Students living in rooms without air conditioning find ways to cool off

By Bailey McGrath
@iowastatedaily.com

Students living in campus residence halls without air conditioning have been taking the brunt of the heat wave, many of them avoiding their new homes, buying fans and even making beds on their floors.

According to the Department of Residence, 63 percent of ISU residence halls and apartments are air conditioned.

Students living in non-air conditioned residence halls have been finding ways to either avoid their dorm room or make it bearable.

Tara Dillinger, freshman in open options (LAS), lives in Wilson Hall on the ninth floor and has found walking into a hot building after walking home in the heat is plain miserable.

"It's tough because it's so hot that I can't sleep comfortably," Dillinger said. "I've slept on my floor probably four or five nights, and I'll be in my bed and wake up plain miserable."}

Brian Achenbach/Iowa State Daily

Common Jebbodi, Tyler Deal and Allie Duwenhoegger attempt to stay cool in the Freeman Hall as temperature hover near 100 degrees. Using fans and drink water are very helpful ways to fight with the extremely hot weather.

By Lissandra Villa
@iowastatedaily.com

The Bacon Expo is still available. Details have been released.

The organization has now announced the event will be to the general public in addition to Iowa State students.

"We anticipate they would go quickly," said Jake Swanson, president of the College of Agriculture’s Student Council and chief bacon officer of the ISU Bacon Expo.

Admission to the event will cost $8, but event goers will have the option of purchasing a $10 punch card to try all of the samples at the event. Attendees can then have the option of sharing a punch card, depending on how much they would like to spend.

Swanson just wanted to make it more affordable to students and the general public.

The two main sponsors of the event are Iowa Select Farms and ELANCO, which were finalized this summer.

"We just wanted to make it more affordable to students and the general public," said Matthew Christensen, one of the two general co-chairs of the event.

The Bacon Expo organizer is open to the creative and interesting presenters. Swanson said.

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Researchers work on jet blades resistant to high temperatures

By Simmons Scruggs • iowastatedaily.com

Iowa State is partnering with General Electric Co. in efforts to improve gas turbine engines for aircraft and power plants.

For the past 18 months, Hui Hu, professor of aerospace engineering, and Blake Johnson, a post-doctoral research associate in aerospace engineering, have worked with researchers at General Electric Co. to make aircraft turbines more resistant to heat, making the engines work more efficiently.

Aerospace and materials engineering researchers at Iowa State have spent the past several months partnering with General Electric Co. to make aircraft turbines more resistant to heat, making the engine work more efficiently.

ISU engineers improve gas turbine engines

Weather

Provided by ISU Meteorology Club

Friday
Extremely hot and sunny.

Saturday
Hot and sunny. Chance of rain in the evening.

Sunday
Sunny.

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LAS program offers advice in planning college career path

By Rebeca Hanus
#iowastatedaily.com

There are currently 795 students who are undecided on their major at Iowa State and are enrolled in the open option program at the College of Liberal Arts and Sciences. These students may not have an idea of what to major in. LAS advisers are helping guide these students to the career path that is right for them, and in most cases they are doing so without adding extra years to the student’s education.

Lisia Dreasher, academic advisor, believes coming to Iowa State as an “open option” actually can make a difference.

“The No. 1 reason students defer publications is because they change majors,” Dreasher said.

Dreasher also said the average number of times students who have not declared a major change their majors is three times.

“If you look at the general statistics, I think about one third of our students graduate in four years, and that’s because when they come in, they aren’t sure what their major is,” Dreasher said.

With more than 100 majors to choose from, advisers certainly have their hands full trying to help students decide on one specific major.

Open option students can take the LAS 101 orientation course to exposure them to all the different majors the university has to offer.

This course can help the students discover majors they have never heard of, which may not have even existed at the time they made their decision. However, these courses fulfill university requirements as well as open students to the student’s interests, the academic advisor can help the student discover a major fit for them while filling required credits at the same time.

“It gives them the flexibility to really explore their options,” Dreasher said.

She also said students will sometimes become too closeted with an idea of what they want to do and be as soon as they think they know what they want to do.

“Our studies show that students who start as an open op- tion graduate at the same rate as students who come in as a declared major,” Dreasher said.

Dreasher said every student has three sets of requirements that must complete to gradu- ate. These requirements include university requirements, general education requirements for your specific college and the courses required for your major.

The only difference between a student with a declared major and one that has not yet completed their requirements is the order in which they complete those courses.

“A student with a declared major starts working on all three sets of requirements at once, open option students start focus- ing on university requirements and college requirements and as soon as they say that’s see major, then they start working on those courses,” Dreasher said.

Bruce Allen, another LAS academic advisor also believes the open option program is an excellent opportunity for students who are undecided on their major.

“Open option is a designa- tion for students who are trying to come in as undeclared, but not just those who change majors,” Allen said.

The advisers can pro- vide them with the weight and information about a lot of different courses and majors to help the students make a decision that’s best for them.

“Those experiences in being in different courses enhances their skill sets they need to suc- ceed in whatever major they pursue,” Allen said.

Those students who do not have an idea of what they want to do, but for those students who are unsure on their major.

Allen also added that taking a pre-professional route might be a great opportunity for stu- dents who want to prepare for a medical major.

“I think it’s a great opportunity to take prerequisite courses,” Allen said.

Abbie Aanonson, sophomore in open option (LAS), says she’s glad she decided to enter as open option.

“A lot of times people pick a major and then change a lot,” Aanonson says.

She did not want to be one of those people, and although she’s still undecided on her major, she is confident on what she wants to do in the future.

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ISU alumnus helps fund Troxel with $5 million donation

By Jared Raney
jaredraney@iowastatedaily.com

Iowa State is set to welcome officially its newest lecture hall on campus.

On Friday, Troxel Hall, home to a high-tech lecture classroom, will have its dedication ceremony.

“It’s a great place to teach, and it’s a great place to learn,” said Patricia Thiel, distinguished professor of chemistry.

Thiel is the John D. Corbett professor of chemistry and will be one of the main speakers at the ceremony, alongside President Steven Leath and two members of the Troxel family.

“I’ll be talking about what we can do in Troxel that we couldn’t do otherwise,” Thiel said.

“A wonderful facility,” Thiel said.

Thiel teaches Chemistry 107 on Tuesday and Thursday.

A big part of the ceremony will be a demonstration of the technology housed in Troxel Hall.

“Because one of the unique features is ... the technology that was incorporated, they thought it would be good to demonstrate it,” said Karen Simon, with ISU Foundation Communications.

The lecture hall, which takes up the largest amount of space in the new building, uses technology to enhance the students’ learning experiences.

Thiel said the hall features split smart-screen capabilities that are used for preparing demonstrations.

“This is much the same as the technology that housed in Troxel Hall. Seven ISU students started work on the bench area during the spring semester and continued working through the summer class was that we had given the students the project to work on, and we faced with in a real world.”

Failure was not an option, to do well,” Prindle said.

None of the seven students able,” Prindle said. “We talked about how benches are handicapped.

“We included everything we thought everyone can use. We were very happy with the results. The students and Management.

Doug Troxel, CEO of the Change Happens Foundation and an ISU alumna, and Michael Troxel, Doug’s son and vice president of administration, will also speak at the dedication.

“We’re grateful to the Troxel family for making this happen and to the state of Iowa for their funding,” Thiel said. “We really needed this building.

The dedication ceremony is set to begin at 3 p.m. in Troxel Hall.
Editorial

Right now, ag careers look ‘sexy’

Think back 10, 15 or 20 years ago. The College of Agriculture and Life Sciences at Iowa State University was not nearly as large as it is today, and the perception of agriculture itself was not nearly as popular or relevant as it is now.

In years past, agriculture hardly has been seen as ‘sexy’ or even mainstream. However, things have changed. As we think of where we were younger, note those that are not individuals in a position of extreme danger or on stage, having lives was cool. Making money was cool. Being rural, on the other hand, was not what we were teaching our kids. We never had to think about where our food is being produced. Non-ag populations and its cultural relevancy for any letter or rejection. We reserve the right to edit or publish. The Daily encourages discussion but does not guarantee its availability online. We look ‘sexy’ according to the new careers, no longer are we teaching our kids. Making money was cool. Being rural was cool. No longer do we have to think about where our food is being produced. It’s the edge of civilization, not thought of in the past. People care about where their food is from and how it’s grown. Organic foods are now widespread. People care about what goes into their food. Whether the concern is with quality or quantity, consumers are interested in knowing where their food comes from.

The hard truth is that our system of government, which we as a country feel are too high, but we have never seen a government that is as low in credibility and performance, the VMAs. We as a nation owe a debt to Miley Cyrus for having a “profound effect on the arts.” Miley is the Michael Jackson of the VMAs. We as a nation owe a debt to Miley Cyrus for having a “profound effect on the arts.” Miley is the Michael Jackson of the VMAs. We as a nation owe a debt to Miley Cyrus for having a “profound effect on the arts.” Miley is the Michael Jackson of the VMAs. We as a nation owe a debt to Miley Cyrus for having a “profound effect on the arts.” Miley is the Michael Jackson of the VMAs. We as a nation owe a debt to Miley Cyrus for having a “profound effect on the arts.” Miley is the Michael Jackson of the VMAs. We as a nation owe a debt to Miley Cyrus for having a “profound effect on the arts.” Miley is the Michael Jackson of the VMAs. 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The deadline for Iowa State ending the partnership. Then, we demanded the university adopt a clear set of principles and a process for engaging with for-profit partners on international development projects. This Sunday, Sept. 1, is the deadline set by the College of Agriculture and Life Sciences for public comment on draft guidelines for agricultural development engagements in Tanzania. Unfortunately, little public attention has been given to this draft.

The call for comment was sent out in early July, when many were off-campus and preparing to celebrate the Fourth. The deadline for comment falls on the weekend following the first semester of classes. The timing gives the impression that our administration is not very interested in setting forth a clear, transparent process for engaging in partnerships with private donors and corporations.

The draft guidelines are respectful, yet they neglect the very points we raised in the AgriSol scandal. Our partners in the developing world and Iowa's citizens deserve a process that vets for-profit stakeholders to ensure transparent accountability throughout the project.

In the spring of 2012, a number of students demanded answers as to how and why Iowa State entered into this controversial partnership. We were given to understand that the university had invested in setting forth a clear, transparent process for engaging in partnerships with private donors and corporations.

The proposed draft guidelines speak to partnerships on the ground, only once a project has been conceived and funded. They include nothing to hold accountable a private donor or influential entity, such as a Board of Regents member, that could influence the partnerships they engage in under the name of Iowa State.

Whether or not the university's name and reputation will be used to open otherwise closed doors in Tanzania with Rastetter’s AgriSol development project, this project was a clear set of principles and a process for engaging in partnerships with private donors and corporations.

The guidelines must include processes for evaluating conflicts of interest with project funders and sponsoring entities. They must identify rules of engagement when entering into partnerships with for-profit stakeholders in international development.

Further, they should incorporate review by stakeholders to take into account concerns about a conflict of interest in some cases of interest, imbalance of power and cultural sensitivities before entering into partnerships.

Your public comment is important. More importantly, it ensures that the proposed guidelines by the Sept. 1 deadline will be set by the people and citizens to do so.

Signed by:
- Angie Carter, community and regional planning and sustainable agriculture
- Maria Sieg Bauer, community and regional planning and sustainable agriculture
- Joe Wiltseck, entomology and sustainable agriculture

Angie Carter is a graduate student in sociology and sustainable agriculture.

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The women’s soccer team has yet to win a game this season. The Cyclones (2-0, 1-0) are aiming for a victory in their next game against Illinois, San Diego and Illinois next week. "I don't know that a team has to be ranked or have a certain amount of success to win," Johnson-Lynch said. "I think that would be huge for us." Johnson-Lynch said it's a motivator when the Cyclones are going to have to play good ball.

"We have a lot of work to do," Johnson-Lynch said. "Our focus is on ourselves, and we need to improve in every aspect of the game to compete with the best teams in the country."
Runners ready to ‘surprise people’ at season opener in Des Moines

Iowa State prepares to take on Drake, Northern Iowa

By Ryan Young
@iowastatedaily.com

After two long weeks of practice, the ISU women’s cross-country team will finally kick off its season. The team will travel to Des Moines on Friday to compete in the Bulldog 4K Classic at Drake Stadium.

The Cyclones are coming off their second consecutive Big 12 title last season and are looking for a third — something only one other Big 12 team has ever done.

“We did lose our top two guns, and the rankings aren’t really expecting us to do much this year,” said junior captain Maggie Gannon. “So we just want to show up every time we run and really do our best to surprise people.”

The Bulldog 4K Classic is a triangular meet between Iowa State, Drake and Northern Iowa. Since it is a smaller meet, some of the Cyclones’ top runners aren’t really expecting us to do much this year,” said Maggie Gannon, “so we just want to show up every time we run and really do our best to surprise people.”

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Men’s team to find ‘great opportunity’ at Bulldog Classic

By Katie Grunewald
@katherinemграничewald.com

The ISU men’s cross-country team and new coaching staff will kick off its season in its first meet Friday night in Iowa City. The Racers will compete in the Bulldog 4K Classic, hosted by Drake University in Des Moines.

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“After the summer, we will have a better understanding of where the team is after this meet. We can see where we’re at, and see what we can do as a team,” said junior captain Katie Moen. “After this, we can kind of base our goals for the season off of how we do, and see what we need to really focus on to improve. Then we can go from there.”

The 2.5-mile race will start at 6:15 p.m. Friday at Ewing Park in Des Moines.

ISU coach Andrea Grove-McDonough said it’s still an important meet for her team. “This meet is really a chance for some younger guys to show what they are capable of,” Grove-McDonough said. “We have a lot of young kids, and I want to put as many experienced as possible and just see what happens.”

Since it is the team’s first real competition of the season, it can be difficult for them to set logical team goals for the season.

Junior captain Katie Moen knew, though, they will have a better understanding of where the team is after this meet. “This meet is getting the coaches and the runners to evaluate the team’s developmental runners,” Moen said. “It’s a great opportunity for the younger guys.”

Sudbury explained that it’s a great chance for them to run against other guys at their skill level.”

The cross-country coaches also use this meet as a tool to evaluate which developmental runners have the most potential to help the team at competitions this season.

For the first time, freshmen Jordan Jaworski and Nick Schulze will have a chance to compete on the club team against some of the best runners in the country.

“Jordan, a freshman, will be racing as a Cyclone for the first time with Nick, a senior,” Schulze said. “The Schulzes, from Indiana, Iowa, will have an opportunity Friday night for some sibling rivalry.”

Bulldog junior Alex Dillenbeck ran in the meet in his first season with ISU men’s cross-country runner. “This meet is getting the feel for things,” Dillenbeck said. “It’s a great chance for them to run against other guys at their skill level.”

The 2.5-mile race will start at 6:15 p.m. Friday at Ewing Park in Des Moines.
Simple solutions for avoiding ‘freshman 15’

By Delaney Vierkandt
at iowastatedaily.com

As students transition from living at home to being independent, they face many common challenges, including avoiding weight gain. Every year, the notorious 15-pound weight gain seems to take hold of those new to the college experience. Lisa Nolting, a dietician from Boone, thinks this can be avoided by some simple maintenance tricks.

Nolting believes there are no such things as good or bad foods. While it is true that anything can fit into a healthy diet with balance and moderation, high calorie foods should be eaten in smaller portions and less often than lean meats, vegetables and whole grains.

“When you first get into the dorm, head to the salad bar and make yourself a small salad with leafy greens, or select some of the smaller veggie-like options, like tomatoes, peppers and broccoli,” Nolting said.

The dining halls always have apples, bananas, and oranges in addition to dairy serving options like strawberries, dried melons and cornflakes. Eat your vegetables and fruit first, and try one or two vegetable or fruit servings.

Eating the entire fruit is important. Lisa Nolting believes that extracurricular activities should play an integral role in maintaining a healthy lifestyle.

“Get involved. Not only is it going to keep you busy, but it’s going to make you feel better about yourself,” Nolting said.

She found the only obvious way to keep your healthy lifestyle is to remember what you have to be in your household. Minimize a day or five days a week, it’s all taken for an effective workout regimen, Nolting said.

When it comes to choosing an exercise program students should “find something they enjoy. Hopefully, it’s something that people don’t make you do. If you don’t enjoy it, you’re going to stick to it,” Nolting said.

Some common fitness services for those who may feel awkward going to the gym. Fitness classes are great for those just starting out, because it gives you an idea on what you want to do for the first time.

Recreation Services offers body composition and wellness assessments for no charge.

There is also a program called the Step Hall. Students can earn points for different exercises, such as stair climbing or lat pull downs.

There are a wide variety of options on campus for those who are interested in athletic, personal, or simply finding something they can do to physically active each day, even if it’s just skipping the bus and walking instead,” Nolting said.
Students can still be found outside on campus during the heat. Freshman Drew Lechner sings and plays the ukelele in the shade Monday near Ross Hall. Shade trees are in abundance all over campus, providing a nice break from the heat.

“Students can still be found outside on campus during the heat,” said Kameron Voves, freshman in biology and health, is thankful but said she wishes something could have been done sooner in freshman Freeman Hall.

“I really glad they put a fan in the parlor because it’s been so hot, and it’s been miserable for everyone living here,” said Donegan.

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