Gymnastics: Browning returns for strong junior season

SPORTS.p5 >>

TUESDAY
March 29, 2011 | Volume 206 | Number 125 | $4.45 | An independent student newspaper serving Iowa State since 1903.

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Stabbing
Freshman shares report of assault

By Keilin York
iowastatedaily.com

Billy Tong was giving his ex-girlfriend a gift Wednesday night when an unexpected surprise came from behind him. He had met Liying Zhang, one of nine prior to the incident, but the two freshmen pre-med students had never met nor conversed. Tong said, adding that there had been no disagreements or fighting between Tong and Zhang to which being stabbed in the back five times with a week knife was necessary.

“Being stabbing to my ex-girlfriend when she showed up at my apartment and he seemed kind of领导小组,” Tong said.

“His name something to, then he started pulling out knife while I was her for falling in kitchen.”

Tong began to take off Tong’s bishop he was seen in a bloodied left under Zhang.

Death
Ames woman killed by train at Dunn crossing

By Keilin York
iowastatedaily.com

A woman in a wheelchair was crossing the train tracks at Dunn Avenue when an oncoming train struck her Sunday morning. The pedestrian was pronounced dead at the scene, according to area police.

The intersection was closed due to the train being stopped and the need for investigation, said Jinn Robinson, investigating commander for Ames Police.

Robinson said the train was moving at a normal speed when it struck a pedestrian. Witnesses and Union Pacific officials confirmed to Robinson said. Police are still working to collect evidence from the scene.

Investigations in this case continues by the Ames Police Department and Union Pacific Railroad.

Donation
Instinct, blood save life

Student gains new appreciation after shooting accident

By Carmen Leng
iowastatedaily.com

Most people who experience a gun wound like Marcin Lechtor liked to death in short conversations.

However, because of his knowledge, Lechtor is able to day and he will forever donate blood.

On March 7 around 10:40 a.m., Marcin was sitting in the car near the window in his dormitory for his blood to tell him that he was ready to be picked up for his drive to Iowa.

I was on the scene with my 40 caliber pistol, I took it in my case and put it back together and put it back into the bag, and was not going to be safe again,” said Marcin, a junior in agricultural technology.

I had plenty of blood available, and I was ready to be told when I found the coolant in the cabinet; so when I looked up at the coolant, there was no blood, and my girlfriend.

Marcin’s girlfriend, a junior in social work studies, donated blood Monday at the Nellie Hall on the Memorial Union. She said she would like to give blood to every young who is in need of it.

Degree
Agronomy creates new plant program

By Sarah Lubkin
iowastatedaily.com

The ISU agronomy department developed a new advanced degree in plant breeding, called the Master of Science in Agronomy program.

The new program was established by agronomy department vice-chairman and ISU agronomy professor Theodore Luh, professor of agronomy.

Luh described plant breeding as a “base of science invention” and people who want to prove crop yield and plant genetics to advance. ASDCAP is developmental program that has been adapted to a healthier calibrating oil seed crops. Crops is a few examples of the effects of plant breeding.

“More than a dozen of the Agronomy Franklin Master Programs and the program would be for the working professional looking to advance in their career without having their jobs to

January

BREEDING.p3 >>

Just Sayin’

By Just Sayin’

In justsayin@iowastatedaily.com

“Many students organizations are stepping up this week to help raise awareness about very important issues affecting people everywhere: poverty.”

Student Fighting Our Deam, Engineers Without Borders, Committee on Luports, UNESCO, International Student Council, Iowa State Student Government and the International Medical Aid Club are nothing by to fulfill Poverty Awareness Week.

Engineers Without Borders is a student organization equipped with community in the development world to provide sustainable engineering solutions to their issues.

The group started Poverty Awareness Week as a work and to educate students about poverty and sustainable development issues.

“Being a student at this college, and we had to help the less fortunate and develop our leadership skills in areas,” said David Vose, junior in animal sciences, and the president of Engineers Without Borders.

“We want to help the people in the places that we are going to and the communities that are more development friendly,” said David Vose, junior in animal sciences and the president of Engineers Without Borders.

“It’s important for poverty alleviation groups to collaborate as much as possible, because we ultimately want and are fighting for the same thing. The response was pretty good and hopefully this forms a base for future cooperation between those groups and organizations.”

Engineers Without Borders organized a number of organizations during the fall semester about the possibility of hosting

Awareness.p3 >>

T-SHIRTS

$3

Central Campus, 11-30pm
Thursday, March 31st

What?

Central Campus, 11-30pm
Thursday, March 31st

Just Sayin’

Central Campus, 11-30pm
Thursday, March 31st

What?

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Thursday, March 31st

Just Sayin’
### Weather

**TUESDAY**

**Weather:**
- **High:** 80°F
- **Low:** 41°F
- **Conditions:** Cloudy, with a high near 41. East southeast wind between 2 and 8 mph.
- **WEDNESDAY**
- **High:** 66°F
- **Low:** 64°F
- **Conditions:** Partly sunny, with a high of 64. Southeast wind between 5 and 8 mph.
- **TUESDAY**
- **High:** 68°F
- **Low:** 46°F
- **Conditions:** Cloudy, with a high near 46. Chance of precipitation is 20 percent.

**Destructive tornadoes:**
In 1979, two tornadoes struck Iowa, including an EF3 tornado that destroyed a home in Grinnell and an EF1 tornado in rural Union County. The EF3 tornado killed 14 people and injured 52 others. The EF1 tornado injured 88 people.

**Calendar**

**TUESDAY**

**Weather:**
- **Temperature:** 72°F
- **Weather:** Partly cloudy

### ISU BLOOD DRIVE: Students donate at the Memorial Union

**What:**
- **Where:** Memorial Union
- **When:** Tuesday, May 24, 6:30 p.m.

**Why:**
- **What:** Students donate blood at the Memorial Union. One donation has the potential to save the lives of three people.
- **Who:** ISU students, faculty, and staff

**Contact:**
- **E-mail:** isublooddrive@iastate.edu

### Daily Snapshot

**FRIDAY**

**Weather:**
- **Conditions:** Sunny

**TUESDAY**

**Weather:**
- **Conditions:** Partly cloudy

### Police Blotter

**Mar. 21**
- **What:** Jewelry theft
- **Where:** 2320 3rd Ave., room 412, ISU
- **How:** A student reported his wallet was stolen from his dorm.

**Mar. 22**
- **What:** Traffic stop
- **Where:** 23rd St. and College Ave.
- **How:** ISU Police stopped a vehicle for a traffic violation.

**Mar. 23**
- **What:** Possession of drug paraphernalia
- **Where:** 200 S. 16th St.
- **How:** A student was arrested for possession of drug paraphernalia.

**Mar. 24**
- **What:** Trespass
- **Where:** 24th St. and University Blvd.
- **How:** A person was found trespassing on private property.

**Mar. 25**
- **What:** Theft of a vehicle
- **Where:** 21st St. and Grand Ave.
- **How:** A vehicle was stolen from a parking lot.

**Mar. 26**
- **What:** Vandalism
- **Where:** 22nd St. and University Blvd.
- **How:** Vandalism was reported near a building.

**Mar. 27**
- **What:** Vandalism
- **Where:** 20th St. and Grand Ave.
- **How:** Vandalism was reported near a building.

### Making Poverty History

**Lessons from Farming Families in Mali**

**Scott Lacy**

**Tuesday, March 29, 2011, 7pm**

**Sun, Room Memorial Union**

Scott Lacy moved to Mali in 1996 as a Peace Corps volunteer, served in 2002 as a Fulbright Scholar, and continues to work with smallholder farmers in Mali. As the director of the Farmer-to-Farmer Extension Program in Mali, he has observed the effects of poverty first-hand. The community development organization he works for empowers smallholder farmers to increase their incomes and improve their living conditions. Scott Lacy has presented research on smallholder farmers and poverty across the world.

### Rebarck Chiropractic

**Back & Neck**
- **Headaches**
- **Conditions:** Acupuncture

**Chiropractic**
- **Acupressure**

**Dr. Rod Rebarck**

**Dr. Ben Wicentoff**

**Dr. Matt Crass**

**10 Years**

### TV Schedule

**Tuesday**

**Gyla Eyes on the Skies**
- **Time:** 3:30 p.m.
- **Channel:** ISUtv

**Cash Cab Chicago**
- **Time:** 6:00 p.m.
- **Channel:** ISUtv

**Family Guy**
- **Time:** 8:00 p.m.
- **Channel:** ISUtv

**Wednesday**

**Discovery**
- **Time:** 7:00 p.m.
- **Channel:** ISUtv

**Minute to Win It**
- **Time:** 8:00 p.m.
- **Channel:** ISUtv

**Thursday**

**Dirty Laundry**
- **Time:** 8:00 p.m.
- **Channel:** ISUtv

**Perfect Couples**
- **Time:** 9:00 p.m.
- **Channel:** ISUtv

### TV Schedule

**Get the rest online, at iowastatedaily.com/tv**

### Celebrity News

**Nik Cannon:** F. I. T. in the delivery room with Mariah Carey and Nick Cannon. The couple welcomed their twins, Monroe and Moroccan Scott Cannon, to the world on Wednesday. The two have two sons together, 6-year-old Morocco and 3-year-old Monroe.

**Mike Myers:** The “Wayne’s World” star turned 50 on May 3. In the wake of his five-decade career, the comedian has been putting his feet up. In March, “Pants on Fire,” the actor released his memoir of sorts, and in May, he’s joined by his former “Saturday Night Live” costar, Dana Carvey. Myer’s birthday was kicked off with a little broccoli. In November, the actor revealed that he’s embraced the “Broccoli Diet.”

### TV Schedule

**Tuesday**

**What:** Jump City: Seattle
- **Time:** 7:00 p.m.
- **Channel:** ISUtv

**What:** 8 p.m.
- **Channel:** ISUtv

**What:** 9 p.m.
- **Channel:** ISUtv

**What:** 10 p.m.
- **Channel:** ISUtv

**What:** 11 p.m.
- **Channel:** ISUtv

**Wednesday**

**What:** 1, 2, and 3 p.m.
- **Channel:** ISUtv

**What:** 4 p.m.
- **Channel:** ISUtv

**What:** 5 p.m.
- **Channel:** ISUtv

**What:** 6 p.m.
- **Channel:** ISUtv

**What:** 7 p.m.
- **Channel:** ISUtv

**What:** 8 p.m.
- **Channel:** ISUtv

**What:** 9 p.m.
- **Channel:** ISUtv

**What:** 10 p.m.
- **Channel:** ISUtv

**What:** 11 p.m.
- **Channel:** ISUtv

**What:** 12 a.m.
- **Channel:** ISUtv

**What:** 1 a.m.
- **Channel:** ISUtv

**What:** 2 a.m.
- **Channel:** ISUtv

**What:** 3 a.m.
- **Channel:** ISUtv

**What:** 4 a.m.
- **Channel:** ISUtv

**What:** 5 a.m.
- **Channel:** ISUtv

**What:** 6 a.m.
- **Channel:** ISUtv
**FacesintheCrowd**

**Why do you want to donate blood?**

"I want to help our community."

**Mitchell Barrowasaki**

Agriculture

"My blood is needed to save people, and I want to be a part of that way to make the community."  

**Stephen Prahn**

Supervisory Engineer in biology

"It’s the right thing to do and I enjoy it."  

**Brooke Bedusco**

Senior Engineer in civil engineering

"When I was young, I received blood and now I want to give it back."  

**Jared Neils**

Senior Engineer in construction engineering

"I donate blood because I want to help raise awareness of the community."  

**Kevin Welsa**

Junior in software engineering

"I donate blood because I want my family and friends to know the great community."
Obama points toward new era for foreign policy

President Barack Obama addressed the nation last night to discuss the present situation in Libya. His rhetoric was powerful, his messages that the actions the United States has taken against Muammar Gaddafi are not without purpose.

Obama, too, reminded the nation that the U.S. will not involve itself unilaterally in complicated situations anymore; that the U.S.is an era where policing the world is a job for other nations.

Obama also offered up the idea of how the U.S. can progress as a leader for peace in world conflicts by joining together with other world leaders, and creating a better world through non-military means. The dream Obama has sought was accomplished as anything he has ever offered to the people of America.

All of this came from the presid- ent, and his calm and dramatic speaking ability wove the nation in a way many leaders in recent years stumbled but he could not.

In and of itself, the president’s description of the Libya situation was a speech meant to reassure the nation while addressing the concern of the public and other politicians on both sides of the Atlantic. The words Obama made were not without consideration and were made with realistic, yet far-reaching, goals.

Obama’s gestures and words were carefully set to create a feeling of understanding the American people — and even other people of other countries. The president could have been seen as a political leader, and even for those seeing him as a fiend, able to sway a crowd and make things by many people, but there can be no doubt he is a marvel of a political leader.

Speaking on the situation in Libya, Obama offered insight into his potential, the real motives, the grand motives, the real message was proffered again and again: “We have no choice. We have no choice but to be friends forever.”

And that was the weight of human- ity, and the baggage it carries.

Speaking of understanding the American public, he said, “the U.S. is willing to assist in any way that we can. It is our responsibility to do our part.”

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The situation in Libya has been fast- paced and a crowd-pleaser, and last night the president stood on a stage in front of the nation last night to dis- cuss the situation in Libya and the grand motives, the real mes- sages that were carefully set to create a feel- ing of understanding the American people.

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Michelle Browning performs an accentuating pummel earlier this season State vs Minnesota next Monday, April 7 at Hilton Coliseum. By photo essay: Dung Derong/Iowa State Daily

Despite setbacks, Browning continues competition

By Dylan Montz

Within the last 12 months, gymnast and ISU senior Michelle Browning has experienced major ups and downs, not only in her gymnastic career, but also in her life outside of the mat.

In April, Browning had a life-threatening battle with a pulmonary embolism. She was pre- pounded to compete at the NCAA National Championships.

A pulmonary embolism is an condition that causes dangerous blood clots to form in the lungs. Browning's symptoms occurred for about two days. However, she had to stop doing anything wrong right away.

The first Browning noticed was a problem in work as she was preparing for the NCAA National Championships.

As she was doing a routine, she noticed she couldn't catch her breath and did everything very quickly and her blood pressure was back and forth.

Michelle and her mom were surprised by how quickly she was weakened after the type of routine she had just done, but didn't realize anything was seriously wrong with the time. Though she sent 24 hours. Browning's symptoms of breathlessness and chest pain persisted.

Finally, she decided it was becoming a serious problem and decided to call her boyfriend and ask him to call her mother, Kerri, Ronayne, in Texas.

“I was so mad and angry and all those feelings of condition, Kerri contacted Ronayne.

Kerrin contacted Ronayne. Kerrin at 3 a.m. that day and said some wires were up.

After hearing that Michelle was still suffering from pain and symptoms of blood clots, Kerri told her to go to the hospital and I will meet her in the waiting room there.

Michelle was admitted to a room at 4 a.m. and got a scarce amount of sleep. Ronayne and Michelle's mom were there all day with tears in their eyes because of the seriousness of the situation.

“I was so mad that she was just miscarry. I was so mad that she was doing something wrong. I was so mad that she was doing something wrong,” Ronayne said. “It was just insane.

The three-forms-felt the pressure of communication as Michelle would ask her mom and tell her anything that the doctor said. Ronayne would then relay the information to Kerri, also call- ing Kerri every 60 minutes on her work.

Finally 8 a.m. rolled around and Ronayne and Kerri had to go to the hospital to meet with Michelle.

Michelle was in the hospital for about six days, and during that time, she had so many consultations with doctors that she had a hard time sleeping.

“This is the first time in her life that I knew she was in the hospital for a long time, and it was a very rough time for her,” Ronayne said.

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Rain disrupts California invitational, flight home

By Sally/Denise
Gorman/desmaternal.com

The ISU women's track and field team and several assistant coaches were out competing at the California Multi-


Browning's ISU career

Senior (2009-10)

Sophomore (2008-09)

ISU assistant coach Grant Wall ex-
plained how Saina led the way for her an-
other personal-best mark.

DM: What was being the middle of the season like on the team like? Did you feel like it was going as it went along?

KB: The middle of the season is when it started. I've learned a lot about how to lead the girls in whatever way they could. I try to put a little pressure on them, the way they could.

DM: What was the middle of the season like on the team like? Did you feel like it was going as it went along?

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The language barrier between Tong and his friends made it difficult for Tong — nightmares have continued ever since. Sometimes he thinks he hears screaming in the voice of the knife.

Chasing and other services have been offered by the Iowa native. In a recent case, Tong’s friends helped him get through because they knew his situation.

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WHAT ARE YOU WAITING FOR?
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Call Today!: 232-5718

201 S. 5th St., Suite 202
www.ppm-inc.com

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For Rent

[Image of a property advertisement]

1 Bedroom in 3 Bedroom Apt. 1.5 Bath. Sheldon.
319-430-1175

Looking to sublease in May. Ask through dean of students at West Village. Moving out a 600 with yet less. First floor apt with walk-able ceilings and desk. Internet includes internet, cable, and a membership to Ames Racquet fitness center. If interested please contact me at jhartema@iastate.edu.

1 Bedroom in 3 Bedroom Apt. 1.5 Bath. Sheldon.
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For Rent

[Image of a property advertisement]

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By Lindsay MacNab
AmesEats Flavors Writer

Flavors of the U.S. is a five-part series that highlights the best foods from the Midwest, East Coast, South, Southwest and Northeast regions of the U.S.

The traditional American fare

By Lindsey MacNab
AmesEats Flavors Writer

If you ever got the chance to visit America’s capital, not only should you check out historical monuments and local museums, but eating at restaurants that serve traditional, yet delicious American food is a must. Simple meat items such as baked apple pie, a good ham burger, mac & cheese, and baked beans can be found all over the country, but a tourist visiting the most patriotic place in the country, you cannot pass up the chance to experience ‘real’ American cooking.

Although the food itself isn’t “patriotic” per say, a myriad of restaurants in Washington D.C. serve traditional American meals and flavors. Old recipes that date far back in the nation’s history have slowly been perfected over the years and often contain only slight alterations to various ingredients in order to preserve a familiar, home-cooked taste.

Many restaurants have patriotic-themed names such as “We, the Pizza” located right in the heart of downtown Washington D.C. As the restaurant name indicates, it specializes in pizza. You can either create your own using their favorite top-pings or choose one of the many delicious pizzas on the menu. Another restaurant, “Liberty Tree,” serves classic American dishes as well as New England eats. Creamy clam chowder, lobster pot pie and fried calamari are enticing favorites among locals.

Even the White House serves traditional American foods like chili and baked beans in President Barack Obama and his family, Sam Kass, the White House chef and food initiative coordinator, prepares healthy meals for the Obama family and also works with Michelle Obama as a nutrition policy advisor advocating for healthier school lunches and the use of fresh, organic produce. He also hosts the White House web video series “Let’s Cook.” Thanks to Michelle’s innovative idea, the White House now has its own organic garden in which the fruits and vegetables are grown and used in family meals and professional dinner gatherings.

Grab dinner by the claw

By Kathleen Kohlhaas
AmesEats Flavors Writer

New York eats

By Lindsey Hoffman
AmesEats Flavors Writer

Pizza, one of America’s favorite foods, is made all around the country in a variety of ways and with a myriad of ingredients. It’s no secret that New York is rumored to have some of the best pizza in the United States.

Pizzerias around New York have perfected their own versions of this dish with characteristics that vary from other cities. Traditional New York-style pizza is crafted from very high gluten dough. It has a very puffy, but crisp outer crust, but a very thin and fluffy middle section. The dough is hand-tossed and baked, giving it a very unique texture and taste. The New York-style pizza, though, has a specific elasticity to it, making it easy to fold the giant pieces and eat.

New York-style pizza is most famous for its traditional preparation the Neapolitan style — pizza crust with a light coat of tomato sauce, layered heavily with ricotta cheese and sprinkled with basil all cooked in a wood fire brick oven.

For a taste of New York’s Neapolitan pizza right here in Ames visit Vinosus Wood-Fired Pizza. Neapolitan is just one of their many pizzas and although the thin wood-fired crust isn’t nearly as large or floppy as New York pizza, it’s a close comparison. For all you ISU students, faculty and staff show your ISU ID on Mondays and receive 50 percent off. Vinosus is located at 3620 South Kellogg Ave.

Fun Facts about Maine lobster:

• The water on the coast of Maine is cold, clean and has a rocky bottom, this is a lobster’s habitat.
• Harvesting lobster is a tradition that goes back over 300 years and employs over 5,700 lobstermen (yes lobstermen, not fishermen) which in turn supports the rest of Maine’s coastal economy.
• Lobstermen are usually harvested just 10 to 12 miles from the shoreline.
• Once a year, lobstermen shed their old shell in order to form a new, larger shell. These “new shell” lobsters are well-known in Maine for their tender, juicy meat and a shell that can be cracked by hand.
• The majority of Maine lobsters are caught June through December, however harvesting takes place year round.
• It takes a lobster 5 to 7 years to reach legal harvesting size, which is about 1 pound.
• Lobsters are usually boiled or steamed and traditionally served with drawn (melted) butter.
• Lobsters can be a variety of colors while alive, but when cooked, they become their famous bright red color.

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AmesEats Flavors Writer

Maine, New Hampshire, Vermont, Massachusetts, Rhode Island and Connecticut, The New England region, located in the northeast section of the country, is best known for fresh seafood from the Atlantic.

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