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Hot Hot Sex

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Turn up the heat with your partner by following these fun tips.

Let’s lay down some ground rules:

1. When trying new things in the bedroom, never make your partner feel bad for something they want to do. It’s fine if you’re not OK with what they want, but never put him or her down.

2. Express your needs—Communication is key!

3. Talk about protection. It’s always good to “cage that snake before you shake and bake.”
Time to get down to business:

If you know you’re going to get it on at night, send each other sexyily-written text messages—without the naked pics please—throughout the day to build anticipation.

Really set the mood and go all cliche by breaking out the tea light candles and dimming the lights. Our story on the Quickies Page called “Bang to the Beat” will help you choose the right song to play to get you and your lover in the mood.

Change-up the scenery. Do it in the bedroom, shower or even kitchen floor—depending on how dirty you want to get.

The best advice my dance teacher ever gave me was, “If you are going to strip dance for your partner, make sure you’re drunk.” Of course it’s not necessary, but if you do, don’t forget to drink accordingly—some balance is required.

“One of the best ways to get a girl [or guy] ‘ready’ is a massage. It’s not sex but it is really intimate,” says Kati Murray, a Pure Romance sales rep.

Flavored lubes, edible chocolate paint, and no calories? Give your tongue some exercise. Murray stresses to “avoid using sugar, like whip cream, near the vagina [or penis], it causes infections!”