Many students find their leases ending before they have the opportunity to move in to their next location. Students are forced out of their apartments as they fend for themselves for a few days before capable of moving into their next Ames home.
What is your favorite summer sport?

Danniel Arriaga
Freshman
George Washington Carver Intern
Skateboarding
“It’s a different way to exercise.”

Matt Urbine
Sophomore
Civil Engineering
Baseball
“Played it all my life.”

Sarah Schreiner
Junior
Apparel Merchandising
Tennis
“I’ve played it for 6 years.”

Jessica Thomson
Senior
Animal Science
Baseball
“It’s entertaining to watch.”

Juliana Bueno
Graduate
Chemical Engineering
Beach Volleyball
“I like to play volleyball on the beach.”

Sanprati Shah
Freshman
Chemical Engineering
Tennis
“(I’ve) been playing it ever since I was five.”

Make your choice:
Go online to vote in next week’s poll at iowastatedaily.com

Name: 16/ISU Dining Services; Width: 19p4; Depth: 5 in; Color: Black; Ad Number: 16
Richard Kresser is doing and run Do you think you’d want to do what

What are the two US patents you hold?

My research area is in mechanical engineering and I’ve done a lot of research on automobile brakes. I work with a number of automotive companies on designing disc brakes and drum brakes for cars that work better and are quieter. You’ve probably heard, you know, brakes squeal. A car puts on its brake and you hear a squealing noise or a grinding noise.

And so my students and I worked on some projects some years ago on how do you design automotive brakes to be quieter and smoother. And so we have two patents that came out on that work. So instead of pressing a brake pedal on a car and you hear noise, you press the brake pedal and the car still stops, but it’s kind of nice, it’s quieter and so it works better and there’s higher quality.

In a previous interview, you said you run various marathons and races. Do you think you’d want to do what Richard Kresser is doing and run RAGBRAI?

Well, I’m flattered that you’d ask if I think I could do it. The answer is that’s a little farther than I can run. But I have run six marathons and I like to run races in Ames and Des Moines area in the summer.

I usually do one or two 5K kind of races in the area every month. I do some out at Ada Hayden, there are some races out there. Then there was a race recently out at the Ames Middle School. I can’t remember what that one was called - the Hope Run. It benefits the hospice that’s out there. So, yeah, I like to run races like that.

I run the Des Moines half marathon every fall. I’ve run the Twin Cities marathon up in Minnesota. I’ve run the San Francisco marathon and the Marine Corps marathon out in Washington, D.C. But right now I run about three to four times a week.

I had a great, fun thing this past year where I went out in the morning and I run with our ROTC units. And so, they get up real early and they do physical training and they run around campus. So I connected with Ricks Polk, who’s the Captain in charge of the Navy ROTC program and I met up with him and all the cadets one morning and kind of joined them for a run around campus. So it’s nice to try to connect in the running with some student activities.

Have you been doing brown bag lunches in your office? If so, has that been going well?

I’ve been doing some of that with students, in particularly with the leaders in GSB, a great opportunity to talk with students in an informal kind of setting. I’ve also been enjoying meeting up with students in my visits out to departments and just getting to meet them and learn a little about their career plans and where they’re from and how their studies are going.

What is your favorite thing about being on campus in the summer?

It still is very busy during the summer time. I think a lot of people don’t realize that the university is a business that really goes year round. So the pace changes in the summer because we’re doing summer teaching rather than teaching during the academic year, but it’s busy in kind of a different way.

So during the summer we’re finishing up a lot of the budget work from last year. We’re setting raises and salaries for employees. We’re planning out courses for next year and making sure we have enough available sections for students and they can get into the classes that they need, right. We’re finishing up faculty hiring, we’ll have a lot of new faculty that will start in August.

So what I like about the summer is that it’s still busy, but it’s kind of busy in a different way and you’re at that fun transition point where you’re finishing up one year and you’re getting ready, you know that the next year’s going to start and you have to get ready for it. So I kind of like that change in pace, if you will.

Plus, you know, campus is obviously really beautiful in the summer time. I can open up my window and get some fresh air.

Have you gone on any interesting vacations this year or do you plan to before school starts?

Personal vacation? Yeah, my family and I went on vacation earlier this summer to Switzerland. We enjoy hiking and getting outside and so my wife and daughter and I had some nice time with the Alps to hike.

State Fair is coming up soon. What are you looking the most forward to about that?

I’ll be out at State Fair. Our Iowa State Extension and Outreach program has a lot of activities out there and of course we run the statewide 4-H program. So I’ll be out there. We have an Iowa State booth in the varied industries building and I’ll be manning the booth for a while, handing out Iowa State posters and talking to people about the university.

And then we’ll go over to the 4-H building. I love looking at all the great projects – artwork and sewing and woodworking, all kinds of cool stuff there. And then I’ll go around and visit, you know we have other displays and programs at the state fair. We have our master gardeners display, our wine research center has a display there to help the wind industry in the state of Iowa. So I’ll go around and visit a variety of the other Iowa State booths and displays and things to help support those programs.

Love going to the State Fair. It’s always really hot. I’ll definitely get pork chop on a stick. I’m going to stay away from the fried Twinkies and stuff like that.

Will you be teaching this fall and spring? If so, which class or classes?

You know what, I don’t have plans to teach this fall. Last year, I taught, a lot of fun, an honors class in the fall. And I think what I’m going to try to do this year is rather than teach a whole class, to see if I can work with some faculty and do some guest lectures in various classes. I did a little bit of that this past year - one class in our school of education and a guest lecturer in one of the engineering classes.

So I think this year, what I’m going to try to do rather than teach an entire honors course maybe try to do guest lectures in a number of courses across the university and get a little more breadth that way.

Where is your favorite place on campus and why?

It’s got to be central campus. You know, going out for a walk, kind of around the central campus loop - going out down the Beardshear steps, which is great going down those steps because you get that whole kind of view of central campus, kind of looping around the campanile, past Curtiss and then back around. It’s park-like, you know. In the spring and fall it’s packed with students playing Frisbee and studying just kind of enjoying it. And it really makes you appreciate the community on campus and how special the place is. It’s just a beautiful setting for the university.
History on campus: Howe and Hoover Hall

By Jonathan Krueger
@iowastatedaily.com

The west side of the Iowa State University campus is home to the Engineering Teaching and Research Complex, which consists of Howe and Hoover Halls. The two are connected by the first sky bridge to grace this campus.

The complex is the largest capital project undertaken at Iowa State. Built in two stages, the two halls now house several of the engineering departments.

In order for the complex to be built, the Engineering Annex had to be demolished. The old engineering building, which resided where Hoover Hall now stands, was torn down in March of 2000 after Howe Hall’s completion.

Howe Hall was named after Stanley and Helen Howe and was completed in 1999. It houses the Departments of Aerospace Engineering and Engineering Mechanics. Located inside Howe Hall is a four-story atrium. The ground floor contains the C-6.

The C-6 is a three-dimensional, fully immersive synthetic environment. All the walls, the ceiling and the floor of the C-6 are projection screens. Participants enter the C-6 and are thrust into a virtual reality that is very believable. The C-6 was the first six-sided synthetic immersive environment in the world.

Across the sky bridge is Hoover Hall, named after Gary and Donna Hoover. The hall houses the Department of Materials Science and Engineering, as well as the Department of Engineering Computer Support Services. Located inside of Hoover Hall is the 400-seat Kent-Stein Foundation Auditorium. A great view from Hoover Hall’s vast windows is the overlooking Marston Water Tower.

Howe and Hoover Hall were both the architectural genius of Brooks Borg Skiles. It is rumored he designed the buildings after his fascination with the Titanic. Some even rumor symbols include the bridge linking the two buildings to be the split in the Titanic.

Howe and Hoover hall are some of the newest buildings on campus but will soon be joined by a new agricultural engineering building.
What’s the big deal about RAGBRAI?

Iowa’s annual bike ride builds more than muscle

Thousands of people of all ages, backgrounds and socio-economic classes poured out of Council Bluffs, Iowa on July 21 for the start of the Register’s Annual Great Bicycle Ride across Iowa, better known as RAGBRAI.

There is no first place, there are no prizes, there is no fundraiser. So what draws so many people from all states and multiple countries to the otherwise ignored state of Iowa? What is it about this seemingly pointless bicycle ride that entices people to return year after year?

The first and foremost fact about this enormous event is it is not a race, but rather an all-inclusive ride. People of all athletic skill and ability join RAGBRAI each year. For one week, the thousands of cyclists who participate either for the whole route or a day-trip become a tightly-knit, mobile community.

Someone clad in brightly colored spandex biking gear on a high-dollar road bike may seem to clash with the person in jean shorts on a mountain bike or hybrid scant yards away. However, in a ride in which there is no winner, the two seemingly diverse individuals have more in common than they might in another context.

The Des Moines Register, which established the first RAGBRAI ride in 1973 and has been behind it ever since, writes about the extreme diversity found in the event. The age of participants ranges from four years old all the way to 87, with a relatively even spread in between. The Register even keeps tabs on the occupations of registered riders, showing that there is a large spread of people from all sorts of lifestyles.

As mentioned, RAGBRAI has no fundraising purpose. Unlike some bike rides, 5K runs or marathons, RAGBRAI doesn’t aim to raise money. However, that doesn’t stop others from utilizing the event as a fundraiser.

The people of Dallas Center held “color wars” at the same time that riders passed through the city in order to raise money for a new pool. Similarly, people in Perry asked riders for donations for Alzheimer’s research in return for shade, water and sandwiches. The event itself may not do any “good”, but the miniature events that branch off of the eight-city route definitely aim to make a difference.

The most obvious reason for RAGBRAI is simple: exercise. Each annual ride averages between 400 and 800 miles a day, and many go the entire week to make it a week-long full ride.

The event is not necessarily a race, but it certainly is a challenge and a test of one’s abilities. The biggest test of ability is to set up the next donation station along the route.

RAGBRAI rode through Des Moines on July 23, 2013 to reach the campsite at Water Works Park. Many riders stopped by Valley Junction for entertainment and drinks at local bars.

RAGBRAI doesn’t aim to raise money.

Period, that’s more cycling than the average person is used to. Luckily, the laid-back atmosphere of RAGBRAI allows individuals to go at their own pace. Some may gun it directly to the next destination, but many take a leisurely ride, stopping at occasional bars along the way. No matter what style in which a person rides, they will end the week a tired, sweaty mess.

It may be too late to undertake the full week long ride this year, but it isn’t too late to start planning for next year. Being involved in RAGBRAI doesn’t necessarily mean riding in it, either. If fundraising is your thing, be the person to set up the next donation station on the 2014 route. No matter your athleticism or endurance, RAGBRAI will absorb you into its ever-growing, inclusive community.
You're too fat: Not quite the precise words, but definitely the message the Boy Scouts of America is sending.

Every four years the Boy Scouts of America holds a National Jamboree in which boys from all over the world gather in numbers greater than 40,000 and participate in activities such as mountain biking, rock climbing, scuba diving, zip lining, skateboarding, shooting and more. The Jamboree has taken place since 1937, when campers slept at the base of the Washington Monument and had speakers, including President Franklin Roosevelt.

This year, the National Jamboree enacted a strict fitness requirement that must be met in order to participate in the event. Boy Scouts with a body mass index (BMI) of 40 or greater were barred from the event in its entirety. Those who had a BMI between 32 and 40 had to provide ample health information from a doctor in order to be considered to join the Jamboree.

If it's not about being gay, it's about being black, an atheist, or Jewish, and in this case... fat. At least that's what first knotted in my head when I saw this headline appear in my news feed. The Boy Scouts of America is failing miserably in this effort to push for health, fitness and safety.

I have written about the Boy Scouts many times, mostly because 14 years of my life were spent attaining the rank of Eagle Scout. I have a love-hate relationship with the good ol' class-A uniform, but at this moment I believe the Boy Scouts of America means well. The problem is this new weight policy sounds more like a punishment than an incentive to get in shape.

The last thing an overweight child needs is to feel like they aren't worthy of participating in more physically demanding activities.

To be clear, a BMI of 30 or greater is considered “obese” (neglecting consideration of the inaccuracies of the measure). If any scout has a BMI of 40 or greater, it wouldn’t be an exaggeration to say their health, and life, was in jeopardy. According to the BSA’s official Jamboree website:

“A lot of things about the jamboree at our new home, the Summit Bechtel Family National Scout Reserve, are different from past jamborees. The Summit is a physically demanding facility, and minimum physical fitness standards will be enforced ... We want your 2013 National Scout Jamboree experience to be the best 10 days of your life! Please read carefully the Be Prepared policy.”

Nation-changing organizations like the BSA need to help lead the way with civil betterment. It took them long enough to get rid of their rules against gays (and it’s still not fully abolished). An appropriate method of promoting fitness would be to allow any and all body types to participate at appropriate levels that push personal ability.

The Boy Scouts of America National Council may have appropriately deemed the new jamboree too strenuous for obese children, but that doesn’t grant a barring of any child “incapable” of the said activities. If the Boy Scouts want to facilitate a jamboree that promotes fitness and health, then they should start by making the environment accepting of those who aren’t already fit and healthy. As in previous matters, I urge you to write to the National Council and express your opinion in regards to the matter. Help the BSA help America.

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Ian Timberlake is a senior in aerospace engineering from Chicago, Illinois.
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Living

Leases leave students homeless

Students face difficulties with gap between leases

By Katie.Grunewald
@iowastatedaily.com

During the next two weeks, hundreds of ISU students will find themselves homeless in Ames when their housing contracts end days before their new contracts begin.

Most Ames apartments and rental houses’ residents signed contracts with a July 31 move-out date; the move-in date varies from August 1 to August 23.

Property owners such as First Property Management, Total Property Management, Jensen Property Management and Green Acres Property Management all have an Aug. 1 move-in date.

Campustown Property Management and the Iowa State residence halls have some of the latest move-in dates ranging from Aug. 20-23.

Haverkamp Properties and University Plains are examples of apartments that offer a move-in date somewhere in between.

Many of these property managers offered an “early move-in list,” which new residents were able to reserve a spot to move-in early if their unit was available. As long as the previous tenants are out, several property managers are allowing their new tenants to move-in, in either the “as-is” condition, or as soon as the apartment is clean.

Sandy Rani, a senior in biology at Iowa State, will find herself “homeless” for nine days this July.

“I have to move-out of my apartment on Welch Avenue by [July 24] and I move in to my new apartment on August 1,” said Rani.

Rani and her two roommates are either taking their stuff home to Chicago for the seven days they will be homeless, or using a storage facility in town.

“We had to use a storage facility in Nevada, we started calling around in June and all the one in Ames were already full,” Rani said.

Storage facilities in Ames filled up in the beginning of May with students anticipating their few days of homelessness coming toward the end of summer.

Rani said after she receives the $50 deposit back from the storage facility, it will only cost her and her roommates $70 to store their furniture for the seven days they need.

The apartment Rani and her roommates are moving into offered one solution they decided against.

“We may have a chance to move-in one day early, and move-in on the 31st, but that doesn’t guarantee the apartment would be clean so we decided to wait the extra day,” Rani said.

Tyler Etten, a senior in finance and economics at Iowa State, is moving from a six-person house on Hyland Avenue, to a two-bedroom apartment.

Etten is currently subleasing for the summer, and has to be out of that apartment by July 25, and cannot move-in to his new apartment until Aug. 1.

“We’re trying to work something out now, it just depends on how much work needs to be done at the new apartment,” Etten said. “We know they need to put new carpet in our unit, and depending on what other work they have to do we may get to move in a little early.”

In the past, Etten has dealt with small, private landlords, such as a friend’s dad. They were very easy to work with, which always allowed him to avoid the homeless problem altogether.

“We’ve never had this problem because we’ve known our landlords well enough in the past that they let us stay until we can move-in to our new place,” Etten said. “Dealing with two big property managers when you’re moving in and moving out is harder because they aren’t as willing to work together.”

Etten and his roommates are hoping to store their belongings in a friend’s garage while they are homeless, as they have no reservation for a storage unit.

This is an issue students in Ames have every year, and the same solutions are being used; asking a friend to live on their couch, going home for a week or crossing their fingers they will be able to move-in to their new place early.

Rani said she has come to terms with their plan for being homeless.

“We moved into our apartment early last year; so we got a full year out of our lease, it was just unlucky that our new apartment’s move-in date is much later than our move-out date.”
Florist

Choose the right florist for the occasion

By Kalyn.Gallup @iowastatedaily.com

Flowers will tie together any wedding if they’re the right kind. In order to avoid color clashing, wilting or out-of-season flowers, always remember to plan ahead.

Everts Flowers, Home and Gifts: Located on Main Street in Ames, a majority of flowers are available year-round here except for a few seasonal bulb flowers like daffodils. However, it is usually more cost effective to get seasonal flowers. They want brides to remember to make a time commitment to set up all the flowers before the wedding, and to find a place to keep them cool during transportation. Also, keep in mind that although fake flowers were once cheaper than the real ones, they tend to be more expensive now.

Mary Kay’s Flowers and Gifts: Mary Kay’s Flowers and Gifts is found on the corner of Grand Avenue and Northwood Drive in Ames. They recommend to plan your wedding in the same season your preferred flowers will be growing. Some flowers are not available or are very expensive if they are out-of-season.

Flowerama: Located on Lincoln Way in Ames, Flowerama has a wide variety of flowers. The store advises heavy planning. For example, unless it’s springtime, it’s almost impossible to get tulips. Out-of-season flowers can be around $40 for just a small bunch. It’s good to check out the flower cooler to see the actual colors compared to the planned colors for the wedding. It’s also a good idea to do research before going to the florist to discuss colors or specific ideas in your mind, and to actively check prices.

Hy-Vee: There are two Hy-Vee locations in Ames - 3800 Lincoln Way and 640 Lincoln Way. Because it’s a bigger company, Hy-Vee can order from various locations. All commercially grown flowers are readily available. During consultation, they ask about different areas that may have been forgotten, such as the organ, ushers, reception and ceremony venues, altars and pews.
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Each year thousands of Iowans are hurt at work, but many fail to learn the Injured Workers Bill of Rights which includes: 1. Payment of Mileage at $0.555 per mile 2. Money for Permanent Disability 3. 2nd Medical Opinion in Admitted Claims. . . . A New Book reveals your other rights, 5 Things to Know Before Signing Forms or Hiring an Attorney and much more. The book is being offered to you at no cost because since 1997, Iowa Work Injury Attorney Corey Walker has seen the consequences of client’s costly mistakes. If you or a loved one have been hurt at work and do not have an attorney claim your copy (while supplies last) Call Now (800)-707-2552, ext. 311 (24 Hour Recording) or go to www.IowaWorkInjury.com.

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Guided Walleye Fishing

$899.00

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BEFORE YOU BUY - CALL QSI

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Iowa Walleye Master Special!
MENTION PROMO CODE "IOWAWALLEYEMASTER"
Includes lodging, guided walleye fishing - 9 hours per day, meals and taxes.
Rates are per person, 2 person minimum. Available July, August and September 2013.

1-800-707-2552, ext. 311 (24 Hour Recording) or go to www.IowaWorkInjury.com
**Crossword**

Across
1 Urban rails
2 "__ life!"
9 Self-satisfied
14 2002 NBA Rookie of the Year Gasol
15 Put back to zero
16 Total
17 "... book by __ cover"
18 Author Jong
19 Many times
20 Member of a "joint" military group
23 "__ evil ..."
24 Time of one's life
25 Pub. of an oft-quoted journal
28 Franklin invention
33 Full of mischief
36 Like much of King's work
37 Verbalized sigh
38 Buddhist shrine
41 Injured, in a way
42 Jazzman Jackson and cartoonist Gross
44 More easygoing
46 Make a relay race connection
49 Kalamazoo-to-Cincinnati dir.
50 Billion-year span
51 Waits
52 Cocktail accessory
57 Traditional Islamic garment
62 Dough raiser
63 One of the Khans
64 Words before "Gave proof through the night"
65 Clerical residence
66 Short snooze
67 Incessantly
68 Like one's big brother
69 Showed down

Down
1 "Lawrence of Arabia" and others
2 Bat maker's tool
3 "Wake Up, Little __"
4 Girl Scouts emblem
5 Protagonist
6 "Yeah, like that'll happen!"
7 Sleuths, briefly
8 New York's __ Island
9 Hardly G-rated
10 Win by trumping, in bridge
11 Que. neighbor
12 Beehive State native language
13 Put on
21 Doesn't need to be drafted
22 Bush spokesman Fleischer
25 One-way sign shape
26 Wavy pattern
27 "Doe, __ __ ..."
29 APO mail recipients
30 FDR's successor
31 Opposable digit
32 Start the assignment
33 Moistens
34 Inventor Howe
35 Ballroom dance, in Burgundy
39 Green veggie
40 Flight stat.
43 Wine list presenter
45 Maine dish
47 __ polloi
48 Digestive protein
52 Rigg who played Mrs. Peel
53 Brillance
54 Internet calling service
55 One of 16 in a 4x4 tile: Abbr.
56 Enthusiasm
57 Catch, as a fish
58 Being, to Brutus
59 Storage receptacle
60 Colorful card game
61 Actress Charlotte

**Thursday's solution**

Across
1 SMITH
2 BLOG
3 DARES
4 FACES
5 TIE
6 HOLE
7 SHORTS
8 TIE
9 PLAINS
10 SHEEPSHEARS
11 TIE
12 NORTH
13 DASH
14 SHIELD
15 ECQUI
16 ANTI
17 SPIRIT
18 LAL
19 EGG
20 TRISK
21 SANE
22 EAST

**Sudoku by the Mepham Group**

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<th>7</th>
<th>2</th>
<th>1</th>
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</thead>
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<td>9</td>
</tr>
<tr>
<td>9</td>
<td>7</td>
<td>3</td>
<td>6</td>
</tr>
</tbody>
</table>

<table>
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<th>1</th>
<th>9</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>8</td>
<td>9</td>
<td>2</td>
</tr>
</tbody>
</table>
```

**LEVEL:** 1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

**Thursday's Solution**

```
<table>
<thead>
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<th>1</th>
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</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>2</td>
<td>6</td>
<td>3</td>
</tr>
</tbody>
</table>
```

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207 Welch Ave. / 222-2334
Clocktower/Campustown

**Thursday Top Shelf Night**

Over 140 DIFFERENT liquors to choose from...
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**So Many Choices**

Every Liquor We Carry: $2.50/Single and $5/double
Try Our Martinis! $5
Weekly Horoscope by Jennifer Shepherd

Aries March 21–April 19
You’re prepared to make a fresh start, courtesy of the sun. You’re ready to let go of the past and create a brighter future for yourself. This is a good time to make peace with past enemies, competitors, or romantic partners you once had bad vibes with.

Cancer June 22–July 22
The moon is bringing you a spirit of peace and transcendence. You’re connecting with very positive spiritual forces right now. Take time to visualize your ideal relationship, your dream career, and other things that you want to manifest.

Taurus April 20–May 20
Lately you haven’t been too focused on romance, but that’s about to change. Venus will soon remind you that it’s nice to be with a special person and have somebody to share your life with. If you’re single, consider scheduling a few dates.

Leo July 23–Aug. 22
The sun will be in your sign for the next four weeks, and this is your spiritual New Year. It’s a good time to make lists of what you want to achieve and to make big plans. Include your sweetheart in your schemes so he or she doesn’t feel left out.

Gemini May 21–June 21
Your sign is represented by the twins, and this means that you have a dual nature. It can be hard for you to make decisions because you always see other options. This week the moon is creating some confusion for you about what do in a romance. Chill out.

Libra Sept. 23–Oct. 23
People around you could be behaving in bizarre or unpredictable ways, thanks to a moon opposition. You don’t like melodrama, so try not to give too much energy to people who are acting like drama queens or trying to drain your energy.

Scorpio Oct. 24–Nov. 2
This is a good time to focus on improving your physical health. Think about joining a gym, starting a new fitness plan, and eating right. Jupiter is encouraging you to take better care of yourself. See if your honey will join you on this new health kick.

Capricorn Dec. 22–Jan. 19
You’re hitting a nice groove with a relationship. If you’re with someone, you’ll find that you’re getting along better than ever with your sweetheart. And with Venus helping you, you should soon meet somebody nice if you’re still single.

Aquarius Jan. 20–Feb. 18
There’s a full moon in your sign this week, and you’ll be attracting lots of attention. If you go to a party, everybody will want your phone number. If you’re at a job fair, lots of companies will want to hire you. Things are looking up.

Virgo Aug. 23–Sept. 22
Mercury is finally out of retrograde, and things are slowly returning to normal for you. You’ve recently had some great ideas about how to do things differently. Apply these strategies to both your personal and professional life.

Sagittarius Nov. 22–Dec. 21
A friendly sun is making you adventurous. You’ll ask three strangers out on dates while cold calling business prospects and presenting yourself in a bold way. Being assertive will work out well for you this week.

Pisces Feb. 19–March 20
Saturn has been changing your life for some months now, and those changes are finally starting to be more visible. You may have changed jobs, residences, or relationships. Soon you will notice how positive these shifts have been for you.

Fun Facts

As late as the 1800s, some American women received thimbles as symbols of their engagements.

To deter nativity scene theft, BrickHouse Security provides free GPS trackers that can be installed in Baby Jesus.

One way lima beans defend themselves is by emitting a chemical warning system against spider mites (which eat lima beans) that attracts predators of spider mites.

Chewing gum does burn off calories, but it would take two weeks of continuous chewing to burn off the equivalent of one pound of fat.

King County, Washington, managed to keep its name while changing its namesake. Originally named for William King, it was “renamed” in 1986 for Dr. Martin Luther King, Jr.

Moe’s take on growing up with Shemp: “Impossible crybaby...a general creator of disturbances.”

The dishwasher was invented by Josephine Cochrane—a socialite who was tired of servants breaking her expensive dishes.

Each year, about 450 men die of breast cancer in America.
### Daily by the day

#### Thursday
- **Ames Municipal Band Concert**
  - **What**: the Ames Municipal Band concert, conducted by Michael Golemo
  - **When**: 8 p.m. to 9 p.m.
  - **Where**: Durham Bandshell

- **Summer Sidewalk Sales, Downtown Ames**
  - **What**: Enjoy end of summer savings and get an early start on back-to-school shopping in Downtown Ames July 25-27!
  - **When**: Thursday
  - **Where**: Main Street Cultural District

#### Friday
- **Family Time at the Park**
  - **What**: Dig into reading with storytime in the park! This week’s theme is Diggin’ for Treasure. Come to the park to do Pirate and Treasure themed activities, games, and crafts!
  - **When**: 10 a.m.
  - **Where**: Bandshell Park

- **Live Music at Snus Hill Winery!**
  - **What**: Make your way to Snus Hill Winery to enjoy an evening of live blues, classic rock, and R&B music with Backstage Boogie Band!
  - **When**: 6:30 p.m. to 9:30 p.m.
  - **Where**: Snus Winery Hill, Madrid

#### Saturday
- **Adult/Child Canoe Trip**
  - **What**: Join Story County Conservation for a canoe trip down a central Iowa river!
  - **When**: 9 a.m.
  - **Where**: Story County Conservation Center, McFarland Park

- **North Grand Farmers’ Market**
  - **What**: Shop fresh, local goods and products at the North Grand Farmers’ Market every Wednesday and Saturday from April through October
  - **When**: 8 a.m. to 1 p.m.
  - **Where**: North Grand Mall

#### Sunday
- **Live Music at Snus Hill Winery!**
  - **What**: Make your way to Snus Hill Winery to enjoy an afternoon of live blues with Hot Tamale & The Red Hots!
  - **When**: 2 p.m. to 5 p.m.
  - **Where**: Snus Winery Hill, Madrid

- **Bookends at the Bandshell**
  - **What**: Take time for tunes and enjoy a little summer fun outdoors with a free concert at Bandshell Park!
  - **When**: 6 p.m. to 8 p.m.
  - **Where**: Durham Bandshell

#### Monday
- **Food in the Gardens**
  - **What**: Join Reiman Gardens as they host chefs and nutrition experts from across central Iowa to show you how to make the best healthy dishes from the foods found in your own garden!!
  - **When**: 6 p.m. to 8 p.m.
  - **Where**: Reiman Gardens

- **ASU 14U Nat. Softball Tournament Opening Ceremonies**
  - **What**: Join the Neveda Parks & Recreation for the ASU 14U National Softball Tournament Opening Ceremonies! Event will include a dance, photo booth and other formal opening ceremony activities.
  - **When**: Wednesday
  - **Where**: Nevada, Iowa

- **Dog Days Expo**
  - **What**: Bring your furry friend out for a fun afternoon at the first Ames Dog Days Expo and learn how to have a happier, healthier pet or even enter your pet in the cutest dog contest!
  - **When**: 2 p.m. to 5 p.m.
  - **Where**: City of Ames Dog Park

- **Monday’s at The Garden**
  - **What**: Join us in the garden! Children can learn how to help keep the garden healthy and beautiful with guidance and hands-on experience.
  - **When**: 8 a.m. to 9 a.m.
  - **Where**: Squaw Creek Community Garden.