Policy

Faculty Senate talks Dead Week, make-up work

By Danielle Ferguson @iowastatedaily.com

Discussion regarding dead week and students missing class for extra-curricular activities were main concerns at the Faculty Senate meeting. Since April 2002, the dead week resolution has stated that class instructors are not able to give students new assignments or tests during dead week if those had not previously been stated in the syllabus. Last year, student representatives from the Government of the Student Body reported a few cases where instructors gave additional work that was not on the syllabus. Earlier this year, the Academic Affairs Council was charged with reviewing the dead week resolution in a dead week policy. Rob Wallace, chairperson of the Academic Affairs Council, said, “We’re revisiting this very thing and trying to find clarity and less ambiguity in the resolution that we have been working with for 11 years. It’s required that the action that we take result in an actual policy for the Faculty Senate to adopt.”

Technology

New system puts brake on building movement

Professor researching safety of structures

By Mike Randelmann @iowastatedaily.com

Laflamme did not elaborate on the cost for a system, inspired by car brakes to help decrease damage and increase stability of buildings during high wind and seismic events. The movement of buildings can cause damage and dysfunction to buildings, as well as even possible death for occupants, a condition called Sick Building Syndrome. "We need to find a way to dampen, or reduce, those movements in the structures," Laflamme said. "To try to go pro

Achievement

ISU student’s designs to appear at Fashion Week

By Jessi Wilson @iowastatedaily.com

ISU student Alison Nathan’s designs are on show through the Fashion Institute’s annual Fashion Week. Founded in 2006, Omaha Fashion Week has grown to become the fifth-largest fashion event in the United States. “We work with independent designers from around the Midwest,” said Reach Hudson, president of Omaha Fashion Week. "We basically provide them with a professional platform to showcase their work, and so that they are working on an application and an interview to be selected into the program. Hudson said that a college student in need of financial aid or who dreams of creating their own line, also appreciates Omaha’s Fashion Week. "It gives you the opportunity to showcase your talents at a level like this."
**Officers assisted a 19-year-old Hall (reported at 12:10 a.m.) session of alcohol at Maple substance and underage possesion of a controlled arrest and charged with 127 Maple Hall, were Nicholas Statsick at Wilson Hall (reported at 8:45 p.m.).

**Police Blotter:**

**April 16**

Jackie Arehart, 19, 202 Wilson Hall, was cited for underage possession of alcohol after being served a beer at 12:10 a.m.

An individual reported the theft of a backpack and other items from her vehicle at 12:12 a.m. at Wilson Hall.

A resident reported the theft of a backpack and an ()

The theft of a backpack and other items from her vehicle at Wilson Hall. The iPod was recovered on March 14 at Lyon Hall.

**April 17**

A resident reported the theft of a backpack and other items from her vehicle at Wilson Hall. The iPod was recovered on March 14 at Lyon Hall.

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**April 22**

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More information
Research is set to begin this summer in the development of a semi-active damping system. The system, which transforms seismic energy from an earthquake, would dampen movement found in buildings during excitation events such as earthquakes, storms and strong winds. In a preliminary simulation, "it was shown that a semi-active damping system, when properly designed, can dampen movement found in a building by 70-80%," Laflamme said.

In regard to the application of Laflamme's system, Taylor spoke to its applicability going forward.

"I'm convinced Laflamme's concept is very applicable to limiting the actions of a building under both rural events and earthquakes, enabling a safer structure for the least amount of energy," said Taylor.

For more information, contact the Office of Greek Affairs, 515 294-1023 or www.greek.iastate.edu. For information on the Gamma Pi chapter, is open to members of Kappa Alpha Theta sorority, or above and exemplary leadership skills. This award is open to members of Kappa Alpha Theta and a student ambassador for the College of STPOOLU PARK 2014

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Opinion

Iowa State needs more dormitories

A place on student, Iowa State is a close community these days, wherein you can’t open your mouth without suddenly noticing the past few years have been a transition for Iowa State. Last fall in 2011, 33,040 students showed up. The increase of more than three thousand students, which is the most serious concern is the lack of dormitory resources available to the university. The university, however, has had some success in mitigating this concern by increasing access to other living facilities. Therefore, even though Iowa State has created a number of new dormitories, the need to accommodate new students remains.

Historically, that problem could be configured so that walls were added to Iowa State’s long list of facilities. In 2001, the student government success at Veishea. In 2011, about 200 students lived in temporary housing. In 2001, the university will have a plan to address this problem by 2013.

At the heart of this problem is a lack of resources available to the university. To its credit, the university and the Board of Regents, the university will take a few actions to increase the number of dormitory rooms.

In the column “It’s an American Attitude” was a suggestion that if we don’t change the American way of life, we will lose power in a world that is changing. The suggestion is that the government should be the one to change. However, the government should be more concerned with what people can do on their own.

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In the 2013 Drake Relays, Ryan Sander, left, and Quincy Clyburn of Cedar Rapids Xavier High School compete in the 110-meter hurdles during the NCAA Qualifier meet at Lied Recreation Athletic Center on April 8, 2013.

Clyburn is the son of former Iowa State men’s basketball star Fred Hoiberg, who suited up for the west side, scoring 17 points and also including former Cyclone center Dajuan Coleman.

Men’s basketball

Clyburn trains to travel for possible pro career

By Deann Berhow-Goll

At the NCAA West Regional on Saturday, top-seeded California took down No. 1 Syracuse, 81-64, in a high-paced offensive duel that featured two teams that have a special connection.

The game, which was an exciting one for fans and players alike, was marred by the absence of two key players – Fred Hoiberg and Quincy Clyburn.

Hoiberg, a former Cyclone star, was the head coach of the Cyclones, leading them to their first Final Four appearance in 15 years. Clyburn, on the other hand, was a former Cyclone center and played for Hoiberg during his senior year.

Both players are from Cedar Rapids, Iowa, and both have been lifelong fans of the Cyclones.

In the 2013 Drake Relays, Sander and Clyburn both won the Iowa State carded cup golf and aluminum bat, and will compete for titles at the 2013 Drake Relays.

In the 2013 Drake Relays, Ryan Sander, left, was one of the nationals including Groth and Chandler Wells. The Relays was hosted by the University of Iowa and was set for April 6, 2013. The 2013 event featured 25 champions of women's, including the 2013 Drake Relays. Jeni Brown, a student at the University of Iowa, will compete in the 2013 Drake Relays.

Men’s Golf

Bad weather eliminates one round of Big 12 Championship

The Second round of the Big 12 Men’s Golf Championship at Lago Mar Golf Course in Lawrence, Kansas, was canceled because of inclement weather.

The Big 12 2013 tournament is set to be reduced from the original 54 holes to 36 holes, with the first round being played on Tuesday at 8 a.m. before Tuesday’s cancellation.

The weather was so bad that the tournament was held on the 18th hole of each course.

Softball

Minnesota snow moves games to ISU

Two ISU athletes race on Drake track for repeat successes

By Isaac Copley

For 34 years, the Drake Relays have been the place to go for athletes from across the country and world to compete, creating an environment unlike any other at the world’s first track meet.

In high school, ISU sophomore Randal Sander competed at Drake Relays as well as the Iowa High School State Track and Field Championships.

Sander is a part of Cedar Rapids Xavier’s first-place 4x400-meter relay team, at the 2013 Drake Relays and finished second in the 200-meter hurdles.

Sander, who is a freshman at Iowa State in the 120-meter hurdle event and a junior in the 200-meter hurdles.

Sander has been training himself and his agent, Brickman, for one round to train for possible pro career.

“Obviously they probably did like it. I’m really excited to get to know me to even be meeting with them,” Clyburn said.

While at both events, he talked to general managers of NBA franchises about his career.

“I could be able to compete with the best, capture a title and I know it’s an exciting event and the kids from Iowa always get pumped up this week for it,” Ihmels said.

In the 2011 Drake Relays, Sander held the school records in the 110-meter and in the 1,000-meter run in 2010 and won the title of 110-meter hurdles.

First-year Cyclone and current center Dajuan Coleman, who attended the 2013 Drake Relays during his time at a Cyclone in high school, said, “I like to compete.

In 1910 the Drake Relays became the place to go for athletes from across the country and world to compete.

The Drake Relays have hosted numerous Olympic athletes, including Groth and Chandler Wells. The Relays was a special place to be.

The first Drake Relays featured 25 champions of women’s, including Groth and Chandler Wells. The Relays was hosted by the University of Iowa and was set for April 6, 2013. The 2013 event featured 25 champions of women’s, including the 2013 Drake Relays. Jeni Brown, a student at the University of Iowa, will compete in the 2013 Drake Relays.
Wedding planning can be a stressful time for the bride and everybody around her. Luckily, there are resources available to assist in the process. One of the most comprehensive resources is a wedding planner. Wedding planners help guide a bride through the process of planning and coordinating her wedding in the most stress-free way possible.

“We don’t want it to be our event. It’s her day, not ours,” said Kyra Jacobsen and Taylor Thomsen, the co-owners of White Willow Events. Jacobsen and Thomsen said they would like the bride to visualize her wedding as they will outline the creation. When a bride first meets with a planner, she will need to bring her wedding date, budget and ideas for colors and themes. Some planners will provide a free consultation and will usually last an hour.

Some planners, such as White Willow Events and Judson Van Vleet with Weddings Without Worries, offer planning packages where the couple can choose from, along with a la carte items. In case the bride needs to customize the packages a little more.

“Time management is huge. Don’t expect to do it yourself. Hire experts and make the best priors,” Van Vleet advised brides who want to plan their own weddings.

According to White Willow Events, planning a wedding is ranked as one of the top five decisions. They suggested doing it on your own, which is the way to go. According to Van Vleet, a wedding planner, she at least needs to be hired by the florist.

There is a timeline that needs to be followed when planning a wedding. The top priority is when planning to determine the reception place, entertainment, ceremony area and the florist.

Although general timelines for planning a wedding can be found on wedding websites, the wedding planner will help the bride figure out a more personalized timeline when they meet. When planning your own wedding, brides have an array of wedding websites to choose from, such as The Knot, Martha Stewart, Wedding Channel and Pinterest, to name a few. Brides planning their own weddings can still consult with wedding planners. They will need some guidelines along the way. Most planners will do hourly consultations for brides doing their own planning.

For the bride who wants to plan their own weddings, White Willow Events and Weddings Without Worries will coordinate the special day so the bride doesn’t have to make sure everything is in order. The planner is a good resource to use when working with a vendor. The brides don’t always understand or know everything so the planner can be a good resource to use when communicating with the vendor.

“Computers are killing real people,” Jacobsen and Thomsen said. “Computers are killing real people. Computers are killing real people. Computers are killing real people. Computers are killing real people.”

Wedding planners are not as popular anymore and there are very few of them, Jacobsen and Thomsen said and there is definitely a market for them in Des Moines. This was one of the reasons Jacobsen and Thomsen started their event planning business.

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Celebration

Planners offer brides stress-free weddings

Resources available around Ames for couples to use on perfect day

By Saige Heyer
@iowastatedaily.com

Wedding planning can be a stressful time for the bride and everybody around her. Luckily, there are resources available to assist in the process. One of the most comprehensive resources is a wedding planner. Wedding planners help guide a bride through the process of planning and coordinating her wedding in the most stress-free way possible.

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Wedding dresses hang on racks at PureBridal, a bridal store in Ames. It is recommended that brides begin shopping for their dresses six months to a year before their wedding day.

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Photo: Gabriela Becerra/Iowa State Daily

Weddings in Ames

Preparation
Make time to order dresses, tuxedos

By Gabriela Becerra
@iowastatedaily.com

Dress shopping can be overwhelming, but being prepared and having great support can make a big difference in your experience.

When talking to the experts at PureBridal here in Ames, they share some secrets to having your dress ready by your wedding day.

When going to look for your dress for the very first time, be sure it is from six months to a year away from your planned wedding date. Keep in mind that after ordering your dress, it might need alterations made, which could take two months.

To prevent any disasters, order your dress at the size you are on that day. If you plan on losing weight, it is easier to alter the dress to accommodate your new body than having to order more material for a dress that did not fit.

“Tuxes are coming in with a tight budget, keep in mind that you will not only be paying for the tuxes,” said Kim Gartin, of PureBridal. “Do not forget about the alterations, shoes, accessories, altering fees and tuxedo [if applied]. Do not wait until the last minute to get your dress.”

When picking a dress, keep in mind your body type, and be realistic about weight goals. Do not stress out if you do not find the perfect dress the first time you try on.

“A lot of bridal shops carry the same line and all over the world girls wear the same dress, so make it your own, add a belt, change the buttons in the back to a corsage, anything to give it some of your personality,” Gartin said.

On your final dress fitting there are some essentials you should not forget. Make sure to bring with you your bra, underwear, body-shaping undergarments, shoes to get the final hemline, and any accessories you might be wearing.

When ordering your tuxedo, you want to consider if what you will be looking like on the actual wedding day. Bring your support system with you. If the groom is present in person, pay attention. Also bring a camera dress rehearsal, so before you open the gift box no damage can be done.

“Brides have the option of either renting or buying a tuxedo—most choose to rent to not have to worry about it,” Gartin said.

The groom must keep in mind all the modern styles of tuxedos that are available, so make time to try on and try out what style looks best on you. It is your wedding day, too, and you should look just as flawless as the bride will.

Photo: Gabriela Becerra/Iowa State Daily

PureBridal, a bridal store in Ames, displays vests in several different colors. In addition to PureBridal, Milroy’s Tuxedos, also in Ames, offers an array of tuxedos for grooms.

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Photo: Gabriela Becerra/Iowa State Daily

Mannequins present tuxedos at PureBridal, a bridal store in Ames. Many brides want at least two sets to wear at weddings, with most grooms choosing to rent due to cost.

Dresses weighing each other down, but being prepa- red and having great support can make a big differ- ence in your experience.

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It’s better out west!
Fun Facts

Duct tape has played a pivotal role in several NASA missions. In 1972, Apollo 17 astronauts used it to repair a lunar rover bumper; in 2005, International Space Station astronauts and cosmonauts constructed a kitchen table using leftover aluminum and duct tape; and in 2009, a Space Shuttle Discovery astronaut Stephen Robinson crafted a hackshot for a repair mission using a blade, plastic ties, Velcro, and—yup—the D.T.

Albert Einstein was offered the presidency of Israel.

Though the U.S. only makes up 5% of the world’s population, we house nearly 25% of the world’s prison population.

Some of the first examples of graffiti come from 1st century Pompeii, where messages like “I don’t want to sell my husband” and “Successus” were “scrawled” on the walls.

The area where Washington, D.C., now stands was originally a mosquito-infested swamp. It took years to drain and clear the land before our nation’s government was moved to the city in 1800.

The timing, size, and stream of bubbles in a glass of champagne are influenced by dirt and “gas pockets” on the side of the glass. The bubbles travel through the gas pockets and may be trapped there for a while before eventually rising to the surface.

Despite the optical illusion, the Gateway Arch is exactly as wide (630 feet) as it is tall.

Sudoku

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Some of the first examples of graffiti come from 1st century Pompeii, where messages like “I don’t want to sell my husband” and “Successus” were “scrawled” on the walls.

The area where Washington, D.C., now stands was originally a mosquito-infested swamp. It took years to drain and clear the land before our nation’s government was moved to the city in 1800.

The timing, size, and stream of bubbles in a glass of champagne are influenced by dirt and “gas pockets” on the side of the glass. The bubbles travel through the gas pockets and may be trapped there for a while before eventually rising to the surface.

Despite the optical illusion, the Gateway Arch is exactly as wide (630 feet) as it is tall.

Sudoku

**Horoscope**

**Today’s Birthday**

02.10.13

Strengthens infrastructure, improves communication, and work. Your plan, financial plan for the next 4 months. Have some way. Your teen is crucial, we spread awareness and build bridges. Sociable trusts speak with family, friends and community. Participate, contribute and give back. Networks and influence. To get the advantage, check the day’s thinking. To the waned day. It’s the most challenging.

**Aries**

(March 21-April 19)

Today is a 7—The more you love, the more you neglect. Minimize travel, and don’t take your package yet. Shop carefully. It’s a good time to encounter others. Friends inspire you.

**Taurus**

(May 21-June 20)

Today is a 9—Confident. Before jumping to conclusions. Keep doing the right thing. Distance your workplace space can increase your productivity.

**Gemini**

(June 21-July 21)

Today is a 5—Don’t make premature promises you can’t keep. You’re likely to change your mind later. Call for reinforcement, or consider a new partnership and bring up the mini perspiration.

**Cancer**

(July 23-Aug. 22)

Today is an 8—Your mistakes can upset, or even tear. Fellowship of all on the basis of friendship can increase your net worth. Prepare for a box of benefits, as well.

**Leo**

(Aug. 23-Sept. 22)

Today is a 4—Review all options. Listen to what others want, and check the facts you have been presented. Your investigation leads to a treasure. Long-distance communication clarifies.

**Virgo**

(Sept. 23-Sept. 22)

Today is a 7—While you can afford an excellent communication channel, the people don’t get more than necessary. There are hidden signals, and it may not be the best use of funds.

**Libra**

(Oct. 1-Oct. 23)

Today is a 7—New information illuminates. Watch for hidden agendas. Check for changes, as a creative project gets delayed. You have what others want. Discover another avenue of revenue. It may require juggling.

**Scorpio**

(Oct. 24-Nov. 21)

Today is a 8—It’s good to generating many tears trumps the right to keep, so make an effort. The people you need. You have the space and you can do it. You may want to shout at people. If you take care. Call it a job. Delay a meeting more time with family. Include visiting a beloved locale.

**Sagittarius**

(Dec. 22-Jan. 20)

Today is a 4—It’s helpful. You may want to shout at people. If you want fun. Call it a job. Meeting a more time with family. Include visiting a beloved locale.

**Capricorn**

(Dec. 21-Jan. 19)

Today is a 3—Conversations provide people. Influential people are involved. The actions behind the scenes. There’s a theme of richness. Being well organized is crucial.

**Aquarius**

(Jan. 20-Feb. 18)

Today is a 3—Shop carefully, and discover a treasure. You can’t be two places at the same time; prioritize meetings.

**Pisces**

(Feb. 19-Mar. 20)

Today is a 9—It’s helpful. Get you through a sticky spot. Call it a job. Minimize travel, and don’t take your package yet. Shop carefully. It’s a good time to encounter others. Friends inspire you.

**Daily Drink Specials**

**LEVEL: 3**

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

**Crossword**

**Fun & Games**

**HELPING YOU CELEBRATE!**

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**Fun Facts**

Duct tape has played a pivotal role in several NASA missions. In 1972, Apollo 17 astronauts used it to repair a lunar rover bumper; in 2005, International Space Station astronauts and cosmonauts constructed a kitchen table using leftover aluminum and duct tape; and in 2009, a Space Shuttle Discovery astronaut Stephen Robinson crafted a hackshot for a repair mission using a blade, plastic ties, Velcro, and—yup—the D.T.

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AmesEats Flavors writer

Marathon
Race nutrition myths busted
Caitlyn Diimig |
Editor:

doesn’t make sense to me,” Demmel said. “Your beer and Zombie Burger the night before a race.

record.
night before he ate a big bowl of pasta, but he eats the night before a race as much effect on
Burrito Bowl the night before her races.

year round,” Stack said. “This will provide you growth.”

should be carbohydrates,” Burnham said.

balanced diet and eating enough carbs throughout

of the ISU track and field distance team, agreed

race meal will be, but knows it will contain a lean

Hy-Vee Road Race half marathon on Sunday.

nutrition myths regarding

whether you are working up a sweat

enough and eating beans and other legumes.

and doesn’t drink water during a half-marathon

just before the race,” Burnham said.

at your training all along instead of consuming

is to be consistent.

Pesto Pasta in Pepper Boats: Get a good face-off flavor to help you feel your best for your next big marathon. Find the recipe and make it yourself at: iowastatedaily.com

Quick bites

Half marathoners have become the most popular distance in the Twin Cities Marathon, which you will run during the 13.1 mile run. This year, the number of registered runners has grown to 11,040. That’s the most ever for a half marathon in the Twin Cities. The marathon, which is the second largest half marathon in the country, has been a popular event for runners of all skill levels. The course is flat and challenging, offering beautiful views of the Twin Cities skyline.

Pesto Pasta in Pepper Boats

Recipe

Ingredients:

- 1 lb. pasta

- 1 cup fresh basil leaves

- 1/2 cup grated parmesan cheese

- 4 cloves garlic, minced

- 1/4 cup white wine

- 1/4 cup olive oil

- 1/4 tsp. red pepper flakes

- Salt and pepper, to taste

Instructions:

1. Cook the pasta according to the package instructions.
2. In a large skillet, heat the olive oil and garlic over medium heat until fragrant, about 30 seconds.
3. Add the basil, Parmesan cheese, white wine, and red pepper flakes to the skillet. Cook for 2 minutes, stirring occasionally.
4. Add the cooked pasta to the skillet and stir to combine. Season with salt and pepper to taste.
5. Serve immediately. Enjoy your delicious and nutritious Pesto Pasta in Pepper Boats!