Women of achievement awarded by the YWCA

By Kate Pagan
@iowastatedaily.com

Three ESI women were given distinguished awards at the Young Women's Christian Association conference Thursday. The Association Ames-ISU conference attracts these women every year that represent their misuse of language, racism and classism.

The women awarded were part of YWCA's ESI faculty, staff and students. They were awarded in the three categories: Volunteerism, Women of Achievement, Rising Star and Scholarly Recipient.

The Association Ames-ISU Conference on Race and Ethnicity is an important event for the university to include encounters with professors and for the university to include awareness of the Deaf community, said Mack Shelley, professor of political science at Iowa State.

Organizers of the YWCA conference awarded the YWCA's distinguished awards at the conference Friday, which will be hosted by Iowa State's Board of Regents in downtown Ames.

Organizers have announced that Assistant Professor Bruce Rastetter, who also serves as the director of the Iowa Board of Regents, will be the keynote speaker at the event, which will be held by Iowa State's Board of Regents in downtown Ames.

Dr. Kathleen Wong (Lau) included the category of volunteerism, women of achievement, rising star, and for the university to include...
Weather
FRIDAY Mostly sunny.
Saturday Mostly sunny.
Sunday Partly cloudy.
Weather provided by ISU Meteorology.

March 4
An individual reported receiving harassing communications at Arrow Hall (reported at 12:50 a.m.).

An officer initiated a report of attempted car theft, unspecified location (reported at 5:57 p.m.).

An individual reported being the victim of a fraud at Armory (reported at 11:51 a.m.).

March 5
An officer investigated a property damage collision at 13th Street and Stange Road (reported at 6:16 p.m.).

Police Blotter

Amer Public Library to host International Women’s Day
By Matthew Rusch
Iowastatedaily.com

The Ames Public Library will host International Women’s Day “Make it Happen” on Sunday in the second floor auditorium.

The event will feature an evening of discussion as small groups over tea and refreshments about women’s issues in different areas throughout the world.

After refreshments, a panel discussion will share thoughts from the small groups, including ideas for individual action people can take to influence change and make a positive difference.

The event is free.

The event is sponsored by the India Cultural Association, the Iowa Resource for International Services, Friends of International Women, YMCA USA-Juice, the Arvada Care Center, Extending Shulph & Support, Wholefood Co-op, Worldwide Goods and Ames Public Library.

The library will also be serving “Dark XVI” from 6 to 9 p.m. in the Dan Foss Room.
The gathering will kick off with 30 minutes of music in between.

Relay for Life schedule in Lied Recreation Center
FRIDAY
7:00 p.m. Opening ceremonies and the National Anthem
7:30 p.m. Survivor/Caregivers Walk
8:00 p.m. Luminaria, survivorship, caregiver lap
10:11 p.m. Luminaria, survivorship, caregiver lap
11:10 p.m. Talent show
11:30 p.m. Talent show
Free lunches provided by Catholic Student Community organization
By Malekara Tendall
Iowastatedaily.com

The Catholic Student Community organization will hand out 250 sack lunches outside of Park Library on Friday.

The student organization, affiliated with the St. Thomas Aquinas Church, will hand out the lunches containing gourmet potato salad, veggie salad and a piece of fruit from 11:30 a.m. until noon.

The Catholic Student Community student organization said it plans to keep students to be open to approach the club or feel like “they are being roped into doing something or are going to be pushed”, Tendall said.

The organization said it plans to increase interfaith relations between students to “create more dialogue with students of other religious and faiths,” according to a press release.

Corrections
In Thursday’s Page 2 story “Coach finds Hobnobs to top four of betting college Charles” the Daily misspelled Hobnobs.

The Daily regrets the error.

The Iowa State Daily welcomes comments and suggestions about errors that warrant correction. To submit a correction, please contact our editor at 515-244-5688 or via email at editor@iowastatedaily.com.
A new club focused on wind energy has formed two years after Iowa State erected a 260-foot-tall wind turbine.

By Kelly Schiro
@iowastatedaily.com

Students interested in wind energy can half, pull and blow their way into a new club,风能俱乐部. Wind Energy Student Organization focused on wind energy.

The Board of Regents transparency hearing didn’t attract a single witness to the meeting at the Memorial Union restaurant on Thursday. Transparency hearing take place before all regents meetings.

By Daniella Ferguson
@iowastatedaily.com

The latest transparency hearing required by the Board of Regents went unattended Thursday. The meetings serve as an opportunity for the public to give comment on the upcoming agenda. A transparency task force conducted a review from April to August 2013. The task force recommended the board hold these meetings on every regent campus prior to each meeting. The agenda must also be released at least 48 hours before each meeting.

Since the first transparency hearing required by the Board of Regents in 2013, Iowa State has held seven public meetings, five of which were held in 2013 and four in October 2013 regarding the tuition freeze for resident students.

The March Board of Regents meeting will be Wednesday at the Main Library and Iowa Memorial Union. The full regents agenda can be found at regents.iowa.gov.

According to the U.S. Energy Information Administration, Iowa produced 15 million megawatt hours of electricity, second only to Texas, which produced 36 million.

Sixty percent of Iowa’s students are interested in working in the wind energy industry! According to the United States Bureau of Labor Statistics, the average annual salary for workers range from $38,130 to $98,790, a salary range that is expected to rise in the coming years.

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Animal cruelty is our responsibility

By Madison Ward

www.iowadaily.com

Every family has a beloved pet, just as some have two parents and some don’t. In the United States, about 43 million households, or one in every five, have a family that might not look like everyone else’s — a family with four legs and fur — but is just as important.

If you have a dog at home, or yet to get that many, you know that kind of family bond you feel toward them. I know I do. I recently had two dogs suddenly pass the house but we didn’t mourn them because we are not as much a family of cut as we are of people. So obviously we never want anything to happen to them by accident, let alone death as it is because of us. However, not everyone feels the same.

As of December 2014, 45 percent of all animal abuse cases reported to the ASPCA were against dogs, with some experts estimating the true number is even higher. Yet, few people consider the impact animal cruelty has on families and the emotional toll it can take on their bond with their furry friend.

But I do. And that’s why I started posting “House of Cards” episodes or you know, just as some have two parents and some don’t. In the United States, about 43 million households, or one in every five, have a family that might not look like everyone else’s — a family with four legs and fur — but is just as important.

Animal cruelty is a serious issue that affects one in every five households in the United States, and it’s time we start thinking about what we can do to help prevent it.

First, we need to educate ourselves and others about the impact animal cruelty can have on families. It’s important to have open and honest conversations about this issue, and to make sure that those conversations are respectful and non-judgmental.

Second, we need to support organizations that work to prevent animal cruelty and provide resources for those who have been affected by it. This could include donating to organizations, volunteering your time, or even just spreading awareness on social media.

Finally, we need to be mindful of our own actions and the impact they can have on animals and their families. This means being responsible pet owners, being mindful of how we treat other animals, and being respectful of others who have pets.

Animal cruelty is a serious issue that affects one in every five households in the United States, and it’s time we start thinking about what we can do to help prevent it. Let’s work together to make a change and create a kinder, more compassionate world for all animals and their families.

By Christopher Reck

_character political science student

My name is Christopher Reck and I am the current president of the ISU Animal Rights and Advocacy Society. Every Wednesday, I spend four or five hours either at the Iowa State University’s campus or at the Memorial Union, or once a week we run a booth in the downtown area, in the free speech zone outside of Park’s Library. This event is called Ask an Atheist.

Since my time at Iowa State College is coming to an end, I thought it would be fitting to leave you with a message that I believe is important, especially during this time of year. This message is not a personal opinion, but rather a reflection of the values and beliefs that underpin our society.

As a society, we face many challenges and issues that require our attention and action. One of these issues is the treatment of animals. We often hear about animal cruelty and neglect, but how do we as a society respond to these issues? What can we do to make a positive impact?

To begin, it is important to educate ourselves about the treatment of animals and the impact it has on our society. This can be done through reading books, watching documentaries, or attending events and talks on this topic.

Next, it is important to get involved in organizations and initiatives that work to promote animal welfare and advocate for animal rights. This can include volunteering at animal shelters, donating to animal welfare organizations, or participating in animal rights activism.

Finally, it is important to be mindful of our own actions and the impact they can have on animals. This means being mindful of how we treat animals in our own lives, and being respectful of others who have animals.

In conclusion, we must all work together to create a world where animals are treated with respect and compassion. This requires education, involvement, and mindfulness. Let us all do our part to make a positive impact on the treatment of animals. Thank you.
The message is now single

The women’s Big 12 championship tips off Friday at the American Airlines Center in Dallas, but with the way the Cyclones have performed, there’s no need to rush to buy tickets. The team has a definite advantage heading into the tournament.

Boylan, who is currently the top seed in the conference tournament, said the team has been going back-to-back losses in its final games of the season, including one at Iowa State. With the confidence lacking out of the way, it didn’t seem the Cyclones have found some extra confidence heading into this tournament.

In this conference, if they play like they know how to play, any team can win. It’s not like the NCAA Tournament, where you can’t lose until you lose to a team that’s better than you, at least in theory.

In the tournament, you have to win a game to keep going.

Iowa State Women’s Basketball Newsletter

The Iowa corn Cyclones have been upset in the past years, but with the leadership of senior guard Nikki “Kidd” Blaskowsky, it seems the Cyclones have found some extra confidence heading into the tournament.

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Iowa State Women’s Basketball Newsletter
Senior Caitlin Brown leaves her mark on ISU gymnastics program

By Luke Manderfeld

Senior Caitlin Brown is a two-time Academic All-Big 12 First Team member and is the team captain of ISU gymnastics. She is also the only member of the team who will be completing her final season in cardinal and gold.

"(Brown) came in as the top representative of the team which is a very difficult place to be," said ISU gymnastics coach Jay Ronayne. "Most people have already hit their career highs on the beam and Brown just -- regaining duplicate scores of 9.875 to 9.9 both years at that game, is more of a long way since her early years," Ronayne said.

"She has earned a multitude of milkshakes and banner moments."

Fast forward to this season. A significant junior season has passed for Brown with the rebuild of new hopes and dreams in the NCAA Tournament — the same tournament that eliminated the Cyclones this season, going 2-1-1 in the season series. The Sooners, a No. 2 seed, defeated the Cyclones this season, going 2-1-1 in the season series. The best team in the nation.

"Most likely, if the Cyclones want to get the job done, they have to bring a good brand of hockey," Fairman said. "We are going to need to play the way we can play."

"The Sooners have got slightly more of the Cyclones this season, going 2-1-1 in the season series. But I think our team and our Cyclone hockey coach Jay Ronayne have learned that we are looking to use that experience to our advantage when we play the Sooners."

"We or her team be," said former Coach Chris Lee Young. "She pushes everyone. She is a hard worker. She picks up some new things and to get the job done, it is a little early to think about University on Saturday, Cyclone Hockey will compete in its first game of the 2015-16 ACHA Collegiate Hockey National Tournament against Oklahoma on Saturday.

Senior Antti Helanto recovers the puck against Midland University on Saturday. Cyclone Hockey will compete in its first game of the 2015-16 ACHA Collegiate Hockey National Tournament against Oklahoma on Saturday.

Senior Caitlin Brown is a two-time Academic All-Big 12 First Team member and is the team captain of ISU gymnastics. She is also the only member of the team who will be completing her final season in cardinal and gold.

"I could not believe that it was her senior year," Brown said. "I feel like I just walked in the gym for the first time yesterday."

"I've been a freshman from Apple Valley, Minn., the lone representative from our hometown on the journey on which she was about to embark."

Brown has been instant at the ISU gymnastics team, earning the accolade "Team Rookie of the Year" as a sophomore and "Senior of the Year" as a senior. Also making her collegiate debut on the road against Missouri, Brown went on to log scores reaching and exceeding in the three events she competed in her rookie season.

"It was not until March that Brown began competing all-around due to the injury prevention Brown from combining all-around for the remainder of the year, constraining her to the sidelined for four more meets that she was able to compete.

"The young three-event gymnast from the class of 2015 is quite ready to bid farewell to ISU senior gymnastics at Beyer Hall for the first of what would become her final season in the form of a concussion."

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Spring Break! How to Save When On
CA Co AZ TX FL CANCún, Mex.

Mileage
Iowa to California: 1,829 miles
Iowa to Arizona: 1,368 miles
Iowa to Cancún: 1,461 miles
Iowa to Colorado: 774 miles
Iowa to Florida: 1,390 miles
Iowa to Texas: 915 miles

Distances
Time spent driving
To Arizona: 27 hours, 40 minutes
To California: 22 hours, 40 minutes
To Cancún: 21 hours, 30 minutes
To Colorado: 11 hours, 30 minutes
To Florida: 20 hours, 40 minutes
To Texas: 13 hours, 30 minutes

Time spent flying
To Arizona: 5 hours, 50 minutes
To California: 6 hours, 25 minutes
To Cancún: 6 hours, 15 minutes
To Colorado: 4 hours
To Florida: 5 hours, 10 minutes
To Texas: 3 hours

Spring break is almost here and students all over campus are making lists of sunscreen and flip flops while repressing their angst to go south of Iowa. With prime spring break destinations such as Panama City Beach, Florida, attracting over 200,000 spring breakers a year, college students need to be able to recognize the signs of a tourist scam. Included are some tips on how to save on everything from where you’re staying to the food you’re buying with some tips in between.

1. Don’t always trust the taxi driver. They often take advantage of your unfamiliarity and take longer routes.

2. Street artists will ask you to take a cd home, and after taking it, demand to be paid. If you refuse, they will cause a scene until money is handed over.

3. Keep track of all of your bags when checking into hotel! It is an easy way for luggage to get stolen in the chaos of the moment.

4. Don’t buy a map! Find one that is free.

5. If it sounds too good to be true, then it probably is. Trust your travel agent and get details of the trip in print.

Before going on spring break research restaurants close to your hotel
Make a list of favorites within your price range
See if your hotel has free breakfast during your stay
Check receipt to see if tip is included
Search for coupons during your meal during spring break

Go to a movie (or two)
Ticket: $8.30

Catch up on Netflix
12.99/mo.

Read a book
$8.99/mo.

Volunteer!
Satisfaction of making the world around you better

Work out
One month membership: $55

If finances are becoming too much of a headache about how you are going to fund spring break, stay home! There are plenty of local alternatives for you and some friends to take advantage of and also get some money in by working a couple hours instead.

Money spent traveling
Driving
Flying

Hotel, Motel, Holiday Inn
Holiday Inn
Kayak.com
Priceline.com

Bon Appétit
Save some $$$!!

Goin’ Up on a Tuesday

Best day to buy a ticket:

1. Check early and often for best prices.
2. Sign up for airfare alerts.
3. Mix and match airlines to get cheapest flight.
4. Shop one passenger at a time.
5. Check bag fees.

MORE TIPS:

1. Don’t & won’t trust the taxi driver.

2. Street artists will ask you to take a cd home, and after taking it, demand to be paid. If you refuse, they will cause a scene until money is handed over.

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Are your spring break plans causing you financial stress?
We can help you manage your money and create a budget you can live with!
Contact the Student Loan Education Office today!
0160 Boweshear Hall | 515.294.0677 | loaneducation@iastate.edu
Horoscopes

By Linda Black

This year's fun gets profitable. Until August, creativity and social play spark rakes in the dough.

TAURUS (April 20-May 20)
Taurus - 7
Don't get sidetracked. Listen to suggestions.

GEMINI (May 21-June 20)
This year's fun gets profitable. Until August, creativity and social play spark rakes in the dough.

CANCER (June 21-July 22)
Cancer - 6
Put an ad in our Sunday Classifieds & GET RESULTS! Call 515.294.4123 or visit www.iowastatedaily.com/classifieds

LEO (July 23-Aug. 22)
Leo - 10
Lowell is a loyal friend when he needs him, but he may not always be there when you need him. He is also a good listener.

SAGITTARIUS (Nov. 22-Dec. 21)
Sagittarius - 8
The Sagittarius is not afraid to make changes, but he must be careful not to change too much too fast. He is also a good listener.

CAPRICORN (Dec. 22-Jan. 19)
Capricorn - 7
The Capricorn is a loyal friend when he needs him, but he may not always be there when you need him. He is also a good listener.

AQUARIUS (Jan. 20-Feb. 18)
Aquarius - 8
The Aquarius is not afraid to make changes, but he must be careful not to change too much too fast. He is also a good listener.

PISCES (Feb. 19-Mar. 20)
Pisces - 8
The Pisces is a loyal friend when he needs him, but he may not always be there when you need him. He is also a good listener.

THE WEEK AHEAD

Friday, March 6

Blackjack is to the Stars. For those who like to play, this is a great week to try your luck at the casino. Be sure to have fun and enjoy yourself, but always be aware of your limits.

Saturday, March 7

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

Sunday, March 8

A day for resting and relaxing. You may find yourself in a new situation, but you will handle it with ease.

Monday, March 9

A day for resting and relaxing. You may find yourself in a new situation, but you will handle it with ease.

Tuesday, March 10

A day for resting and relaxing. You may find yourself in a new situation, but you will handle it with ease.

Wednesday, March 11

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Thursday, March 12

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Friday, March 13

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Saturday, March 14

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Sunday, March 15

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THE WEEK AHEAD

April 13-19

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April 20-26

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April 27-May 3

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May 4-10

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

May 11-17

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May 18-24

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May 25-31

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June 12-18

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June 19-25

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

June 26-July 2

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

July 3-9

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

July 10-16

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

July 17-23

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

July 24-30

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THE WEEK AHEAD

August 10-16

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August 17-23

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

August 24-30

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September 6-12

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

September 13-19

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

September 20-26

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September 27-October 3

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

October 4-10

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

October 11-17

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

October 18-24

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

October 25-31

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

THE WEEK AHEAD

November 11-17

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

November 18-24

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

November 25-December 1

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

December 2-8

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

December 9-15

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

December 16-22

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

December 23-29

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

THE WEEK AHEAD

January 2-8

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

January 9-15

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

January 16-22

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

January 23-29

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

February 1-7

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

February 8-14

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

February 15-21

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.

February 22-28

A weekend filled with surprises. You may find yourself in a new situation, but you will handle it with ease.