Friday, November 4, 2011 >> Iowa State vs. University of Kansas >> Kickoff at 11:30 a.m. Saturday >> an Iowa State Daily sports supplement
Quarterback Jared Barnett looks for a pass during the game against Texas A&M on Oct. 22. In his first start at quarterback, Barnett led Iowa State to a 41-7 upset on the road against then-No. 19 Texas Tech. Barnett and Cyclones will take on Kansas at 11:30 a.m. Saturday at Jack Trice Stadium.

Father-son bond leads to success on field

By Jake Calhoun
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Jared Barnett has made the most of his opportunities as a redshirt freshman quarterback on the ISU football team.

The 6-foot, 200-pound native of Garland, Texas, led Iowa State (4-4, 1-4 Big 12) to its first conference win of the season Saturday in a 41-7 upset of then-No. 19 Texas Tech in his first-ever start as an ISU quarterback.

Through his budding success as the new starting quarterback for the Cyclones, Barnett is quick to point out that the influence of his father, Duke, has been instrumental in shaping who he is today.

“He really keeps me humble,” Barnett said of his father. “He knows that some people around me are trying to hype me up and that’s good, but then again that’s not what he wants me to be and he just wants to keep me level-headed and keep me humble.”

Duke has been coaching Jared since he first picked up a football at age 4, stressing the proper mechanics — anywhere from movement of the feet to eye shifting while making reads at the line of scrimmage — required to flourish at quarterback.

“[Jared’s] family relationship is fantastic,” said ISU coach Paul Rhoads. “His dad is very even-keeled. That upbringing, that guidance, that relationship is very strong and certainly is supportive to his success.”

After shaking off the trauma that resulted from throwing an interception in his first collegiate pass attempt...
Jeremiah Davis, sports editor (44-19)

Iowa State — Texas Tech pancaked after beating No. 1 Oklahoma. Will Iowa State do the same against Kansas? Don’t think so. Jayhawk fans can’t wait for basketball.

Jake Calhoun, assistant sports editor (38-25)

Iowa State — This is the point in the season when at least half of the KU players are seriously trying to figure out why they decided to play football at Kansas.

Dan Tracy, senior sports reporter (42-21)

Iowa State — A must-win for the Cyclones if they want a shot at a bowl. A must-not give up 600 yards and 50 points to stay out of the worst defense ever section of the record books.

Jake Lovett, editor in chief (46-17)

Iowa State — With a win, the Cyclones will clinch at least a five-win season. Who thought that would be the case in August?

Bill Fennelly, guest pick (14-14)

Iowa State — The Cyclones get back-to-back wins in front of another 50,000- plus crowd to get to 3-4 on the season.
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Editorial

Transitive property does not apply in football

Cyclone victory won’t predict future outcomes

We’re not going to short-change it: Texas Tech’s 41-38 upset of then-No. 3 Oklahoma on Oct. 22 in Norman, Okla., was nothing short of surprising.

As a result, Texas Tech jumped to No. 19 in the AP Top 25 poll and Oklahoma dropped to No. 9 — one slot underneath Kansas State.

What was at least equally — if not more — surprising was the following week was Iowa State’s 41-7 upset of that same team that had dropped our jaws by beating Oklahoma.

With the new leadership of redshirt freshman Jared Barnett — who has been praised for his poise in the pocket and his ability to lead the ISU offense into scoring drives that look somewhat effortless — ISU fans may be beginning to think Oklahoma will be a piece of cake when the Cyclones travel to Norman on Nov. 28.

Well, we’re not here to tell you that you’re foolish for thinking Iowa State has a chance to beat Oklahoma — something it has not done since 1990 — because who are we to stomp on your faith and spirit?

But we do want to tell you that investing heavily in the transitive property (if A+B=C and B+C=A, then A+C=B) is just plain silly and that there are other factors to take into account when it comes to how teams fare against each other during the regular season.

We’ll look at an example from this season between three of the best teams in the Big Ten — Michigan State, Wisconsin and Nebraska.

On Oct. 1, Nebraska traveled to Madison, Wis., for its inaugural conference game as a member of the Big Ten ranked eighth in the nation to face No. 7 Wisconsin.

Wisconsin won handily, 48-17, while “Jump Around” boomed through the sound system at Camp Randall Stadium so loudly that NU fans may have been thinking that Bo Pelini couldn’t hear himself scream.

Fast forward to Oct. 22 in East Lansing, Mich., when Michigan State upended Wisconsin’s hopes of an undefeated season and possibly a bid in the BCS National Championship Game when the Spartans won on a controversial, last-second desperation heave that was reviewed to be a touchdown in a 37-31 contest.

A week later, Michigan State fell to Nebraska 24-3 in front of a typical sellout crowd at Memorial Stadium in Lincoln, Neb.

So wait, Wisconsin killed Nebraska and Michigan State beat Wisconsin, so shouldn’t Michigan State have beaten Nebraska?

Absolutely not.

There are many factors to take into account — the hostile environment a team that had previously been victorious may find itself in, injuries to key players that the coaches try to keep under wraps from the general public, etc. — that don’t factor into the win-and-loss column.

Another important factor is the differing styles of game play that may not translate into a sure win or loss against one another.

The spread offense can be effective against defenses that specialize in stopping the run while lacking sufficient pass-defending capabilities — which was the case in Iowa State’s 44-41 triple-overtime win against Iowa on Sept. 11 — but that does not mean it will work against other defenses that have faltered at the hands of your upcoming opponent.

So folks, we’re not saying you shouldn’t believe Iowa State can beat Oklahoma or whoever was beaten at the hands of an opponent Iowa State has gotten the best of.

But to think that just because a team that Iowa State beat had defeated an even better team the week before means an automatic victory over the team that’s even better is just preposterous.

Of course, that doesn’t mean you’re not allowed to hope. We’re just saying, don’t be so quick to get your hopes up.

ISD Sports Editorial Board
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Dan Tracy, senior reporter
## Big 12 power rankings

<table>
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<th>RK (LW)</th>
<th>Team</th>
<th>Record</th>
<th>Comment</th>
</tr>
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<tbody>
<tr>
<td>1. (+1)</td>
<td>Oklahoma State</td>
<td>(8-0, 5-0)</td>
<td>The Sooners lose a spot in the polls but not in our rankings. We saw some chinks in the armor against Missouri, but Oklahoma is still on the fast track to the National Championship.</td>
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<tr>
<td>2. (-1)</td>
<td>Oklahoma</td>
<td>(7-1, 4-1)</td>
<td>The Cowboys overcame a 17-point halftime deficit for a convincing one-point win against Texas A&amp;M to keep them comfortably in the No. 2 slot in the Big 12.</td>
</tr>
<tr>
<td>3. (-- )</td>
<td>Kansas State</td>
<td>(7-1, 4-1)</td>
<td>A stat that has everyone buzzing about Baylor: Quarterback Robert Griffin III has more touchdown passes (13) than he does incompletions (12) in the Bears’ first three games of the season.</td>
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<tr>
<td>4. (+1)</td>
<td>Texas</td>
<td>(5-2, 2-2)</td>
<td>A bitter taste sits in the mouths of the Aggies as they dropped their conference-opening game against Oklahoma State. Texas A&amp;M is still an elite force in the Big 12, though.</td>
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<tr>
<td>5. (+2)</td>
<td>Missouri</td>
<td>(4-4, 2-3)</td>
<td>Junior quarterback Garrett Gilbert, who is out for the year following shoulder surgery, turns the offensive reins over to sophomore Case McCoy, younger brother of former Hook’Em Heisman candidate Colt McCoy.</td>
</tr>
<tr>
<td>6. (-2)</td>
<td>Texas A&amp;M</td>
<td>(5-3, 3-2)</td>
<td>The Cyclones stay in this position only because Missouri moves down. The toughest test to date comes Saturday against Texas. A win legitimizes this ISU team.</td>
</tr>
<tr>
<td>7. (-1)</td>
<td>Baylor</td>
<td>(4-3, 1-3)</td>
<td>The Fighting Snyders halted Miami quarterback Jacory Harris at the 1-yard line with 49 seconds remaining, giving the Big 12 another impressive non-conference win.</td>
</tr>
<tr>
<td>8. (+1)</td>
<td>Iowa State</td>
<td>(4-4, 1-4)</td>
<td>The Tigers took a 14-3 lead against Oklahoma in the first quarter before the sleeping giant known as the Sooner offense awoke and rattled off 28 unanswered points en route to a 38-28 win.</td>
</tr>
<tr>
<td>9. (-1)</td>
<td>Texas Tech</td>
<td>(5-3, 2-3)</td>
<td>The Red Raiders rode the proverbial “struggle bus” in beating Nevada, but there’s nothing like a game against Kansas to cure what ails them.</td>
</tr>
<tr>
<td>10. (-- )</td>
<td>Kansas</td>
<td>(2-6, 0-5)</td>
<td>The Jayhawks needed a week of preparation before beginning Big 12 play against Texas Tech, which erased a 14-point deficit against Nevada to win by one last Saturday.</td>
</tr>
</tbody>
</table>
Sept. 3
Iowa State 20
vs.
Northern Iowa 19

Sept. 10
Iowa State 44
vs.
Iowa 41

Friday, Sept. 16
Iowa State 24
@
Connecticut 20

Oct. 1
Iowa State 14
vs.
Texas 37

Oct. 8
Iowa State 26
@
Baylor 49

Oct. 15
Iowa State 17
@
Missouri 52
Oct. 22
Iowa State 17
vs.
Texas A&M 33

Oct. 29
Iowa State 41
@ Texas Tech 7

Nov. 5
Kansas
Ames, Iowa
11:30 a.m.

Friday, Nov. 18
Oklahoma State
Ames, Iowa
8 p.m.

Nov. 26
Oklahoma
at Norman, Okla.
7 p.m.

Dec. 3
Kansas State
at Manhattan, Kan.
11:30 a.m.

CYCLONES
in the fourth quarter of a 52-17 loss to Missouri on Oct. 15, Barnett has successfully led the ISU offense down the field for scores on multiple drives since.

“Even at a young age, he really worked hard to have good technique in his footwork and his motion in throwing the football,” Duke said of Jared. “He got so good at that, he really didn’t have trouble trusting what he could do.

“He’s never had a time when he’s just been rattled because he knows what he can do, he trusts in his abilities, he trusts in his work ethic because he trusts in everything he’s learned through his upbringing.”

Rhoads said one of Barnett’s best attributes is that he meticulously studies opposing defenses — even during weeks in which he didn’t play.

“Even at a young age, he really worked hard to have good technique in his footwork and his motion in throwing the football,” Duke said of Jared.

“The most important thing in playing an opponent is knowing where their weaknesses are,” Duke said. “I tell him all the time, ‘You'll never be successful as a quarterback if you don’t study and understand what an opposing team is going to try to do to you.’”

Jared’s knowledge of the defense partly stems from having had to play safety in rotation with Adrian Phillips — who now plays defensive back at Texas — opposite quarterback during his freshman year of high school.

“I told him I thought it’d be good for him because being back there, it would have him get an understanding of what defensive backs looked for in a quarterback — looking at their eyes and looking at how they take the drops and things like that and try to get a read on what they’re doing with the play,” Duke said. “That’s where he learned the importance of looking at [opposing defenses].”

Coming out of high school, Jared led the initiative in being recruited by Division I schools for football.

Duke said Jared’s first choice was to play at Texas Tech under then-coach Mike Leach, who recruited him but never gave him an official offer.

Jared was offered by four Division I schools — Houston, Iowa State, Kansas and Kansas State — to play quarterback.

After making a trip to Ames and meeting with Rhoads, Duke said Jared was instantly sold on wanting to come to Iowa State.

“After we spent time with the [ISU] coaching staff, he picked up the phone and called his mom and said, ‘Mom, I’m going to commit here,’” Duke said. “His mom said, ‘No no no, you’ve got to make all your visits and everything,’ and he said, ‘Mom, I love it here. I love Ames, I love this campus, I love this coaching staff, I want to commit here.’”

Jared officially committed shortly afterward in May 2010.

Duke and his wife, Laura, were in attendance to watch their son become only the fifth quarterback in ISU history to lead their team to victory in their first-ever start, making the moment more sentimental for both of them.

However, Duke made sure to remind Jared of what he felt was most important following the win.

“I told him before he got on the bus from Lubbock, ‘You get on this bus, head back to Ames and you enjoy this win with your football team,’ but when you hit practice on Sunday, it’s all about KU,” Duke said. “That’s the perspective I want him to have on it.”
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Player to watch: Iowa State

Running back James White looks for an opening in the line during the third quarter of Iowa State’s 52-17 loss to Missouri on Saturday, Oct. 15. White carried 14 times for 61 yards in that game. On the season, White has rushed for 582 yards and caught 16 passes for 108 yards.

Player to watch: Kansas

Kansas linebacker Steven Johnson pulls down Texas running back Joe Bergeron during Saturday’s game in Austin, Texas. Johnson has five tackles for loss and 90 total tackles on the season.
Apple cider

By Steph Ferguson
AmesEats Flavors writer

Warm apple cider is the perfect refreshment at a cool, fall tailgate, especially during a morning game. Take a moment to make this drink your own and impress your friends. They'll think you slaved for hours to create something that tastes just as good as something from the orchard.

You'll need a base for your cider. You can buy cider at the store that has a mild flavor, like Old Orchard. If you want a more flavorful base, you can find apple ciders from orchards at stores like Hy-Vee and Wheatsfield. These typically have a stronger flavor and don’t need as many spices or time added into the mix. The downside to buying cider from an orchard, though, is that it is typically more expensive than commercial cider. It’s up to you how you want your cider to turn out.

Cider can take on the flavor of almost anything, so don’t be afraid to try something crazy. Cut up fruit like oranges, peaches or even more apples.

Place your favorite type of tea bag into the pot while you’re heating it. Cloves, pumpkin pie spice and cinnamon are all good flavors to add to your cider. Here’s a starter recipe for some help.

Pomegranate-ginger cider

- 6 cups apple cider
- 1 orange, sliced
- 2 pomegranate-flavored tea bags
- 4 slices fresh ginger
- 2 tablespoons cinnamon
- 1 tablespoon cloves

Mix all the ingredients in a large pot, cover and bring to a simmer. The longer the flavors simmer, the more flavors the cider will take on. The cider is ready to drink when hot, but it also can be served at room temperature.
Hot dogs are an essential part to every classic tailgate. Ketchup, mustard and relish can get tiring after awhile. Try spicing up your dogs by using inspirations from across the United States. These recipes are sure to satisfy any Cyclone fans’ hunger.

**East Coast dog:**
Give a little East Coast lovin’ by topping your hot dog with spicy brown mustard, caramelized or grilled onions and sauerkraut.

**BLT dog:**
If you’re in the mood for a little kick, try recreating the BLT. Use tomato slices, lettuce, bacon bits and either blue cheese or ranch to top.

**Chicago dog:**
Some ISU fans will be familiar with the classic Chicago dog. To create your own Windy City dog, decorate it with a pickle spear, tomato wedges, relish, sport peppers, chopped onion, celery salt and mustard. Serve it in a poppy-seed bun.

**Chili dog:**
If you have chili at your tailgate, make yourself a chili dog. It’s a fan favorite. Top it with onions, cheese and the optional corn chips to combine two things into one.
November 5, 2011
Jack Trice Stadium
Iowa State University

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