ISU forward sets course for NBA, won't return to play for Cyclones

By Jeremiah Davis
iowastatedaily.com

Three years ago, another ISU forward called a press conference to address his NBA future. In 2010, Craig Brackins gathered media to give ISU fans good news: he was coming back. But this year around, Cyclones fans ached and watched forward Royce White tell everyone he was headed to the NBA after a year to play in an AISL club.

"Every state is a special place and there will always be a special place in my heart for the university and any experience here," White said. "All that being said, it's been decided by the people I trust that becoming a mainstay in probably what I feel is, I won't be returning next year to play here." White said.

On Nov. 2, 2010, Iowa voters decided not to reappoint Iowa Supreme Court justices, leading to the Iowa Supreme Court's 2010 election results which may come from the November election results in 2010. The justices unanimously agreed that an Iowa marriage statute, as of the November election, would not equally belong to all citizens.

Cady's chosen topic on selection and the process of selecting judges that have denied those rights, which, upon the same terms, are denied to any citizen, or class of citizens. Justice Cady, who was the author of the Iowa Bill of Rights, states, "the general assembly shall not grant to any citizen, or class of citizens, which, upon the same terms, shall not equally belong to all citizens."

The justices unanimously agreed that Iowa Code section 93A:2-903 is incompatible with the Iowa Constitution. This clause, which is a portion of the Iowa Bill of Rights, states, "the general assembly shall not grant to any citizen, or class of citizens, which, upon the same terms, shall not equally belong to all citizens." The justices unanimously agreed that Iowa Code section 93A:2-903 is incompatible with the Iowa Constitution. This clause, which is a portion of the Iowa Bill of Rights, states, "the general assembly shall not grant to any citizen, or class of citizens, which, upon the same terms, shall not equally belong to all citizens.

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Royce White grew into the world in a unique way. White's anxiety disorder puts him in a situation where he can't attend college and professional basketball. Though some NBA analysts on the country—most notably ESPN's Doug Gottlieb—warned that his mental illness would deter NBA scouts from taking a chance on a young man with a past and character issues at Iowa State, that didn't deter most that doubt.

White said the biggest reason he felt comfortably going public with his illness and giving details about it was because the city of Ames and the Iowa State community made him comfortable with doing so: "The first big thing, they uplifted me in so many ways," White said. "From the support on the court to al...
Mostly cloudy with intermittent showers. Temperatures in the low 60s.

Slight chance of showers in the morning followed by mostly sunny skies.

A little warmer! Sunny with high temperatures around 69.

This day in 1920:

Challenging the Status quo: A New American Woman

7 a.m.

What:

Valerie Red-Rose, a Chicana activist, is a filmmaker, entrepreneur and membership manager. She has raised or assisted in the financing for several American Indian tribal projects.

Where:

Room 130.

College of Design

Celebrity News

Amanda Peet returns to television.

When we last saw actress Amanda Peet in the dramatic primetime series "The Situation," she was a news anchor’s assistant in English, taking on 358 class sections on campus to discuss class meeting in community rooms (Burlington).

March 17

Gary Corcoran, 56, of Ames, was arrested and charged with assault in an argument at 4:23 a.m. at 1012 E. 16th St. (reported at 6:33 a.m.).

Renee Pope, 31, of Ames, was arrested and charged with disorderly conduct and public intoxication at 3:03 a.m. at 510 S. 16th St. (reported at 3:13 a.m.).

Frank Mulloy, 25, of Ankeny, was arrested at 12 p.m. at 2000 River Road N. He was transported to the Story County Justice Center. He was in possession of a firearm. He was taken to the hospital with a gunshot wound. (reported at 12:02 p.m.).

March 18

Daniel Rufford, 21, of Nevada, was arrested and charged with disorderly conduct and public intoxication at 3:34 a.m. at 1719 S. 16th St. (reported at 3:34 a.m.).

Micheal Wilkinson, 19, of Waterloo, was arrested and charged with disorderly conduct at 3:34 a.m. at 1520 S. 16th St. (reported at 3:34 a.m.).

March 19

Amelia Satterfield, 24, of Lincoln, was arrested and charged with public intoxication at 10:05 a.m. at 1600 S. 16th St. (reported at 10:05 a.m.).

Ann A. Neeley, 20, of Littefield, was arrested and charged with disorderly conduct at 10:05 a.m. at 1600 S. 16th St. (reported at 10:05 a.m.).

April 3

Casey Kaltenbach, 22, of Cedar Rapids, was arrested and charged with disorderly conduct at 3:30 a.m. at 1600 S. 16th St. (reported at 3:30 a.m.).

Contact Information

The Iowa State Daily

ISUCampusTown.com

515-598-9000

9 AM-6 PM MONDAY - FRIDAY

12-5 SATURDAY & 1-4 SUNDAY

200 STANTON AVENUE, AMES, IA 50014

The Resort Coming August 2012

The Resort is for those who believe the world should be a more fun place. For people who have a sense of adventure and a passion for life. A place to enjoy our amazing surroundings.

Story County Justice Center (reported at 10:05 a.m.).

The Statement is a baloney sandwich because The Situation is one of the most powerful and influential media icons in the world. And he’s not even a real person. (reported at 11:05 a.m.).

The Daily is published Monday through Friday during the academic year, except for university holidays, scheduled breaks and major holidays. It is published as a semiweekly on Tuesdays and Thursdays.

All those accused of violating the law are innocent until proven guilty in a court of law. The law enforcement agencies are independent of the newsroom. Articles in these columns are written by by Paul Martinson (reported at 10:05 a.m.).
Red Cross

Drive draws blood, saves lives one pint at a time

By Erin Toohey

The UI Blood Drive is heating its annual blood drive this week.

“I had been one of the largest student

blood drives in the nation, according to ISU Blood Drive website, and at last year, we had 3,500 donors,” said Kate McMillan, a co-director of ISU Blood Drive.

The whole procedure, from registration to evaluation, can take anywhere from 15 to

20 minutes.

“Find out how you can register and get a general idea of what to expect before you do a red cell donation and check your iron, because you have to have a minimum of 11 grams of iron,” said Cory Bryant, junior in kinesiology and health and a co-director of ISU Blood Drive.

After this, if eligible, the donor is escorted to a process which takes double the red blood cells and pumps the plasma back in.

There are many dif

ferent donors will need to show a form of ID, such as a donor card or driver’s license, according to the Red Cross.

“Many students may still be looking for a person not knowing what

they truly want to do with their

lives,” said Cory Bryant, junior in kinesiology and health and a co-director of ISU Blood Drive.

“Every pint saves three lives, and to take an hour out of your day to save three lives is totally

worth it,” said Rich, all members of the Spring Blood Drive Committee, donated their blood and thought it was really important for others to do the same.

McMullen, Jones, Annie Block and Megan Block, all members of the Spring Blood Drive Committee, donated their blood and thought it was really important for others to do the same.

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worth it,” said Rich, all members of the Spring Blood Drive Committee, donated their blood and thought it was really important for others to do the same.
Racism has no place in our society. If you have been to any SU basketball games—or any SU sporting events, for that matter—you undoubtedly heard some heckling comments coming from your fellow fans. There are the classic: ‘F*** that name,’ or ‘kill the N*****s.’ These ones are usually true, coaches (home or away) arebras, and the opposing star is actually a black player. Basically there are no safe havens for racism anywhere. No court, no conference or any other aspect of the game. There’s little that is out of bounds.

Last week, through the offices of the Southern Miss marching band crossed the line.

During the Golden Eagles’ first NCAA tournament appearance since 1980 (the team is now coached by Southern Mississippi marching band members are absolutely racists. The students will also be requiring them to attend cultural sensitivity training. The students will also have their scholarships revoked and were removed from the band. The students will also be

Immigration discussion aside—one topic for another day and another editorial, we’re doing on top of that. New iPad, U.S.M. president Hull and Student Affairs, issued a statement following the incident, calling it a “teachable moment, not only for these students, but for our entire student body and those who work with them.”

We reserve the right to edit or reject any letter

Claire Vriezen, Barry Snell, Mark Ryan Peterson, assistant opinion editor

The Daily encourages discussion but does not tolerate, and the Daily applauds students, but for our entire student body and those who work with them.”

Students, but for our entire student body and those who work with them.”

We hope to never hear such ignorance from a band or its students again. There are the classics: Referees see to the excitement of something we only had speculation on what is important and make the appropriate steps to continue the excitement. It is taking what we say, translating it and completing a task that was not one included with the design.

Apple’s ‘revolutionary’ screen shows strong focus on important innovations

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Heath Verhasselt

Apple’s ‘revolutionary’ screen shows strong focus on important innovations

As you look at a screen with a description that makes you wonder if Apple is serious about pushing the boundaries of technology, there is actually something new and innovative about the screen. The new iPad uses what is known as the “ Retina Display,” which has created a whole new standard for the mobile industry. This screen is made up of millions of tiny pixels that create an image so sharp and clear that it is hard to tell the difference.

Apple’s revolutionary screen shows strong focus on important innovations

When you look at a screen on an iPad, you are looking at a screen that makes you wonder if Apple is serious about pushing the boundaries of technology. Apple is serious about pushing the boundaries of technology, and it shows when you look at the new iPad. The new iPad is the first Apple device to feature 4G LTE technology, which means it can connect to the Internet at much faster speeds than previously possible. This is a big step for Apple, as it allows users to access the Internet while on the go.

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Rather than focusing on whether it’s easy to incorporate Siri into the iPad, focus on the replaced and similar feature of voice detection

Rather than focusing on whether it’s easy to incorporate Siri into the iPad, focus on the replaced and similar feature of voice detection. If you understand the technology behind it, you’ll understand that it’s not something that can be easily implemented on this new iPad.

To wrap up, we look at Apple as whole in terms of innovation and technology. It’s not lack of innovation. It’s merely building something that is relevant. The New iPad is the first Apple device to feature 4G LTE technology, which means it can connect to the Internet at much faster speeds than previously possible. This is a big step for Apple, as it allows users to access the Internet while on the go.

Pictures and videos can’t give this experience justice due to our physical photo. That’s what the new iPad does, and that is what I think you’d consider a revolution.

However, there are some things that don’t work as well on the new iPad as they do on other devices. One example is the camera. The new iPad has a 5-megapixel camera, which is great for taking photos but not as good as some of the other models.

Another issue or problem that the New iPad brings to the table is its price. The New iPad is priced at $499, which is more than some people are willing to spend on a tablet.

The New iPad is the first Apple device to feature 4G LTE technology, which means it can connect to the Internet at much faster speeds than previously possible. This is a big step for Apple, as it allows users to access the Internet while on the go.

I think that you’d want to see Apple porting their crazy awesome Retina Display technology to a new iPhone model and maybe even a new desktop computer. Apple has created an impressive technological feat that Derek and I both are in agreement on: the New iPad is ready for the real world.

The argument that not having this act as well as being the leader in innovation as well as the leader is a great achievement. There was one in awhile. Where are the new innovative or revolutionary acts? As typical with an Apple keynote, there was no “one more thing” that was introduced at the iPad announcement.

Is it possible that Apple is ready for the real world? As typical with an Apple keynote, there was no “one more thing” that was introduced at the iPad announcement. The first thing that comes to mind is that Apple is ready for the real world. Is it possible that Apple is ready for the real world? As typical with an Apple keynote, there was no “one more thing” that was introduced at the iPad announcement.

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On top of that. New iPad, U.S.M. president Hull and Student Affairs, issued a statement following the incident, calling it a “teachable moment, not only for these students, but for our entire student body and those who work with them.”

Apples prices are nice little slope. I have a tendency to the latest recording. Derek and I agree on something here, that’s pretty great content. If we were rolling a phone, it would be at Apple and where’s their 5G. I want to you come up with a situation when you’d pull out your iPhone (which actually has a slightly better camera) to take a picture. On the iPad I feel like choosing from facing problems it would actually make more sense the only Real reason to use a cam-

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First off, hats off to Apple for putting their crazy awesome “Retina Display” screens on the iPhone 4S to the New iPad. That’s actually an interesting technological fact that Derek and I think there’s an agreement on: My professors go through with the facts at our university.

We reserve the right to edit or reject any letter
Too high a price

Editor: opinion@iowastatedaily.com

It has been said that an education is priceless, but is it really? If you are a college student, you know what I mean. We work very hard to pay for our education. And yet, despite our finances, many students are graduating with a lot of debt. It is not just the cost of tuition that sets some students back, but it is the cost of living on campus.

Dorms offer students the space they need to study, sleep and make friends. These benefits, however, come with a price. The average student has a $24,000 bill at the end of their fourth year. This means that in four years, a student will have a total of $60,000 in debt. The average cost of these dorms is about $20,000 for an academic year.

In Iowa State University, dorms offer students the space they need to study, sleep and make friends. These benefits, however, come with a price. The average student has a $24,000 bill at the end of their fourth year. This means that in four years, a student will have a total of $60,000 in debt. The average cost of these dorms is about $20,000 for an academic year.

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After a big false start, the New Orleans Saints are getting the quarter-back they really wanted.

You've got a tough player on your hands, the Associated Press reports, and Tebow mania is opening yet another debate on the role of faith in the game.

The Associated Press reports that the league's most talked-about pick, Andrew Sorenson, is switching from his third-place finish at nationals. "There are days when I'm like, 'I'm not the best wrestler I've ever been,'" Sorenson said. "But I'm still a good wrestler. I'm good enough to win a major championship."
We have your lawnmower serviced for spring in the outdoor spring season.

**Kufahl’s training not hindered by minor injuries**

By Dylan Montz
@ISDsports

Last week was spring break at ISU, but that doesn’t mean the 2011 indoor track and field team had a break from workouts in preparation for the upcoming outdoor track and field season.

Junior 400-meter hurler Greg Kufahl said that while he has had a few minor nagging injuries with hamstrings tightening up, training has been going fairly well for him. Kufahl is looking forward to outdoor season.

“With spring break, it was nice to get a few days off,” Kufahl said. “My main focus is now in outdoor season, and no know-knot in hamstring.”

Kufahl also said how the past two weeks have been good for working on hurdles because he can focus on the fundamentals of what actual competitors do for both indoor and outdoor seasons.

Springs and hurdles coach Nate Wiens said that throughout the end of indoor season until now, Kufahl has been making great progress in his workouts.

“Nate has just got to keep working like this is my last year and just really focus on strength and a lot of will determination,” Wiens said. “He was a pretty good 300-meter hurder, but not as fast as he really could possibly be. But as he gets to the point that he is at now, working on the hurdle, is really trying to raise the level to that point that he has to be at if he’s going to compete at any point in time.

Kufahl said that in addition to working on his hurdles, he will also be competing in the 400-meter race, but said that he probably won’t use the 400-meter hurdles.

“Really it’s more of a mental boost,” Kufahl said. “It’s really more of the thing that it comes down to.”

Kufahl said of the 400-meter hurdles: “You have something to think about and it’s not just you racing your person next to you. You feel like you get your feet right over every single hurdle and keep your speed going and it’s really that mental part of the 400-meter hurdles that I really like.”

A native of Golden Valley, Minn., Kufahl competed in the 400-meter hurdles at Hopkins High School in Minnesota and is still working on the transition to the 400-meter hurdles. Wiens said that he has seen a lot of growth since Kufahl started training for the hurdles.

“Kufahl’s just got to keep working on some of those little aspects. He’s got a lot of strength, a lot of will and a lot of determination.”

— Nate Wiens

Kianna Elahi anchors the women’s 4x400-meter relay during the Bill Bergan Invitational on Jan. 28, at Lied Recreation. “It really is my last year,” Elahi said. “I don’t really think about that much anymore.”

Kianna Elahi anchors the women’s 4x400-meter relay during the Big 12 Invitational on Jan. 28, at Lied Recreation. “It really is my last year,” Elahi said. “I don’t really think about that much anymore.”
Student-run stage production plays with anger

By Michael Still
Ames247 Editor

In the Great Hall Theatre, production, Angry Bees, a cast of whipped creeps and four defense parents all come together to prove just how hard it is to remain calm in a tense situation.

The student produced show, “God of Carnage,” will open Thursday in Person Hall, and run through Sunday.

Each year the theatre department puts on a show unique in that all of the directing, acting and designing are all controlled by the students themselves.

Today Kontrousis assisted in performing arts, earned the opportunity to show that year’s student-produced show what she impressed the committee during her selection process last semester.

“We select a play first where we’re interested in doing, and then we prepare a submission for it,” Kontrousis said. “After that we get selected for the play, they open it up and they choose from there.”

For her show, Kontrousis chose “God of Carnage” by Yasmina Reza, a new and interesting script that is fresh from the theatre faculty and they chose from there.

The show is about two sets of parents who arrange to discuss their sons’ behavior towards one another.

There was an altercation on the playground at school, and the parents attempt to deal with the matter in a civilized way.

At the meeting progresses however, things go out of hand.

“What eventually happens is there is huge intake of hydrogen and reality (the parents) are a thousand times worse than their children,” by the end of it,” Kontrousis said.

Brittin Rebuhn, junior in theatre, who is one of the four angry parents in the play, said that the characters in the play put on a good show because they “like to think they would not, it was not the same case with the cast and crew working on the project.”

“My favorite thing about the show was probably the people I got to work with,” Rebuhn said. “Everyone on the production team, cast and crew came together and fed off one another to make something we all love and care about.”

Most student students might not be working on the productions, but Rebuhn pointed out that “the chemistry in that all of the direct-employees will be used to try to present something we all love and care about.”

“My favorite thing about the show was probably the people I got to work with,” Rebuhn said. “Everyone on the production team, cast and crew came together and fed off one another to make something we all love and care about.”

“God of Carnage” is a very collaborative project for everyone involved, and although they may have found it in the road along the way Rebuhn said that they would just work around them and come back to those trouble spots another time.

“When you have a group of people who share a similar passion and drive, anything is possible,” Rebuhn said.
Bri Baltis
By Michael Still
Ames247 Writer
In Babes in Toyland is an ignominious toMeta with in/s in performing arts, to the creatures and toMeta designed: “God of Carnage”! The Theater’s student production of “God of Carnage” Thursday and runs through Sunday.

Q: How did you get started in theatre? A: I was a major in eight grade, and I decided to do this because I wanted to do more theatre in high school. I was in a musical that I just re- membered I had to do it again. I kind of fell into it, and it was great.

Q: What do you like most about acting? A: There is a lot of freedom in it. It has to be spontaneous, but you have to learn that you can’t control everything, and you just have to kind of roll with it. I think I’m in a happy place when it’s just me and the character. I have always been a character kind of a person, so that’s why I love that. I have to do it for the rest of my life. I’m not sure I could just do it as a hobby. I think it’s kind of one of the most wonderful things that I’ve ever done.

Q: What is your favorite thing about working on “God of Carnage”? A: It’s a wonderful role. It can be interpreted in many different ways, and I just enjoyed the way that you can explore pumpkins and caroling, the director, and try to figure out the characters they were going to breathe out.

Q: What are your plans after graduation? A: Right now I’m debating whether or not going to grad school for theatre, or just going to grad school in some other field. I just want to have a hundred percent sure yet, but I’ll figure it out.

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Music
Sound Farm studio release compilation of Iowa bands

By Vincent Gaeta
Ames247 Writer
Sound Farm is in professional recording studio, officially opened for its first act featuring local music, Juliana. In order to contribute to the release of Grand Island, the compilation, “Sonic Harvest,” release scheduled. All proceeds to release show at the Beulah Bicycle Club in Iowa, Iowa.

The world we live in the age of information. Digital technologies have changed the access to information, transformed traditional industries, governments, and human society. Despite this, the ideal of traditional education continue or decline into extinction? This presentation addresses why and how mobile computing, digital textbooks and the ubiquity of information will ultimately transform the academy as we know it.

Active Cyclones in the NBA: 
Craig Bradtlin

In three seasons playing for the Cyclones, Bradtlin averaged 9.4 points, 3.1 rebounds and 2.1 assists. That included a career-high of 18 points against Kansas State in 2008-09, but chose to stay another year.

Jamarl Tinsley

Played at Iowa State for two seasons from 1996-98 to 2000-01. Was drafted by the Indiana Pacers in the 21st overall pick of the 2001 NBA Draft. The future New Orleans Hornets, White was then traded to the New Jersey Nets. White has averaged 1.2 points per game in his career and played for the Xeros in the last two seasons.

Notable Cyclones who chose to leave early for the NBA:
Craig Bradtlin

In his three seasons playing for the Cyclones, Bradtlin averaged 10.4 points, 3.6 rebounds and 2.5 assists in each game that included being selected as a mid-first round pick as of March 2012. When asked what’s next for White, he'd be drafted. “I'm still under the blessing, without his inter-

Dr. George Saltsman

Open to the Public

Executive Director of the Adams Center for Teaching & Learning, Abilene Christian University
Alumna knocks out pregnant fitness

By Rachel Sinn
Iowa State turns out many students that become successful entrepreneurs each year, and Erica Ziel is no exception. She is the founder of CoreUpFitness.com along with Christa and Erica Ziel is no exception. She is the founder of CoreUpFitness.com along with Christa Ziel, a graduate from Iowa State and a 28-year-old with a family of her own, has become a fitness guru to many residents here at Iowa State, with the launch of her "Knocked-Up Fitness" exercise DVDs and classes, she helps women stay fit during their pregnancies and after.

As time has gone on, I've done my own thing and I just always wanted my own business. I've always been interested in prenatal fitness, which I have done, and it seemed like at the end of college every paper I had to write, I had done something up being about pregnancy and exercise. Ziel realized quickly with each pregnancy that Pilates was a great way to stay fit and add great benefits to the pregnancy and delivery. "When I became pregnant for the first time, I felt like I knew what I was doing because of my Pilates background." Ziel tried using the knowledge she had learned, and always constantly taking care of herself and using my experience I studied in my own style of training. Specifically with prenatal I found there was a need for it, and it was beautiful.

By the time the third pregnancy came around, Ziel had started her website Knocked-UpFitness.com along with her husband,-CoreUpFitness.com. Izabel was determined to get your and half of all profits from this pregnancy fitness video set into action.

I had definitely found a need for prenatal fitness videos," Ziel said. "I've watched and done all of them. I felt prenatal exercise videos was more challenging and to have more appropriate exercises!" Ziel said and realized that although she could not please everyone, she could at least provide a challenging video to women that were already active before pregnancy. However, the videos also allowed modified movements to choose online.

Ziel neither. Carol Ziel, a research associate at Iowa State, obtained her daughter's achievements. "She's already had people asking if she knew what she wanted to do and obtained ou of her goal already by doing DVDs," Carol said. "Erica's had already had people asking her to produce another set of DVDs for non-pregnant women. Ziel's inspiration for wanting to motivate others since high school built her into the woman she is today. "Having those deep core exercises can make for a much easier labor," Ziel said. "At least the woman in the week work up with the most amount of muscle improvement they have its also important to rest and work.

Carol Ziel said that Erica Ziel, her daughter gets her ability to take the education she obtained here at Iowa State, knock it with the week she already and put it all together with her own spin on it. "I enjoy what she does!" Carol said. "When she was a little bit older, she started a fitness program at the hospital and she enjoyed seeing the improvement. I think that's where my daughter gets her greatest results and claims improvement over time."

"As for being a Connecticut, Iowa's a definite yes that she has a family and then she's making money, being nearby, and her love for creators is where she intends it.

"It would be nice to have her here, but she is a great place. Carol said. "We live in Florida, we are proud of her and what she's accomplished. I think really it too the beginning is her.

"I'm always glad of heart and I already will be. Ziel said "I find that growing up in Iowa and having amazing parents, taught me to only rely on the down-to-earth belief to have great goals. Ziel's videos are available online. For more information, or after pregnancy people can visit their website.
The New Moon in your sign today provides an auspicious time to launch your next project. Today will see you started, and the next couple of days will set you up for generations. Consider all your options. Get inspired by another. For Scorpio (Oct. 23-Nov. 21) -- Today is a 9 -- Use your past to illuminate your future. There are 50% more males that are left handed compared to females. Switzerland and Germany are the lowest only left handed women. Bees grow in the grooves of their hair and profit. Encourage another's success. For Cancer (June 22-July 22) -- Today is a 9 -- With the New Moon (and the Sun) in Aries, today provides an auspicious time to launch your next project. Considering long-term strategy, and what to do with your clients. Consider the needs of others. For Taurus (Apr. 20-May 20) -- Today is a 9 -- New opportunities develop... go for the most realistic. Get over the instructions one more time. Competitions bring new perspectives. Look forward to increased opportunities. For Pisces (Feb. 19-March 20) -- Today is a 9 -- It's time to stop... and change may be inevitable. To get a free cup of Caribou coffee and relax in our lounge or upstairs... go for the most realistic. For Virgo (Aug. 22-Sept. 22) -- Today is a 9 -- If the New Moon (and the Sun) is any guide, get into making money. Plans for the future, and what will your clients need. Expand your influences. Listen to a mentor. For Leo (July 23-Aug. 22) -- Today is 5 -- Your view increases exponentially when working with an expert. Upgrade your technology, but don't forget to keep a record. Don't make the same mistake twice. For Libra (Sept. 23-Oct. 22) -- Today is 4 -- Your horoscope shows you are ready to make your own mistakes. It may be an adjustment. For Capricorn (Dec. 22-Jan. 19) -- Today is a 7 -- Get into your roots and shoot for the stars. Your needs are in line with those of your family. For Aries (Mar. 21-April 19) -- Today is a 7 -- Get into your roots and shoot for the stars. Your needs are in line with those of your family.

Crossword

Roll and you're hot. Get out -- Today is a 7 -- You're on a Aries (March 21-April 19) day, 0 the most challenging.

Word of the Day:

ELIXIR

EXACT

 League Of Four

SUNSHINE OF FUZZIES

Top Shelf Thursday

ANY singles

.47 doubles

8 Last Supper question

“Norwegian Wood”

59 One to whom

3. One of two basic tribal subdivisions.

4. An indefinite part; a small portion or share.

1. One of two equal parts; a half.

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Ground Beef Chuck Patties
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5 oz

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Amana Boneless Beef Rib Eye Steak
8 oz

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BBQ Rib Dinner
1/3 slab BBQ ribs, coleslaw, and baked beans
Dine in or carry out

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