribe you, but is there anything you can do without arresting me?” according to the report.

Adams said Evans asked to be taken to a motel instead of jail or to be let off with a warning.

The officer noted that Evans was found with a “red pair of lady’s panties between his legs.”

Evans was the public face of the school’s athletic department in many venues, including at home football games at Sanford Stadium.

Before each game, his taped video message was played as he urged fans not to drink and drive.

“If you drink and drive, you lose,” Evans said in the video message.

I'm a part-time Cyclone fan

Stefanie Buhrman is a senior in marketing and international studies from Council Bluffs.

Not only do I live in a state where the University of Nebraska is located (Iowa), but I am a student at Iowa State University.

So here I am getting my higher education at Iowa State as a Nebraska fan. I get a lot of sass for being a Nebraska fan here. I’ve been called names like “traitor” and other things far less civil.

Several people have asked me why I don’t attend the University of Nebraska. I remind them that my four years at Iowa State are.

Stefanie Buhrman is a senior in marketing and international studies from Council Bluffs.

I don’t get me wrong, when Iowa State is playing anyone but Nebraska, I hope they do well. In fact, I hope the Cyclones have a near perfect season of the 12-1 sort. But when it comes to that yearly game where my two favorite teams battle each other, I hope Nebraska wins — always. Does it make me a sore loser and sore winner? Yeah, some of them are, but not all of us. Every team is that way — even Iowa State. I witnessed this at the last Iowa State-Nebraska game — yes, the one where Iowa State won. I know, I know — to which I stress: There is a difference between being excited for a win and being a jerk.

I see other fans on campus all the time wearing their favorite Nebraska shirt or hat. I always try to compliment them, letting them know that we are in a special club of Nebraska loyalist and that they aren’t alone. In fact, even as a group we aren’t alone. I see people everyday wearing an Iowa Hawkeyes shirt, a Texas Longhorns jersey or even a UNI Panthers hat. When I see these people around campus, I often find myself respecting them a little bit more for not being afraid to show their pride for another school.
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The iowastatedaily.com web development team is looking for an ongoing part-time student web developer for immediate placement and through the 2010-2011 school year.

Applicants must have a working knowledge of HTML, PHP, JavaScript, MySQL, and HTML5, in addition, experience with open source projects such as Drupal, WordPress and MediaWiki are required. Knowledge of mobile platforms and mobile application development are preferable but not required.

Job duties will include ongoing development and maintenance of existing Daily web properties, as well as working in a group environment to imagine, plan and execute new web-based and mobile strategies for the Daily.

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Temporary end of lease move out cleaning help. (July 30-Aug 1) 12 hour+ possible per day paying $13/HR. Call for more details. 515-292-7609

The iowastatedaily.com web development team is looking for an ongoing part-time student web developer for immediate placement and through the 2010-2011 school year.

Applicants must have a working knowledge of HTML, PHP, JavaScript, MySQL, and HTML5, in addition, experience with open source projects such as Drupal, WordPress and MediaWiki are required. Knowledge of mobile platforms and mobile application development are preferable but not required.

Job duties will include ongoing development and maintenance of existing Daily web properties, as well as working in a group environment to imagine, plan and execute new web-based and mobile strategies for the Daily.

The Daily is looking for motivated individuals who are willing to learn and teach others in a friendly, but fast paced deadline driven environment. Hours are flexible, but applicants will be expected to meet a 15 hour per week schedule.

To apply, please send a cover letter, copy of your resume and examples of your work to:
cweaver@iastate.edu

**Classifieds**
**For Rent**

**1 Bedroom** $575  • All Non-Smoking
**2 Bedroom** $700  • Very Clean and Quiet

**1700 sq. ft. Fitness Center**  • Includes Internet, Cable, Electric, Air & Heat

**Limited Availability**

296-2906

www.wfapts.com

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**For Rent**

**1 Bedroom** $575  • Walk to Campus
**2 Bedroom** $675  • FREE Cable/HSI
**3 Bedroom** $775  • Garage Available

**Student Friendly**

**LIVING!**

- **NO Application Fee**
- **NO Deposit for Qualified Applicants**
- **NO Co-signer Needed** (For qualified students)
- **YES Free Internet** (on nearly all apartments)
- **YES Close to Cy-Ride**

**Easy as 1, 2, 3, 4**

- **1 BRM starting at $575**
- **2 BRM starting at $675**
- **3 BRM starting at $775**
- **4 BRM starting at $900**

**515-232-8884**

FurmanRealty.com

2607 Northridge Parkway, Ames

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**Houses for Rent**

**4 Bedroom House by Cy Ride stop. Available August 1st. $1200/month**

Call 515-232-1174 (days) or 515-231-8747 (nights and weekends.)

---

**Sublease 2 BR**

Sublease West Ames ground floor 2br. 2ba. Garage, cable & internet included. $770/mo. 515-509-7537.
1 or 2 bedroom sublease from 8/1/10-7/31/11. 313 Stanton Ave, close to campus and within a block to the west or to the north of major bus routes. Extremely nice and convenient 2 story apartment. Includes: Internet cable, phone and trash. Call or email Kelsey @ 515-720-0415 or kfadden@iastate.edu

FAST FACT: CIRCULATION
The Iowa State Daily distributes 13,500 copies of the newspaper MF during the academic year.
To the Dad of the Hot Girl at orientation... Thank you!!!

-just sayin’

...SUBMIT YOUR just sayin’ to iowastatedaily.net/games

KINGPIN PIZZA
Let us bring the pizza to you!
NOW DELIVERING.

Kingpin Pizza: 515-598-2288
1320 Dickinson Ave
KingpinPizza.com

Sudoku

Solution:
INSTRUCTIONS: Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every number 1 to 9. For strategies on solving Sudoku, visit www.sudoku.org.uk.

LMAO[txt]

What’s the difference between chopped beef & pea soup?

Everyone can chop beef but not everyone can pea soup.

Submit your LMAO[txt] and just sayin’ to iowastatedaily.net/games

Joke of the Day

[641] I swear there is a tattoo on my forehead that only guys can read and it says: I like assholes. How do I get it off?

[402] he sent me flowers...i’m scared

[507] Omg, Slept with my doorman. FML. [319] Jealous! I’m upstairs puking...score

[712] Do you think that if I made a drink with vodka and pedialyte, I could go a night vomit-free?

Submit your LMAO[txt] at iowastatedaily.net/games to get published online or on the games page.

Alarm clock...why do you do this to me?

Flashing people at a party is not a good way to introduce yourself. ...

Hey, you’re in college now. Learn how to walk. ...

automatic toilets were never a good idea. Do they ever actually flush when you want them to?

To the guy listening to his ridiculously loud music on the cy-ride are you deaf?

Stop Farmville-ing and go to a real farm. ...

I don’t find people that use Macs annoying. I don’t find people that use PCs annoying. I find people that argue about which is better annoying. ...

To the guy with the one shoulder backpack and huge muscles... you give me butterflies!

Tuesday:
75¢ Beef & Chicken Tacos
5 - Midnight

Es Tas
Campustown’s Sports Bar
216 Stanton (515) 268-1785

Wednesday:
$2.50 Burgers & Fries
5 - 9 p.m.
**Daily Crossword**

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Across
1. Spider creations
2. Portepie feature
3. 1973 Rolling Stones chart-topper
4. Slightly off
5. “Picnic” playwright
6. Port in SW Italy
7. “heavenly”
8. “Terrible” child, in Toulouse
9. SASE, e.g.
10. Actor Rickman
11. Leviated
12. Reddish horse
13. USN rank
14. Cousin of a toe loop
15. Levitated
16. Wears
17. Stitch’s adopter, in a Disney film
18. Burden
19. Sky holder of myth
20. Mad scientist’s milieu
21. Great experience
22. Tense feeling
23. Jawbone source for Samson’s weapon
24. Dog food choice
25. 1973 Rolling Stones chart-topper
26. “Picnic” playwright
27. Union soldier
28. Piggy fashion
29. Union soldier
30. Piggy fashion
31. Mad scientist’s milieu
32. Tournament edge
33. Quiet, as a squeak
34. Port in SW Italy
35. Quiet, as a squeak
36. Union soldier
37. Corporation
38. Corporate
39. Sewer system
40. Port in SW Italy
41. Union soldier
42. Piggy fashion
43. Port in SW Italy
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Down
1. Polish Solidarity hero Lech
2. Like the storied man without a country
3. Accomplish a daring feat
4. gin fizz
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**Daily Horoscope**

- **Today's birthday** (7/6/10): Dust off your numerous talents and put them to use now. Independent ideas applied to household projects produce brilliant results this year. Your personal desire for greater financial comfort pushes you to excel in fulfilling career responsibilities down to the last detail.

- **Aries** (March 21-April 19): Today is an 8 — Everyone feels good today. (March 21-April 19) — Today is an 8 — You have an exceptional ability to move an idea into reality. (April 20-May 20) — Today is a 6 — There’s a lot of talk and not much action today. Let people ramble. Good ideas arise in casual conversation. Demonstrate optimism.

- **Taurus** (April 20-May 20): Today is a 6 — Talk and not much action today. Mu

- **Gemini** (May 21-June 21): Today is a 7 — With careful work in seclusion, you create a new format that fulfills all the requirements. It also has a touch of glamour that adds to the buzz.

- **Cancer** (June 22-July 22): Today is a 7 — Use the Internet or other sources to sift through possibilities. Only you can judge the value of what you find. Reveal plan details to associates.

- **Leo** (July 23-Aug. 22): Today is a 9 — Go in your room and close the door. You already have enough ideas to keep you busy all day. Later, show off what you’ve accomplished.

- **Virgo** (Aug. 23-Sept. 22): Today is a 6 — Each group member supplies an interesting perspective. Use email or the Internet to tie everything together for a practical application.

- **Libra** (Sept. 23-Oct. 22): Today is a 7 — Make nurturing your first priority today. Include yourself as you figure out how to support family members and friends.

- **Scorpio** (Oct. 23-Nov. 21): Today is a 6 — Whether you go in a group or just as a pair, the magic of the cinema captures your imagination. Let someone else choose the film.

- **Sagittarius** (Nov. 22-Dec. 21): Today is a 7 — There are interesting possibilities. Only you can judge them. Consider them before choosing a path that promises both satisfaction and emotional ease.

- **Capricorn** (Dec. 22-Jan. 19): Today is an 8 — Even the picky ones are satisfied today with expansive, interesting concepts.

- **Aquarius** (Jan. 20-Feb. 18): Today is a 9 — Turn everyone loose on their own work. They know what to do and they have great ideas. Focus on your own priorities. It’s all good.

- **Pisces** (Feb. 19-Mar. 20): Today is a 9 — Dynamic ideas come from all directions. Your task is to evaluate them and choose a path that promises both satisfaction and emotional ease.
An ISU graduate has learned the importance of volunteerism after spending June 19-26 in the Dominican Republic to gain a better understanding of how to improve the ISU Alternative Breaks program.

Jeritt Tucker, graduate student in psychology, became involved with Alternative Breaks — a program for students who choose to spend their spring break time volunteering — after hearing a presentation given by students who had participated the previous year.

“The presentation was really interesting because it was amazing how much preparing for that [Spring Break week] had impacted their lives,” Tucker said.

Tucker said a few students had completely changed their majors and directions in college because of the trip. One particular student who had gone on the excursion was majoring in chemical engineering, but after learning about and dealing with drug abusers and rehabilitation, the student switched to a major involving social work.

Tucker applied to become a site leader and was eventually selected. His responsibilities included finding an issue to volunteer for — he chose to focus on mental illness — choosing a trip location, contacting the organization and making sure each day of the trip consisted of strong recreational service with education and reflection on the issue.

The Alternative Break program is an emerging project branching off from Break Away: The Alternative Break Connection Inc.

Their mission is to train, assist and connect campuses and communities in order to promote quality alternative break programs that inspire lifelong active citizenship, according to their website.

Break Away hosted a conference at Orphanage Outreach in the Dominican Republic, which Tucker recently attended.

The conference focused on teaching Alternative Break leaders how they could improve their respective programs on their campuses.

They also participated in volunteer work while not attending various workshops.

Tucker greatly values the experiences he’s had while on the trips and believes more importance should be placed on how the communities he’s helped have benefited.

“I want to continue with Alternative Breaks because it’s a constant reminder to value social justice,” he said. “Just that week of exposure to the world makes you evaluate where your products are from, where your money is going to.”

While Break Away and Alternative Breaks are not well heard of, the organizations are actually huge. He said some schools have 12-16 percent of their students attending the breaks.

With that many students going on the trips, more than a million hours of community service have been tallied up nationwide.

“The amount of potential that it has to do good work is huge,” he said.

To learn about Iowa State’s Alternative Breaks program, visit http://www.sac.iastate.edu/en/service_programs/alternative_breaks/