1922

Who's There and Where

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Dear Alumni:-

With the advent of the new year, we're making our resolutions too. We want our "Whose There and Where" page to be the most friendly, interesting and "newly" page in the whole Homemaker.

Won't you help us with a word of greeting and a tip about your neighbor alums who is helping the world along in a truly Ames fashion?

Of course we like especially to hear about those Ames women who are making good, "putting big things across," holding important positions; and unique jobs. But everyday folks are interesting too. We want to know about the excitements and adventures of school ma'ams and homemakers as well.

Iowa State College is interested in you and your friends. Don't you tell us about yourselves, not only that we may hand the news on to your old friends, but as a boost for your alma mater and an inspiration to undergraduates who are as yet casting about trying to find that work which they especially want to do. Perhaps hearing of the many things you have done will show them the way. Therefore don't leave out any of the interesting details.

Of course there's something for you to gain in this too. Could we have many letters of the type of Lillian Giebelstein's it would not be difficult when calls come for the Home Economics department to suggest names to fill important positions, or to secure data for desired recommendations.

May we hear from you soon? In the meantime, we wish you a most happy and worthwhile year.

HELEN BURLING MAKES GOOD

Making a way for oneself in the world is often done by men, but here is one of a few women who stands as an inspiration to those who would fight unaided for a college education.

On a vacation trip west this summer Miss Myra Whited found her niche, Miss Helen Burling, busily engaged in the work of County Demonstrator in Contra Costa County, California.

Miss Burling arrived in Ames with little money but much courage and a determination to gain an education. Picking up what work she could, Helen cleaned house, washed and ironed, and assisted in laboratory work. Despite her business of breadwinning she was a popular co-ed and took an active part in campus organizations, until in her senior year she was elected May Queen, graduating from the Science course in 1911.

Now a graduate in a mere B. S. degree, Miss Burling, continued her education by instructing part time in the Bacteriology department and doing research work with Dr. Max Levine, obtaining her Master's degree in Bacteriology.

Before going to California Miss Burling was one of the original twenty to do conservation work in the state the first year of the war. Following that she was home demonstrator in Cerro Gordo County for a year and then in Des Moines County for two years.

That she is as successful in this type of work as she was in gaining an education is acclaimed her by Miss Neale S. Knowles, State Leader of Home Demonstration Agents, who says, "Helen Burling was one of the best demonstration agents in the state. She is energetic and enthusiastic, and has the happy faculty of inspiring people to work their hardest for her."

A POEM BY ELIZABETH CANADY

I. S. C. Alumni will be interested in knowing that among their number is a poet in the person of Elizabeth Canady, managing editor of Peoples Popular Monthly, who writes this poem which appeared in the December issue of her magazine.

Lanterns in the Dusk

The year comes down to its dusken hour
The road grows into gloom.
The autumn leaves like springtime dreams
Have shriveled to their doom.
October's burnished afterglow
Has paled to its shadow tomb.
Lo, in the last gray twilight hour
Lanterns of love appear.
The torches of Remembrance Day
To light the dimming year.
Even as stars of memories friends
Kindle when night is near.

Mrs. Helen LeCron, editor of the Des Moines Register book page reprint ed Elizabeth's poem and said of it: "We have read it many times and like it—especially the haunting first line. It is one of those lines that we always think must have been born fully-grown—they are too beautiful to have been thought out word for word.

NIRA KLIAISE PURCHASES PICTURE FOR CLARINDA

Because of the loyalty of Nira M. Kla ise, 22, to her college and high school alma maters, Clarinda High School will be the first to receive a framed copy of the beautiful drawing of Iowa State campus which has recently been completed.

Nira, who is teaching Home Economics at Holdredge, Nebraska, thinks the idea is splendid and knows of no better way to boost both her alma maters than the giving of this picture.

The pictures which are now in the hands of the New York engravers for production in handsome brown photo-gravures cost $8 and are 31x19 inches in size when framed. It is said by the artists and engravers that this is one of the most beautiful pieces of this type of work that they have done for several years.

Picture funds for about 50 other high schools are being collected by the following letter from Lil- lian Giebelstein, 21, who writes from Alameda County Hospital, San Leandro, California.

A LETTER FROM LILLIAN GIEBELSTEIN, SAN LEANDRO, CALIF.

We are very happy that Vice-Dean Ed- na Walls should allow us the privilege of sending the following letter from Lillian Giebelstein, 21, who writes from Alameda County Hospital, San Leandro, California.

November 30, 1922

My Dear Miss Walls:

It will soon be a year since I last re- ported to the home office. I am still in California, at the same hospital from which I wrote last time. Altho there are many drawbacks here, there is a great deal of satis faction. I have been in a hospital that is steadily being improved.

Our service building is entirely com- pleted now. I opened the new diet labo- ratory about six weeks ago. We have two student nurses here four hours in the morning, who plan and figure all the diets, and prepare them with the help of the maid. Their other four hours are spent in the medical wards, part of their (Continued on page 15)
THE IOWA HOMEMAKER

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KEEP THE OLD RESOLUTIONS

Every year at some time the idea comes over me to lose five pounds and for a day I diligently diet and for two days 'touch my palms to the floor'—just long enough to be extremely stiff and extremely hungry without the balm to each that comes if the dieting and the exercise are continued.

'To reduce' is not the only resolve I make and—never keep, nor am I alone. Such resolutions are many and all the unkept resolutions in the world, even for just one year, are many.

My this year's resolution to lose the five pounds came before January first, as did the one to be in bed by ten-thirty on study nights and to read at least one of the books on my waiting list every two weeks.

The idea of making resolutions on New Year's day is rather old-fashioned, but on January first, early in the morning, I solemnly promised myself to keep those three premature resolutions, and I shall.

Resolve to keep the resolutions you've made throughout last year, be they many or few, and if you made none promise yourself to stand by yourself in what you resolve to do during this coming year.

ROOSTING 'IN BEWEEN.'

"Why don't you ask Mrs. S—— to serve on your committee? She is surely dependable enough," said the advisor to a live wire woman's club president.

"Dependable enough, yes, and capable, intelligent. More so than the majority of us, but she is so distractingly in-between. If she would only swear or cry once, or express an opinion of her own, her rise in club work would be meteoric."

This conversation, overheard on a city street car, bobs up in my mind each time I have been politely assured that I appear dull. It serves as a tonic to me. How does it affect you?

Are you passing up chances to meteorically advance yourself in your community, be it in politics, clubs, civic improvement or social service? Could you be of some valuable service to your community if you would forget your little shell of reserve and piety, and come out like the true, free-thinking and speaking American that every woman has the privilege to be?

When it is a criminal offense against the laws of a country for an adult to let a human die if he is in a position to save that life, is it not a criminal offense against the laws of God to be inactive when there is an opportunity to improve the lives that are here?

This "in between" is a nice little resting spot for a tired mind, but like all such resorts, soon breeds laziness and an inward-creeping death of soul.

Fence sitting may be a diplomatic roost while the crops are being planned, but if you don't come down in time to plant them you need not expect a share in the honors.

WHAT WILL HAPPEN NEXT?

Do you like surprises, or would you rather know in advance what will happen, so you can prepare to take advantage of it? Of course, Christmas presents and proposals must be surprises, and sudden ones, but isn't it fun to peek into the future and know what is coming to you? Then let's peek into the coming editions of the Homemaker and see what is in store.

Starting with the February issue, we will give you a series of stories on interior decoration. Not the kind that tell you how to hang curtains and Rembrandt prints, but real homey ones, that will help you live up the darkest nooks and most uninteresting rooms in your home. As a forerunner to this, we are having this time the story of the origin of mirrors, which will be followed with a story on how to use them. Then will come pillows, scarfs and combinations of ideas that will give 'that touch' you've been wanting in your living room all this time.

If opportunity's forelock has already passed you up, take hold of its tail and keep in step with your earlier fortunate neighbor.

IF YOU DON'T LIKE THE "MOVIE" PROGRAMS, CHANGE THEM.

"What's on at the Princess tonite?"

"I don't know, but I'm sure it is nothing that we would care to see. I don't see why they won't show something decent once in a while."

There are two good reasons why the manager fails to please you in his choice of pictures. It is easy enough to decide that you don't like a certain show, but it takes much more mental exercise to study the situation, find the cause of the trouble, and choose the program of shows that you want to come to your community.

In that lies the second reason why you are not satisfied. Your manager has no way of knowing what you want. That you do not like his choice may be evident to him, but when your criticisms are not constructive it places him more at sea than if he did not know of your dissatisfaction.

The success of any theatre depends upon its patronage, and your opinion is as influential as that of any other person. If you truly want better pictures, it is within your power to have them.

But how shall you proceed? Just as you would get any civic change. First acquaint yourself with desirable, available films from review of motion picture literature, or, better still, from the motion picture departments of the women's magazines.

When you know what you want the manager will doubtless be glad to try to get them for you. If he is not willing to cooperate with you, public opinion can be brought into service, and its pressure will certainly bring you your desires.
HEALTHFULNESS OF OLEOMARGARINE

I have heard it said that oleomargarine is not as healthful as butter. Is this true?

When comparing the best grades of both products, there is little if any difference between butter and oleomargarine on the grounds of digestibility, while a good oleomargarine is much to be preferred to a poor butter from a nutritive standpoint. As to its wholesome-ness, a large number of experts are unanimous in expressing their favorable opinions of oleomargarine as a healthful article of food.

TO CLEAN KID GLOVES WITHOUT WETTING

In cleaning black kid gloves I have found that the dye runs, streaking the gloves. Is there any unanimity in expressing their favorable opinions of oleomargarine as a healthful article of food.

MEANING OF THE TERM "VELOUTE SAUCE"

What is the meaning of the term "veloute sauce"?

Veloute sauce is a white sauce in which veal stock is substituted for milk. In the Homemaker for August and September, 1922 is a list of such terms under the heading "Card File Your Foreign Terms."

COD LIVER OIL

Of what use is cod liver oil in the diet? Cod liver oil contains the unknown vitamin which aids in the body utilization of calcium and phosphorous.

HEIGHT AT WHICH TO HANG PICTURES

What is the proper height from the floor at which to hang pictures? Pictures should be hung at or very close to the line of sight which is about five and a half feet from the floor. The picture should always be hung with two cords, each end instead of one which forms an inverted V.

KITCHEN SEASONINGS

Is Kitchen Bouquet a seasoning and of what is it made? What is Poultry Seasoning? Kitchen Bouquet is a mixture of kitchen seasonings, bay leaf, clove, marjoram, thyme and allspice. It is used to make meats, soups and dressings more tasty. Poultry seasoning is powdered sage, bay leaf and thyme and is used in dressing.

NEW DRAPERY MATERIAL

Could you tell me anything about monk's cloth? Monk's cloth is a new basket weave material very much in vogue for interior decoration used especially for living room covers and hangings. The neutral color of the fabric and the small squares made by the weave are ideal for wool embroidery in oriental designs.

THICK ICING

What can I do to boilded icing that gets too thick? When boiled icing gets too thick add 1 t. thick cream. This will make the icing of the right thickness to spread on the cake.

SANDWICH FILLINGS

Will you please suggest some sandwich fillings to be used in sandwiches served with tea?

CHOPPED NUTS MIXED WITH MAYONNAISE, OLIVE RELISH, OLIVE AND NUTS CHOPPED WITH MAYONNAISE, DATES OR RAISINS AND NUTS CHOPPED WITH MAYONNAISE, PIMENTO CHEESE, ORANGE MARMALADE OR EVEN PLAIN LETTUCE WITH MAYONNAISE, ALL MAKE DELICIOUS FILLINGS FOR SANDWICHES TO BE SERVED WITH TEA.

A GOOD NICKEL POLISH

Will you please tell me how to make a good nickel polish?

Whitening plus ammonia makes a good nickel polish. Moisten the whitening with the ammonia just enough to make a paste and apply with a soft cloth.

DANGERS OF BEING OVER-WEIGHT

Does being overweight endanger one's health?

For every pound a person weighs overweight he is increasing his chances of death one percent. This is especially true between the ages of 40 and 50.

WHEN MAYONNAISE SEPARATES

What can be done when mayonnaise dressing separates?

The emulsion has been broken. Take a fresh egg white or yolk, beat it up, and slowly add the separated mayonnaise, still beating until the emulsion forms. Then add the rest more rapidly.

PREVENTION OF SOGGY CRUST

What can I do to prevent the crust of custard pie becoming soggy?

If the milk is heated to the boiling point before it is mixed with the eggs the crust will be crisp.

WHY WHITE CAKE RECIPES CALL FOR MORE BUTTER

I have noticed that white cake recipes usually call for more butter than a dark cake one. Why is this true?

The proportion of fat for white cake is increased due to the toughening effect of the egg whites.

CLEANING VASES

How can you clean the inside of flower vases?

Use a mixture of salt and warm water.
From the Trite to the Novel in Handkerchiefs

By HARRETT SCHLEITER

Ever since the days of princesses and knights, handkerchiefs have been romantic little bits. Fair ladies threw them to black plumed warriors on dazzling steeds. If they hadn't what ever would the poor dear warriors have pressed to their lips when they lay dying on the field of battle? Of course gloves might answer the purpose, but they are such expensive things to drop about on all occasions, and handkerchiefs do just as well. Besides they don't make such a bulge in the left breast pocket, when picked up and cherished by modern plumless lovers.

Even if you don't use them for such purposes, you always feel more swaggerish if you have just the right kind and color of handkerchief tucked in your pocket, or your sleeve, or down your neck.

Now what I started out to say was simply, only, merely that perhaps your rather depleted supply of handkerchiefs wasn't replenished at Christmas as you had expected it to be. Even though I remember an aunt who invariably sent each one of us a box containing a half dozen plain white ones, every twenty-fifth of December, she doesn't do it anymore, and if I always did suspect that she bought a car load and just wrapped up by a hundred then put a holiday loom up and mailed them to all relatives and friends, I'm really almost sorry. It may be best though for I'd probably got so tired of plain white ones, when now-a-days there can be such a delightful variety. Not only linen but gingham, pongee, crepe de chine, and the art of one of those ribbon brokers, the rainbow never thought of possessing.

You know you can buy handkerchief linen cut in squares just the right size, and make to suit your drawn threads and little embroidered flowers or appliqued designs in one corner. Pongee can be fixed in these same ways. And by the way, don't overlook the ladies fair who dote on the pongee kind. Try them on His Highness, and when you see a corner of one glistening proudly out of his pocket, and see him throw his chest out a little more wide when people say 'What a nice pocket you will then be rewarded for all the times the thread broke when you were drawing it. Men, after all, are just as vain about such little things as are we women.

For dress up in light clothes for parties there is nothing daintier than a crepe-de-chine handkerchief with a ruffle of lace around the edge. They are such pretty things that a scrap left from an orchid or pale blue teddy can be turned into such a cunning handkerchief you're glad it's after Christmas and you don't have to give it away.

Voile ones look lovely with lace edges, too. They are even more adorable made of white, with little squares of color hem-stitched on, or a wide border of another color joined with hemstitching.

And now—when the Christmas rush is over, make yourself a present of some lovely new handkerchiefs for the new year.

Are You A Book Lover?

Now that the long winter evenings are here, it's time to climb into the big arm chair and examine one's book shelf. There's always a probable matter of personal tastes and inclinations. But whether they be books or poetry, travel, science, romance, or thought, let's say that the subject is the list of one's favorite books.

Coming home from a full day, what could be better than settling oneself comfortably and renewing acquaintance with Lorna Doone and John Ridd, big fellow, or Angela Sedley and her friend, Becky Sharp; or sympathetically finding oneself in the heat and the magnitude of "The Garden of Allah"; or galloping by the brush pile with "The Brushwood Boy"; or rescuing fair maidens in distress with Don Quixote.

"If one be modern should one not gaze a moment into the mirror Sinclair Lewis creates and "see ourselves as others see us;" love Mark Sabre in A. S. M. Hutchinson's "If Winter Comes;" admire Peter Wescott in "Portitude," by Hugh Walpole. All of which, in fact, means just losing oneself in delightful adventures, with delightful people, in a world of enjoyment.

And then there are the books of poetry, so many and so varied that one can scarcely list them without omitting too many favorites. "Poetry" says Max Eastman, "is a countryman and greets every experience by its own name. It is a gesture toward the world. The novice must learn now lovely it is to be indirect, and when you set out to go somewhere, instead of going there, to back up and turn around and go somewhere else." They are the key to the enjoyment of poetry, to indirect and browse about according to your interest and mood. For ruggedness and life there is Robert Browning and if your soul is weary and needs food give it some of Edward Rowland Sill. There is Wordsworth for love of nature, and wind and beauty, and for love of words. Mrs. Brown- ing and Sara Teasdale—they are different, though. If one be filled with the spirit of youth and Helen of Broke, that vivid young Apollo, and should one be a man one cannot overlook the red-blooded poems of Service and Kipling.

Poetry, dear reader, is beauty and fantasy, quickens life,—intensifies it, and in its subtle poignancy touches that inside person of ours whose existence we are scarce aware of.

Of course, should one return home with deep thoughts and an open mind, an essay is in order. One of Emerson's, perhaps, or Bacon's. An essay that takes lots of time and lots of thought. Great, then, is the enjoyment of rolling out deep, perplexing, thundrous truths with the air of one who knows. Or if one be whimsically inclined why not a little of Christopher Morley or Gilbert K. Chesterton? "Tremendous Tribes" is a leisurely book to start on. For strict enjoyment there is Charles Lamb, Samuel Carruthers, and Robert Louis Stevenson, and for a mental massage try Oliver Wendall Holmes' "The Autocrat of the Breakfast Table." A pastor once said that when ideas would not come in the preparation of his Sunday morning ses- sions it was the Autocrat to which he turned for a mind-rouser.

So do not overlook your books of essays, there are delightful in them. Neither forget books of travel: John Muir; books of science: Masterlinck's "Life History of the Bee," outlines of science by John Arthur Thomson and Sloe- son's Creative Chemistry: books of his- tory: "Well's "Outlines of History" and "History of Mankind" by Van Loon.

Books, like those pink pills your mother used to give you, cure all ills. What- ever your mood of the moment may be there is a book to fit it. All that you need is an R. Mifflin, proprietor of "The Haunted Bookshop," that C. Morley created to prescribe for you.

Obviously there has been room here for only a few suggestions. If my favorites aren't on your book shelf read what YOU have. One's own personal tastes should be the criteria for the selection of reading matter. But READ,—taste, taste, taste, and soon you can gather your own loves about you.

We can't all climb the Swiss Alps, sail on stormy seas, or languish under southern palms in tropical moon light. But in our own lives, commonplace and prosaic as they seem, books can bring to us the romance of foreign lands, can acquaint us with the most interesting of people.

And although without continued study we cannot become trained connoisseurs, clever critics, or specialists along technical lines, nevertheless by reading we may gain a large appreciation and understanding of those things that are good in life.

Nor have we ordinary people an adequate means for self-expression. We cannot dance or sing, our tongues and pens are awkward, and our fingers clumsy. Our souls are buried and stifled, carried out for open spaces. Books meet this need of self-expression. When we find our own thoughts and feelings, longings and strivings so well expressed; when we see beauty shimmering and vivid, we are satisfied.

"Reading maketh a man a full man." Yes, and what life, what people, and what enjoyment it opens before one. To value books, to read books, and to love books—that fellow housewife-booklover is to love life itself.
Providing Worthy Use of Leisure Time for the High School Student
(Continued from page 4)

agencies—maps, surveys, reports, to learn how to use the privilege of a voter.

Organization of The Clubs
There shall be one main club known as the Better Citizenship Club of which every one will be a member. Other
smaller clubs can be formed whenever at least six students feel a need for some particular Club. The clubs will in-
clude both boys and girls. A person is not eligible to any club until after his first semester and he must be passing
in all his work.

Officers of the clubs will be changed every semester and they must have a scholastic standing of 85 percent and
they are elected by ballot. One or two members of the faculty depending on the size of the club will act as advisors.

There shall also be an Advisory Board or Governing Board who will have charge of the government of the school. This
Board will be made up of a representative from each class, the president chosen at large and two Faculty members
one of whom will be permanent. The Vice-President of this Board will be chairman of the different divisional
clubs. This Board contains a Judiciary Committee which handles all cases of cheating, gambling and the such.

There shall be a system of points whereby a few students will not hold all the honors. No person is allowed to
have more than ten points per semester or more than twelve points at any one time. This point system has been worked
out with the above aim in mind.

Divisions of Club
The large club shall be divided into three main divisions: literary, activity, and vocational. Under each of these
main divisions will come several separate clubs, the kind and number depending on the high school.

There are hosts of possibilities under each of these divisions. For example under literary we may have an English
Club, a citizenship club, and a journalistic club, to include a study of Modern Languages, and perhaps give instructions
in the proper use of the library.

In the English Club will come the opportunity for moral guidance and establishment of high ideals thru the study
of good literature, and, in the Citizenship Club, the students will learn how to adjust themselves to the group and to
society as a whole. While, in the Journalistic Club, they will learn to know literature and will condemn bad literature.
It will also strengthen their choice of ideals and standards.

In the activity group there may be a Dramatic Club, an Athletic Club, an Arts and Crafts Club, and a Music Club.
In the Dramatic Club will come opportunities for moral guidance, individuality, and leaderships, and in the Athletic
Club, we will find opportunities for realizing the health aim in making for cleaner, better athletes, and a realization of
the avocational aim or play instinct.

While in the Arts and Crafts Club will come expression of the avocational aim, and thru songs, an aid to moral guidance.

The vocational group will contain the Home Economics Club, the Agricultural Club, the Teacher Training Club and the
Commercial Club. The general purpose of this club will be the realization of one of the modern aims of education, the
vocational aim. It will help the student in choosing his life work by helping the student who goes directly to work after
leaving high school, in giving him practical knowledge that he can use, and by

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Reasons for Eyeglasses
Science has found more uses for them.
Education calls for much eye aid. Increasing power of lights. Use of eyes when all nature is asleep.

ARE YOUR EYES SAFE?
DR. F. E. ROBINSON
Exclusive Optometrist
Over the Gift Shop
Ames, Iowa

AVOID THAT COLD
We mend the rips and patch the holes, build up the heels, and save your soles.

Linder’s Shoe Shop

LOWRY DRUG COMPANY
CARA NOME TOILET PREPARATIONS

Shaeffer’s Life-Time Pens
Parker’s Duofold Pens

Athletic Drug Co.
2816 West St.
Ames, Ia.
helping the student who plans to go to college in making him more able to choose the line of work he wishes to major in.

Keeping up the Interest
There is nothing more fatal to club life than the "same old thing." Keeping up the interest in a club is one of the leader's big problems. A party is one of the most popular, but not the least important way of creating a new interest. It is a good idea to work on the parties that a club wishes to give in a certain amount of time. Each party should be given for a reason and all details planned differently. A reunion party of the old members could be the first party after vacation, to talk about summer trips and to renew the spirit of the club. If the club is first organized a party should be given anyway. Then there are the parties given for other clubs and for boy friends. A mother's party would be very enjoyable where the girls entertain their mothers at a tea or an inexpensive luncheon. This gives the leader a chance to meet all of the mothers and gain something of the home life of the girls. In fact, all of the parties are helpful and the leader as she learns how the girls conduct themselves with different people is able to solve some of her problems. Parties are beneficial to the girls not only for the fun they get out of them, but for the training they get by planning invitations, refreshments, decorations, entertainment, and by forming committees and leadership in all phases. The parties should be simple but creative.

A contest is always a stimulus and creates interest and eagerness. When taken as a whole club or as individuals, competition brings better results. The girls learn to take defeat with a good will and to give the best that is in them. Rewards may be offered and sometimes it is more interesting not to know what the reward is going to be. However, rewards, should be things which can be kept such as cups, pins, medals, and badges to remind them of what they stand for. If contests are of different natures so that different girls are able to win them, the interest will be greater than if the same ones won them all the time.

Club papers if too many members do not belong to a Journalistic club are interesting and something different. Even if they cannot afford to have the paper published, it is worth while to organize and keep a paper in the club.

Public notices, such as bulletins and posters are interesting to work on. Bulletin boards should be placed in the school and everyone should become accustomed to using them. It is good training for the girls to write up interesting announcements and make posters. Big headlines, pictures, and poetry may be used to attract attention.

A club should not meet too often. Too much of practically the same causes lack of interest. Our model club will meet three times a month, the whole citizenship once and the divisions twice, not counting the social functions.

Every meeting must be very carefully planned out beforehand and each meeting should have a useful, inspiring purpose and be conducted in a lively inter-
esting manner. Each meeting must relate in some way to the one before and the one to follow. Much depends upon the leader, but cooperation of all, a warm, friendly feeling toward each other, and cheerful, useful service makes a perfect club.
Planning the Home Grounds
(Continued from page 7)

possible, it should be tested by driving over it before construction is started. An area for a car to turn in should be at least 60 feet in diameter, which is too large a space to be given over for this purpose alone on a small place. This problem is better handled by a spur which is planned to conform with the turn made by the car in backing out.

In considering the different areas, the public area is of great importance because it forms the setting of the home as viewed from the street. Do not plant in the parking unless it is the policy of the whole street to do so, and avoid high planting toward the street intersection, for such planting is objectionable to public safety. The great portion of the lawn should have an open center unbroken by planting except for trees and specimen plants, the shrubs being massed about the foundation and border lines.

The private area should be planned to express the individuality of the owner. Admission to this should be as sacred as to the house itself. Often walls of brick or stone or fences of lattice covered with vines will secure enclosure and their arches and niches will afford attractive features in the garden.

This private portion can be planned as an informal lawn area bordered by trees, shrubs and flowers, or follow a more dignified design where the architectural lines of the house are carried out into the garden and repeated in a formal scheme.

The service portion includes the garage, garage court, vegetable garden, laundry yard and all other out-door working parts. This should be screened both from the street and the living portions of the house and grounds. The service area should be easily reached from the street and should be accessible to the kitchen entrance and to the entrance leading to the basement of the house.

The greatest satisfaction is gained when the planning and at least a part of the work we have done ourselves, for it is only when we help construct do we love the finished product.

"And there is no employment or recreation which affords the mind greater or more permanent satisfaction, than that of cultivating the earth and adorning our own property."
Simple Service for Home Meals
(Continued from page 6)

Don't talk politics or religion where there are guests of miscellaneous
beliefs.

Toothpicks are never used outside the
decor of one's own room.

The hostess continues eating until all
are finished lest some guest be embar-
rassed at finding herself the last to
finish.

The napkin is left in the lap until the
hostess places here's on the table just
prior to rising. A guest who is staying
for consecutive meals should fold her
napkin inconspicuously. If invited for but
one meal lay the napkin on the table only
partly folded or rumpled. Do not leave
the table until you have entirely ceased
eating.

Arise from the left side of the chair.
Push the chair close to the table so that
one may easily pass.

Who's There and Where
(Continued from page 8)

work there being to care for the special
diet patients, and serve their trays. I
think this arrangement is as nearly ideal
as we could want. Our diet laboratory
in the afternoons serves as a cooking
laboratory for the cookery and dietetics
classes.

I do not have an assistant, but have
been relieved of some of the work so I
do not feel too pushed at present. I for-
merly had the responsibility of the kit-
chen and dining rooms, as well as the
diets, marketing, and teaching. After
talking it over with several dietitians who
seemed to dislike the culinary part as
much as I did, I made the recomenda-
tion that a steward or institutional man-
ger be employed to take over that part.
It happened that our housekeeper was at
one time an institutional manager and
consented to take charge of our kitchen
and dining rooms, so now my work
consists in making out the menus, super-
vising the ward diet kitchens, marketing,
and teaching the nurses.

For the past week I have had a student
dietitian, a Berkeley graduate who had
three and a half months training at the
University hospital. She wanted to get
some practical experience in marketing
as well as the comparison between a
hospital catering to private patients and
a county institution. I am hoping that
we will soon be able to offer a regular
student dietitian course by spring at
least. If we are able to arrange for an
affiliation with some private hospital
such as Stanford or U. of California, the
course should be of more value than one
given in a single hospital.

When I came out here I certainly did
not dream of all the things that would
be expected of the dietitian. The latent
"horror" is a request to give the Interns
instruction in dietetics. I rebelled stren-
uously until I discovered that the only
way to get them to prescribe diets in-
stead of medicine was to teach them
the value of dietotherapy. One of them
didn't know that diarrhea might be reg-
ulated by diet, but ordered medicines
only. I only expect to give them a sum-
mary of the latest theories in diet for
the most important diseases.

Kindly remember me to Miss Murphy,
Miss Busse and any other of the staff
of "old timers."

Very sincerely,
(Signed) Lillian Giebelstein.