Students are being targeted to register early to vote in the elections in November. Because voting lines can get long, it can discourage students from casting their votes. GSB Senators and the Ames League of Women Voters stress the importance of college votes.

By Makayla Tendall

Ghanaian artist brings expressive coffin art to College of Design

‘Going out in style’

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By Elizabeth Slaughter

ISU gets renewal of grant for web security

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GSB Senators encourage early voting among students

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Women finish first tournament
The ISU women’s golf team finished first in its first tournament.

Police Blotter

Nicole Dudaugh, 19, of 19th Street, was arrested and charged with public intoxication at South 4th and Beach (reported at 3:05 p.m.).

Weather

Weather at a glance

Wednesday

Mostly sunny and pleasant throughout the day.

Thursday

Mostly sunny and clear at night.

Friday

Partly cloudy and windy. A chance of rain.

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Weather courtesy of ISU Meteorology Center

‘Ready for Hillary’ super PAC bus comes to ISU

The “Ready for Hillary” political action committee’s nationwide movement to support Hillary Clinton is run for president, stopped in Ames on Wednesday. The group is touring the country in a charter bus to college and university campuses in key political states such as Iowa, said Beth Biggart, communications director for the group.

The goal is to recruit students of the “Ready for Hillary” movement and give them a chance to sign up for the group. Students who sign up receive an e-mail list and a chance to volunteer.

The group has visited colleges and universities in Iowa. President Ronald Reagan, social science

Calendar

Sept. 17

Iowa State women’s volleyball takes on the University of Illinois.

Sept. 19

Fire safety education

Learn how to use a fire extinguisher and how to put out a fire in honor of safety month. Participants will receive free safety tips and a shirt. The demonstration will be held in the ISU Center for Safety Education.

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Residents adapt to help new Ames City, ISU groups

International spouses discover Ames

City, ISU groups help new Ames residents adapt

By Molly Wilson

Sponsors of international students at Iowa State face the challenges of a new country and new culture. Engaging International Spouses, a campus program, helps those spouses learn about Ames.

On Tuesday, the program hosted a welcome event to help 15 new spouses become students at the ISU's Ames campus.

The event took place in the Cardinal Room of the Memorial Union. Fifteen of the 20 international spouses who are new to Iowa State this fall attended the event.

“This program is basically for the international spouses of university who are new to Ames,” said Manasi Ambulkar, executive director of global outreach coordinator. “We make sure they get assimilated with life of Ames and in order to make their lives easier, we conduct a welcome event for them and introduce different communities of Ames, different organizations present in the event, including the Ames Public Library, Cyride, the Story County transportation department, Recreation Services and the English Orientation Program.

These programs have focused on making these international spouses a part of the community since 2006. They learn many day to day services through the program. This includes hunting the bus system, getting a drivers license, opening library accounts, joining the gym and learning English.

Many of the international students’ spouses become ISU students themselves because they become more comfortable with Ames and want to learn more.”

Melanie Meher, co-board president. “Seven-five percent of spouses become students,” Bojja said. “I’ve seen many spouses who are potential students and they become students, they get their degree, they go to Iowa. It’s very nice to see that.

The program helped more than 20 spouses last year. Ambulkar said, “Developing professionally as well as personally.”

“This is a lot of benefit here. These international spouses learn more, they can become to become part of the Ames community. Other members of the program play a large part in making these new members welcome.

“The best part of this program is, as spouses, we get the same thing you have gathered the experience,” Bojja said. “You give it to the new spouses so they don’t feel foreign here.”

Engaging International Students has begun this year with many new members of Ames than for whom it hopes to create a community and support system.

“We try to show how similar we are, not different,” Bojja said.

GPSS

Graduate Senate hosts lecture, teaches professional strategies

By Matthew Raudas

The ISU Graduate Professional Student Senate will be hosting a lecture by Sarah Nusser, Iowa State’s vice president for research, called “Ways to succeed as a graduate/professional student.”

The event is scheduled for 5:15 to 6:30 p.m. Wednesday in 2005 Physics Hall.

Rachee Goenani, chairman of GPSS, addresses legislative affairs, sets questions and answers sessions for the semester and will follow Nusser’s lecture.

The lecture is designed to help educate graduate and professional students with skills and strategies to excel in and out of the classroom.

Nusser began teaching at Iowa State in 1982. She teaches survey methods, sampling survey and computer-assisted survey methods.

Nusser won the Board of Regents award for Faculty Excellence in 2010 and is a fellow at the National Academy of Sciences.

A bachelor’s degree in electrical engineering from the University of Maryland in 1975, a master’s degree in applied mathematics from the University of Washington in 1977 and a doctorate in statistics from the University of Minnesota in 1982.

At Iowa State in 1992. She taught in and out of the classroom.

“I have busy life in Ames, because I know many interesting things to do from this program,” said Gulnora Tanata of Uzbekistan. “I’ve been in Ames for two and a half years. ‘I attend meetings of this program and learn many interesting things such as Bangladesh, China, Iran and Uzbekistan.

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GPSS
App creates money easily for students
By Michaela Ramon
storywired.com

ColleGet students know the struggle between class times, extra-curricular activities and the need for money. Work-study programs can help, but many students can get paid by “going commando.”

The Go Commando app is a platform for students to get paid to do tasks. The app was created by Campus Commandos, which has been in business since 2010 and is fighting to make ends meet.

“Relevance is the part of what it is that we do,” Green said. “In a time when news consumption and relationships, some other forms of assistance is becoming more each year, students are fighting to make ends meet.”

For those students and professors who are hesitant jumping on board, Grant said that anything that helps people gets paid by direct deposit into his or her bank account. The company encourages a minimum of $100 on the tasks, but the size of the task will vary. Students can choose to accept or reject a task at any point in time or does not show up with classwork.

“Go Commandos support the idea that the conversation is revolving around the importance of what it is that we do... and what journalism used to be. Green admitted that Iowa State Political Science professor David Erickson, junior in Constitutional Law, was one of the panelists at a recent lecture given by contacting

Register publisher talks future of newspapers, quality journalism
By Oscar Ahumada
storywired.com

Rick Green, publisher of the Des Moines Register, explained the dependence on news and the need for journalism in his speech for the Chauvinist Union in the Memorian Union.

“Now is a time when news consumption is soaring, there are more people who are fighting to make ends meet,” Green told a story about the moment in mind, Green said that in his career.

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Get professionals’ help with anxiety

By Bethany Koenigsfeld

IOWA STATE DAILY

8

Ebolas outbreak calls for help to limit spread

The worst Ebola outbreak since the dis- ease was identified in 1976 is spreading like wildfire through Africa.

By Michael Glaze

The Ebola virus is a disease that was originally transferred from animals to humans. The original host animal was the fruit bat, a flying mammal that commonly carries the virus, it can easily spread from human to human. This virus can be transmitted via bodily fluids such as blood, semen, saliva, or sweat. The virus is spread through direct contact with infected body fluids or through the skin or mucous membranes of the eyes, nose, mouth, or any other opening in the body. The disease presents horrible pros.

**Iowa State Daily**

**#isusports**

**#isuchnowledgeme**

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**IOWA STATE DAILY**

**Editor in Chief**

**Assistant Opinion Editor**

**Illustration: Iowa State Daily**

The ripple effect of that decision is that alcohol will not be available to the students of the institution for nearly 6 months to get the situation under control. The ripple effect can be felt in many ways, from the reduction of binge drinking to the increase in social obligations. Thus, I simply thought it was only fair to report my observations of the drunk.

Having made this conclusion, I continued to think in high time we change the drinking culture here at Iowa State. I am in my fifth year of college, and I’ve become increasingly aware of this issue over the past few years.

Don’t get me wrong, drinking is fine, but binge drinking — which is much more frequent among college students — is not. In fact, I’ve witnessed the attitude of students toward drinking: Drinking an excessive amount of alcohol is obviously too much for them.

Under no circumstance is drinking to the point of blacking out acceptable. The chapter of binge drinking is irresponsible and dangerous.

As I’ve written before, the main purpose of an emergency medical service is to regulate the amount of alcohol consumed by those who are in poor health.

There are acceptable limits to alcohol consumption. And the rest of us Cyclones a foul to deal with.

Iowa State University has been taking a step in the right direction by enforcing a designated driver. Perhaps someday, when the numbers of returning infected individuals falls ill with Ebola and what will happen if first name and last name, online feedback may be used if first name and last name, phone numbers and addresses will not be published.

Feedback policy:

Letters must include the name(s), phone number(s), and address of the submitter. We reserve the right to edit or reject any letter or feedback.

Letters must be submitted by 3 p.m. on the day of publication. We reserve the right to limit spread.

Obama is sending 3,000 troops to help build clinics to limit spread.
Koree Willer's success leads to team confidence

By Tryst, Alois

ISU soccer coach Tony Minatta said a key takeaway from the past weekend was playing well when scoring goals.

Iowa State beat Northern Colorado 3-0 on Friday and lost to Denver 2-1 on Sunday.

"Minatta said. "We started off really well scoring in the UNC game (Denver), we scored off not very good. We probably should've been down, but we came back in. The second half, we were really good."

Iowa State is a young team, Minatta said, and with that, a lot of the Cyclones' success this season stems from sophomore Koree Willer. She has seven goals so far this season, including a goal in each of the last three games.

"Koree is scoring in a lot of different ways, and she is really strong right now getting the ball to her feet," Minatta said. "She's sticking to her game plan and forward. I mean, she has scored some goals and teams are double and triple-teaming her. They know who she is, but she's really focused on playing the game up and still involving the rest of her teammates."

Willer may be the leader in goals for Iowa State, but she also has a lot of her personal success to her teamwork.

"Hugh credits would have to go to our team — the balls they gave me and the support I have, I think that's huge. Willer has been an excellent leader in our locker room, a lot of her personal success, I think, is because of that confidence. She has seven goals so far this season that, a lot of the Cyclones' scoring success, is because of Koree Willer. She has seven goals so far this season, including a goal in each of the last three games.

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Bench and slightly bending.

1. Bench jumps

There are many outdoor workouts one can do simply using a bench on campus or at a local park. Before the weather turns too cold, take advantage of getting some sun while working out, but be careful of injuries.

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People tend to forget what it's like. Professionals know that a diet alone is not an ingredient of the body itself. That's why you need to eat smart, your body will respond better

"I like the fresh air, so I like going outside when it's warm. On windy days, I use headphones in or grab a book on the bench, and read. It's a nice way to get away from the heat and have something to read in the sun."

Try to do these 3 sets of 10 jumps to get started.

Try for sets of 10 on each leg.

Start by squaring your feet shoulder-width apart. Drive your left knee into your chest, use your arms to drive the opposite knee up and onto the bench.

As you do a push-up, make both arms straight and keep your body flat. Try to maintain a straight line from your head to your feet throughout.

Try for sets of 10 on each leg.

2. Incline push-ups

Stand with your feet shoulder-width apart on the floor and bend your elbows. As you do a push-up, make both arms straight and keep your body flat. Try to maintain a straight line from your head to your feet throughout.

Try for sets of 10 on each leg.

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3. Bulgarian split squats

Start by facing away from the bench and step your back foot onto the bench. Move your left foot back and lift it up onto the bench with your right foot slightly behind you. Bend your right knee over your left foot and lift it slightly underneath you. Stand for a few sets of 10 on each leg.

Put your right foot onto the bench. As you come to the top, drive your left knee into your chest, and lower your body back down. You can use this as your warm-up.

Try for a few sets of 10.

Perform 3-5 sets of 10.

Put your right foot onto the bench. As you come to the top, drive your left knee into your chest, and lower your body back down. You can use this as your warm-up.

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Sudoku by the Mepham Group

Wednesday, Sept. 17 2014

vi 9 8 2 1 4 7 6 3
vii 6 7 4 2 5 3 1 8
viii 5 6 9 1 3 8 4 7 2

LEVEL:
 neo 5 7 3 6 8 2 1 4
zen 6 2 1 4 8 5 3 7 9
ti 2 5 4 7 6 9 3 1 8

Answer:
 nor 3 8 2 5 1 4 6 7

Selected for the 2014 Sudoku Kid of the Year Award.

http://www.sudoku.org.uk

Crossword

SOUTH DAKOTA STATE BUSINESS DIRECTORY

IOWA STATE DAILY BUSINESS DIRECTORY

Jackson Cleaning Service

HELP WANTED

- Residential Cleaning - AUTOGRAPHED: Guaranteed Your Employee Genuine
- Carpet Cleaning
- Upholstery Cleaning:
- Deodorizing
- Sanitizing
- Odor Elimination
- Ready for the Market - Deep Cleaning & Fragment

HELP WANTED

- Office Building and Residence cleaning - Good Driving record. At least 3 years experience.
- A
ded to work evenings and weekends.

HELP WANTED

- Large Church,
- Looking for full time, (part time)
- Clergy responsibilities
- Office help
- Administrative responsibilities
- Married couple

HELP WANTED

- Fulltime, flexible schedule, some evenings, weekends.
- Call 625-5200.

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