Balloons at heart of breast cancer
ISU offers identity protection service

By Makayla Tendall

Around 29,000 students enrolled between 1995 and 2012 may have had their Social Security numbers compromised due to a security breach affecting five departmental servers

Officials said they believe the hackers that breached the campus network in March had access to the servers using computers to generate bitcoins. Jonathan Wickert, senior vice president of Student Affairs, said Tuesday in a press conference that the Change of Command ceremony, even those scheduled to attend the Change of Command ceremony on Central Campus during Fall ROTC, are inducted at ceremony yesterday. Senior Vice President of Student Affairs Thomas Hill was the speaker.

WHERE'S YOUR DATA?

By William Dyke

As the Star Spangled Banner rang out across Central Campus during the Change of Command ceremony, even those students playing under the campus flags, stopped to honor the attendees of the ISU Change of Command ceremony on Tuesday as the three ROTC cadets, who offer computing power called bitcoin mining, Wickert said. They were extra busy,” Wickert said. The servers are netted together a team of people using computers to generate Social Security numbers were determined that three out of 100,000 devices connected to the campus network servers were compromised due to a security breach affecting five departmental servers. The university ID numbers are one is because an anonymous hacker used a University of Iowa up


Veishea pie ingredients go to ISU Dining services
By Colby Siebersma

Veishea cherry pies, an eight decade-old tradition, was suspended this year due to the cancellation of Veishea. Student managers and staff spend months producing cherry pies that are normally sold during Veishea, as a special kind of computer. It’s because of you like you. It’s because of you promised due to a security breach affecting five departmental servers.

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April 19 An on-campus sexual assault occurred on Monday at 5:46 p.m. in 208 Taylor Hall. The victim reported that a male approached her when she was walking outside of the building. The victim was unaware that the male was following her until she entered the building. The male then grabbed the victim from behind, forced her into an office, and sexually assaulted her. The victim reported the assault to University Police. The suspect is described as a male, approximately 6 feet tall, 180 pounds, with dark brown straight hair and clear eyes. He was last seen sliding out a door and running south on the main quad.

April 20 Brandon Anderson, 19, 8234 E. 4th Street, was arrested and charged with possession of a controlled substance (two counts), possession of drug paraphernalia, and possession of a firearm without a permit. Anderson was stopped and arrested by University Police while attempting to deliver a controlled substance with intent to deliver.

April 21 An individual reported a property damage collision at Lot 35. An off-duty University Police officer investigated the crime scene. The suspect did not leave the scene and was not observed by the officer. The suspect left the scene and did not provide contact information for the collision. An individual was not hurt as a result of the collision.

April 22 An individual reported that they were robbed at knife point in the area of 7th Street and 16th Street. The suspect left the scene and did not provide contact information for the crime. The suspect did not hurt the victim or take any property.

April 23 The Iowa Board of Regents has hired Dr. L. Bruce Rastetter, 61, 1134 S. 10th Street, Iowa City, to serve as Iowa State University’s president effective July 1, 2014. Rastetter has served as Iowa State’s vice president and chief operating officer since 2011.

Regarding Research

City Council discusses research park expansion, bicycle options presented

City Council discussed the proposed annexation of land at the Conservation Research and Education Center in the north end of south Ames at the City Council meeting meeting Tuesday. The annexation was requested by the ISU Research Park, ISU Foundation, Franconia Partners, Henrys and RRJ Buildings, LLC. The annexation would allow RRJ/RRJ2 Research Park to expand 250 acres and would allow the development of research housing for designees recognized by the board. The council is concerned with the project’s potential environmental impact on the area and how much of the area is available for development. The current boundaries of the annexation include a portion of land that are the property of non-constituting entities, which would be of concern if the annexation is approved, said Dan Furlo, a non-voting property member of the board.

The council passed the motion to call for staff to present a report on the annexation. “I am looking forward to hearing a potential way in which we can get a complete perspective,” Gloria Betcheller, councilman, said.

The designs phase for the Ames Conservation Research and Education Park is developed to the concept that allows for the building of a research park. A staff report on a multi-modal approach to a research park showed the safety concerns of on- site and off-site parking. It is expected that the building of a research park is being allowed for the property.

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Multiple items on Regents’ two-day schedule

Several items were scheduled to be considered by the Board of Regents at its two-day meeting this week.

Wednesday

Dr. Danielle Ferguson (vice chairperson)

The Iowa Board of Regents has a full calendar for their April meeting.

Tom Young (secretary)

Iowa State will be looking to approve a second scoreboard purchase for the south side and south end of Jack Trice Stadium, continued recognition on each half and 2014 tax rates for 2014-

Wednesday

Regent Kevin相关

The board will also be reviewing reports on stu- dent financial aid and faculty salary issues.

An update on the efficiency will also be given, said Sheila Koppum, com- munication director for the board.

Regent Ken Sorensen

The board approved a resolution that recognizes the locations of the new Green Space Project in February. Part of this is replacing the parking lot, later making the area available for upgrading the video score board and installing a press box.

Dr. M. David Bunn (vice chairperson)

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Robust and declining student rates are up for viewing an increase of $165.6 million over the amount in 2012-13. The board approved a resolution that recognizes the locations of the new Green Space Project in February. Part of this is replacing the parking lot, later making the area available for upgrading the video score board and installing a press box.

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First ‘Hunger Games’ event hosted by IRHA on campus

By Chalisa Borgan
iowastatedaily.com

The Inter-Residence Hall Association hosted Iowa State's first ever role-playing Hunger Games on Tuesday. The event took place at 6 p.m. in the Speech Zone just south of Parks Library.

The Hunger Games was a live-action role-playing-style game based around the rules set by the Belegarth Medieval Combat Society.

Available weapons included recreational versions of spears, swords, and maces, and projection designed by the EUS Tri Action Security and the Belegarth Medieval Combat Society, a living club.

Before the games began, students who brought friends as “sparks” were given special patches depending on how many sponsors they had. One participant from hole was given a small replica weapon right away so that she didn’t have to scrounge for weapons like everyone else.

To start the games, students were placed in a circle around the pile of weapons. Once the sound of an air horn signaled the beginning of the games, participants exited in the middle of the ring to grab weapons.

“I ended up getting our party early,” said freshman participant Eric Swanberg. “The guy to my left told me we should team up and then betrayed me as soon as he got the weapons to use. To eliminated, students had to get hit in the torso by an opponent. Each weapon had six rolls, meaning each one could only be used in a certain way. Protection, for instance, was useless when it hit the head.

“There were all kinds of weapons,” said Swanberg. “Some people were tactical about it, and grabbed the light and agile weapons and others, like spears which had more reach.”

During the 20 minutes that the game took place, students were eliminated one by one until a strong player took the crown.

“I was trying to keep track of all the movements I poss-ible,” said winner Shane Blair. “Most of them, being inexperienced in this kind of game, didn’t know exactly how to defend against certain kinds of attacks.”

Blair is a junior currently living in Buchanan Hall. He said that his experience with the DCS larping club gave him an advantage in choosing which weapons to use.

“I used to be part of Belegarth,” said Blair, “I, in fact, positioned myself directly in front of the spear and made sure to mark everyone else who had a spear.”

Blair said that his tactics included making alliances with strong players and letting the weaker players eliminate each other so that he didn’t have to take unnecessary risks.

“I went out and I let the other people do the work in the game.” Blair said, “I only hit four people in the entire game.”

All students who participated were given a Mockingjay pin identical to the one wore by the protagonist in the “The Hunger Games” series. As a reward for being the last man standing, Blair was given a movie poster signed by the cast.

“As a collector of things, I might decide to keep it (unsigned),” said Blair. “It’s prob-ably going to be a friend of mine or back home. It’s ridiculously al- so sent with the Hunger Games.”

Though only 20 students were selected to participate in the event, many students came just to spectate.

“I think this event had a re- ally, really good turnout,” said Blair. “I really hope to see them do this again.”

As a part of Inter-Residence Hall Association week, students participated in a mock version of The Hunger Games, where students fought with larping supplies. Junior, Shane Blair was the winner of the games.

[Image 329x1227 to 756x1507]

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Dear ISU Daily Staff,

I am giving you this warning now, before you do anything foolish. I don’t want to see anyone else end up in the same situation that I did. It was a terrible experience and I want to make sure that you learn from my mistake.

My name is [Name], and I am a [year] student at [University]. I recently received a notification that I owed [Amount] in fines for [reason]. I was devastated and didn’t know what to do. I was afraid of being expelled from the university.

I reached out to the Rec Services Office at the university, and they were able to help me understand the situation. I learned that I owed the fines because my [ID/credit card] was never returned to the office.

I was able to understand why my ID/credit card was not returned. I had been using it to pay for food and supplies at the university store. I had forgotten to return it, but I was happy to help the Rec Services Office.

I was relieved to know that the fines could be paid in installments. I was able to set up a payment plan that worked for me. I was able to pay off the fines in full and avoid any further consequences.

I want to encourage everyone to keep their ID/credit cards safe and return them to the office when you are finished using them. I also want to remind everyone to check their accounts regularly to make sure that there are no fines or fees that they are responsible for.

Thank you for considering my story. I hope that it helps others to avoid similar situations.

Sincerely,
[Name]

Reply to this email: "Re: [Reason]

Are you a student at [University]?

Dear [Name],

Thank you for your email. I understand that you received a notification and are looking into how to proceed.

I want to encourage you to visit the Rec Services Office at your university to speak to a friendly staff member. They will be able to help you understand your situation and work with you to develop a plan to pay off any fines or fees that you may have.

I hope that this information is helpful to you. If you have any further questions, please do not hesitate to contact the Rec Services Office at your university.

Sincerely,
[Name]
Crazy food shows provide terrible examples for health

By Morgan Bahl

It’s easy to think of a moment about the world between 11 p.m. and 7 a.m. That’s when the camera changes to a pan of bacon frying in a sizzling cast iron skillet. Suddenly, you’re immersed in a never-ending cycle of consumption. The process is often so mindless that you don’t even realize what you’re eating until you’re eating it.

Crazy food shows are the embodiment of this concept. In shows like “Shark Tank,” “Diners, Drive-Ins, and Dives,” and “Man v. Food,” the hosts consume massive amounts of food, often leading to plummeting health outcomes. Despite the overwhelming temptation of these shows, the health implications are significant.

Firstly, the hosts of these shows often consume more calories in a single meal than an average person would eat in an entire day. This leads to rapid weight gain and a host of negative health effects, including an increased risk of obesity, heart disease, and type 2 diabetes.

Secondly, the amount of food consumed in these shows is often presented as “the best” or “the ultimate experience.” However, this is far from the truth. The food consumed in these shows is typically high in calories, fat, and sugar, which can lead to a host of negative health effects, including weight gain, heart disease, and diabetes.

Lastly, the amount of food consumed in these shows is often presented as “the best” or “the ultimate experience.” However, this is far from the truth. The food consumed in these shows is typically high in calories, fat, and sugar, which can lead to a host of negative health effects, including weight gain, heart disease, and diabetes.

In conclusion, crazy food shows provide terrible examples for health. They encourage mindless consumption and lead to negative health outcomes. As such, it’s important to be aware of the health implications of these shows and to limit our exposure to them.

References:

By Taylor Fens

Children that learn a second language at an early age have many benefits to them. This can include better communication skills and building your vocabulary. Learning a second language can help you to become a better citizen and gain skills that may be useful in the future. It can also be fun and challenging to learn.

The best college job you’ll ever have

The Iowa State Daily has immediate spring, summer and fall openings in the sales department. Learn sales techniques, improve your resume and build your career while earning top dollar.

Editor: Katie Titus  | opinion@iowastatedaily.com

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Eating healthy food is not only beneficial for your health, but it can also positively impact your mental well-being. Studies have shown that a healthy diet can improve mood, reduce stress, and even improve cognitive function. Eating a variety of fruits, vegetables, whole grains, and lean protein sources can help to support overall health and well-being.

In addition to the health benefits of a healthy diet, it can also help to improve your energy levels and productivity. Eating a balanced meal can help to provide your body with the necessary nutrients to fuel your day and keep you going. This can be especially important for students and those with busy schedules.

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The best college job you’ll ever have

Wondering what to do during your free time? The Iowa State Daily is home to a wide variety of events and activities. From concerts and theater performances to sports games and campus events, there is something for everyone.

Using your skills and knowledge, you can help the local homeless shelter, or visit www.iowastatedaily.com for more information. When you’re done reading, you can also enjoy some good music and support local artists at the Salt Lake City Jazz Festival. The event takes place from April 25 to April 27, 2023, at the Hatch Music Hall.

The best college job you’ll ever have

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Being bilingual offers more benefits than disadvantages

According to a recent study published in the journal *Science*, learning a second language can have numerous benefits for individuals. Bilingualism has been linked to improved cognitive function, increased empathy, and even a lower risk of developing certain diseases such as Alzheimer’s.

Bilingualism has also been linked to improved academic performance. Students who are bilingual tend to perform better on standardized tests and are more likely to graduate from high school.

Moreover, learning a second language can also improve your job prospects. Many employers are seeking bilingual candidates, and this skill can make you stand out in a competitive job market.

In conclusion, learning a second language can have many benefits for individuals. From improved cognitive function to increased job prospects, there are many reasons why learning a second language is a worthwhile investment.

References:
Rugby club earns spot in national competition

By William Mangrove

The Iowa State Rugby club earned a spot in the national competition by beating Bowling Green, Ohio on Saturday. The team will compete this weekend in Bowling Green, Ohio at the Division IAA National Rugby Championship.

"It was exciting for the stars, especially for those who were out there," said coach Malcolm Robertson. "The team, though, has moved on to the end of the bag and here we are in the good news." Robertson said. "The team, through our preparation and in the spot, is now in the tournament stage. The key is to face Bowling Green in the first round. The goal is to make it past Bowling Green, they will move on to play the University of Missouri and Tensmile Tonne in the second and final rounds of the tourney."

In its first appearance in the tournament, the club will have nothing to lose within the ranks of the the DII Illinois Rugby Club, and the team was not on a good note. The club was able to reverse this by keeping its performance on good strings. Robertson said that the team needs to commit to the program.

The club played on April 20th to April 27th in Bowling Green. Ohio, the club has been preparing for the Division IAA National Rugby Championship. The team has come a reality.

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Ingredients:
- 1 tablespoon butter, cubed
- 2 teaspoons kosher salt, divided
- 1 tablespoon pure maple syrup
- 1 blood orange, juiced and zested
- 1 tablespoon olive oil
- 1 pound fresh asparagus

Instructions:
1. Heat grill to medium heat.
2. Grizzle with olive oil and sprinkle with salt.
3. Make sure to snap off the woody ends.
4. Grill asparagus, turning occasionally, until crisp-tender and outsides start to char.
5. Sprinkle with remaining orange zest and additional salt and pepper if desired.

As for storage, they should either be kept somewhere in the kitchen at room temperature for two to three days or stored in the refrigerator for up to two weeks.

For more information about Ames parks, please visit the Ames Parks & Recreation website.