New student committee created for funding campus events

By Michaela Ramm

A student affairs program in residence halls is seeking proposals for additional student ownership and advisory participation in the Sponsorship Request Board. The Sponsorship Request Program is designed for student organizations to create and market events to receive funding and resources for events.

A student holds up a sign for the Student Organization Recognition Program during the Student Involvement Fair. The program is designed to help student organizations to receive funding and resources for events.

Echosmith to play in Great Hall

By Parker Reed

Ames is in the first stop on Echosmith’s 2015 headlining tour with The Colour of It. In its time since the band’s formation in 2013, the indie pop band has had a recent boost after two years of touring with the Van Halen Tour in 2013 to 2014, opening for head-line bands like Twenty One Pilots, Neon Trees and Owl City, and playing on many talk shows like “The Ellen DeGeneres Show.”

“Echosmith” by Parker Reed

In order to receive the funding under this program, student clubs’ events must meet certain requirements — they must occur during the academic year and must be sponsored by a recognized student organization. Events must also fall into certain tracks, which are service, recreation, or student organizations, and each must be approved by ISU Student Affairs.

If students run into this issue, they can help focus on the obstacles that at New York, when we look at all of these events this year might be a little different than in years past. Black History Month, the American dream,” said Thomas Hill, senior vice president of student affairs. “We don’t have a budget yet, but we’re working on it.”

By Benjamin Goodwin

Echosmith, an American indie pop band from Chino, Calif., and made up of four young siblings: Graham Sierota, 17, Noah Sierota, 19 and Jamie Sierota, 21. The Sierota brothers: Graham Sierota, 15, Sydney Sierota, 19, and Jamie Sierota, 21. The band’s first full-length album, "Talking Paper," was released in 2013 and has provided the band with great success, primarily with more than 1,200,000 sales in the United States alone.

If students run into this issue, they might be happening this particular week. “I think when we look at the events of Ferguson, when we look at New York, when we look at all of these events this year, we realize that injustice spans our national borders and we still have a lot of work to do,” Shamburger said. “I wouldn’t say that this year, any more significant, but there are many growing conversations that need to take place, and I think that we’re just scratching the surface of what February might not have been last year.”

The Celebrate Diversity and Cultural Appreciation Week is being expanded from a celebration of African American Life and Study of African American Life and History to encompass the entire month of February, and themed meals by ISU Dining. The celebration has grown to encompass the entire month of February.

Time to file the FAFSA

By Danielle Ferguson

If you’re one of the 30,000 potential and current ISU students who file a Free Application for Federal Student Aid (FAFSA), it’s time to file for college, don’t procrastinate getting started.

This is the advice Roberto Johnson, director of the Office of Federal Aid, stress to students. The FAFSA manages financial assistance programs that provide grants, loans, and work-study opportunities to students attending a college or technical school.

While students can submit their FAFSA after March 1, they will not be eligible to receive a free in-state college grant, such as the ISU grand program, the supplemental educational opportunity and work-ready.

“Filing by March 1 is not a guarantee of eligibility for free in-state,” Johnson says. “They essentially tell you to sell out of thousands of dollars of federal aid by filing after March 1.

Students who do not complete their taxes before March 1 may run into a roadblock when filling out an application.

If students run into this issue, Organizations have come together to recognize events for students and faculty at all ISU campuses, including events such as speakers, movies and discussions, games and themed meals by ISU Dining. This is a perfect opportunity to have an opportunity to pursue the American dream,” said The Sponsorship Request Board chair, Echosmith’s lead singer, Graham Sierota.

“The funding for this program would come from the university,” Hill said. “We don’t have a budget yet, but we’re working on it.”

This committee helps the funding will attract a broad section of the student body, multiple campus-wide events could come out of this funding program. Applications for funding of events’ taking place during the spring semester are due Feb. 21.

Tom Hill, vice president of student affairs, said this was necessary to meet the student activity funding board’s needs.

“We have an increased enrollment, so we have a greater number of student representatives for student organizations,” Hill said.

As part of the expansion, the committee of student representatives will be determining which student organizations will be offered funding.

The committee will consist of representatives from various ISU student organizations, including ISU Student Government, student affairs, the Dean of Student Bodies, Graduate and Professional Student Council, ISU Student Senate, and the ISU Student Recreation and Athletics.

In order to receive the funding, students’ clubs’ events must meet certain requirements — they must occur during the academic year and must be sponsored by a recognized student organization.
Skinny Red Velvet Poke Cake

By Nichol Morgan • @renesamonline

With Valentine’s Day quickly approaching, this Red Velvet poke cake is perfect for that special someone who has a sweet tooth, yet persists in counting his or her calories. Unlike ordinary poke cake, there is hardly any fat, yet plenty of flavor. This mouth-watering poke cake is made with dense, rich, chocolate-y red velvet cake that is fat-free and low in calories in place of the traditional eggs, oil and condensed milk. The recipe doesn’t cease to impress that special someone.

We are left wondering what sweet treat we are going to indulge in this year and you may have just found your answer.

INGREDIENTS

• 1 box of red velvet cake mix
• 3/4 cup of water
• 1/2 cup of fat-free cool whip
• 1 container of Yoplait Original fromage blanc
• 1 tub of fat-free cool whip
• 1 container of cream cheese
• 1 jar of sugar-free, fat-free strawberry jell-o
• 1 container of blueberry jell-o

DIRECTIONS

• Preheat oven to 350 degrees
• Spray a 13x9 baking pan with cooking spray
• Prepare cake mix according to cake mix’s instructions
• In a large bowl, mix together the cake mix and the soda, preferably with an electric mixer for about two minutes
• Pour the mixture evenly into the baking pan and bake approximately 20 minutes
• Let the cake cool completely
• Once cool, use the handle of a wooden spoon to poke holes evenly throughout the cake’s surface
• Distribute the gelatin over the top of the cake
• Place the cake evenly under the cake evenly under the cool whip
• Refrigerate for a minimum of eight hours

RECIPE OF THE WEEK

Skinny Red Velvet Poke Cake

Vagina Monologues showcase female empowerment stories

By Danielle Ferguson • @renesamonline

The first of the three Vagina Monologues took place in the Campanile Room of 16th Street and Christensen Hall. The Vagina Monologues are a series of monologues performed by women on sensitive topics such as sex, rape, masturbation, menstruation, masturbation, birth and female organs to encourage women to empower themselves.

The Margaret Sloo Women’s Center hosted the event every year as a fundraiser for ACCESS — Assault Care Center — a women’s resource center. The event is a great way to support — in mild terms — sexual and domestic violence. Last year’s Vagina Monologues raised $145 for ACCESS.

The event costs $10 for women, $15 for non

students. The other two performances will be Friday, Feb. 13, and Sunday, Feb. 15, in the Campanile Room.

Tickets will be available for sale:
• Thursday 7-9 p.m.
• Friday 2-9 p.m.
• Saturday 2-9 p.m.
• For $10 for large and $2 for small

A special $3 discount for small

tickets will be available.

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The College of Liberal Arts and Science will host two career fairs Wednesday.

The People to People Career fair will take place from 1 to 5 p.m. in the Scherman Building, and the Business, Industry and Technology Career Fair will run from noon and 6 p.m. at Hilton Coliseum.

"It's a great time for students to get involved with the different opportunities available," said Career Services Director Taren Crow.

She says students should plan to spend a couple of hours between the two career fairs and recommends students go to both.

"You never know what type of opportunities are available," Crow said. "It's really important to be able to see all of the career fairs are right next door to each other."

Crow recommends that each student, regardless of major, prepare and go to all the career fairs pertaining to them.

"Even if you're not searching for a position right now, by just going to career fairs you get the most important thing you could have — practice," Crow said.

Career fairs for the fair are planned include The Black Park Inn, Health Company, Barilla and Farmers Insurance, among many others. A full listing of the 95 registered employers is available through Career Services.

Suffern Rine Duane, promotional coordinator for the People to People Career Fair, says she has already seen students involved with the career fairs.

"A lot of students are excited about being involved with the career fairs. Approximately 125 students volunteered as student ambassadors to help with the logistics, including helping employers set up their booths and direct traffic through the fair.

"I just dove right in and in it so we've got some much practice communicating with employers and everybody else that I feel like I'm not scared to do anything anymore," Dunbar said. "I have so much more confidence and I'm really glad that everything that happened into this event is coming together."

Taren Crow said confidence is key both before and during the career fair.

"Don't be afraid to go check it out," Crow said.

"The worst thing that could happen is you might have an encounter that's a little awkward. Then you walk away and get to start over."

Crow also noted that students sometimes get more out of their career fair experiences than they expect.

"It's really fun to see someone who volunteers a few hours of their time and gets to walk away with a job offer, an internship, an interview or an employer who just asks them, 'What can I do to be ready for that internship or for a job?'" Crow said.

"Career Services provide advisement, workshops, and guest speakers. I try to help prepare students to search for internships and internships all year.

"If you just went, (the career fair), and learned more about how to approach it, the next time, now you know that and can ask yourself, 'what can I do be ready for that internship or full-time position later?' Crow said. "It's a powerful practice to get our there and personal accomplishments with your employ- ers are priceless."
launched at the federal level to adopt realistic solutions. 

GSB's apparent endorsement of Us' campaign at Iowa State, different view of campus sexual assault. There are more 

Student Diversity

My purpose is to shed light on these hidden costs and raise awareness about how much time and money students have to spend in order to complete their college degrees. Additionally, the graduation fee is 6% of the total amount of money spent on education. Considering the fact that 65 percent of students leave college without a degree, the money spent on education is wasteful and does not go to those who earned it. 

In conclusion, this policy is not only unfair but also harmful to students. It is time for Iowa State to reconsider their policies and make changes that benefit students and preserve the integrity of the institution. 

The author further states that "capoe culture" is phony. While I have the utmost respect for all cultures, I also believe that the author's statement is not true. I have many friends who practice capoe and they all agree that it is a legitimate culture that has been suppressed for centuries. 

The author also states that "every student should be aware of the costs involved in obtaining a degree." I completely agree with this statement. The cost of attending college is high and it is important for students to be aware of all the costs involved. 

Finally, the author concludes that "students should be held accountable for their own actions." I agree with this statement as well. It is important for students to take responsibility for their actions and make wise choices that benefit themselves and society. 

In summary, this article raises important issues about the cost of college and the role of students in making wise choices. It is important for students and society to work together to address these issues and create a better future for everyone. 

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In summary, this article raises important issues about the cost of college and the role of students in making wise choices. It is important for students and society to work together to address these issues and create a better future for everyone.
After weeks of uncertainty, a decision has finally been made.

Sophomore Jadd Buckley will now seek a medical redshirt and will miss the rest of the season.

"Really, it was pretty easy because she just wanted to play," said head coach Bill Fennelly. "The health is not there. She could not continue to play at the level where she can play or she wants to play. Obviously, she's a big part of our team and it's great to have her back, but we need to take care of her first and it just wasn't where it needed to be.".

Buckley first suffered what seemed like a "stress injury" in her foot in what team officials called a "transition" from high school to college.

Eventually, the injury became too much, and Buckley was not able to continue playing for the next few games.

"We've always been fans of respect from the staff, myself, and I just really fell in love with the campus and the program that Grove-McDonough said. "She's a free spirit and has a lot of positive energy to have around, and I believe in her, she believed in herself," said Engelhardt.

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Subtle ways to accessorize for Valentine’s Day

By Ali Hanson
#iowastatedaily.com

1. Wear pink and red hues in your hair or around your wrist with elastic hair ties. If you want to be bolder in your heart themes that can be worn even after the holiday has passed.

2. Keep your ensemble the same as it always is, but purposely alter the color of tech accessories. Companies like Ban. Show your love for the day through their valentine edition of tech accessories.

3. Show your love for the day through their valentine edition of tech accessories.

4. Wear pink and red hues in your hair or around your wrist with elastic hair ties. If you want to be bolder in your heart themes that can be worn even after the holiday has passed.

5. Don’t wear your heart on your sleeve. Instead, mix simple hearts into your jewelry for the day. A small ring from jeweliq.com is the perfect example of this.

Subtle ways to accessorize for Valentine’s Day

IOWA STATE DAILY

Faces in the crowd: Valentine’s Day

By Brittany Moon
#iowastatedaily.com

Julia Takemura,
25, senior
Do you support Valentine’s Day or not, and why?
I think it’s cute that it exists but I think that business capitulates on it in a kind of crass way. I think that those who don’t want to support it anymore and have their own thing because it’s sad when simple people say this is a depressing day. I think it’s a fact that there are some positive people who actually treat themselves on Valentine’s Day. [She], said I put on my favorite shoes and I put on makeup and go to the favorite restaurant and go to a bowling alley and we play all the games and go to my favorite restaurant. Feb. 14 plans? Not particularly, I have a boyfriend but there’s no pressure between us, maybe yes if I do something, maybe no.

Nikhil Menon,
20, sophomore
Do you support Valentine’s Day or not, and why?
I am for Valentine’s Day, at one time I didn’t think there should be the ability to express love but then again at a time when you’re losing time and don’t have any time for yourself, just put in aside a day or two to hang out with your girlfriend, not just a friend or romantic partner, anything which is a good concept.

Lakeshia Perkins,
19, freshman
Do you support Valentine’s Day or not, and why?
I don’t really care, but I have cash so I thought it was kind of me. I’m all for Valentine’s Day.

Feb. 14 plans?
I’m going to see that new movie and I’m going to see 50 Shades of Grey movie.

Francis Clemente,
25, senior
Do you support Valentine’s Day or not, and why?
No, not really. I think my friends and I are going out for a girl’s dinner to gether.

Joe Fender,
19, sophomore
Do you support Valentine’s Day or not, and why?
I really don’t have a strong opinion about it.

Feb. 14 plans?
Hang out with my favorite roommates and his girlfriend.

Use flowers as Valentine’s Day inspiration

By Miranda Pollitt
#iowastatedaily.com

Flowers are a classic Valentine’s Day gift. One can use a favorite flower to theme the entire outfit, but also for outfit inspiration. Take inspiration from familiar flowers to create the perfect Valentine’s Day look.

Bouquets
A rose is a classic flower often associated with elegance and romance. To create a look modeled around a rose, wear an elegant fit-and-flare dress in colors like white, red or a deep pink to mimic popular colors. To create a look modeled around a rose, wear an elegant fit-and-flare dress in colors like white, red or a deep pink to mimic popular colors.

Lavender
If trauma is on the agenda for Valentine’s Day, lavender is the perfect flower to pull inspiration from. Wear calming colors like lavender or blue for a relaxing evening in. Simply wear a pair of comfortable leggings, a loose fitting purple or blue tank and an ivy inspired necklace for a lavender inspired look. Finish the look with tights, ankle booties and layered dainty necklaces. This look is perfect for a great night out with friends.

Carnations
Carnations come in different colors like red, purple, white and yellow. To create a look modeled around a carnation, wear a sleeve top, bold heels and a statement necklace to complete the look.

Valentine’s Day inspiration

Use florals as inspiration from. Wear calming tones like lavender or blue for a romantic look. Finish the look with tights, ankle booties and layered dainty necklaces. This look is perfect for a great night out with friends.

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**BLACK HISTORY p1**

“[Going to a segregated high school] was a time of the year when we recognized the achievement of people of color nationally, but I guess for me I live it 365,” Fleming said. “I enjoy the month because after all, African-American history has and will always be part of American history.”

“I think we should make February Black History Month every year instead of just one time a year,” Hill said. “That can help people have a healthy respect for others who are different from them.”

Fleming said he encourages all students to come out and participate in events for Black History Month not just because they have to, but because they have a genuine interest in learning something new and want to partake in the conversation.

After going to a segregated school as a child, Hill said he has an immense appreciation for African-American history because that history was not always taught to him when he was in school.

“Going to a segregated high school, I was able to see teachers, principals, counselors who looked like me,” Hill said. “But again, we had a deficiency of having to use hand-me-down textbooks that were used for the white schools. They had this versus of American history that didn’t include people of color.”

Hill said he hopes students and faculty at ISU get involved this month in have a better understanding of another group of people because after all, African-American history is simply American history.

“I think for those students and faculty who are not of African descent, they should understand the contributions made by African Americans,” Fleming said. “You can’t separate the two because the operation of the school is what makes it happen.”

Up-and-coming music group Echosmith is made up of four siblings who hit the road last year for their “Too Weird To Live, Too Rare To Die” tour. Currently, the band have a live CD and DVD for the public. Tickets can be purchased at the ISU Ticket Office or online at midwestix.com.