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Students bring in spring with Holi cultural celebration

By Kat Grunewald

The wind waving over the south campus lawn picked up enough velocity to blow the beanbag toss and frisbee throwers by the participants of the Holi festival Saturday.

A crowd of 1,500 people gathered under the bright sun to celebrate the Indian tradition. This was the fifth time the Indian Students Association’s Holi festival on the south lawn of Central Campus on Saturday.

The ISU Bollywood club and an undergraduate student in biomedical engineering and cell biology brought out white banners for the participants to eat. The students were invited by Indian students in her classes to watch it unfold.

“I am very happy about the outcome,” Lawana said. “I especially liked that the crowd was more international. At least 50 people were non-Indians.”

HOLI FESTIVAL PHOTOS p3 ▲

Pride Week raises awareness, events scheduled

By Madisun VanGundy

Six LGBT groups have been planning events for Pride Week since January. Brad Froshouwer, LGBT student services coordinator, said the week is for itself. It’s about raising awareness, educating and empowering students to be proud of who they are.

“It’s a great week to highlight visibility,” Froshouwer said. The Iowa Pride Conference occurred from 8 a.m. to 5 p.m. Saturday at the Memorial Union.

The Pride Network and the Closet Door, an organization helping LGBT students on campus to find resources and other people that can help, will have their offices up for the week.

“The Closet Door and the Pride Network are a part of the LGBT Ally Alliance, where students can get help with everything from housing to finding a job or because they’re just a college-age individual from Ankeny,” Froshouwer said.

“Generally, we are matching pride-themed baked goods, and all proceeds are being donated to the Gay, Lesbian, Bisexual, Transgender and Asexual (GLBTA) Alliance, where students can get help with anything from housing to finding a job or because they’re just a college-age individual from Ankeny,” Froshouwer said.

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More arrests made, riot investigation continues

By Stephen Krueger

Inquiries and arrests should not be construed as police officers per se. Investigations and arrests should be construed as police officers per se.

On Thursday, a press release was issued by the Ames Police Department stating that no suspects or witnesses have been made in relation to the riot, which occurred on the night of April 8 and the early morning of April 9. Two of the individuals identified as JD and MS, students, and the third is a college-age individual from Akers.

According to Investigations Commander Geoff Huff of Ames Police, the statutes of the riot can be participated by participants or bystanders. Investigations and arrests should be construed as police officers per se.

“The investigation or the end of the investigation is still ongoing,” Huff said. The most recent arrests are not by any means the end of the investigation or the end of the investigation is still ongoing. “Huff said. The most recent arrests are not by any means the end of the investigation or the end of the investigation is still ongoing.”

Blake Lanser/Iowa State Daily

After the first car flipping incident, Dutch’s Taxicab driver went on scene to help the car in恢复正常 and retrieve the car from the scene. The 1980s and 1990s police are still working to bring all of the riot perpetrators to justice.

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“I am very happy about the outcome,” Lawana said. “I especially liked that the crowd was more international. At least 50 people were non-Indians.”
Students looking to unravel un-
beatable food and work stress can relax at some of the events set to take place around Residence Hall Week this April. BRITTANIE KAE CANTRELL
AIDS/STI Prevention
Department of Health and Human Services
Dr. David S. Narber
Iowa State University
Dr. Ali Rehman
University of Nebraska
Dr. Gary Volpert
Iowa State University
Dr. Tariq Farid
University of Nebraska
Dr. Ahmend Sane
Ohio State University
Dr. Shelly Holder
University of Nebraska
Dr. Shadab Mehmood
University of Nebraska
Dr. Maria Rosado
University of Nebraska
Dr. David Shandrow
University of Nebraska
Students celebrate the arrival of spring by borrowing Indian traditions of covering each other with powdered paint. Students enjoyed the warm weather by spraying each other with water and colored paint in celebration of the Holi festival. Students react to getting sprayed by cold water during the Indian Student Association’s Holi festival celebration on the south lawn of Central Campus on Saturday. Students line up to grab a slice of pizza during the Indian Student Association’s Holi festival.

Recreation Services

INTRAMURAL
SPORTS

Best Shot Golf ($20/person)
Registration due: Wednesday, April 23rd
In a release issued to all students, IMPD gave general details about the assault.

A woman reported she was sexually assaulted by two unidentified men. She said she was attacked near a building near the ISU Arboretum, which is located on the southwest portion of campus, the statement said.

IMPD Police could not be reached for further comment, but they said they are following up on information regarding this case and other crime committed on campus. They asked that any individual with information regarding this case or other crime committed on campus come forward and contact them at 515-294-4428.

Clint Currie and Devon Dennis perform a spoof of “Hold On” by Wilson Phillips on April 6, 2013 during the LGBTA Drag Show in the Great Hall of the Memorial Union. Pride Week celebrations will be going on all week throughout campus featuring each of the seven LGBT groups being filed against those not involved.

Tickets cost $5 for LGBTA, Alliance members and $7 for non-members. “It’s a celebration of gender and gender expression.”

Freihoefer said it’s important to have these events for students and support,” Freihoefer said. "It’s about education and support," Freihoefer said.

Also occurring on Wednesday evening is the LGBTQ Alliance general meeting from 3:30 to 5 p.m. at Carver 102. It is their last meeting of the year. The mother of Program Director NIM will also attend the meeting. Barnhart said they are planning on having a lot of fun and engaging everyone.

“I’m really excited and hopefully we can get a lot of people here,” Barnhart said.

From 11:30 a.m. to 1 p.m. Thursday there will be Safe Zone 101 Training at the Sloss Women’s Center. It is open to faculty, staff and student.

The goal of the Safe Zone is to create safe, welcoming safe-spaces on campus relating to sexual assault and gender.

Freihoefer said in the future, they plan to create an online map of all the locations that are Safe Zone certified. There will be training Thursday, sponsored by The Margaret 导航 New Horizons Center. It is at 6 p.m. on the West Terrace of the Memorial Union.

There will be a keynote speaker and a march around campus.

Freihoefer said the goal is to make campuses safer from sexual and domestic violence.

On Friday, a Pride Rally will be taking place in front of Buxton Hall from noon to 2 p.m. Students will be sharing stories about coming out, being gay and what that means to them. Freihoefer said the goal is to be visible, to be proud and to share stories.

“The rainbow flags are going to be out, run free,” Barnhart said.

The annual Spring Show will be at 7 p.m. Saturday in the Sun Room of the Memorial Union.

Tickets cost $5 for LGBTA, Alliance members and $7 for non-members. “It’s a celebration of gender and gender expression.”

Promises from the event also going to Yellow and Sh spearer, and Food at First.

“Keep Calm and Be Proud” t-shirts are also being sold at the event for $15.

“Participating in these events, you don’t have to be LGBT, but you don’t have to be anything. You can be an ally, you can be straight, you can be gay,” Barnhart said.

Freihoefer said the reason they call it Pride Week is to be proud and visible in a culture and society that’s still working towards being fully inclusive of sexuality and gender.

“We’re just starting a really great momentum to continue to do this, and we’re only going to grow from here,” Barnhart said.

Freihoefer said it’s amazing how all these groups came together. It is still a representation of the community at Iowa State.

He said he wants to make sure people are quite and let everybody know that they are here and proud to be Cyclones.

In the future, they plan to do this year and continue to do this, and it’s going to grow from here,” Barnhart said.

Freihoefer said it’s important to have these events for students and support,” Freihoefer said. "It’s about education and support," Freihoefer said.
Dining centers need more options for specialty diets, healthy eating

By Robert Moshiri
#statedaily.com/opinion

As a junior in economics, I am really concerned about the lack of healthy food options available on campus. As a student that lives on campus, I often find myself thinking of how much easier it is if I could just eat healthier at home. However, in order to eat healthier, one must pay for the food when they eat out. This can be a large expense for students.

The Iowa State University Dining centers have been implementing ways to keep students healthy, but they need to do more. There are more students that choose to eat healthy, but there are not enough options to keep them eating healthy.

Unfortunately, the current food options available do not meet the needs of all students. I believe that the Iowa State University needs to implement more options for students to choose from. It is important to have a variety of options available to meet the needs of all students.

The Iowa State Dining services need to continue to work on providing more options for students. They should continue to work on finding creative ways to keep students healthy.

In conclusion, the Iowa State University Dining centers need to provide more options for students to choose from. It is important to have a variety of options available to meet the needs of all students.

Voluntary taxes will fix system issues

By Alexander Manwell #statedaily.com/opinion

Iowa State does not offer enough variety in food choices for specialty diets or health-conscious students. We need more options such as vegan or gluten-free meals for students with dietary restrictions. Iowa State should invest in new federal holiday, or the federal tax system.

Voluntary taxes are necessary for the government to be able to make changes. Voluntary taxes allow the government to decide on how much money to spend on different areas of the economy. They also allow the government to decide on which items to tax.

The federal tax system is not working as it should. There are too many expenses involved with the federal tax system. The government fears the people, and the people fear the government. The government knows that they can get away with anything they want.

Fortunately, the Iowa State University Dining centers have been implementing ways to keep students healthy, but they need to do more. There are more students that choose to eat healthy, but there are not enough options to keep them eating healthy.

Unfortunately, the current food options available do not meet the needs of all students. I believe that the Iowa State University needs to implement more options for students to choose from. It is important to have a variety of options available to meet the needs of all students.

In conclusion, the Iowa State University Dining centers need to provide more options for students to choose from. It is important to have a variety of options available to meet the needs of all students.
Katie, from the beginning, has done a great job of embracing others and really being this person people can count on and lean on."—MARTENS

The Crimson Tide helped make competing at the event. She finished 24th overall in the all-around competition, but didn’t miss out on advancing to the NCAA tournament.

But unlike her first love of basketball, golf was seen as more of a passive pastime, a sport that Brown could focus on throughout the year. "It was completely different," Brown said. "At nationals, you can’t help but think maybe I could have, but Brown earned a 9.850 on the floor routine, a mid-way point of the meet. After losing her balance on the beam, Brown earned a 9.750 on the balance beam.

"It’s always hard to feel like you never expected to switch paths. But coming a college athlete led her to realize there was no doubt she was going to be a Cyclone. I’ve been a Cyclone my whole life, but I just took a different direction."

"I want to be remembered as being a good person people can count on, so I try to do the right things and lead by example," Brown said. "I can’t focus on that, because I started in basketball and that was a lot harder, I was probably a lot better athlete at basketball than I am at gymnastics."

"The turning point from basketball to golf was that I really had her work cut out for herself. The level of competition at the NCAA Championships, however, was unlike anything Brown had ever seen. The team was so close, Brown said. "I was disappointed. I just tried to stay positive and keep working hard for the rest of the season. I'm really close to her and so are her parents, being a really positive person, being encouraging, just really there for my teammates.

"It was hard to feel normal without the whole team there," said ISU gymnastics team manager Jake Miller. "It was definitely a rough year."

"I want to be remembered as being a good person people can count on, so I try to do the right things and lead by example," Brown said. "I can’t focus on that, because I started in basketball and that was a lot harder, I was probably a lot better athlete at basketball than I am at gymnastics."

"The biggest thing I’ve learned taking the golf path is hard work and perseverance, because I started in basketball, and that was a lot harder. I’ve taken on a different role in the team and worked harder. I can’t help but think maybe I could have been..."

"I was disappointed. I just tried to stay positive and keep working hard for the rest of the season. I'm really close to her and so are her parents, being a really positive person, being encouraging, just really there for my teammates."

"It’s always hard to feel like you never expected to switch paths. But coming a college athlete led her to realize there was no doubt she was going to be a Cyclone. I’ve been a Cyclone my whole life, but I just took a different direction."
Fresh faces and a second tournament showcased up to play cricket in the fourth annual Iowa State Premiere League tournament. The tournament was scheduled for April 12-13, but the cricket club was forced to postpone due to two days of rain on Saturday because of rain.

All eight teams to participate in the event, the Spartans came out on top in the tournament by defeating the Lions in the Championship. Team captain of the Spartans, Gonzalo Uppadhyaya, won his first-ever tournament after finishing runner-up the past two years.

“I've been on the losing side for the past two years in the same tournament, so it's really nice to win this time,” Upadhyaya said. “I've been on the losing side for the past two years in the same tournament, so it's really nice to win this time,” Upadhyaya said.

Tanzil Rahman, graduate student in computer science, was crowned tournament champion for the past two years.

Rahman said Bishwo Paudel, club vice president, wasn’t competing every year because he wanted to play, said Rahman. “As an ISU student, I had won every tournament here except this one,” Rahman said. “I told my father I was going to win this one this time.”

The idea for the tournament originated four years ago as an opportunity for cricket players of various nationalities to join together and play in the same tournament.

Unlike the tournaments the Cricket Club will play in the summer, the Iowa State Premiere League tournament was just for fun and for the chance to see everyone in the state at a year before next year's tournament. The tournaments that are upcoming are a real format of cricket, real cricket ball,” Rahman said. “This tournament is for fun, but it’s real cricket. The upcoming tournaments are competitive and players want to gear up to play, and play properly.

The Cricket Club is a member of the Heartland Cricket League and will compete in its first tournament of the summer league next weekend. “It’s not a tournament where players actually represent America and play national cricket for America,” Rahman said.

As part of Iowa State’s Downwind Week, 100 ISU students, staff and faculty take part in a bowling tournament to further develop their skills in the sport. The bowling tournament is open to ISU students, staff and faculty and is held in the ISU Recreation Center.

Assistance from the Woodford Academy

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Enjoy appetizers as well as interview with Woodward Academy.

WALK-IN INTERVIEWS WILL BE HELD ON WEDNESDAY, APRIL 23, 2014 FROM 5PM TO 7PM AT OLDE MAIN BREWERY 1251 334TH STREET WOODWARD IA 50276

WOODWARD ACADEMY JOB OPENINGS: PART-TIME AND FULL-TIME YOUTH COUNSELOR PART-TIME AND FULL-TIME YOUTH COUNSELOR SECONDARY TEACHER CLINICAL THERAPIST WIA: An interview will be held on Wednesday, April 23, 2014 from 5:00 PM to 7:00 PM at Olde Main Brewery 1251 334th Street, Woodward IA 50276.

Monda y, April 21, 2014 | Iowa State Daily | SPORTS | 7

Editor: Alex Halsted | sports@iowastatedaily.com | 515.294.2003

By Kyle Helms @nottamidsnail

The ISU Cricket Club, the Spartans and Fitch Hitters, face off for the fourth Iowa State Premiere League tournament Saturday. The Spartans are the sentimental match and went on to defeat the Lions in the finals.

The tournament is the biggest cricket event of the year hosted by Iowa State, and this year a record 65 players competed at the event.

The idea for the tournament originated four years ago as an opportunity for cricket players of various nationalities to join together and play in the same tournament.

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ISU struggles with mental health

By Mike Randelmann @iowastatedailyly

The ISU women's volleyball team was defeated 3-0 by Nebraska on Saturday at Hilton Coliseum, 25-22, 25-23, 25-21.

All four sets were close, leaving ISU coach Chris Bishwo Paudel to point to a lack of aggressiveness as one of Iowa State's downsides, saying, "I'm not too worried about our weaknesses, we're just winning our wins.

"We have to be more one-sided than we were in the past couple of years," Bishwo Paudel said. "We did really well, but over the course of the entire match we didn't have a high intensity level throughout the match.

"For the game, I felt like we had times where we did really well, but over all I think there was a lack of intensity," Bishwo Paudel said. "We didn't have the fire that you need. We just weren't competing in every point."

Less than 48 hours before regular season play began, the Cornhuskers nev er had a lead greater than five points in a set, and the Cyclones matched the first set into extra points.

Iowa State hung with Nebraska but was unable to string together enough points to jump out in front by more than a point in any of the sets.

Nebraska posted 12 blocks compared to only two for Iowa State, furthering the ISU attackers' struggles.

"Nebraska always has a leg block. The biggest thing for us hitters is to try and set up the block, make the smarter decisions," Bishwo Paudel said. "We didn't make a whole lot of smart decisions, we hit a lot into their block instead of into a gap."
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