painful release
self-mutilation at iowa state
Dear Reader,

ethos is all grown up. After a design overhaul, a change in format and a thorough housecleaning in our business and advertising departments, we're officially claiming the title of "real magazine."

We've stuck with what's worked: in-depth features and juicy tidbits. But we're not the kind of kids who blindly follow in someone else's footsteps, so we've added some middle ground: specialized departments and columns.

We've devoted a page or two each to sports, entertainment, campus and fiction. Hopefully something therein will catch your eye, whether it be the story of Ames' possible encounter with nuclear waste, Jason Michael Macleod's short story "Morning" or "The Essential" entertainment pick.

And then, the meat and potatoes. Contributing writer Dustin Kass' story about self-mutilation reveals the secrets of several Iowa State students who cope with life by hurting themselves. Senior Editor Tim Paluch took a few nights out to experience the phenomenon of campus ministry. And Managing Editor Paul Kix's time at Charles Dobbs' etiquette dinner was, well, life-changing.

And all of this is going to come at you five times this year. We've managed to finagle funding for an extra issue out of GSB — thanks, guys. We're working harder to publish material you find interesting, so send us a note — a story idea, an opinion, a fiction submission. We're hungry for all of it. Find us at www.ethos.iastate.edu and email us at ethos@iastate.edu.

And hey, stop by and see us. We've moved this year, down to the basement of Hamilton Hall. Our old office has been taken over by construction workers and stripped of all its idea-giving asbestos. Hopefully, we've absorbed enough to keep us going for the rest of the year.

Until December,

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