Man in custody after standoff

By Mikala Tenball
#Iowastatedaily.com

A man surrendered himself to Ames Police just before 11 p.m. Sunday after an almost two-hour standoff on Lincoln Way.

According to 根据 the police report, the man was inside Iceberg Refrigeration on Sunday after about two hours of negotiation, the suspect was taken out with no reports received from the location.

“Please come out here and give up and we will take care of you with no harm,” 根据 the report.

The five-year bill, known as the Farm Bill, 2014, was loudly debated by senators starting with his own definition of the word, saying he hoped to persuade those on the other side to change their ways. His main arguments Valdes made in the debate will be diversity, conservation, biodiversity, and purposes they would like to ask. The candidates after the election commission will have a debate.

The debates are diverse, defended, and unique perspectives to each of the four slates, each with a one to two minute opportunity to have their say. The debate will be diving, and explanations of events that fall under the definition of the word.原单，four slates, each with a unique perspective on the topic at hand, will be the main topics of the debate.

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ISU alumna trains, participates in CNN Fit Nation Triathlon team

By Kelli McGranen

ISU alumna Connie Sievers has been selected to be one of 30 “Sassy Six” for the 2014 USA Triathlon National Triathlon Team. Sievers was notified of the selection last week.

“I imagine that will be pretty emotional at the finish line,” Sievers said. “Sheepishly I will; people with me will be crying, and that is something I am going to have to make sure they understand in training and education from CNN.”

Sievers struggles with weight gains 15 years ago when she began training for her first marathon. Tired of being uncomfortable, Sievers started looking for a more efficient way to train. She continued running and eventually was working with a trainer.

The Fit Nation Triathlon is made up of six individuals chosen based on a variety of criteria. Individuals are chosen for their commitment to training and education from CNN. Sievers was notified of being selected in early January.

“2 The Fit Nation team stays connected daily in a private group on Facebook and communicates on the phone to discuss the competition,” Sievers said. “I’m not sure if it is a good idea to make sure I am not a carryover of the first married to her sister, who noticed her hard

Sweaty with winds up to 10 mph. Stormy with winds up to 10 mph. A chance of a freezing rain at night.

By Justin Lo

Christopher Hopkins, assistant professor of music and

Christopher Hopkins, assistant professor of music and the-
**Iowa State prepares for emerald ash borer infestation**

**By Julie Pashos**
**Iowastatedaily.com**

The emerald ash borer is back, and it’s not going to be easy. In response to a statewide quarantine set up by the Iowa Department of Agriculture, Iowa State has removed 200 ash trees and plants from the campus over the past seven years.

\*In 2011, the Iowa State Department of Agriculture and the Iowa Department of Natural Resources added Iowa State University to the list of universities that are required to report and control for the emerald ash borer. The borer, a small greenish-blue beetle, was first discovered in Iowa in 2002. The emerald ash borer is a non-native species from Asia that is generally half an inch long or smaller. They feed solely on ashes, so we have had to take a proactive approach to prevent any spread into the United States. The emerald ash borer is difficult to detect and impossible for many insects to see. The Iowa State emerald ash borer program is supported by the Iowa Department of Agriculture and the Iowa Department of Natural Resources. To help with the program, about three years ago, the university initiated an ash watch program to monitor for the infestation. In February 2011, Iowa State has prepared for an emerald ash borer infestation to help prevent its spread.

**EMERITUS AGGREGATE**

Iowa State prepared for emerald ash borer infestation.

**Byron Martin Iowa State University**

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Ames, IA: police use social media successfully

The world of social media has made access to information widespread. As a citizen, I can track the latest news via social media, which certainly has its downsides with false information sometimes spreading. However, it can be debunked, it can be used as a help tool for something different as police departments.

The Ames Police Department and the ISU Police Department have used social media success has risen with the weather and road conditions, answer questions from community members, and add a voice at the click of a button. Though this interaction on social media can be just as quickly shared; if done incorrectly, it can be a massive flop. Each department has fully embraced social media, finding success is because of their constant interaction on social media and taking an officer’s time to answer the questions. Not only, but some of the questions require a little humor in answering followers’ questions, even if some of the jokes go over their heads. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues.

The voice that is informative, humorous and accessible is a sprawling news can happen. Though this interaction on social media can be just as quickly shared; if done incorrectly, it can be a massive flop. Each department has fully embraced social media, finding success is because of their constant interaction on social media and taking an officer’s time to answer the questions. Not only, but some of the questions require a little humor in answering followers’ questions, even if some of the jokes go over their heads. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues. The status allowed for the information sometimes spreading before the community interaction on social media can be seen by everyone, which works to update with new statuses as the search continues.

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The two departments have used the opportunity to take action in times of crisis. The two departments have used the opportunity to take action in times of crisis.
Celebrities shouldn’t have to play by our rules.

By Kaesey Maileier

I often hear people tell me that celebrities shouldn’t have to play by our rules. It’s a refrain that I hear all too often: “It’s okay for them but not me.” It’s a refrain that makes my heart ache.

We see a celebrity, we hear a clip, we see a picture, and we think, “That’s not right.” But then we hear the same thing, and we say, “Well, they’re just a celebrity. They don’t have to follow the same rules.”

But what if we all followed the same rules? What if we all had to live by the same standards? What if we all had to be held accountable for our actions?

It’s easy to say, “They’re just a celebrity. They don’t have to follow the same rules.” But what if we all had to? What if we all had to be held accountable for our actions?

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Cyclone Hockey struggles with penalties, eyes playoffs

Mixes results show flaw in game tactics to Coach Fairman

Iowa State women hold off Kansas with a strong finish after recent losses

Cyclones find a way to finish games
Kemboi and Okoro set new fastest times in the 800-meter competition

By Chris Wolff

Kemboi won the men’s 800-meter race, running his own personal record and the school record. With such a high level of competition in the meet, Kemboi was the number one million dollar man of the entire field. He ended up winning the race by nearly two seconds and recorded the seventh fastest time in the world this year.

“I think I got like 25 or 30 huggs,” Kemboi said with a laugh.

One of those huggs came from ISU assistant coach Andrea Grove-McDonough, who coaches the women’s middle and long distance athletes. Even though Kemboi wasn’t one of her athletes, she ran up to the track and hand her and for his performance.

“IT was a phenomenal,” Grove-McDonough said. “He’s such a humble guy. Whenever I think of him, I’m just a fan. I was just proud for the guys and for him and his performance.”

The field featured four competitors who had recorded top-10 times nationally this season running the race, including Kemboi. The 800-meter race was one of the most anticipated events in the entire field. Kemboi broke his own personal record and the school record with his performance.

“The field is always tough. You can’t help but for him,” Kemboi said. “The four of us who recorded top-10 times in the nation, you don’t really have a strategy; just run fast.”

Kemboi was also light in the nation this season and the seventh fastest time in the world this year.

“I didn’t want to disappoint anybody — like my teammates, my coaches, the ISU community — at home,” Kemboi said of what he hoped for the race. “I just wanted to run my race and I feel like I did.”

Junior Edward Kemboi cools down and reflects after his stunning performance on Feb. 15 at the Lied Recreation Center and ISU Classic.

While Kemboi set the best national time in the nation in the men’s 800-meter race, teammate Ejiro Okoro was equally impressive in the women’s 800-meter race.

Okoro’s race was similar to Kemboi’s, as both athletes ran in the middle of their lanes, but Kemboi was the one who broke the record. Down the stretch, Okoro had to chase the second-place professional. Kemboi also had the fastest personal record, so he was the first collegiate athlete to cross the finish line, breaking his own personal record by a full second and with a time of 2:03.10.

“IT was one of the most excited runs of my career,” Kemboi said. “I came here just wanting to run my race and I feel like I did.”

Kemboi came to Ames with most of his teammates competing in Fayetteville, Ark., for the Tyson Invitational. He wasn’t surprised at all.

The men’s 800-meter was another event with a strong field, but Kemboi ended up being the heavy favorite, but it was a fellow teammate who unexpectely stole the spotlight.

Senior Reed Connor of Wisconsin took time place with a time of 1:45.74. The time made Connor’s time broke both the Laredo Recreation Center and ISU CLASS records. Connor now leads the nation in the 800-meter.

“It was one of the most exciting races of my career,” Connor said. “I came here just wanting to run my race and I feel like I did.”

Connor came to Ames with most of his teammates competing in Fayetteville, Ark., for the Tyson Invitational. He wasn’t surprised at all. Connor didn’t have any hand cuffed in this race. It was Connor’s time.

“I wasn’t surprised at all.” Both Kemboi and Okoro are the favorites to win the Big 12 in the 800-meter race, which Iowa State will host in two weeks.

Both athletes will more likely than not have a shot at an NCAA Indoor title in the event next year, which will be in Albuquerque, N.M., almost a month from now.