10-19-2012

Iowa State Daily (NightLife 10-19-2012)

Iowa State Daily

Follow this and additional works at: http://lib.dr.iastate.edu/iowastatedaily_2012-10

Part of the Higher Education Commons, and the Journalism Studies Commons

Recommended Citation

http://lib.dr.iastate.edu/iowastatedaily_2012-10/21

This Book is brought to you for free and open access by the Iowa State Daily, 2012 at Iowa State University Digital Repository. It has been accepted for inclusion in Iowa State Daily, October 2012 by an authorized administrator of Iowa State University Digital Repository. For more information, please contact digirep@iastate.edu.
THE NIGHTLIFE

BAR
FASHION

TASTY DRINKS
AT HOME

NIGHTLIFE FOR
THE NON-DRINKER

CHECK OUT THE TABLET EDITION

BEHIND THE SCENES
OF YOUR LATE NIGHT SNACKS
NOW LEASING for FALL 2013-14
apply today

close to campus + nearby CyRide stops + Resort Amenity Space coming soon
apartment, townhome or loft floor plans available + furnished options available

campusTown
under new management

isucampstown.com
THE NIGHTLIFE FALL 2012

IN THIS ISSUE

THE PERFECT DATE PAGE 4

FUN AND GAMES IN AMES PAGE 6

THE AMES MUSIC SCENE PAGE 8

HOW TO HAVE FUN BEING A DD PAGE 10

UPDATE YOUR STYLE FROM SUMMER SUN TO ... FALL FUN PAGE 12

TRANSFORM YOUR LOOK FROM DAY TO NIGHT PAGE 19

THE DOS AND DON’TS OF FRIDAY FASHION: KNOCK ‘EM DEAD PAGE 21

BREAKFAST, LUNCH AND DINNER MAIN STREET STYLE PAGE 22

EASY, SIMPLE, HOR D’OEUVRES PAGE 26

LOSE THE BELLY FAT, NOT THE BUZZ PAGE 27

TASTY DRINKS MADE FROM HOME PAGE 28

SNACK RIGHT, SNACK HEALTHY PAGE 28

THE STORY BEHIND YOUR LATE NIGHT SNACK PAGE 30

Magazine Launch and Fashion Show

AT CHARLIE YOKE’S  FRIDAY, OCTOBER 19   6-8PM

SPONSORED BY:
AN EVENING WITH

Kathy Griffin

NOVEMBER 29 at 7:30 pm
Adult Tickets: $68 & $58

ISU Student Tickets: $40
Student Tickets are only available through the Ticket Office

Stephens Auditorium
2012-2013 Performing Arts Series

TICKETS: Stephens Auditorium Ticket Office
Ticketmaster: All Ticketmaster Outlets
www.ticketmaster.com or 1-800-745-3000

THE PERFECT DATE

by ALI FORD / Daily Style writer
Imagine this: Prince charming sweeping you off your feet and running away with you into a radiant sunset, living happily ever after.

Now as wonderful as that scene might be, let’s flash back to reality and realize that sadly, the chances of Cinderella’s Prince or the Little Mermaid’s Eric coming to sweep us off our feet are — unfortunately — slim.

As much as we encourage you to shoot for the moon when thinking of your prince charming, there are many other eligible bachelors roaming about this very campus.

Ladies, these men need our help to learn how to create the perfect romance. It is our job to teach them how to show their love, and what better way than through the perfect date?

So, what exactly do we consider to actually be “The Perfect Date”?

Aside from the cliches such as walking along the beach as the sun sets or sharing cotton candy as you ride on the Ferris wheel, some of the most popular responses I received were the following:

- homemade dinners
- taking a day trip with an unknown destination
- attending a sporting event

Now, all of these ideas do not have to be exactly what was just said.

In fact, we encourage you to add your own unique twist to it that will make it a much more memorable experience for both of you.

Now gentlemen, if you feel that your inner chef happens to be the best way to win your woman’s heart, then head over to a local grocery store and grab some ingredients that will win her over in one bite.

However, if cooking isn’t your forte and you want to take her out on the town, look up some festivals in the area; you are sure to find a variety of great music, food and entertainment.

Lastly, who wouldn’t love to attend one of our very own Cyclone football games?

Take your lovely lady to the University Book Store to get some Cyclone apparel and enjoy an exciting game at Jack Trice Stadium.

Well, there you have it ladies and gents, a few simple ideas you can take into consideration the next time you ask that lucky guy or gal out.

Guys — who knows, you might be her very own version of prince charming.
Often when we think nightlife, we think of going out to a house party or the bars and having a few drinks. Ames has so much more to offer than just going out and getting intoxicated.

So, if you’re underage or just don’t like to drink alcohol, don’t worry about getting bored. Ames and Iowa State have plenty of fun and games for you to participate in — sober. Iowa State offers ISU AfterDark and West Ames has Perfect Games.

ISU AfterDark is a program offered the last Friday of every month in the Memorial Union, specifically as an alternative to drinking.

The event happens three times each semester and is completely free to Iowa State students. Each AfterDark event is substance-free, meaning no alcohol or any illegal drugs are allowed at the event.

“We also have bingo at every event,” Meyers said. “There is $1,000 worth of prizes. It’s a free event so when you come to play, chances are you’re going to be winning things.”

Prizes range from toasters to food to ISU theme gifts, such as a Cyclone quilt.

There are also grand prizes offered, such as an iPad.

In addition to these events, smaller things go on throughout the night as well. There are craft tables and photo booths at the events, so there is something for everyone to enjoy.

Another important thing for students to consider when deciding whether to attend the event is the fact that there is free food. Who doesn’t appreciate a free meal?

In the past, ISU AfterDark has had catering from Panda Express as well as from ISU Dining.

Meyers stressed that ISU AfterDark is a great way to socialize and meet other people. During her time working with the organization, she said she hasn’t just seen freshmen attend. There is a wide range of attendees, ranging from freshmen to super seniors.

Another option for students wishing to stay away from Campustown and all of its bars is Perfect Games, located in West Ames next to the Hilton Garden Inn. Perfect Games houses fun activities for people of all ages. With 24 lanes of state-of-the-art bowling, a two-story laser tag arena and a huge arcade, there’s no chance of being bored, even for a second.

For college students, bowling seems to be the most popular. Of course, the arcade and laser tag arenas are both big hits with students as well.

Daily specials indicate which area of the building will see the most popularity. A Wednesday night offers students a deal on bowling, which means more lanes will be filled. And on Thursdays, when laser tag games are cheaper, the laser tag arena is bound to be a bit fuller than usual.

“What makes us unique is that you don’t typically go to a bowling alley where you get full services,” said Jean Kamp, administrative assistant.
of Perfect Games. “We do offer that. We also have a VIP section. It’s just not your typical bowling set up.” Whereas many bowling alleys have a snack bar, Perfect Games has Kingpin Pizza and a full menu to go along with the pizza, including pasta and appetizers.

Whether you’re in for a fun night of bowling or an athletic game of laser tag, Perfect Games serves as a fun — actually a really fun — alternative to going to the bars.

So you underagers — don’t risk a ticket — go ahead and find fun in a legal way, whether that’s right here on campus for ISU AfterDark, or a quick bus ride away to Perfect Games.
NIGHTLIFE FOR THE NONDRINKER:
THE AMES MUSIC SCENE

by ASHLEY HUNT / Daily staff writer

We’ve heard it a million times. You don’t have to drink to have fun. Our parents have said it. Our grandparents have said it. Our teachers have said it. Now I’m going to say it too.

Ames has more than enough options for the nondrinking ISU students. Ames has a great local music scene for students of all tastes and preferences to enjoy.

Some of Ames’ most popular venues for live music include the Maintenance Shop, Zeke’s and Stephens Auditorium.

The M-Shop, located in the Memorial Union, is Ames’ longest running night club. Starting in 1974, the M-Shop has been providing the ISU students and Ames citizens with thousands of opportunities to listen to live music.

Each week, the Maintenance Shop has acts lined up for nearly every night. Whether it’s a local band, a big name band or a comedy act, students can find cheap — or even free — entertainment right here on campus.

Tickets for concerts at the M-Shop run from about $5 to $15 for ISU students. Nonstudents can get tickets for a slightly higher price.

The M-Shop hosts approximately 30 musical acts each semester. Usually, there are three bands or artists in the lineup per week. Comedy shows are also popular at the M-Shop but are more sporadic in frequency.

If you haven’t been to a show at the M-Shop yet, put it on your to do list. A fun night club atmosphere right in our very own Memorial Union makes for an unforgettable experience. The M-Shop’s lineup has included countless local bands in the past, but there are some bigger names that have been there as well.

More recently, The Lumineers and The Civil Wars have played at the M-Shop.

Also, in the past — years and years ago — some even more famous acts have played including Jack Johnson and Smashing Pumpkins.

Jordan Garvey, the co-director of the M-Shop, is in charge of booking shows at the shop, running the shows
and taking care of the bands that play at the venue.

Garvey said he and the committee work hard to get bands that are maybe not quite famous yet, but have the likelihood of making it big later on. That way, students can say they’ve seen that particular band play right here in Ames and right here on Iowa State’s campus.

“Ames has more than enough options for the non-drinking ISU students.”

“[We] work hard to get bands that are maybe not quite famous yet, but have the likelihood of making it big later on.”

“[We] work hard to get bands that are maybe not quite famous yet, but have the likelihood of making it big later on.”

“Ames has more than enough options for the non-drinking ISU students.”

“[We] work hard to get bands that are maybe not quite famous yet, but have the likelihood of making it big later on.”

“[We] work hard to get bands that are maybe not quite famous yet, but have the likelihood of making it big later on.”

“[We] work hard to get bands that are maybe not quite famous yet, but have the likelihood of making it big later on.”

“[We] work hard to get bands that are maybe not quite famous yet, but have the likelihood of making it big later on.”

“[We] work hard to get bands that are maybe not quite famous yet, but have the likelihood of making it big later on.”

“Ames has more than enough options for the non-drinking ISU students.”

There is a pretty big local music scene [in Ames] and we try to get them into the M-Shop as often as possible so everyone can help support them,” Garvey said.

Zeke’s concert venue, located on Lincoln Way, is also known for its live music selections. Zeke’s, a non-profit run solely by volunteers, seats approximately 325 people. Besides concerts featuring nationally known bands, Zeke’s houses art shows, wedding receptions and club meetings as well.

There are also many concert opportunities at Stephens Auditorium. Tickets for these concerts are typically a bit pricier, but give you a variety of music styles. From symphonies and orchestras to hip hop and country, Stephens holds something for every music lover.

So whether you’re looking for a new band or to come support your favorite local artists, the Maintenance Shop has the right atmosphere and the right location to do that.

“We have shows on a lot of nights,” Garvey said. “So whenever there’s not much to do [elsewhere in Ames] there is almost always something to do at the M-Shop.”
Friends don’t let friends drive drunk. Designated drivers: If you’re drinking, you’ll need one.

When asked to be the designated driver students might dread the idea of having to be sober for one whole night, but these ISU students say it is possible to still have a great night and be safe at the same time.

“I get drunk off of everyone else’s drunkenness, but the difference is I can sober up before I get in a car,” said Gina Sapienza, sophomore in pre-business.

Sapienza said she chooses not to drink on weekends, and she still finds ways to have a great time going out to parties with her friends that are drinking.

“Don’t take life too seriously,” she said, “because you are going to get pissed off by some drunk people.”

Sapienza said it does get annoying, however, when people say they respect the fact she doesn’t drink and then five minutes later are trying to get her to drink.

“We don’t judge people who drink at all,” said Jaime Freiburger, sophomore in kinesiology and nutrition.

Sapienza and Freiburger both said they feel their decision not to drink shouldn’t affect anyone else.

It is a personal life choice, and everyone has the right to their own choices, without judgment.

“I’m a people pleaser,” Freiburger said. “Part of having a good time, for me, is making sure that everyone else is having a good time.”

Freiburger said she actually
likes taking care of people and driving them home or to go and get food.

“A bunch of drunk people at Perkins can be pretty entertaining,” Freiburger said.
The car ride itself doesn’t have to be a bore either. Sapienza suggests always having some good CDs in the car — music can make any road trip exciting.

“Part of having a good time, for me, is making sure that everyone else is having a good time.”

Sapienza said she usually prefers some ’90s and country tunes to add excitement to the car ride.

“Make sure it’s not your car,” Sapienza said, “because people are going to be puking everywhere, and you are not going to want to clean that up.”

Other than driving around and jamming out, these are also things you can do while physically at a party to ensure you have a good time among all the other drunk party-goers.

“Water is a life saver,” Sapienza said.
You can play flippy cup with water, take shots of water, do elbow waters and play beer pong with water, Sapienza said. Any alcohol can be replaced with water — or any other nonalcoholic beverage — so you don’t have to sit out of the fun drinking game everyone else is playing.

“You’re going to have to get yourself some cappuccinos,” Sapienza said. “I prefer french vanilla.”

Coffee keeps you awake and hyps you up so you can keep up with everybody else, Sapienza said.

“It’s easy to meet new people because the ice is already broken,” Freiburger said.

Freiburger said it is so much fun to meet people and make new friends on weekends, because everyone is in such a good mood.

“Let loose at parties but be serious in the car,” Sapienza said. “It’s a big job. People trust you with their lives.”

There are also a few added bonuses to being the designated driver during weekends.

Most importantly you can avoid looking like a “hot mess” and you know you will be safe from any bad or embarrassing photos of you wasted at that party last weekend getting posted on the Internet, Freiburger said.

Also — just imagine — a Saturday morning with no hangover.

“I just cannot afford to get hangovers,” Freiburger said. “I don’t have the time.”

A student’s main focus should be on doing well in school, and being the DD is a way to ensure you can have fun and still get up in the morning ready to work.

“I should start charging people,” Sapienza said.

A DD can make money, and people are drunk so they actually are willing to pay you, she said.

“I have a rule that everyone in the car has to buy me something from McDonald’s,” Freiburger said.

“It can be a fun time, as well very rewarding, to be the DD for the night.
Next time it’s up for debate on who has to do the “chores” of being DD, you might want to reconsider your answer and change that “no” to a big fat “yes.”

“Part of having a good time, for me, is making sure that everyone else is having a good time.”

“Part of having a good time, for me, is making sure that everyone else is having a good time.”

“I just cannot afford to get hangovers,” Freiburger said.

“I don’t have the time.”

It can be a fun time, as well very rewarding, to be the DD for the night.
Next time it’s up for debate on who has to do the “chores” of being DD, you might want to reconsider your answer and change that “no” to a big fat “yes.”

“Part of having a good time, for me, is making sure that everyone else is having a good time.”

“I just cannot afford to get hangovers,” Freiburger said.

“I don’t have the time.”

It can be a fun time, as well very rewarding, to be the DD for the night.
Next time it’s up for debate on who has to do the “chores” of being DD, you might want to reconsider your answer and change that “no” to a big fat “yes.”
As much as we hate to admit it, summer is over, and it is time for fall. With each season comes a change in our go-to fashion trends.

Big trends for women this fall are red lips, blues and earthy tones, military jackets, sparkling trousers, leather, Peplums, padded hips, and fur accents.

For men, there are earth-toned colors, beards, leather pants, all-over prints, high-waisted pants, velvet and fur.

Now the question is how do you incorporate these trends into your going out attire? Here are a few suggestions to get your fall wardrobe up to date.

Let's start with the ladies.

Fall has begun and before long it will be winter. So the age-old question of how to stay warm and look cute at the same time is back into play. This fall, the answer is fur accents.

You can still wear your tight skirts and sheer shirts, but add a jacket with some fur on it for extra warmth and a little bit of edge.

If fur just isn’t your thing, you can always add a military jacket to your outfit for a little bit rougher look that will keep you warm in the colder weather.

One of this fall’s favorite trends is the sparkling trouser — which you’ll find to be sheer with shorts underneath. One way to bring this style from runway to Lincoln Way is by wearing a cute but casual V-neck shirt to tone down the pants a little, while still keeping a modern and edgy look.

The next big trend on the list is the oh-so-coveted peplum style. This season, emphasis on the hips is huge: From padded hips to structured hips to peplums themselves, you won’t see anything else more, well, hip.

The problem is that this is a tough look to pull off in general, and it is by far the hardest to incorporate into your nightlife attire.

With this trend being so far out there, the best thing to do is start small. Go for a tight skirt with a peplum at the top. And then once you get that look down and feel comfortable, start trying out looks with padded hips.

Leather is another big trend this season.

For men, it’s leather pants. For ladies its leather everything. The all-leather look is definitely in this fall, but if that’s not for you, try a leather bustier underneath a sheer button up top for a fun, but flirty, look.

There is the so-called fashion rule that says you can’t wear blue and black together. However, this season’s royal blue will look perfect with a black body-con skirt.

Turquoise will play into the nightlife perfectly: You might even wear it with those sparkly trousers we talked about earlier.

Earth tones are always in for fall, just make sure you choose rich shades that don’t wash you out.

Last but not least are those sexy, red lips.
You can wear any shade from ox blood to crimson, and it is guaranteed to add a splash of sexiness to any outfit.

"The all-leather look is definitely in this fall."

Guys: When you want to class things up a little bit, try throwing on a velvet blazer or overcoat.

High-waisted pants and all-over prints may be a little obnoxious for the nightlife scene, but don’t let that stop you from trying those looks out during the day. Leather pants, however, are perfect for night time.
So as you put your summer clothes away for the fall and begin to update your wardrobe in plans for the colder weather, take into account the latest trends and turn them from runway perfect to Lincoln Way edgy.

We all know we can walk into any bar in jeans and a nice shirt and not be criticized too much for what we’re wearing. But what is it that makes it acceptable for most bars but then in some you feel like you need to dress up a little more? Well, here in Ames, we have quite a few bars, and I’m sure many of you know each of them pulls in a different crowd.

While it is definitely possible to wear the same thing to Cafe Mood and Outlaws, you might get some funny looks from some people. Here’s a little guide to help you dress appropriately for each bar and to help avoid those funny looks.

Let’s begin at Outlaws: A place known for their country music and cowboy boots. In order to “fit in” with this crowd, you’re going to want to wear jeans. And ladies, the more rhinestones the better.
Now to go with your jeans I would suggest a flannel shirt for the fall/winter months and maybe just a nice T-shirt for when it’s a little warmer out.

Guys: don’t forget your hats. Girls love guys who wear cowboy hats, but baseball caps are acceptable too.

“Girls love guys who wear cowboy hats but baseball caps are acceptable too.”

Now let’s move on to those good ol’ Irish and low key bars: Charlie Yokes, Paddy’s, and Mickey’s, just to name a few.

Here, to match your style to the typical crowd, stick with the jeans, but dress them up a little more with a dressy top and some cute flats or heels.

Guys, try wearing a nicer pair of jeans with a nice shirt.

Next let’s talk about Welch Ave. Station and Es Tas.

The male crowd often times likes to show up in colored pants or khakis and a nice shirt. Think stereotypical “preppy” style for these bars.

“Don’t worry too much about what you’re wearing and whether you’re going to “fit in” at your favorite bar.”

Moving on to the slightly dressier bars, Cy’s, Cafe Mood and Sips.

These places have more of a club atmosphere, so wear your high heels and dress up in a cute body-con skirt or dress and get ready to dance the night away.

Folks: Just remember that this is Ames.

So don’t worry too much about what you’re wearing and whether you’re going to “fit in” at your favorite bar. You’ll honestly see just about everything anywhere.

Either way, just go out and enjoy the night.
On-campus first-year students self-report being significantly more likely than off-campus students to attend a campus function, including sporting events, plays and art exhibits.

Live On Campus

Information based on statistics compiled by the Department of Residence. Find out more at housing.iastate.edu.

Looking for a late night snack?
Try one of these locations:

- Bookends Cafe
- Clyde’s
- Froots
- East Side Market
- West Side Market
- MU Market & Cafe
- South Side Market
- Hawthorn

For the most up-to-date hours and offers, visit dining.iastate.edu.
Hy-Vee® Kitchen

Chinese Food Tuesdays

$3.99

2 entrée, rice, appetizer, and fortune cookie.

Dine in or carry out.

Italian Fresh Pizza

12” or 16”
Ready to eat or take and bake

open 24 hours a day ■ 7 days a week ■ two convenient locations

west lincoln way
3800 West Lincoln Way 292-5543

lincoln center
640 Lincoln Way 232-1961
West T owne Pub, located in the Dakota Crossing Retail Center at the corner of Mortensen and South Dakota, offers a unique selection of appetizers, burgers and specialty sandwiches along with an atmosphere that is fun for every sports enthusiast as well as an outdoor patio to relax and catch up with old friends.

A full service bar is on tap to compliment an evening out…

See you there!

Good Food
Good Friends
Cold Beer!

West T owne Pub

Open 11am - 2am • 4518 Mortensen • 515-292-4555 • westtownepub.com
Occasionally you get the chance to be on the cutting edge, to be ahead of the curve. People stop, stare and comment on your arrival. Who are you? Where did you come from? Where did you acquire that? You’ll hear it all when you pull up in the City’s newest ride, Scion’s true sports car, the FR-S.

Front-engine, rear wheel drive, sport. FR-S. A true sports car built to be light, nimble, quick, expressive and drop dead gorgeous. Seeing it will make you fall in love. Driving it will make you smile like a fat kid on free cupcake day. Owning it will make everybody you know drool.

At $24,995 you actually CAN own it too. Come see for yourself. Find that cutting edge with Scion at Wilson’s on South Duff. You’ll thank me.

2212 South Duff Avenue
www.scionofames.com
800.232.4081

It is no secret that students are extremely busy. With meetings, class and homework, it seems there is never a free moment in the day.

There are just some nights when you do not have time to change your outfit before you go out with your friends. And luckily with these tips, you will not need to.

We are happy to offer some helpful hints to elevate your look from day time casual to the perfect look for a night on the town.

When trying to take a look from daytime to night, makeup is a great way to elevate your look.

Adding a bold lip or a smoky eye easily changes your look from casual daytime to a great night time look.

Adding heels is another simple way to give any outfit a more formal feel.

A statement piece such as a bold oversized necklace can also take the bland outfit you wore all day to class to going-out material.

Make sure if you are to use a statement piece, to only wear one at a time. Many statement pieces at once can look busy and be overwhelming.

With these easy tips, you can easily take your look from a casual outfit to one fit for a night on the town.

For men it can be even more simple to take an outfit from daytime to night.

Just change into a denim with a darker wash: This makes your whole outfit look more put together and less casual.

Put on a button down shirt or a nice T-shirt.

Then add a dab of cologne and maybe a little product in your hair, and you will be ready for a great night out to remember.

by MICHELLE BOETTCHER / Daily Style writer
TASTE the Difference!
FREE, FAST, HOT DELIVERY!
Call: 292-6600

Pizza as You Like It

Dining Room seating for 100
Stop by: 207 Welch Ave. Clocktower/Campustown

- Classic Pizzas
- 12 Hot Sandwiches (Pickles and chips)
- Mozzarella Sticks
- Pit Sticks 12” or 14”
- Chicken Wings
- Boneless Wings
- Chicken Tenders
- Jalapeno Poppers (w/Cream Cheese)
- Cold Coke Products & Mountain Dew

Specials

Monday
60 oz Pitchers
$5.50 8pm-2am
Miller Lite • Coors Light
Bud • Bud Light
PBR • Golden Light

Long Island Cap’N Coke
Pints $3 $3.50

Tuesday
Save Big $$$ on Bottle Beer
PBR Pitchers $5.25

Grain Belt Bottles $1.00

Wednesday
$1.25 pints
Miller Lite • Coors Light
Bud • Bud Light
PBR • Golden Light

$2.25 pints
Guinness, Smithwick’s, Woodchuck,
Fat Tire, Blue Moon, Stella Artois,
Sam Adams, Newcastle, and more!

Thursday
No Cover - Top Shelf Night
Any liquor we carry (over 140)
$2.50 single
$5 double
Any pint or bottle $2.75

Friday
$3 Daiquiri’s (21 flavors)

Saturday

Margs & Bloody Marys
ALL $2.75

Sunday

Open 11am-2am

Happy Hour Prices
All Day Long
$2/$3.75 wells
$6 pitchers

Scan For Deals

207 Welch Ave. #101
Call: 292-2334

Enjoy 82" & 73" High Definition

Sports HD-TV’s: 82”, 73”, 60” & (3) 42” / 12 Large Screen TVs
Watch MLB Extra Innings & NFL Sunday Ticket

Save $3.00* with any purchase of $8.00 or more

Coupon expires January 15, 2013 or until sold out, whichever comes first.

*One coupon per order per person.
Enjoy 82” & 73” High Definition

That’s one heck of a coupon!

Visit www.pizzapit.biz
It is Friday night. You’re ready for a night out. We don’t know about you, but our first thought is always what to wear. Whether you are going out with a couple of girlfriends or meeting up with the cute guy from your economics class, there are some definite “dos” and “don’ts” of downtown dress.

**To wear:**

Modesty is a good thing. Try a leather jacket with a flowing tank top and your best jeans. Wear your hair down, and you certainly will turn a few heads.

**Not to wear:**

Ditch the 5-inch platforms. Stumbling down Welch Avenue is not a good look on anyone. Also not a good look, leggings are not pants. They may be acceptable to in class, but keep them at home for a night out.

**To wear:**

Skirts and dresses can be OK but need to be chosen wisely. If you have to keep pulling the hem down, it’s too short. If you’d be upset if beer was spilled on it, then it is too expensive for the bars. Just be practical.

**Not to wear:**

Do not, under any circumstances, wear your Uggs. Correct us if we are wrong, but we are pretty sure there are not any snow drifts in Mickey’s.

**To wear:**

Pick one statement item. This one is very simple: If you are wearing dangling earrings, skip the necklace and vice versa. If you have awesome purple pants, pair it with a neutral top. If your outfit is too busy, people will not know where to look.

**Not to wear:**

Lose the ballerina bun. Unless your day job is an extra in Black Swan, ditch it. Letting your hair down is a much better look.

---

**KNOCK’EM DEAD**

by KAYLEE DELACEY / Daily Style writer

323 Main St.
Ames, IA

515-232-2235

All ISU Students & Faculty receive 20% off with University ID
BREAKFAST, LUNCH AND DINNER

MAIN STREET STYLE

by Ashley Hunt / Daily staff writer

MAIN STREET MIGHT BE AN UNTAPPED RESOURCE FOR MANY ISU STUDENTS. IT’S NOT CLOSE TO CAMPUS LIKE CAMPUSTOWN AND WELCH AVENUE, BUT IT REALLY ISN’T TOO FAR EITHER. MAIN STREET NOT ONLY HAS SEVERAL BUSINESSES LINING THE SIDEWALKS, BUT IT’S HISTORIC AND BEAUTIFUL TOO.

LETS SAY YOU’RE GOING TO SPEND A DAY ON MAIN STREET. HOW WOULD YOU DO IT? HERE ARE SOME SUGGESTIONS ON HOW TO MAKE THE MOST OUT OF A FULL DAY IN AMES’ MOST HISTORICAL AREA.

MORNING

Start out your day by checking out one of the cafes on Main. These are plenty to choose from, including Cafe Diem and the Vinyl Cafe.

Cafe Diem opens each and every day at 7 a.m. for you early risers. Enjoy a cup of coffee, a latte or a mocha while sitting down in a booth or on a couch. You can also enjoy free high speed Wi-Fi while sipping on your cup of joe.

If you’re looking for something a bit edgier, just off of Main Street is the Vinyl Cafe. Although technically not on Main, it’s less than a block away and worth the quick walk from Main Street.

The Vinyl Cafe is also open most days at 7 a.m., besides Saturdays when it opens at 8 a.m. and Sundays, when it is not open.

Visiting the Vinyl Cafe will give you a completely unique experience unlike anything else you will get in Ames.

While sipping on your favorite coffee or espresso drink, you can browse the extensive record selection and purchase whichever one catches your eye. Also unique to the Vinyl Cafe is the display of local art and jewelry.

Customers can find jewelry made by local designers, clocks made from real records, record players and handbags for sale just inside the cafe.
Jess Clyde’s bar, London Underground, has been his passion since a trip overseas helped him realize what he wanted to do with his life - bring an English Pub to the city he loves.

The bar is clean, the bartenders intelligent and the conversation stimulating. The warm wooded interior, red phone booth, and signature banners provide London Underground with a feel of English authenticity. A great selection of import beer and mid to high range liquor keeps a steady stream of loyal customers coming in all week. For those seeking entertainment, the bar is known for its heated foosball matches, pinball machines and sizeable jukebox selection. And yet, the bar’s strongest asset may be the eclectic mix of patrons and lively conversations the bar attracts.

London Underground originally opened without a sign and quickly drew in a crowd as unique as its black facade and bright red door. Clyde, an Ames native, wanted to bring people from all walks of life together in the spirit of a true tavern. He intentionally left televisions out of the pub with the idea that conversations and one-of-a-kind-experiences would be facilitated with fewer distractions. “A bar is only as good as the people that come to it,” Clyde said. Assuming that is true, London Underground is a stimulating English drinking establishment for people of all walks of life. Cheers!

A red telephone booth shipped from Boston adds an eclectic focal point for photos and romantic kisses.

The foosball & pinball tables at London Underground are some of the highest grossing in Ames.

London Underground carries over 75 import and craft beers, with a rotating selection, and a “Beer of the Month.”
After enjoying your morning coffee, head on over to the **Grove Cafe** for a one-of-a-kind breakfast.

Grove Cafe, known for their delicious pancakes, has been voted the “Best Kept Local Secret” award for Story County by the Ames Tribune for three years — 2009, 2010 and 2011. It was also voted “Best Breakfast” by the Tribune in 2011 and received the Daily’s Student Choice Award for “The Best Place to get Breakfast” in 2012.

Perhaps the Grove Cafe’s greatest claim to fame is its feature in Food Network Magazine in the July/August 2010 edition. It was voted best breakfast in the state of Iowa in Food Network Magazine’s article titled “50 States, 50 Breakfasts.”

**AFTERNOON**

Next up lunch. Main Street in Ames has many different options for those of you trying to get a tasty lunch in.

**Aunt Maude’s** was established one Sunday morning in 1975. Over a few Bloody Mary drinks, the fictional “Aunt Maude” was created. She’s been an Ames favorite ever since.

Aunt Maude’s offers lunch Monday through Friday and dinner Monday through Saturday.

Their website states they’re proud to use local products. “Using fresh and local foods provides us the opportunity to change our menus seasonally.”

If, instead, you’re looking for a little pizza, skip the chains and franchises and support a local pizza place. **The Great Plains Sauce & Dough Company** has been bringing quality homemade pizzas to Main Street since 1979.

At Great Plains Sauce & Dough, you can be sure your pizza is authentic. The pizza place makes sure to only use “quality” products, which to them means 100 percent real dairy cheese, fresh vegetables, real sausage, and fresh, homemade and hand-rolled dough.

Focusing instead of being the biggest and busiest, Great Plains Sauce & Dough focuses on being the best, and customers agree.

So while you’re on Main Street and craving an authentic pizza for lunch, look no further than Great Plains Sauce & Dough Company.

After lunch, you may want dessert or a snack. Take a walk down Main Street to Ames’ very own **Cupcake Emporium**.

With more than 90 flavors to choose from, even a cupcake cynic can find something to tickle their taste buds. The Cupcake Emporium proudly features at least eight flavors a day, so for those of you who are way too indecisive to choose out of 90, try choosing one of the featured flavors, though you still might find it hard to choose.

Cupcakes are baked every morning, so you’re guaranteed a fresh cupcake no matter what time of day.

And if you’re not much of a cupcake lover, don’t worry. The Cupcake Emporium sells cookies and ice cream, too.

If you’ve really got a sweet tooth and chocolate is your best friend, you might want to check out the **Chocolaterie Stam**.

A visit to this sweet shop might have you leaving with all kinds of sweets, including truffles, bonbons, chocolate bars, imported European sweets, licorice, cookies, wafers and more.

So no matter where your sweet tooth lies, Main Street has you covered for dessert.

**EVENING**

As supper time approaches, Main Street has many options for a hungry student to find a delicious meal.

Great Plains Sauce & Dough proves not to be the only pizza
Lucullus’s Italian Grill
serves all kinds of authentic
Italian food, including many
college students’ favorite: pizza.
Lucullus, which received
four stars from the Datebook Diner in The Des Moines
Register, has a cute Italian
atmosphere to go along with its
great Italian food.
Walking in to Lucullus’, a customer will find tables
adorned with red and white
checkered table clothes to make
them feel as if they’re at a real
Italian restaurant.
Customers can also enjoy a
scenic view of Ames’ beautiful
and historic Main Street as they
finish their meal.
Just down the street,
Whiskey River offers customers
a fun bar atmosphere with a
menu filled with casual bar food
to match.
Customers can order an
ice-cold beer to go with their
homemade food — ranging
from a spaghetti and meatball
sandwich to a hot dog covered
in macaroni and cheese
and chili, to a delicious
cheeseburger.
If you’re looking for
something a little fancier, Olde
Main Brewing Company and
Restaurant is an Ames favorite
for an excellent dinner.
Olde Main has plenty of
delicious dishes to choose from,
including steak, smoked salmon
and tasty sandwiches.
Because Olde Main brews
its own beer, you’re getting an
authentic taste right from the
source.
You can find a selection
of Olde Main’s beers at sev-
eral bars, restaurants and
retail stores throughout Ames
and across Iowa, but what
better place to sample Olde
Main’s signature beer than
right at the place it was made?
Enjoy a dinner in the
atmospheric dining rooms or
sit at the bar to enjoy great
service and even better beer
and food.
So whether you’re on Main
Street for an early breakfast,
a tasty lunch or a laid back
dinner, there are plenty of
options to choose from.
Leave no stone unturned.

[PHOTO] KELSEY KREMER
**Herby Mushrooms**

- 2 dozen fresh button mushrooms
- 2 tablespoons olive oil
- 1/2 teaspoon garlic powder
- 1/4 cup brown sugar
- Toothpicks
- 1 tablespoon butter

1. Start by preheating oven to 425 F.
2. Wash mushrooms and remove stems; set aside the caps and finely chop stems.
3. Heat one tablespoon of olive oil over medium heat in a saucepan and add chopped stems and garlic powder.
4. Turn heat to low and stir in softened cream cheese.
5. When all is incorporated, add Parmesan cheese and 3/4 cup of bread crumbs, reserving 1/4 cup.
6. Thoroughly mix all ingredients.
7. Brush both tops and bottoms of mushroom caps with remaining olive oil and place top side down in a shallow glass baking dish.
8. Sprinkle tops of mushrooms with remaining bread crumbs.
9. Bake for 15 to 20 minutes or until heated through and tops begin to brown.

---

**Bacon-Wrapped Shrimp**

- 24 large shrimp (raw and de-veined)
- 1 fresh pineapple
- 12 pieces of uncooked bacon
- 1/4 cup brown sugar
- Toothpicks
- 1 tablespoon butter

1. Start by heating butter in a large skillet over medium heat.
2. Cut the pineapple into small cubes and slice the bacon in half so you have 24 pieces.
3. To assemble, place a piece of pineapple in the curve of the shrimp and wrap the shrimp and pineapple with a half piece of bacon.
4. Insert the toothpick to ensure the bacon stays secured.
5. Lightly sprinkle the bacon with brown sugar on each side.
6. In the hot skillet, add half of the shrimp and cook until the bacon starts to crisp up and shrimp turns opaque, about two minutes per side.
7. Repeat cooking process with other half of shrimp.

---

**Baked Brie**

- 1 wheel of Brie cheese
- 1 package of puff pastry
- 1 egg (optional)
- Fruit preserves or jam
- Crackers, bread or fruit

1. Remove puff pastry from package and allow to thaw.
2. Preheat oven to 375 F.
3. Slice the Brie cheese in half so you have two thinner circles.
4. Spread one half generously with fruit preserves or jam on cut side.
5. Place the other half of Brie on top of jam.
6. Completely cover Brie with puff pastry and cut off excess dough.
7. Place Brie on a baking sheet lined with foil and brush the top of the pastry dough lightly with beaten egg if desired. This will help the pastry brown and crisp.
8. Bake at 375 F for 30 minutes or until golden brown.
9. Serve with your choice of crackers, bread and fruit.

---

**EASY, SIMPLE, HOR D’EOUVRES**

by LAUREN GRANT / AmesEats Flavors writer

IMPRESS YOUR FRIENDS WITH THESE SIMPLE APPETIZERS. YOU ONLY NEED A HANDFUL OF INGREDIENTS TO MAKE A DELICIOUS IMPRESSION ON YOUR TASTE BUDS AND YOUR FRIENDS.
Looking for a low calorie drink to help you enjoy the night and not feel bloated at the same time?

Instead of a sugary margarita or pina colada, which can be up to 500 calories, try sipping a rum and diet coke, which is 64 calories per ounce.

A tequila on the rocks with a splash of club soda or ginger ale would be another low calorie option with only 64 calories. Avoid syrups to liven up your tequila drink. They can be loaded with calories. Instead add a slice of lime for a refreshing flavor.

Interested in a healthy alternative to your standard beer? A good choice is a shandy or Michelada.

To make your own shandy, add one part lemon-flavored seltzer to two parts beer, adding a squirt of lemon.

The Michelada is a beer cocktail that originated in Mexico.

Start by placing lime juice, Worcestershire sauce, black pepper and a few dashes of hot sauce, to taste, into a pint glass. Add ice, pour a lager of Mexican beer on top and sip slowly.

If you’re looking for a non-alcoholic drink, mulled cider or spiced apple juice seasoning packets are sold in your local grocery store.

Try adding a few cinnamon sticks to a gallon of cider or apple juice, stir in the flavoring, and heat in a crock pot. The perfect beverage for a cool autumn day.

Free Honeymoon!

Why pay for a honeymoon package when you can get one for FREE?

PureBridal will give EVERY bride who purchases her gown and accessories a free honeymoon package to Las Vegas or Hawaii. Purchase your dress during your first or second appointment and spend $1,700* to earn your free honeymoon package. *pre-tax amount

515.663.2222 • 306 S. 16th in Ames
www.PureBridalIowa.com • info@PureBridalIowa.com
BUYING DRINKS AT THE BARS EVERY WEEKEND CAN ADD UP. ALTHOUGH YOU MIGHT NOT BE ABLE TO GET THE ATMOSPHERE IN THE COMFORT OF YOUR HOME, YOU CAN MIX UP THE INGREDIENTS FOR SOME EXCITING NEW DRINKS, WHILE KEEPING SOME EXTRA CASH IN YOUR POCKETS.

THESE FESTIVE COCKTAILS WILL MIX UP YOUR USUAL DRINK OF CHOICE AND ADD A KICK TO YOUR NIGHT IN.

**Sangria**
- 1 bottle red wine (Cabernet Sauvignon, Merlot, Rioja, Zinfandel, Shiraz) — You can substitute white wine if you prefer.
- 1 lemon cut into wedges
- 1 orange cut into wedges
- 1 lime cut into wedges
- 2 tablespoon sugar
- Splash orange juice or lemonade
- 2 shots gin or triple sec (optional)
- 1 cup raspberries or strawberries (may use thawed or frozen)
- 1 small can of diced pineapples (with juice)
- 4 cups ginger ale

Pour wine into a large pitcher and squeeze the wedges from the lemon, orange and lime into the wine. Toss in the fruit wedges (leaving out seeds if possible) and pineapple then add sugar, orange juice and gin. Chill overnight. Add ginger ale, berries and ice right before serving.

If you would like to serve this right away, use chilled red wine and serve over ice.

**Lemon Drop**
- 1 1/2 ounce vodka
- 3/4 ounce lemon juice
- 1 teaspoon sugar syrup

Pour the vodka, lemon juice and sugar syrup into a shaker with ice cubes. Shake well. Strain into a chilled glass.

**Mojito**
- 2 teaspoon sugar
- 6 to 8 mint leaves
- Club soda
- 1 lime, halved
- 2 ounce light rum

Place the sugar, mint leaves and a little club soda into a glass. Muddle to dissolve the sugar and extract the mint flavor. Squeeze the lime juice into the glass and drop one of the lime halves in. Add the rum. Stir. Fill the glass with ice and top it off with club soda.

Substitutes can be made for any of the alcohols listed in these drinks. Making your own drinks can save you a lot of cash and also provide you with more to enjoy.

Remember to always drink responsibly, even when staying in for the night.

**SNACK RIGHT, SNACK HEALTHY**

If you are going to snack late at night, you might as well do it right. After being out and about, possibly drinking some alcohol, socializing with friends and walking around, you may work up an appetite.

Although you may be tempted to indulge in some Jeff’s Pizza or a Super Dog, you could spare yourself a little money and go for a few healthier options that will prevent that hangover before it even happens.

First and foremost, water is the best option after a night out. It really is the most important thing for your body.

Before tending to those hunger pains, drink some water or a noncarbonated, non-caffeinated sports drink to rehydrate your body.

The sports drinks will give you electrolytes and replenish your sodium levels. Since alcohol is a diuretic, you will end up depleting your body’s potassium and magnesium levels. Sports
drinks, along with bananas, work great to bring these levels back up in order to fight the negative effects of alcohol.

Fruits and fiber-filled foods are great options for an end-of-the-night snack.

The fruits will provide your body with vitamins B and C, helping to combat any nutrient loss.

First and foremost, water is the best option and after a long night out.

When drinking and burning off those calories on the dance floor, it’s important to repair your worn out body with amino acids to keep up your stamina.

You will find amino acids in proteins such as nuts, cheese and eggs. Since yeast doesn’t mix well with alcohol, it’s a good idea to not overindulge in the carbohydrates as a late night treat.

Some healthy and satisfying combinations are trail mix, an apple or banana with peanut butter, a few crackers and cheese or — if you’re able to run a stove — scrambled eggs.

Going out on the weekends is a privilege and something a lot of people do on a regular basis, but it’s important to not lose track of your health.

Just by keeping in mind what your body needs after a night of alcohol, you will wake up feeling great and ready to start a new day.
It’s 2 o’clock in the morning on a Saturday, and pretty much everyone is thinking about the same thing: food.

Students storm down the street in a drunken haze ready to get that late night snack. Awaiting this craze are all of the employees working on Welch Avenue each night.

“It is pretty entertaining at the beginning of the night,” said Brie Morreale, sophomore in animal ecology and employee at Jimmy John’s.

When people are drunk, they will yell a lot and forget their sandwiches and pretty much blame you for everything, Morreale said. They will watch the employees make their sandwiches and try to get them to give them extras and free things.

“Time goes by faster when you have that adrenaline rush,” Morreale. “It becomes almost second nature as the night goes on.”

Morreale said she has seen fights in the door of Jimmy John’s where people have fought police officers, as well as people walking into the store smoking cigarettes.

“One guy passed out in a booth with a mouthful of pizza and when I tried to tell him to go home he said: ‘I am home,’” said Meredith Witcher, junior in special education and employee of Jeff’s Pizza.

“People have passed out on tables and in the bathroom and have knocked over the pizza slice box,” Witcher said.

Jeff Weig, assistant manager of Jeff’s Pizza, said about 80 percent of customers that come in on a normal night are drunk.

“Weig said about 80 percent of customers that come in on a normal night are drunk.

“It takes a strong will to work at the Super Dog stand, and the job can be very mentally rigorous when you have people constantly yelling at you, Geerts said.

“Most people come out looking for a good time. If you’re having fun with them, it’s not so bad,” said Vincent Geerts, employee of Super Dog.

“Most people come out looking for a good time. If you’re having fun with them, it’s not so bad,” said Vincent Geerts, employee of Super Dog.

“Most people come out looking for a good time, if you’re having fun with them its not so bad.”

“On football game days, pretty much everyone is drunk,” Weig said.

“On football game days, pretty much everyone is drunk,” Weig said.

He also said that on a weekend night all of the employees can make up to $75 in tips.

“The good thing is when people are drunk, they don’t pay attention to what they are signing,” Witcher said. “I have gotten a $17 tip before.”

During the night, employees play games with the drunk people to keep themselves entertained, Witcher said.

Jeff’s Pizza has what they like to call “the sausage dance,” and if a customer does the dance, they will get a discount.

“Most people come out looking for a good time. If you’re having fun with them, it’s not so bad,” said Vincent Geerts, employee of Super Dog.

“It takes a strong will to work at the Super Dog stand, and the job can be very mentally rigorous when you have people constantly yelling at you, Geerts said.

“You have to know how to deal with people who aren’t in their right mind and deal with them in the nicest way possible,” Geerts said.

Dan Albright, Super Dog employee, said unless temperatures are fewer than 6 degrees or the weather seems threatening, Super Dog will be on Welch.

“Thursday nights are the worst because of mug night,” Geerts said.

“She said one night a man tried to pay for his Super Dog using a Sam’s Club card.

“I said: ‘Sir, we don’t take Sam’s Club cards; you might want to try that at Sam’s Club.’”

“The man proceeded to try the card at Jimmy John’s and the gyro stand about three times.

After being turned down multiple times, he tried taking cash out at the ATM using the Sam’s Club card.

It is safe to say that he was unsuccessful, Albright said.

Geerts and Albright said they have had instances where they needed to call people cabs or call the cops because somebody is in a dangerous situation.

Geerts said: “People can be unreasonable, but you just serve them with a smile.”
Welcome to Perfect Games
At Perfect Games, there’s something fun for everyone — bowling, pool tables, laser tag, video games and more. It’s a great way to cut loose and find a smile.

Kick back at Kingpin Pizza with a delicious stone oven pizza or sandwich and wash it all down with your favorite beverage from our full service bar.

So, grab a few good friends and get into the good times at Perfect Games.

Monday Night Madness
• $1 Domestic Draws
• 9pm - Midnight

2 for Tuesday
• 2-for-1 Wells
• 2-for-1 Slices of Pizza
• 9pm - Midnight

Wednesday Bowl for Cash
• Progressive Domestic
  Pitchers Starting:
  9pm - 10pm $4
  10pm - 11pm $6
  11pm - 12pm $8

Disco Bowl Thursday
• 9pm-1am, 2 games for $8 (includes shoes)
• 3 sessions for price of 2 laser tag
• 2 fer 8” or 16” pizza
• 2 fer domestic draws

Bucket Friday
• $10 Buckets of Domestic Beer
  All Day

1320 Dickinson Ave, Ames
515-598-BOWL (2695)
perfectgamesinc.com
Your One Stop Shop For All Your Nightlife Needs!

Voted Best Grocery and Best Wine & Spirits!

open 24 hours a day  ■  7 days a week  ■  two convenient locations

west lincoln way
3800 West Lincoln Way 292-5543

lincoln center
640 Lincoln Way 232-1961