Richard Kresser plans to be the first person to complete RAGBRAI not on a bike, but on his feet.
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Daily scoop

News:

Human trafficking: part six

The final piece to the six-part series on human trafficking will be online at the iowastatedaily.com on Thursday. This piece of the series focuses on the customers of human trafficking and wraps up the entire series as a whole.

Football:

George named to award list

Iowa State’s Jeremiah George has been named to the 2013 Butkus Award watch list. George, a senior linebacker from Clearwater, Fla., notched 87 tackles last year including four tackles for loss. After the departures of A.J. Klein and Jake Knott, both of whom were named to the 2012 Butkus Award watch list, George returns to lead the Cyclone defense. The Butkus award is annually awarded to the best linebacker in college football.

State Fair:

Lincoln Way butter honors

The butter sculptures at this year’s Iowa State Fair have been announced. Alongside the famous butter cow will be a butter sculpture of Lincoln Highway. Lincoln Highway was one of the first transcontinental highways for automobiles in the U.S. The 100-year-old highway stretches from New York to San Francisco. Check out iowastatedaily.com for a full story on Lincoln Highway’s 100-year celebration.

Campus:

College Creek removes trash

The fifth annual College Creek Clean Up resulted in more than 200 pounds of trash being pulled from the portion of College Creek that runs through campus. Check out iowastatedaily.com for a full story on how students are making the university a more sustainable place.

Police blotter

The information in the log comes from the ISU and City of Ames police departments’ records. All those accused of violating the law are innocent until proven guilty in a court of law.

May 4

An individual reported receiving harassing communications from an acquaintance at the Armory (reported at 5:25 p.m.).

Sammantha Borkowski, 19, of Ankeny, was arrested and charged with possession of a controlled substance, possession of drug paraphernalia, underage possession of alcohol and contributing to the delinquency of a minor at Hyland Ave. and Ontario St. (reported at 10:58 p.m.).

May 5

Kelsi Thrasher, 21, 134 Campus Avenue, Apt 11, was arrested and charged with operating while intoxicated at Lincoln Way and Sheldon Ave. (reported at 2:03 a.m.).

An individual reported various items were thrown out of a window on the north side of the building at Wallace Hall (reported at 10:26 a.m.).

An individual reported people drinking inside the building at Parks Library (reported at 9:20 p.m.).

An individual reported being accosted by two men at Curtiss Hall (reported at 9:42 p.m.).

May 6

An individual reported being sexually assaulted by an acquaintance at Buchanan Hall. The investigation is continuing (reported at 2:23 a.m.).

A community service officer observed graffiti on a pillar at the Ames Intermodal Facility (reported at 3:25 a.m.).

Vehicles driven by Yuan Xu and Yusi Xie were involved in a property damage collision at Lot 21 (reported at 10:47 a.m.).

A bicyclist collided with a vehicle driven by Caleb Blanchard at University Boulevard and Wallace Rd (reported at 12:43 p.m.).

An officer initiated a drug related investigation at the Armory (reported at 1:18 p.m.).

Officers were asked to check the welfare of a woman who was possibly experiencing emotional difficulties at Student Services Building. The individual was subsequently located and provided with referral information (reported at 2:52 p.m.).

Gray Avenue and Lincoln Way (reported at 6:05 p.m.). Jeremy McCorley, 23, 430 East 7th St, was arrested and charged with possession of a controlled substance (third offense) and possession of a controlled substance with intent to deliver at Gray Ave. and Lincoln Way (reported at 6:05 p.m.).

Jacob Nitz, 19, 5262 Willow Hall, was arrested on warrants held by the Clive Police Department at Willow Hall (reported at 8:38 p.m.).

May 7

Officers assisted another agency with a criminal investigation at Hyland Ave. and Ontario St. The incident involved an escapee from a halfway house facility (reported at 2:21 a.m.).
What is your favorite summer pastime?

Bonfires  Roadtrips  Family Vacations  Parties  Barbecue

Kaitlin Brochert  Sophomore
Family vacations

Tanna Mafnas  Freshman in Industrial Engineering
Bonfires

Jenelle Dunkelberger  Second year grad student in genetics
Bonfires and going to the pool

Molly Zelinskas  Senior Environmental science
Road trips

As we enter some of the hottest parts of summer, what are some of your favorite summer pastimes?

Hungry?
Visit these locations open this summer!
Union Drive Marketplace
West Side Market
Hawthorn
MU Food Court
The Hub
Caribou Coffee
Bookends Café
Courtyard Café
Gentle Doctor Café
MU Market & Café

dining.iastate.edu
Jim Howe, owner of Howe’s Welding and Metal Fabrication, will be riding in his 35th RAGBRAI on Sunday, June 21. From his first ride in 1974 until now, Howe has had the unique opportunity to watch the ride evolve into an event that brings in cyclists from around the country and the world.

**When did you start biking?**

I’ve never really biked. I just do it seven days a year. I pulled the bike out of the bus the other night and I had a flat tire, so I’ve gotta fix that so I can start training for Sunday. I’m either here at the shop in coveralls and the only time I’m not is when I’m playing handball. So, I’ll be in shorts and a T-shirt for the first time come Sunday morning.

**How many people do you have in your camp?**

I haven’t heard, but I’ve got some people coming out of Spokane, Wash. We’re not sure if it’s going to be three or five and we’ve got some people coming out of Colorado and Wisconsin, the Cheese Head Chicks, so somewhere between 28 and 35. I can sit 33 plus the driver, I can fit 48 bikes on the roof and 21 inside.

We used to have it inside always, but then it just got out of control. So, we decided we needed to figure out some different racks because we were getting into tandems, quads, recumbents and so that’s when you got to start jamming. Bike racks are good for conventional, 24-inch standard bicycle with 27-inch rims, but when you start getting into weird sizes it just goes out the window.

**And do you drive everyone in your bus?**

The bus stays here because it’s in Ames and Kenny, the guy from Colorado, we’ve been doing it forever.

**What was your first time like?**

I kind of forgot to tell my parents. Note to one’s self, always tell your parents if you’re going to be gone for a few days. We didn’t have Amber Alerts or anything like that back then, so I had every police officer looking for me. They kind of had an idea of where I might be because there were about 380 people on RAGBRAI at that time. There was free food, the churches were great and the boy scouts, sleeping under trees. But, I was grounded for the next year.

**How has it changed from then to now?**

If you’re a registered rider, they’ll haul your gear. If you’ve got a 53-foot semi and you’ve got two ramps, and one up and one down, you put your stuff as far forward and as high as you can and then you leave.

So, the first day, we always find out where the sunrise part is. It’s funnier than hell, because you just know the newbies, they’re getting up and thinking ‘Oh, we gotta get out of here! We’re gonna be the last one’s out of here!’ They are jamming their stuff in there and can’t remember if it was in A, B or C semi because there are three.”

People also have cell phones now. There is another thing, there used to be a line three miles long just to use a phone at night. Well, now everyone has a cell phone. We went through Kelly, Iowa, about five years ago and there were people in a line taking pictures of a phone booth. These people had never seen a phone booth before except for in a Superman movie. When is the last time you have seen a phone booth? There is no phone booth in Ames, Iowa. The closest phone booth to Ames is the Kelly phone booth. So, it’s a whole new world. I’ve seen the whole shebang.

**What about RAGBRAI has allowed it to evolve into what it is now?**

Well, it’s the oldest, largest and longest bicycle ride in the world right now. More than anything, I think it’s the people. Two things about it: Iowa is about the only place you can do it if you look at the logistics. I mean if you go to Nebraska, I’m not biking across Nebraska. There are three towns in Nebraska, I’m not doing it. You also meet people from all over the world.

The reason I still go, I’m 51, you’ll be riding along next to a doctor or a lawyer and then you’ll be riding next to a mechanic. I rode next to the armed forces chair out of the Pentagon once. You’ll meet people from all over the world: I’ve met people from Germany, I’ve met people from Japan. I can’t understand a lick of what they’re saying, but they’re there.

I’ve also never seen another RAGBRAI-er hit another RAGBRAI-er. I’ve never seen anybody ditched. I would take a 10 year old on it tomorrow in a heart beat and not worry about it. I’d take a 95 year old with me. You can’t hardly get off the side of the road without four people stopping and asking if you need a hand. It’s just incredible. Where else can you go in the world and have that?

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Jim Howe poses with his modified RAGBRAI bus that can fit 48 bikes on the roof and 21 inside. The vehicle also has an indoor shower and fabricated stairs in the back for an easy exit. exit.
The College of Design Building opened 35 years ago in 1978 and combined the curricula of architecture, landscape architecture and interior design from other colleges into the newly formed College of Design.

The curricula of architecture was formerly in the College of Engineering, landscape architecture was formerly in the College of Agriculture and interior design and art and design were both formerly in the College of Family and Consumer Sciences.

Now, the College of Design is one of only a half-dozen comprehensive design schools in the nation mixing different disciplines under one roof.

The College of Design offers nine undergraduate majors: architecture, landscape architecture, art and design, biological/pre-medical illustration, community and regional planning, design (interdisciplinary), graphic design, industrial design and integrated studio arts.

The College of Design building was constructed in 1978, and additions to it were built in 1999. It took up 163,028 square feet of space. The building is built with two, six-story, non-rectangular parallelograms connected at the top with smoke gray glass, creating an impressive skylight which runs the length of the building.

The shadows created by the framework of the skylight, change the patterns across the walls of the building, depending on the location of the sun.

In August of 2009, the King Pavilion was added to the north side of the primary college building. The King Pavilion has a total of 23,735 square feet and it is the first LEED Platinum-certified higher education building in Iowa by U.S. Green Building Council.

LEED is USGBC’s rating system for designing and constructing the greenest, most energy-efficient and high-performing buildings and Platinum is the highest rating given. King Pavilion is now the new home for all first-year students in Core Design Program and upper-level students in architecture, interior design and landscape architecture programs.
Food stamp abuse demands change

Lax regulation on aid leads to wasted federal dollars

Healthy food can be expensive, especially when stacked against the mass-produced, prepackaged junk found two aisles away. Those pricey, fresh fruits, vegetables and whole grains are the alleged reasons for food assistance programs in the U.S.

In fact, if you go to the food assistance page of the Iowa Department of Human Services website, the first sentence you will read states, “We can help you get healthy food!” in bold, red letters.

However, the goals of federal food assistance programs, they are too easily abused to be an efficient expense of taxpayer money.

Currently, the items that can be bought with food assistance such as Supplemental Nutritional Assistance Program (SNAP) cards are anything defined as “food.” Though the definition widely excludes alcohol and tobacco, there is no guarantee that a cardholder will be purchasing healthy food. In order for this to change, Congress would have to rewrite food stamp legislation to more strictly define what healthy food is.

On top of people using aid to buy unhealthy food is the staggering number of people eligible for food stamps or SNAP cards who don’t need them. The general requirements for food assistance in Iowa are that an individual be a citizen or legal immigrant and also fit the income guidelines. For a single person household, that means a gross monthly income of at most $1,211. For a four person household, it must be below $2,498 a month. These numbers are undeniably low but for those who effectively know how to live frugally, they hardly necessitate federal food assistance.

Another form of federal aid abuse is students who attempt to get food assistance while attending college. The ease with which students can get this aid depends on the state, but in general it’s quite possible. If students meet certain requirements, including being listed as independent on forms such as the FAFSA, they may be eligible for food stamps.

Many students may wish they had a little extra cash for groceries. However, food is an absolute priority for living. If someone is spending money on tuition each semester yet unable to afford healthy food, the answer is not federal aid but rather to better prioritize.

Students aren’t the only ones to blame, however. Portland State University even encourages students to apply for SNAP cards on their website. It is this mentality of reliance that is costing taxpayers extra money each year.

Despite abuse, there are countless Americans who truly rely on food assistance to feed their families nutritious meals. As a result, federal food aid programs are still necessary. However, stricter regulation of the assistance could help separate the deserving families from the exploiters.

On July 11, House Republicans passed a new Farm Bill that separated food stamp funding from agricultural policy. Many rightfully fear that this means Republicans will prevent any food stamp legislature from passing. However, what this could also be is a chance for Congress to tighten restrictions on food stamp eligibility. The resulting funding cut would be something Republicans would undoubtedly stand behind, and it would also guarantee that the right people were getting federal help.

In order to make food stamps an efficient government expense, eligibility needs to be restricted. Monthly income guidelines should be tighter, and also shouldn’t be the deciding factor in eligibility. Additionally, we need a stricter definition of what kind of “food” can be purchased with food stamps or SNAP cards.

Federal food assistance still has a place in the U.S., but if students who annually pour thousands into tuition are finding loopholes through which to exploit the system, then the system needs to be changed.
Money

Credit spending hurts students in debt

Whether it is at a community college, a state university or an Ivy League school, students rack up a lot of debt. The average student debt is $24,301. Forty percent of those who have student loans are under 30 years of age, 42 percent are between 30 and 50, and 17 percent are over 50 years of age.

Imagine being 50 years old and still paying off college. That is about 28 years of paying for four years of education. So for every year a student is in college they could spend up to seven years paying for it. I don’t even want to dive into what those who go to graduate college or professional school have to think about paying.

What if students had to pay for college with cash? What would someone do if they had $20,000 in their hand? I would venture to say that a lot of people would go on a spending spree and consequently not go to college. It’s hard to keep cash, not to mention dangerous, which is one of the reasons why we put our money in the bank. But is that getting too easy?

Fewer and fewer people use cash these days. With online shopping and banking, the numbers on a screen are easier to access than the bills in hand, not to mention faster. Everyone carries their credit or debit card on them which is much smaller, quicker and doesn’t “run out” in the same way physical cash does.

More than 50 percent of the graduating class of 2013 was surprised by how much debt they accumulated, according to a recent study done by Fidelity Investments. Students are not keeping track of their debt during their time in college. This careless money management comes not only from the student population, but the population as a whole. Isn’t this how our nation became a nation in massive debt? We borrow more than we can afford to pay off and then we are stuck with the consequences of foreclosed houses or bankruptcy.

Yes, loans give us more opportunities than we could possibly afford without them, but are all opportunities a good investment? Education is the best investment because the average American ages 25 to 34 with a bachelor’s degree will earn 114 percent more annually than the same-aged American without a college education. That’s generally a difference of $25,000 a year, which can make a huge difference in one’s standard of living. Business investments offer great opportunities, as long as they are smart, well planned investments. But these types of loans are not the issue.

Careless money management is the frivolous shopping done on credit, or the house that is clearly too big for the budget. For example, annual vacations are not a necessity. If people only spent the money that was in their hands, then we could be the prosperous nation we once were.

For students, it’s not just tuition that is weighing us down in debt, it’s the same shopping on a credit card as the rest of the nation. Students in debt shouldn’t be spending left and right. Spending spring break on your couch instead of on a beach can be just as relaxing and much cheaper.

Perhaps the issue is not cash or credit but smart budgeting in general. The easiest budgeting strategy for those who think visually is to actually see their money. But there are many different budgeting strategies out there. The important thing isn’t which one a person uses, but that they have an efficient and effective strategy.

Claire Yetley is a junior in political science from Iowa City, Iowa.
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**Hy-Vee Angus Reserve Boneless Beef Ribeye Steak**
regular or thick cut

**3/$10**

**Gatorade**
8 ct. - 20 fl. oz.

**12.99**

**Busch or Busch Light**
18 pack, 12 fl. oz. cans

**9.99**

**Tide Laundry Detergent**
select varieties, 100 fl. oz.

**2.99**

**Hy-Vee Natural Spring or Purified Water**
24 ct. - 16.9 fl. oz.

**1.77**

**General Mills Cereal**
Honey Nut Cheerios 12.25 oz, Cheerios 8.9 oz, Trix 10.7 oz, Golden Grahams 12 oz, or Cocoa Puffs 11.8 oz.

**4.99**

**Dr. Pepper or 7-UP Products**
24 pack | 12 fl. oz. cans select varieties
When 2013 RAGBRAI riders begin dipping the back wheels of their bikes into the Missouri River on July 21, ISU alumnus Richard Kresser will be doing something a little different.

Kresser will be lacing up his running shoes, and will set out to run the distance of this year’s Register’s Annual Great Bike Ride Across Iowa (RAGBRAI).

The support came in with overwhelming numbers, Kresser said, when he expressed the idea of running the annual ride to family and friends.

“I got this idea to just go for it, and everyone else has just decided to throw in their support,” Kresser said. “Just fantastic support both from my family as well as a lot of family friends from my childhood.”

Kresser’s sister, Carolyn, said the idea of Richard running RAGBRAI helped her reconnect with her brother.

“In the past couple years, I have been able to reconnect with him and I moved up to...
Once he puts his mind to something, he always sees it through. Which can be scary, because he comes up with some pretty crazy ideas. But it’s been in his mind for a couple years and he’s constantly working on that.

Carolyn Kresser

It’s four marathons in four days, starting Thanksgiving day all the way through the following Sunday,” Richard said. “It seems intimidating at first, but I discovered there that after the first day, after you get back out and get warmed back up, your body can just go.”

It was at the 2011 Quadzilla race where Richard began his back-to-back running days, often completing 30 to 50 miles on a given Saturday and coming back to do another 30 to 40 miles on Sunday.

Carolyn said she has fun watching her brother push himself to the physical limits of the human body. Completing 100-mile race events to high mileage training, Carolyn said she has faith in Richard.

“Once he puts his mind to something, he always sees it through,” Carolyn said. “Which can be scary, because he comes up with some pretty crazy ideas. But it’s been in his mind for a couple years and he’s constantly working on that.”

**Woahs and woes**

Like most ultramarathon runners, Richard said the ability to do consecutive marathon days can be toxic. In his time spent training, there have been definite highlights, as well as some scares.

In early June, Richard finished first in a 50-mile race he signed up for, only after completing a 20-mile run the day before. The day after the 50-mile race, he ended the weekend with a 25-mile run.

But even the high mileage accomplishments weren’t the highlight.

“A lot of it is the community of ultra runners,” Richard said. “Marathon runners are a little more ingrained in their training and their time and pace. Where ultra runners and trail runners are much more laissez-faire about everything.”

With the amount of mileage Richard does each week, there have been occasions for him to take some time off. Once, while hoping to take an easy weekend, Richard hit a small speed bump in what he called a nearly perfect running schedule.

“I went out rock climbing with a friend in Leavenworth, Wash., and it was supposed to be nice and easy rock climbing,” Richard said. “But I came back with back spasms and a sharp pain in my right knee.

“I was freaking out that my body was going to crap after that, but I gave it some rest and came back and have had no issues since.”

Something Carolyn has seen from Richard as a possible hindrance has been the amount of time she sees him putting toward not only training, but his social life as well.

“I know he’s had some down moments too. He gets busy and he’s trying to do all of his job requirements and still have time for a social life,” Carolyn said. “So, sometimes he gets a little frustrated, spending a lot of time in the car, going to and from work and he’d rather be out running.”

**The cause**

While in the middle of his busy training schedule, Richard Kresser has found a cause for his event. All of the proceeds Kresser raises before and during his run, will go to the Iowa Veteran’s Home, a foundation near and dear to Kresser.

“I have a lot of ties here, especially to the Midwest, and with my background of being deployed in Afghanistan and being a veteran. I knew I wanted to give back to a veteran’s organization with this run,” Kresser said.

Kresser heard of the Iowa Veteran’s Home after talking with friends in the area and saw it fit for what he was trying to accomplish.

The funds Kresser is donating to the Iowa Veteran’s Home will go to a cause called biofeedback.

“It’s been around for quite a while. But what it does, is it has electrical sensors that you stick to your body and from there, you can see responses to certain kinds of therapy on a screen. From there, you can see how the therapy lowers your relaxation,” Kresser said.

After multiple sessions with the biofeedback program, Kresser said the patient won’t need medication for pain or post-traumatic stress disorder. He said it is a way to go completely off medication and use the patient’s mind to heal.

At the end of the day, there’s only one thing Richard said he’s looking forward to about running RAGBRAI.

“Jumping in to the Mississippi River at the end. I just keep visualizing,” Richard said.

“Usually you do the tire dip. The rear tire and the front tire. Well, I’m just barreling straight into the Mississippi.”

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**How to donate to the cause**

Even though Richard Kresser will be beginning his run on July 21, there is still time to donate. If you wish to donate to Kresser’s cause, the Iowa Veteran’s home, here are some ways how.

- **Donate at the website** [www.runningfarther.com](http://www.runningfarther.com) **with credit card**
- **Kresser will be out and about after each day of running, accepting cash donations.**
- **Checks can be written to the Community Foundation of Greater Des Moines. Writers must write in the memo box “Running Farther”**
- **Follow Kresser on twitter at @runningRAGBRAI or on Facebook at Running RAGBRAI 2013 for more information about donations and the event.**

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**RAGBRAI 2013**

COUNCIL BLUFF - HARLAN - PERRY - DES MOINES - KNOXVILLE - OSKALOOSA - FAIRFIELD - FORT MADISON
Humans for sale: The customers

Human trafficking depends on demand

By Danielle Ferguson
@iowastatedaily.com

An economy will crumble without customers. A worldwide business needs diversely located, paying consumers in order to thrive.

Human trafficking is a global crime business with local branches. Trafficking occurs when a person is forced to work in the sex trade or provide any kind of labor under conditions of force, fraud or coercion.

According to U.S. State Department data, there are about 27 million people being trafficked worldwide. Of that 27 million, it is estimated that 600,000 to 800,000 are transported across boundaries.

From those 600,000 to 800,000 people, about 17,000 are transferred in and out of the U.S. from other countries.

Roughly 25 percent of the world’s sex tourists are Americans.

Advice from people who have dedicated their lives to ending human trafficking on how to be aware of trafficking and how to reduce American contribution to the crime follows:

“For college, middle and high school students: Be aware of what you’re getting into when you have any of your social media open ... and people approaching you that you don’t know,” said Teresa Downing, executive director of Network Against Human Trafficking.

“Pornography is one of the significant ways youth are trafficked in America. If you go online, using pornography or [searching for] an erotic massage parlor, there’s no guarantee that you’re not being serviced by a trafficking victim. [Mainly men] need to be aware that their consumption of sex could involve the exploitation of trafficking victims,” Downing said.

“When demand declines, supply does too. Reduce demand. Don’t pay for sex. Period. That’s the answer,” said Roxann Ryan, attorney for Iowa Department of Public Safety.

“How do we end demand? It starts with changing the mind-set. In our nation, the commercial sex industry is so glamorized. Pimping is glamorized. It’s in song lyrics on the radio, images on television and magazines. That’s what all the kids are seeing. [The whole industry] is glamorized,” said Cathy O’Keefe, executive director of Braking Traffik.

“Spread awareness. Braking Traffik goes around giving presentations to colleges, businesses, churches etc. to give an overview on human trafficking. A lot of people in our audiences have very little knowledge of what human trafficking is,” O’Keefe said.

“Anything that looks odd, unusual or that you just don’t feel right about is probably a good indicator that something is wrong. [When dealing with trafficked laborers], report if something is really unsafe in your workplace,” Gail Sheridan-Lucht, Iowa Division of Labor Services.

“If you notice something funny going on in your work, neighborhood or where you volunteer, call the police. Police react to public demand, so public needs to demand it,” said Maggie Tinsman, chair of Braking Traffik.

“The internet and social media are prime bait for traffickers. The more information young women put on the internet, the more vulnerable they become,” Tinsman said.

“The number one thing for parents is staying aware of what your children are doing online. Take a little time to stay engaged with them to talk about this issue,” said Michael Ferjak, senior criminal investigator with Iowa Attorney General’s Office.

“If you see something [suspicious], say something. Tell law enforcement. The worst that can happen is you were wrong. I’d much rather you be wrong than have us miss another victim,” Ferjak said.

Human trafficking is a business. It depends on supply and demand. If the demand for commercial sexual services and unfair labor practices declines, the victims who supply them will not be needed.

Any suspicion of human trafficking should be reported to local law enforcement or Polaris Project, the national hotline for human trafficking.
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IOWA STATE DAILY
**Crossword**

Across
1 Pequod captain
2 5 Online diary
3 “My stars!”
4 Sagan of “Cosmos”
5 Capital NW of Napoli
6 Challenges
7 Tex-Mex fare
8 Piece of news
9 Flash of starlight
10 Man caves, perhaps
11 Old jet set jet, briefly
12 Legal wrong
13 Old jet set jet, briefly
14 Winemaking giant
15 Seed pod
16 Challenges
17 Tex-Mex fare
18 Piece of news
19 Flash of starlight
20 12-gauge ammo
21 Legal wrong
22 Filly’s foot
23 Talc-to-diamond hardness
24 Tic-tac-toe win
25 Hush-hush
26 Butler’s bride
27 Election participant
28 Prophetic sign
29 Looker’s legs
30 Beat by a nose
31 Canadian storyteller Alice
32 Shocked
33 Gardener attacking weeds, say
34 “Hmmm…”
35 Harbor vessel
36 Squares with dinner rolls
37 NFL fifth periods
38 Pin place
39 Olin of “Alias”
40 Camel feature
41 Indian dress
42 One of Kenya’s official languages
43onomasticon
44 Road crew go
45 Sharing pronoun
46 Trouser’s tool
47 Jungle __
48 Lip soother
49 Eye protection for a tot’s bath
50 Pro fée
51 Turner in a barbecue
52 Draft category
53 Nancy Lopez’s org.
54 Works on a trench
55 Reason for some food recalls
56 Pro fée
57 Brot in a barbecue
58 Indian dress
59 Pin place
60 Genuine
61 “Contents could cause Dad to make breakfast” brand
62 Pat down
63 Bridge position
64 Indian dress

Down
1 Play a part
2 Lukas of “Witness”
3 Elaborate entrance
4 They may be late
5 High beams
6 Sacred flower, in Hinduism
7 Crook’s tool
8 Looker’s legs
9 Beat by a nose
10 Winemaking giant
11 Seed pod
12 Man caves, perhaps
13 Old jet set jet, briefly
14 Sagan of “Cosmos”
15 Capital NW of Napoli
16 Challenges
17 Tex-Mex fare
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**Sudoku by the Mepham Group**

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

**Thursday’s solution**

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**LEVEL:**

Thursday’s Solution

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Weekly Horoscope by Jennifer Shepherd

Aries
March 21–April 19
The moon is reminding you that you hate it when there are secrets or hidden agendas going on in a relationship. Right now your partner or the person you’re interested in has a lot going on, and he or she might not be comfortable telling you everything.

Cancer
June 22–July 22
There are still four planets in your sign, so things should be moving along briskly in both your personal and private life. Something big is going on, and you should follow the flow of this energy into an exciting new experience.

Libra
Sept. 23–Oct. 23
As an Air sign, you’re not always comfortable expressing your feelings. The moon is urging you to come clean. Make a confession of some sort to your sweetheart or a close friend. You’ll feel better as you talk your desires.

Capricorn
Dec. 22–Jan.19
Jupiter is pulling at you a bit, making you wonder if you’re handling something the right way. Maybe you’re confused about a business venture. Maybe you’re wondering if you’re in the right relationship. Keep exploring different paths.

Taurus
April 20–May 20
You could be going back over a past relationship, reviewing what worked and what went wrong. This is a good process, but it could be emotionally intense. A moon opposition might be emotionally intense. You might have an insight about something that you want to do. This could be a new career path, a business venture, or a new relationship if you’re not ready. Don’t make promises that you can’t keep.

Scorpio
Oct. 24–Nov. 2
You could receive a tempting offer this week, courtesy of Mars. This could be a business offer or a romantic overtire. Don’t jump into things, though, until you’ve had time to really think about it. Consider all of your options.

Aquarius
Jan. 20–Feb. 18
You could find that a close friend, family member, or romantic partner needs extra support this week. The moon is urging you expressing your feelings. Be patient and allow things to evolve.

Gemini
May 21–June 21
It’s important to consider people’s reactions before speaking up. Mercury is showing you that sometimes you can be a little too harsh and people think that you’re being mean. Try to find a way to express yourself without hurting anybody’s feelings.

Virgo
Aug. 23–Sept. 22
Mercury is completing its retrograde cycle this week, and by next week, there will be much greater social flow and financial energy coming your way. In the meantime, make plans about the things you want to do at that point.

Sagittarius
Nov. 22–Dec. 21
Be aware that things you do could have a long-term impact on you. Neptune is reminding you to use caution in the romance department. Don’t rush into a new relationship if you’re not ready. Don’t make promises that you can’t keep.

Pisces
Feb. 19–March 20
You might have an insight about something that you want to do. This could be a new career path, a business venture, or a relationship that you want to start. Jupiter says dare to dream big and hold the vision to make your wishes come true.

Fun Facts

Cheesecake was invented in Ancient Greece and served to athletes at the very first Olympic Games.

Although he hit 563 career home runs, Reggie Jackson never hit more than 30 homers in consecutive seasons.

The first armored presidential limo was used by President Franklin Roosevelt just as the United States was entering WW II. This particular Cadillac convertible originally belonged to the gangster Al Capone. It was seized in 1932 when Capone was charged with tax evasion.

The human bone most often broken is the clavicle (collar bone).

Despite the optical illusion, the Gateway Arch is exactly as wide (630 feet) as it is tall.

Actor/comedian Chevy Chase occasionally played pick-up drums for one of the original lineups of Steely Dan, known as The Leather Canary.

Yahoo! is an acronym for “Yet Another Hierarchical Officious Oracle.” David Filo and Jerry Yang were in a trailer in Palo Alto, Calif., thinking of a name for their hobby!
## Daily by the day

### Thursday
- **Ames Municipal Band Concert**
  - What: Ames Municipal Band concert, conducted by Michael Golome
  - When: 8 p.m. to 9 p.m.
  - Where: Durham Bandshell

- **Boone County Fair**
  - What: The 2013 Boone County Fair is July 18-21 at the Boone County Fairgrounds.
  - When: Thursday
  - Where: Boone County Fairgrounds.

- **Family Time at the Park**
  - What: Dig into reading with storytime in the park! This weeks theme is Tops and Bottoms! Test your knowledge and your taste buds with a variety of veggie activities.
  - When: 10 a.m.
  - Where: Daley Park

### Friday
- **KHOI Porch Stories**
  - What: Join KHOI 89.1 FM Community Radio to tell a 'Fish Story' and listen at Porch Stories! The event starts with a light potluck supper. This weeks theme is 'Fish Stories'!
  - When: 6:30 p.m.
  - Where: KHOI 89.1 Community Radio

### Saturday
- **2013 Summer Iowa Games**
  - What: Join over 15,000 athletes and thousands of family, friends and fans for some exciting sporting competitions!
  - When: Saturday
  - Where: Ames

- **North Grand Farmer's Market**
  - What: Shop fresh, local goods and products at the North Grand Farmers' Market.
  - When: 8 a.m. to 1 p.m.
  - Where: North Grand Mall

### Monday
- **Great Plants for Iowa Series**
  - What: Join Reiman Gardens for this educational series designed to help develop your knowledge of the wide variety of garden plants that grow well in Central Iowa.
  - When: 6 to 8:30 p.m.
  - Where: Reiman Gardens

### Tuesday
- **Kids' Story Time at Reiman Gardens**
  - What: Enjoy a morning of fun story sharing, crafts and activities for kids ages 2-7.
  - When: 10 a.m.
  - Where: Reiman Gardens

### Sunday
- **Live at Snus Hill Winery**
  - What: Make your way to Snus Hill Winery to enjoy an afternoon of live '70s and '80s funk, pop, R&B, ballads, and even smooth jazz fusion and sizzling Latin rhymes with Gruve.
  - When: 2 to 5 p.m.
  - Where: Snus Hill Winery, Madrid

### Wednesday
- **North Grand Farmer's Market**
  - What: Shop fresh, local goods and products at the North Grand Farmers' Market.
  - When: 3 to 6 p.m.
  - Where: North Grand Mall