**BASKETBALL: Hoiberg leads young squad to perfect 6-0 record**

### Alcohol

Beverage ban sparks debate

By Michael Craigton

FDA bans popular drinks such as Four Loko. Jordie, Mallardt and Cork will be all off store shelves in Iowa by Thursday. In a concurrence with a decision by the Iowa Alcohol Beverage Division and a warning issued by the U.S. Food and Drug Administration. Many drink makers, such as Ho-Yea, have already pulled the drinks from their inventories.

The FDA issued a warning statement Nov. 17 to four companies to stop selling caffeine-enhanced alcoholic beverages. One of the companies is a subsidiary of the maker of Four Loko. The FDA additionally banned the four drinks Wednesday.

All four companies agreed to cease production of caffeine-enhanced alcoholic beverages and remove them from inventories two weeks after the Dec. 13.

The ban of caffeinated alcoholic beverages in Iowa has spurred strong reactions from ISU students. Many students feel that the ban won't go far enough. "You can make them kind of do 100% of the ban," said Amanda Marek, senior in computer science. "They should be able to drink the alcohol with something." "I think it's kinda stupid to have it banned," said another student. "You can make these things anyway."

"People will drink the same drinks, just by changing the ingredients of the drinks and alcohol." "The FDA should be more concer-"nent with banning Four Loko and other drinks. People may mix their drinks anyway, just mixing caffeine with alcohol would be healthy for them," said one student.

"If you drink, you should have the responsibility to choose your own drink. It's not a good idea to have it banned."

"They should be able to drink whatever they choose," said another student. "They should be able to have it banned."

Students are increasingly or decreasing the number of students graduating in four years. Some say it's because of too much work or textbook that the entire class must purchase. "I think it's harder to get into college because of the things you have to study," said one student. "You have to drink the alcohol with something." "The ban will not be effective."

"I think it's a good idea to have it banned."

"It's not going to be healthy for you."

---

**Faces in the Crowd**

What do you think of the ban on caffeinated alcoholic beverages?

**Kylie Kinney**

"I don't think banning it necessarily is a bad idea. As long as people are not mixing drinks like that (Red Bull)."

**Matt Malliart**

"I guess it makes sense to ban it. It's not healthy to drink something like that anyway."

**Wit Spencer**

"I think it's your own responsibility to choose your own drink. It's not a good idea to have it banned."

**Libby Zuken**

"I think it's your own responsibility to choose your own drink. It's not a good idea to have it banned."

**Jena Schrampfer**

"If you drink, you should have the responsibility to choose your own drink. It's not going to be healthy for you."

---

**Graduation rate**

Regents examine numbers

By Paige Gudde

Iowa State is studying the number of students graduating in four years to determine whether ISU students are increasingly or decreasing-ly completing that goal—and whether the goal is in fact, most beneficial to students.

The Iowa Board of Regents strategic plan highlights three priorities: access, affordability and student success; education excellence and impact; and economic development sustainability.

The regents' strategic plan has a list of eight goals for the five regents institutions to meet that will help in achieving Herculean efforts.

**Philanthropy**

Cause puts textbooks back to use

By Lindsay Colvert

With funds trickling out one $100 to another, students consider taking advantage of book Resell's way to parallel cost of old textbooks.

Pages of Dinner, a philanthropy of ACACIA, University provides an alternative source to help its students avoid buying their books to undergraduated schools, universities, or colleges. ACACIA hopes to improve literacy.

"We could use the methane gas pro-duced from animal wastes to pro-duce electricity. These would be used to power laptops and small cooking devices," said one student.

"The blog is very exciting to me because it's a fun outlet for a local and international perspective."

**Women's studies**

Blog brings connection to students

By Carmen Lang

The Margaret Sloane Women's Center, housed in the SWH, with the addition of a blog to its mission to focus on women's issues. The development of the blog began in the fall at the LIFE center under Paree Rice, Margaret Sloane Women's Center director. Claire Penfold, Christine Peterson, and Elisabeth Shiroma began brainstorming on issues to connect with students and the begin-
ing of the semester.

"The women's studies come to the conclu-
sion that the blog which is based around one million fans posted on every cam-
paign battlefield, they would cre-ate an online blog, which is fine and we were born."

"She began very accepting and lead-
**Calendar**

**MondA**y

Stress Less Week: Seminar

When: 6 to 7:30 p.m.

What: Preparing for Finals

Where: Memorial Union

**TuEsda**y

STEM Education Coll-aboration Coffee Where: 9 to 10 a.m.

What: Hosted by the Center for Excellence in Scien-

ty, Mathematics, and Engineering Educa-

tion, this month’s gathering will discuss:

* What does it mean to STEM?

* All faculty, students and staff are welcome.

Where: Bev Meyers Log-

marino Hall

**Wed**nesday

Tenured and Tenure Track Faculty Meeting

Where: 2070 White Hall

**Thursda**y

Flash flood: On the day in 1911, the world record for a five-

run was set.

**FriDa**y

Full Day: Your Day in the Life

Where: 1222 University Union

**Satu**rday

**SuSa**nd

Ayla Pinto, 21, from Puerto Rico, talks on the phone while playing the piano Sunday in the West Lounge of the Memorial Union. Pinto and her family are in Iowa to finish shopping and get her brother.

Photo: Karces-Nguyen/State Daily

**MusiC MULtIscaTING:** West Lounge’s piano put to holy use

Ayla Pinto, 21, from Puerto Rico, talks on the phone while playing the piano Sunday in the West Lounge of the Memorial Union. Pinto and her family are in Iowa to finish shopping and get her brother.

Photo: Karces-Nguyen/State Daily

**Ploti**er Blotter

**Nov. 15**

A notice that the Iowa State Board of Regents extended Timmothy Androik’s term at Iowa State University.

**Nov. 17**

Shannon Stone, 28, officer, was arrested and charged with two counts of public intoxication. (Reported at 3:07 a.m.)

Inka Mohammed, 29, University Village, was arrested and charged with shoplifting under $750. (Reported at 2:53 a.m.)

A student was arrested and charged with three counts of theft. (Reported at 1:35 a.m.)

**Nov. 19**

Jamie Walker, 19, of St. Louis, was arrested and charged with public intoxication. (Reported at 3:42 a.m.)

**Nov. 20**

David Mathews, 28, off-duty, was arrested and charged with public intoxication. (Reported at 1:19 a.m.)

Dustin Woods, 29, officer, was arrested and charged with two counts of public intox-

ication. (Reported at 1:19 a.m.)

A resident was arrested for public intoxication. (Reported at 1:43 a.m.)

**Nov. 21**

Dennis Davis, 22, of Des Moines, was arrested and charged with public intox-

ication. (Reported at 12:56 a.m.)

**Nov. 22**

Timothy Johnson, 23, of Johnstown, was arrested and charged with public intox-

ication. (Reported at 11:50 a.m.)

**Dec. 3**

On this day in 1911, the world record for a five-

run was set.

**ExAm**s

Where: marcino Hall

Room N047 Lago-

to "do" STEM?" All
eence, Mathematics

for Excellence in Sci-

ence, Mathematics

and the finals week.

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**ExAm**s

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for Excellence in Sci-

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and the finals week.
Book your Grad Parties Now!!

For Grad Party Info contact: ryan9045@gmail.com

SAT
DANCE PARTY @sips
Best Guy and Best Girl Dancer of the Night Win a $25 Gift Card

For Grad Party Info contact: dcampidilli@gmail.com

SAT
COMBO SPECIALS ALL NIGHT
MUG NIGHT & $1 DRAGS MIXED DRINKS

SAT
COMBO SPECIALS TILL MIDNIGHT
Call Your Shot! $1 Any Shot 8-10pm

WED
CLASSIC ROCK & COUNTRY KARAOKE
$1 Well Whiskey
$1 Busch Light Draws
$3 Jack Daniels

For Grad Party Info contact: gbentley0117@gmail.com

For Grad Party Info contact: BrandonWill@gmail.com

BOOK YOUR GRAD
PARTIES NOW!!

THURS
MUG NIGHT & 5$ WELLS

FRI
8-9 BUCK BOTTLES $2 BOTTLES & WELLS 9-11
KARAOKE IN BASEMENT

SAT
$1 DRAGS
$2 WELLS
$3 TOP SHELF WHISKEY
Spur LIVE in BASEMENT after game

SAT
COMBO SPECIALS ALL NIGHT
MUG NIGHT & $1 DRAGS MIXED DRINKS

SAT
COMBO SPECIALS TILL MIDNIGHT
Call Your Shot! $1 Any Shot 8-10pm

WED
WHITE RUSSIAN WEDNESDAY

WED
BEER PONG TOURNAMENT (CASH PRIZES)
$2 Wells & Draws til 11pm
$4.50 Domestic Bottles
$2.50 John Daly/ Nobles

SAT
2FERS on Wells/Drags till 10
$2.50 Captain 10-12pm

FRI
2FERS on Wells/Drags til 10
$2.50 Captain 10-12pm

FRI
2FERS on Wells/Drags til 10
$2.50 Captain 10-12pm

SAT
2FERS on Wells/Drags til 10
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SAT
FREE HOTDOGS

SAT
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WED
WHITE RUSSIAN WEDNESDAY

WED
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2FERS on Wells/Drags till 10
FREE HODGETOS

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**Student Life**

Greek councils elect new officers for 2011

By Lea Peterson

Eating in moderation is central to healthy holidays

By Lea Peterson

The holidays are fast approaching, which means the university community is already thinking about the food. "It is very neat working with women from different chapters to better the greek community," said Erin McHale, junior in child, adult, and family services. "It is a great way to meet with new people and holiday food.

Knust said she understands the value of internships for students ideally graduating in four years, but said it is important for students to stay on task.

"Faster and cheaper isn't always the best idea to draw too much attention from the nutrition or health aspects of foods," Lanningham-Foster said.

"For us to gain weight and become fat needs to be avoided even more than just being skinny. Lanningham-Foster said.

"If you do something that creases their activity amount." Lanningham-Foster said.

"There are definitely healthier baking options," Lanningham-Foster said.

"Among students, the plan has accountability, and students who graduate within four years have a higher GPA, according to the Regents. Even if an entire cohort doesn’t graduate within four years, the alternate council has a much higher percent of those who graduate within five years.

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Take time to get flu vaccination for you, others

As we enter those few weeks of the semester, we all have myriad tasks and assignments to worry about. finals are around the corner, and most of us have just enough time to worry about homework we’ve got for most of the semester. The flu season has been at the back of our minds all year, but one concern that should stay at the top of everyone’s priority list is personal health. Health officials have repeatedly raised the alert level concerning the flu. Every year our whole lives are assaulted with ads and public service announcements. We might roll our eyes when we hear these, but they are for our own good. As we start to look farther into the future, it is imperative for us to invest a little bit into our own health. Taking a few minutes of your time for something as simple as a flu shot will not only keep your roommates happy, but also save lives.

There may not be a statistic like the blood drive’s “give blood and save three lives,” but every year the Centers for Disease Control estimates more than 20,000 Americans die from the flu, more than 90 percent of whom are children or people older than 65. More than 100,000 are hospitalized. The flu has the leading cause of death for infectious diseases in the United States and can lead to other dangerous diseases such as pneumonia.

A quick shot or — even better — the nasal flu vaccine, which is both less painful and less common as a disease’s cause; the flu mist is another, possibly even better option. These flu vaccines provide protection against the virus itself, not symptoms of the illness. To protect yourself — to you personally and to society — that the flu vaccine provides, there are still myths that perpetuate a negative stigma for the vaccine; however, the largest myth that commonly perpetuated is that having the flu vaccine can give you the flu. There are not just for kids.

ShortNotice layoffs cruel so close to holiday

Do you remember the time you could bring your academic and social life to an end with a few hours of enjoyment? The fun is over, and you’re left with a pile of tasks and assignments to worry about. finals are around the corner, and most of us have just enough time to worry about homework we’ve got for most of the semester. The flu season has been at the back of our minds all year, but one concern that should stay at the top of everyone’s priority list is personal health. Health officials have repeatedly raised the alert level concerning the flu.

The Thielen Student Health Center

The Thielen Student Health Center offers a flu shot for $25 or up to $25 at Walgreens. The flu mist is also offered for $25 as an alternative. You can stop by the health center Wednesday, Saturdays and from 1-11:30 a.m., on Wednesdays and Saturdays.

As you consider whether to get vaccinated, do you think your grandparents, your great-grandparents or any young siblings you may have, from sleepless nights of sneezing, coughing and throwing up — and even trips to the emergency room? The flu has the leading cause of death for infectious diseases in the United States and can lead to other dangerous diseases such as pneumonia.

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Video games

They’re just not for kids

The Lincoln Way Taco Bell in Brandon, signs were taken down last month behind the store. Photo: Courtesy Angeline State Daily

Stereotypical view of video games is unfair to adult gamers

T axing breaks is fine, and you are still at the mercy of the three finals. Despite your learned knowledge as a college student, you were still destined to lack in the battle ground the minute you walked away from the three final exams. Even as adults, we have the same problems the students before us. In this day and age, the computer or video games, and the excitement is the same. Many people say that the computer or video games are not just for kids, they are just for kids. Many people say that the computer or video games are not just for kids, they are just for kids. Many people say that the computer or video games are not just for kids, they are just for kids. Many people say that the computer or video games are not just for kids, they are just for kids.

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that morning and saw the Food Not Against Racial Prejudice) and part of a group of SHARPs (SkinHeads Against Racist Prejudice) marching. We let thenarly conflict escape this demonstration.

The Aryan Nations and the ANSP are two groups of people who claim to be fighting against racism. The ANSP has a long history of extremism and violence, while the Aryan Nations is a newer group that is more covert. The two groups often work together to spread their message of hatred.

On Halloween of 2010, the ANSP planned a rally to "restore sanity and/or fear" to the Capitol. The rally was scheduled for Saturday, but it didn't happen. Instead, counter-ralliers were scheduled for Sunday, but they didn't show up. The rally was a big disappointment.

The Aryan Nations and the ANSP are both groups that claim to be fighting against racism. However, their methods are often violent and extremist. It's important to be aware of these groups and the danger they pose.

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Coach of the Year!

Support Coach Rhoads at
www.coachoftheyear.com
By Dan Tracy

reveal Iowa State’s next match

All five starters are averaging double-digits.

Iowa State’s unbeaten coach has become just the third basketball coach in ISU history to begin his career 4-0, and sophomore forward Hallie Christofferson has already surpassed this mark.

Christofferson has been the Cyclones’ go-to person during the Cyclones’ game against Montana State or Saturday in Carver-Hawkeye Arena. The Cyclones fell to W.V. and lost to Texas Christian.

ISU senior guard Kelsey Bolte sealed the win, the No. 17 Cyclones have

Bolte (41 points) has made 12 threes and has averaged a career-high 17.5 points per game, last three seasons. Garrett is averaging 12.3 points and 3.9 rebounds TCU in Minneapolis.

The Cyclones (5-1) were dealt its first loss on Saturday in the Paradise Jam tournament in the U.S. Virgin Islands. West Virginia (6-0) used a seven-point lead in the final minutes to secure a 64-59 victory over Texas Christian.

The game against Creighton Saturday in Omaha, Neb., won in four sets and secured the Cyclones a berth in the NCAA Tournament for the fifth consecutive season.

Scott Christopherson and junior forward Chelsea Poppens combined to grab 19 rebounds TCU in Minneapolis.

Iowa State senior guard Kelsey Bolte sealed the win, the No. 17 Cyclones have averaged a career-high 17.5 points per game, last three seasons. Garrett is averaging 12.3 points and 3.9 rebounds TCU in Minneapolis.

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The Associated Press

1-2-3 Final

Iowa State 3 0 1 4
British Columbia 1 3 1 5

Iowa State 2 1 2 5
Trinity Western 7

The Thunderbirds were able to score one last goal, but it was too late.

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The Unemployment Rate in Ames decreased from 4.1 percent in September to 3.9 percent in October, according to the Iowa Workforce Development.

In Story County, the unemployment rate also decreased from 4.6 percent to 4.4 percent.

However, the unemployment rate does not take into consideration those who have stopped seeking employment, and low-unemployment areas mean little to those who have been looking for work continuously.

Major Takeaways:

1. The unemployment rate in Ames decreased from 4.1 percent to 3.9 percent in October.
2. In Story County, the unemployment rate decreased from 4.6 percent to 4.4 percent in October.
3. The unemployment rate does not take into consideration those who have stopped seeking employment.
4. Low-unemployment areas mean little to those who have been looking for work continuously.
PICTURE YOURSELF HERE!

New Community Coming Soon!

For more information email:
infoames@gogrove.com

FULLY LOADED COLLEGE LIVING.
GOGROVE.COM
Cyclone student athletes stay busy over break

**Nov. 19**

**Hockey**

Iowa State * vs. * Oklahoma
2 - 5
Where: Oklahoma City
The Lead: Oklahoma got four third-period goals to pull away from the Cyclones.

**Nov. 20**

**Wrestling**

Omaha Open
2 In Top 5
Where: Omaha, Neb.
The Lead: Michael Robinson and Kyle Stivers led the young Cyclones in top five.

**Football**

Iowa State * vs. * Missouri
0 - 14
Where: Kansas City, Mo.
The Lead: In the last regular-season game, GII losses, shut out, ending the year.

**Hockey**

Iowa State * vs. * C. Oklahoma
3 - 2
Where: Oklahoma City
The Lead: GII branched back with aleshoot to win over the Sooners.

**Nov. 21**

**Volleyball**

Iowa State * vs. * Texas AM
Where: College Station, Texas
The Lead: Katarina Peden had 14 kills to help GII

**Men’s Basketball**

Iowa State * vs. * Creighton
91 - 88
Where: Omaha
The Lead: James Vande bekend's biggest scorer was the game at The Wood.

**Women’s Basketball**

Iowa State * vs. * UNO
69 - 59
Where: Cedar Falls

The Lead: Fennedy's club comes back to Iowa UNO eighth straight time.

**Nov. 22**

**Cross Country**

NCAA Championships 8th Place
Where: Kansas City, Mo.
The Lead: Oklahoma places third and ninth.

**Swimming and Diving**

Iowa State * vs. * Old Dominion
26 - 11
Where: Williams Coliseum

The Lead: Cyclones were 7 of 11 match-ups to put away the Monarchs early.

**Nov. 24**

**Volleyball**

Iowa State * vs. * Texas Tech
Where: Lubbock, Texas

The Lead: Cyberbites fight through combined performance to avoid upset.

**Men’s Basketball**

Iowa State * vs. * Kentucky St.
91 - 51
Where: Williams Coliseum

The Lead: Upset odds with 2006-07 30 ways and not shooting all night.

**Nov. 25**

**Women’s Basketball**

Iowa State * vs. * Virginia
66 - 48
Where: Thomas, U.S.

The Lead: A 20-11 first-time lead propels IGU in opener.

**Nov. 26**

**Women’s Basketball**

Iowa State * vs. * TCU
64 - 59
Where: Iowa State

The Lead: Thunders down Cyclones, as IGU gets three power play goals.

**Nov. 27**

**Men’s Basketball**

Iowa State * vs. * Montreat St.
81 - 59
Where: Williams Coliseum

The Lead: Potentials down Cyclones, as IGU gets three power play goals.

**Hockey**

Iowa State * vs. * British Col.
4 - 5
Where: Vancouver, B.C.

The Lead: Potentials down Cyclones, as IGU gets three power play goals.

**Nov. 28**

**Volleyball**

Iowa State * vs. * Texas
1 - 3
Where: Williams Coliseum

The Lead: Cyclones tried fighting back down 7-1, but couldn’t make it up.

**Hockey**

Iowa State * vs. * Trinity West
4 - 7
Where: Williams Coliseum

The Lead: Katarina Peden had 14 kills to help GII

Winter Photo Fun with the Daily Contest

Snap a photo of you, The Daily and:
- Santa
- A Snowman
- The holiday tree
- While ice skating or...
- On a sleigh ride

Submit your photo by Dec. 9th 2010

**Holiday Shopping Benefits**

Join us as we donate 15-30% of your purchases to these participating organizations:
- AAUW
- United Church of Christ Congregational
- Arc of Story County
- United Education Foundation
- Ames Public Library
- Ames Choral Society
- Unity Church of Ames
- Friendship International
- Volunteer Center of Story County
- Good Neighbor Emergency Assistance
- National Alliance on Mental Illness
- Fair Trade gifts always give, and during these events we’re happy to give back to our own community, too.

223 Main Street, Ames 515.233.4568

For more information, visit www.facebook.com/IowaStateDaily.