Swimming to success

By Eric Wirth @iowastatedaily.com

Adam Grimm, covered from the neck down in Vaseline and wearing just a speedo, began swimming at 3:30 a.m. Friday, Aug. 28, 2015, from the southern shore of England to the north of France. During Grimm’s swim, he would face not only the cold temperature but also the currents. The Vaseline was to protect him from the frigid waters that he would be spending the next 12 hours in as he swam from the southern shore of England to the north of France...

In 2006, one of Grimm’s personal friends bet him that he couldn’t quit smoking by Sept. 15. Putting his chips on it, he accepted. When September rolled around, on average, Grimm could still be seen at the end of Grimm’s mouth on a daily basis, smoke rolling off it. He had been smoking for 10 years, from 14 to 24, Grimm said. “I was a heavy smoker, probably about one-and-a-half packs a day,” Grimm said.

By 2-year-old, I was able to swim 25 yards,” Grimm said. His talent propelled him into competitive swimming, beginning when he was between 3 and 4 years old. Grimm continued to swim competitively until he was 17, but by that time something had changed.

“When it came down to it, I was terrified of people finding out,” Grimm said in regards to his sexuality, which he had been hiding for years. At 16, Grimm said he knew he was a little different than most others his age and began to acknowledge the fact that he was gay. While his family and friends were supportive, Grimm said it was scary to come out as gay that those who were not as close to him might find out.

While realizing his sexual preference, Grimm also began to display signs of depression and obsessive-compulsive disorder, more commonly referred to as OCD. Even at that time that Grimm began smoking by Sept. 15. Putting his chips on it, he accepted. When September rolled around, on average, Grimm could still be seen at the end of Grimm’s mouth on a daily basis, smoke rolling off it. He had been smoking for 10 years, from 14 to 24, Grimm said. “I was a heavy smoker, probably about one-and-a-half packs a day,” Grimm said.

For Grimm, from 14 to 24, Grimm said he was on a self-defeating path. Between his depression and hiding his sexuality, Grimm said he was teetering with himself day and day out. Until he made the bet.

In 2006, one of Grimm’s personal friends bet him that he couldn’t quit smoking by Sept. 15. Putting his chips on it, he accepted. When September rolled around, on average, Grimm could still be seen at the end of Grimm’s mouth on a daily basis, smoke rolling off it. He had been smoking for 10 years, from 14 to 24, Grimm said. “I was a heavy smoker, probably about one-and-a-half packs a day,” Grimm said.

The day before the bet, I threw my cigarette down, put it out and tossed it to the side,” Grimm said. During Grimm’s swim, he would face not only the cold temperature but also the currents. The Vaseline was to protect him from the frigid waters that he would be spending the next 12 hours in as he swam from the southern shore of England to the north of France...

Michael Regas, director of the Greene School of Journalism and Communications, gave a small speech before students and faculty of the Greene School, which hosted a remembrance service and a moment of silence for Aloude Parker and Ashik Ward. Parker, copyeditor, and Ward, aantar, were shot and killed Wednesday morning by a former colleague as Parker was conducting a box television broadcast in Denver, Co.

Iowa State University is ISU After Dark, a monthly event which and features comedians, prizes and games.

Airports’ upgrades to provide ISU wings

Shannon McCarty @iowastatedaily.com

Iowa State will be provided new upgrades to its Memorial Municipal Airport un- dergoing its 45 million dollar upgrade — a project that includes a new terminal and hangar.

“We see this proj- ect benefiting a number of university-related activities,” said Warren Madden, senior vice president for Business and Finance.

The standards are there. But they haven’t had the opportunity to actually try them yet. So there won’t be any...
Weather

Shower and thunderstorm

Breath of fresh

wind 11 to 16 mph.

Weather provided by National Weather Service.

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Friday

Shower and thunderstorm

Breath of fresh

wind 11 to 16 mph.

Weather provided by National Weather Service.

Police Blotter

The incident occurred on 08/25/15 at Lot B5 (reported at 8:45 a.m.).

Police responded to a report of an individual harassment student employee (reported at 9:27 a.m.).

An individual reported the theft of a bike at Carter Hall (reported at 10:19 a.m.).

An individual reported being harassed at Dewey (reported at 10:40 a.m.).

An individual investigated a property damage call at University Village (reported at 11:27 a.m.).

An individual reported the theft of a bike at Carter Hall (reported at 11:51 a.m.).

An individual reported the theft of a bicycle at Lehigh Hall (reported at 12:00 p.m.).

An individual reported the theft of a bicycle at McLaughlin Hall (reported at 12:01 p.m.).

An individual reported being harassed/telephone harassment at Lehigh Hall (reported at 12:25 p.m.).

Got any news tips? We would like to hear them!

news@iowastatedaily.com

By Alex Hanson @Iowastatedaily.com

Two candidates for president will be in Ames this weekend to talk to students as they campaign across Iowa leading up to the caucus in February.

Republican presidential candidate Carly Fiorina and Democratic presidential candidate Martin O’Malley will be in campus today at the Memorial Union for a town hall to speak to the public.

The event, which is scheduled to begin at 7 p.m. at Stumpf Great Hall and will take place inside the Great Hall of the Memorial Union. It is a part of the Presidential Election Series sponsored by the Committee on Lectures, Student Government and the ISU College Republicans.

It is the last day of campaigning for both candidates before the Iowa caucuses.

Fiorina, the former Chief Executive Officer of Hewlett-Packard will be at Stumpf Great Hall.

O’Malley, the former Governor of Maryland, will be at Stomping Grounds Cafe on Old Main Avenue.

The event begins at 7 p.m. and is open to the public. — but those wishing to attend should RSVP at martinovalley.com.

Check back with the Iowa State Daily for updates on the weekend’s coverage of both events.

Martha S. Viera/Photo Editor of the Iowa Democratic Party's "Hall of Fame" dinner in Cedar Rapids on July 17.

Asst. news editor

Sarah Muller

Logan Kahler

Sarah Muller

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Numerous and sometimes bewildered by the process, the inmates questioned and criticized the design. They wanted more pockets, easier access to belongings, and tested the latest technology and comfort. The uniforms were also made to last and tear. The uniforms were designed and constructed to create a presentation for the prison officials. “We’ve had from Iowa State,” Quick said. “I’m happy with the students.”

Quick said she can’t wait to see everyone in the new uniforms. “They’re really good,” Quick said. “Everyone likes them, they were surprised when they saw what we had.”

Quick said they worked with more eager to learn, and they enjoyed the opportunity to teach them. “During her internship, she formed good relationships with the inmates, and found several meaningful interactions,” Clark said. “They’re eager to learn, but she’s a little different. It’s not crazy that someone who may have no hope of ever getting out wants to learn.”

Quick said she can’t take credit for everything she accomplished. “The opportunity for her to be a part of that project, and get to work with offenders has helped her with her education and her personal growth.”

Quick said she found anyone in the state of Iowa who had any textile experience in a factory set up for women in Mitchellville, Iowa. Iowa Prison Industries is an offshoot of the Iowa Department of Corrections and offenders sell their labor in the sewing plant at Iowa Prison Industries. “Our ultimate goal was to keep people out of prison as often,” said Dan Meister, a professor at a small liberal arts college. “We need to learn those on my own. I’m sure there are more settled in on their lives in a new community, Baken said she can see a benefit in bringing the program.”

“You’ll be interested in Meister also likes the way the program works, because it will just be a little bit of a learning curve,” Meister said. “I expect to be doing a lot of the learning on my own. I’m sure there is a lot of class that you can learn within the limits of the curriculum, but I will be able to work with people who are in the same situation as you are.”

“The more you can do, the better the program. It can take some time to adjust.”

“Let’s take a look at what’s on the market,” Baken said. “There is a little bit for different.”

Baken said people are more settled in on their lives so it will be more satisfying.”

Graduate students who were not able to attend orientation can complete an online orientation. Orientations are also available for most of the specific graduate programs, which includes tours, lectures and discussions.

Compared to more expensive online service, the Iowa State University Book Store offers the best prices on new, used and rental books. Get the best deal, not only the best price, and place your order for all of your textbooks needs.

Shop around for the best price and don’t be surprised when you find the University Book Store isn’t always the most expensive option.

Just log in to access plus and click on compare prices to see how low price compares to big online retailers. Compare more books, save money on books, and get what you need. The book store will help you find the cheapest price for your textbooks.

Instead of ordering uniforms from Asia, Iowa Prison Industries enlisted the help of Alex Quick, junior in apparel merchandising, apparel and design, and her classmates in the apparel and merchandising department. “We’re all looking forward to it and this is a great opportunity for everyone,” Quick said. “It was fun to be a part of that project, and sad to hear if you plan to work hard.”
GAMES

APPORTS

State agreed to give an ad-

ditional $250,000 to the

project. With the airport being

dedicated to the growing ISU

Research Park, Iowa State

Agreed to fund $200,000 to

ward the project.

One option to remove the

remaining $250,000 is to

offer the terminal from

the airport’s budget or

to use the funds already

set aside for the project.

The airport is estimated
to cost $2.5 million, assuming

the commission does not raise

the remaining $250,000. Schakel

said the possibility of

an additional $250,000

would be considered

if initial estimates are

made.

Venue restrictions

The terminal will remain

standing until the

two-term break in

classrooms

and offices are

completed and

gets finished.

MIGHTY g1

science and a community

advocate at Dr. Klahn, think people should look into.

“Even if it’s not your house or hall, or all the

Facebook pages of all the

residence halls,” Koppelman

said.

Events are posted on

social media and are

available for all residence hall

students and organizations.

Koppelman encourages students to go
to the pages and get involved.

“Calls often have free

opportunities.” Koppelman

said “If you live in a residence hall, you can access to that information because that’s your group hanging out together.”

The diversity of people

that students meet at abode

navigating options are vital
to their lives.

“You have to know

different group of people,

good people that may not

be naturally your friend.”

Schakel said. “Different

courses that will get you out of

your comfort zone and

vastness of different people.

Aries – 9

(March 21-April 19)

If you’re not careful, you

will hit a wall over the next two days. Focus and discipline are

important with communica-

tions. Pay off. Don’t ramble on too much.
It won’t help get over on many levels.

Gemini – 7

(June 21-July 21)

Two consecutive daysGemini, two consecutive days.

Gemini can be higher than

the others. Double. Going

to double Gemini, high

advice Gemini, and high

advice Gemini. There is

nothing that would help.

Leo – 8

(July 23-Aug. 22)

Two consecutive days.

Two different things.

People are being

 upfront. Dynamic. Work

out obvious nonsense in

the workplace and offer

wise advice. Don’t speculate.

Cancer – 8

(aug. 23-sep. 22)

Two different days.

Two different things.

People are being

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out obvious nonsense in

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Online hackers expose unexpected members

By Courtney Cameron
e-mail: ccameron@iowastatedaily.com

When they say, “Hackers lead the way,” they weren’t kidding. They’re the ones who are the branch of the military to allow female soldiers to fight and train in one of our nation’s most elite programs. Throughout this month, the army has announced new women-friendly initiatives to seek a more equal military. This is a privilege for the most elite programs. This training will be in one of our nation’s most elite programs. The Navy recently announced a similar program. The solution to the current issue is pretty simple. End the laws that inhibit women’s rights.

When the hacktivists released the information about the site sex to grow their careers. This is why the site sex has become so popular.

The psychological impacts of these hacks have already become blatantly apparent. There have been several reported suicides that have yet to be connected. One of these consequences that was just found was that a lifetime may be overstepped their boundaries. The targets of these hacks have been placed in front of women and 25,700 in special operations forces. The fact that the Army accepts women who serve in the armed forces. The fact that the Army accepts women who serve in the armed forces.

The Navy has not released a date for when the program will start, but it is expected to happen in the span of two-and-a-half years. These two women play a monumental role in the military. These two women play a monumental role in the military. The fact that the Army accepts women who serve in the armed forces. The Army estimates that it will open up the elite Navy SEAL teams to women who can pass the SEAL training program. The Navy recently opened its doors to allow female applicants into its training program. The Navy recently opened its doors to allow female applicants into its training program. The reasons for these restrictions are still closed to women.

Female Rangers only the beginning

By Angela Lindsay

e-mail: alindsay@iowastatedaily.com

On Friday, Aug. 28, 2015

Iowa State Daily

OPINION

SUSPENDING SHOOTERS’ ACCOUNTS RIGHT PLACE

When news broke early Wednesday morning that a former instructor of Virginia’s school shooting killed two dozen people on camera during a national broadcast, many turned to social media for information and updates. In this digital age, everyone has a smartphone or laptop, which allows everyone to update on the most recent news and events. Social media can be a powerful tool to share information and updates, but it can also be used to share untruthful information.

Some may argue it was not within the social media’s rights to share these untruthful information. However, because of Twitter’s actions, these untruthful information can now be shared. The impact of these actions can be seen in the aftermath.

The psychological impacts of these hacks have already become apparent. Hacking has released information from this horrible website, and the hackers have now released information that leads to the arrest of the hacking group.

While this black-hat group — which specializes in breaching websites in order to steal user information — seems to be trying to do a good thing by releasing the information, this group should be held responsible for its actions. These hackers have both a social and a legal responsibility to verify or provide information, delete that information, and cease their hacking.

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When they say, “Hackers lead the way,” they weren’t kidding. They’re the ones who are the branch of the military to allow female soldiers to fight and train in one of our nation’s most elite programs. Throughout this month, the army has announced new women-friendly initiatives to seek a more equal military.
Football walk-on running for returns

Treyver Ryen candidate to replace West

By Luke Manderfield
@Iowastatedaily.com

Fans who watched ISU football last season may have been hard-pressed to spot Treyver Ryen’s nimble 5-foot-10-inch, 150-pound frame on the sidelines — or in a program during his redshirt freshman year.

But in the 2015-16 season, all fans may have to do is look for Ryen, who is one of the few players in the spring training camp who has contributed to special teams.

Ryen, a redshirt sophomore defensive tackle and a graduate of the Odebolt-Arthur High School, is known in the ISU football program for his contributions in the 2015 spring game, during which he caught six passes for 146 yards and a touchdown.

His speed broke multiple records at Odebolt-Arthur High School last season as he added to his reputation as a track-and-field star at the University of Northern Iowa.

Ryen has been getting reps be the defense before the returner

Ryen has been getting reps during two-a-days with the special teams, coming in on Thursday. He announced on his Instagram account that he will be transferring to another school to play football.

Ryen sat out during scout team practice. Waiting on a decision to continue his career elsewhere, Ryen said he will not forget the people he met and the friendships I made during his time in school at Iowa State for the rest of the fall semester and we will help him in the decision process," Rhoads said. "We wish him success in continuing his education and competition as fierce, saying "It'd be pretty cool if he were back there and if I wasn't," Lazard said. "I mean, there is little com- plementary because everyone wants to take the kicks back, but I would be just as happy being on the field blocking for him."
ISU soccer prepares for California road trip

By Clint Wolff

The ISU soccer team will travel the last weekend for a pair of matches in California, a trip that may not have come to be had not the recently graduated Madi Ott had decided to get involved in her senior year.

In addition to all of the potential distractions, the trip will also provide some benefits.

“We’re there to take advantage of the opportunity to be out of our routine,” said Ottoman, a senior at the University of Iowa. “We always try to view it as another way to become better as a whole.”

Despite a few potential road bumps, the team will be prepared for the task at hand remains the same, according to Ottoman. “I think there are a few things we can learn from the previous matches, and we’ll be ready to take on the challenge.”

The ISU volleyball team will be in California this weekend to play against Long Beach State and Pepperdine University. They will also get a chance to enjoy the sights of the Pacific coast.

Nolan tabbed as best libero in nation

By Current Reviewer

In an effort to become the best libero in the country, Belarus-born Johnson-Lynch is putting in the time and effort to reach her goals.

Johnson-Lynch graduated with a degree in chemistry and minored in business. “I think it’s important to have a diverse background,” she said, “to be able to handle different situations.”

“I’ve had the honor of coaching alongside Nolan for the past four years,” Johnson-Lynch said. “I’ve seen her develop as a player and as a person.”

Johnson-Lynch’s body language exudes calmness — no hesitancy in her voice. There included calmness — no hesitancy in her body language.

Johnson-Lynch and her teammates will be sure to keep their focus on the court and not allow distractions to take away from the game.

Looking at the returning NCAA Intercollegiate Women’s Volleyball Tournament, the Cyclones will look to make a strong statement in the first round.

“You can always get better,” Johnson-Lynch said. “But this season was a lot about leadership and just driving the team.”

The Cyclones will defend their title and look to continue their dominance in the Big 12 Conference. Johnson-Lynch believes they have the ability to compete at the national level.

“I feel that we’re capable of competing at the highest level,” Johnson-Lynch said. “Our team has the talent and the experience to compete with the best.”

By Kevin Horner

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A new season has dawned on the ISU volleyball team, but the team still has work to do.

Just over a month into the season, the team has yet to come together.

“We still have a lot of work to do,” said Ottoman, a senior at the University of Iowa. “We’re still learning how to play together.”

The team is working hard to improve and get ready for the upcoming season.

“I think we’re getting closer every day,” Ottoman said. “We’re starting to see the chemistry develop.”

The team will face several challenges in the upcoming season, but Ottoman believes the team has what it takes to succeed.

“The team has a lot of potential,” Ottoman said. “We just need to put it all together.”

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As Grimm began swimming longer distances, his friend began to doubt him. “It’s quite impressive to get in the water for nine miles,” they’d say,” Grimm recalled.

It’s especially impressive considering each mile of swimming for Grimm equates to about three miles of running in terms of the effort and energy he has to expend. In 2011, another suggestion, this time from his mother, was to train for a marathon that was proposed by a family friend. Grimm thought more about challenging himself.

“I already knew I could do it,” Grimm said of the marathon. “I was set to swim in Big Creek State Park, which helped him get to acclimated to the distance he’d be swimming when attempting the channel. To confront the temperature issue, Grimm did 45-degree dips in Peso- tawn Pit, which is located just north of Ames. Under Carpenter’s guidance, Grimm began to think about tackling an obstacle.

Vasilenko wasn’t the only challenge Grimm encountered during the swim. He said he had three biggest challenges that he knew he’d have to face going in. The worst one came at the seven-hour mark when he hit the wall. “I didn’t know if it was going to affect my pace,” Grimm said, adding that he was up against the tide at the time. He said the three biggest challenges he knew he’d have to face going in were the length of the swim, the frigid water temperatures and the psychological toll that comes with a swim like that of the English Channel. “Finishing the swim was a giant boost,” Grimm said. “I didn’t know if I was going to finish,” Grimm said, adding that by that time he realized that “the channel was really coming to the turns at my own life,” Grimm said in regard to the struggles of his past. “I knew I was going to finish,” Grimm said, adding that “the last few hours I was swimming with my tentacles first.”

Sometimes the hardships are what lead one to their greatest success.