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"A Timely Thought Saves Nerves Distraught"

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Painting the Fall and Winter Landscapes

By JUANITA BEARD

Plants valuable for autumn coloration of leaves:

A. Early.
- Acer rubrum—Red Maple
- Acer ginnala—Siberian Maple
- Acer saccharinum—Sugar Maple
- Betula lutea—Yellow Birch
- Populus eugenei—Carolina Poplar

Rhus typhina—Staghorn Sumach

B. Medium.
- Aneleopsis quinqufolia—Virginia Creeper
- Berberis Thunbergii—Japanese Barberry
- Fraxinus Americana—White Ash
- Quercus rubra—Red Oak
- Viburnum acerifolium—Maple-leaved Viburnum
- Amelanchier—Shad Bush
- Crataegus—Thorn
- Cyara alba—Hickory
- Rhus canadensis—Fragrant Sumach
- Viburnum dentatum—Arrowwood

C. Late.
- Acer platanoides—Norway Maple
- Chadrasia lutea—Yellow-wood
- Cornus florada—Dogwood
- Evonymus alatus—Cork-barked Burning Bush
- Evonymus atropurpureus—Burning Bush
- Quercus coccinea—Scarlet Oak

Plants valuable for fruit:

(Note: Plants marked indicate those attracting birds.)
- *Berberis* (in variety) — Barberry
- *Celastrus scandens*—American Bitter-sweet
- *Crataegus coccinea*—Red Thorn
- *Evonymus alatus*—Cork-barked Burning Bush
- *Ecosmos atrorpurpureus*—Burning Bush
- *Ligustrum ibota*—Japanese Privet
- *Rhus glabra*—Smooth Sumach

*Rhus typhina*—Staghorn Sumach
*Rosa blanda*—Meadow Rose
*Rosa multiflora*—Japanese Climbing Rose
*Rosa rugosa*—Japanese Rose
*Viburnum americanum*—American High-bush Cranberry
*Viburnum opulus*—High-bush Cranberry

*Symphoricarpos—Snowberry and Indian Currant

Plants valuable for colored twigs or branches:
- *Betula papyrifera*—white bark—Paper Birch
- *Cornus alba*—blood-red, Red-twigged Dogwood
- *Cornus alba sibirica*—coral-red, Siberian Dogwood
- *Cornus paniculata*—grey bark, Grey Dogwood
- *Rosa blanda*—reddish purple, Meadow Rose
- *Rosa lucida alba*—yellow bark, White Willow

Although fall planting is recommended by many, spring planting has its advantages. Plants which are not vigorous in their habit of root growth and which are susceptible to abnormal conditions of freezing and thawing, or to excessive moisture in the soil during the winter months, should not be transplanted in the fall. The most important illustrations of this type are the hick, flowering dogwood, and the less hardy types of evergreens. The lists given in this article can be planted satisfactorily in the spring.

For you who were too late in planting your gardens this fall, there will be the long winter to plan and live in your garden-to-be, before spring comes and you can actually plant your garden of dreams. Thus, dreaming of next year and the next, you can defy Lu Yun and say "There is no autumn in my heart!"

"A Timely Thought Saves Nerves Distraught"

By MAIDA HEINER

Often when a small hem is made it is only necessary to press it before stitching. Every woman who does sewing for herself or her family has a sewing machine, but how many women really use it efficiently? Every sewing machine has in it attachments and a book of directions, but most women fail to use this valuable information. A few hours spent in learning how to use the attachments would save hours of time to come. How many times have we not all sat down to mend by hand underwear, bedding and similar clothing and consumed more valuable time than necessary for such tasks! This can all be done with the sewing machine in very much less time. Instead of lowering the presser foot so it firmly holds the material in place, lower it enough so that it just touches the material. Tie the presser foot to a screw at the top of the machine. This leaves the material free to be moved about in any direction. Overcasting can be done in the same manner except that the material is moved in a zigzag motion.

I remember that the first time I put scallops on the bottom of a house dress I marked the scallops, then cut another facing of the same size and shape, brushed the dress and the lining, and began working on the facing. In a little experiment I found that it can be done more easily in another way. Straighten out the bottom of the dress with an even line. Turn the seam to the right side. Lay a pattern the size of the desired scallops so that the points come to the hem line. Mark the scallops with a pencil. Stitch along the pencil line. Cut out the scallops, allowing a small hem, turn so that...
that you and I, modern women, living in this modern world, sometimes have experience that sleeping with her head uncovered was bad for her health. Grandmother's theory may be correct. In those days typewriters duplicating processes, and stenographers...