Brighten Up the Wardrobe

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The Iowa Homemaker

The staff of the Nursery School is one of importance. It is composed of four trained supervisors. One is trained in Pre-school Education, another in Child Psychology, a specialist in the field of Pre-school Education, and the Director of the Child Care Program. They are responsible for the choosing of the children for the school in the beginning, as well as the running of the school. They provide for the needs of the children whether mental or physical activity or careful training in habits. On entering the school each child is given a complete physical examination, a dental diagnosis, a Simon Binet and Performance, and a Schich test by the department of Psychology. X-ray pictures are taken of their wrist bones to better understand physiological growth. These records are available to the parents and form the basis of study and discussion in class. It is the endeavor of the directors to find children representing different types and environments. Some of particularly high I. Q. are chosen as well as some of medium ability. Care was also taken to obtain, if possible, children from different sections of the country. Due to this careful consideration, the Nursery School is composed of children that represent many different problems and questions for the students to observe and study. The popularity and feeling towards the Nursery School is evident by the large waiting list of children, whose parents wish them to attend. Then many ask, "What do the children think of the Nursery School?" Children enjoy the Nursery School. Small Betty is frequently escaping the Home Management girls and running to the Nursery School, where she plays quietly. Joe Quij, who is not yet two years old, will perform almost any task to be allowed to come, and is heart-broken if for some reason he cannot attend regularly.

Brighten Up the Wardrobe

By HELEN DAHL

"What shall I do with my winter clothes? They look so uninteresting. I do wish spring would come!"

How often we hear our friends exclaim that they are tired of their winter clothes. The appearance of a costume depends largely upon the color scheme used, making it interesting or unattractive. Just how you answer the question of color, we find it difficult to determine. Nevertheless it is sufficiently interesting to be worthy of careful consideration. A desire for good looking and attractive clothes is the reason for spending time and thought upon choosing a costume. Nearly every girl has some particular color or style in which she looks her best. If you have tried on straight-fitting navy blue dress of charmee or other twill, and are tired of its plain tailored style when other girls around you have bright, interesting color schemes in the line, individual looking yarn embroidery of clever colors can make the plain sleeves very distinctive and kick-in pleats which are very good this season can be made in the front of the skirt to harmonize with the color of the yarn used in the embroidery of the sleeves. Various shades of green would be very satisfactory on the navy blue dress, providing you can wear green becomingly. Otherwise, different shades of red and purple can be used effectively. If you are of the type that cannot wear flares and skirts of any fullness, a fur or an embroidery trimmed panel can hide a set-in pocket and add a touch of color to the plain skirt.

Buttons may be used in trimming in a variety of ways, both on your satin and wool garments. You can get good looking fancy colored buttons which may be sewn on in straight rows down the front or the back, or on the collar and sleeves. Since the sleeves, in order to conform to the season's style, are to be very interesting and individual, buttons may be used in designs and are effective when they are sewed on in masses to form the cuff or a band around the sleeve. Small buttons have been the best in taste in recent years, but a newer idea is to have a few large buttons extraordinarily placed. If your dress already has a high collar or one that can be converted into a high collar, you are fortunate; high collars are extensively used on both silk and wool dresses. In many cases the high collar just makes the dress. Embroidery serves very well in making the collar distinctive; either silk or wool yarn may be used to form the neck band and may continue down the front or the back of the dress. Brightly colored braids are effectively used in finishing the top of the neckline. Accents of shade of material may be used on the inside of a double collar; the top may fold, showing a band of the different colored material, which helps to make it individual. You can make a high collar distinctive with buttons sewed on in designs, in band effect, by masses, or with fancy stitches.

If your dress is one with an uninteresting neck-line, a scarf can serve effectively in place of the high collar to break the plain neck-line. You cannot be too careful in selecting your scarf. If your dress is of heavy woolen materials, you should not attempt to wear a chiffon or georgette scarf with it as the effect is most exasperating. An attractive scarf of flannel is
THE ROSE JAR
Laura Holmes

Our mothers and perhaps our grandmothers before them took great pleasure in gathering and great pride in possession of a sweet scented rose jar. The task of gathering the petals was done while the roses were in greatest profusion, so that only the choicest need be used.

Today the rose jar has again won favor and place in milady’s possessions. It is possible to buy the rose petals, prepared by various perfume manufacturers, but these are quite expensive and out of reach of many who desire the sweet scented petals. For those who have access to roses, the preparation of a rose jar is a simple process.

The rose petals are gathered while the dew is still on them and spread out on newspapers. Salt is sprinkled generously over the petals and allowed to stand in that condition until they become brown and withered. The salt is then shaken off and the peels placed in a jar. For each cup of petals add one tablespoon of spice, either ground cloves, cinnamon, allspice or a mixture of spices. To this add oil of roses or any other perfume oil; a few drops will be sufficient. Cover the rose jar and allow to stand for a short time until the cloves and added oil have penetrated the flowers. The rose jar is then an actuality and may be used as desired.

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in good taste. A newer idea is a hand loomed scarf made of finest all wool yarn. Here you have a chance to use your eye for color. It can run riot here and wreak havoc or it can produce a pleasing and harmonious color scheme. In choosing your scarf, consider the size which would suit you best as well as the dress with which you are to wear it. For instance, if you are short, a wide scarf of heavy material would give a decidedly unbalanced effect. A gay scarf of printed satin is often used to add color to a dark wool dress, making a pleasing appearance.

Have you ever thought of using gay colored ties to brighten your clothes? Scarf ties of silk plaids or prints are very interesting. Ties of self material are often used to form the high collar with a bow in the back or on one side with long streamers. A tie may be of self material with ends of a bright material or of fur.

If you like beads of odd colors and shapes, this season is your chance to wear them. Previously, beads were not worn with wool dresses. If the neck-line of your dress is V-shaped, large choker beads can help to make it distinct. In some of the smarter shops, cleverly painted wooden beads to harmonize with the costume are shown. Glass beads, usually cut and colored, are very interesting.

Stiffly starched collar and cuff sets are practical and neat looking for school and office wear. These may be of printed material or they may be painted in unusual designs to form good color schemes. Lace collar and cuff sets can always be used to change the appearance of an old dress; in this case, a brightly colored tie looks very well as a finishing touch.

Maybe you have an afternoon dress that you wore last season, which has short sleeves. It is very easy to remodel it by making large puff sleeves and sewing them to the drop sleeves; or you may

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shape the shoulder and have a full length sleeve. These may be made the most attractive part of the dress by using embroidery or by painting designs upon them in clever color combinations. An individual looking dress can be made by shading the material from a deep shade in the dress to a light shade at the cuff. These different shades are hemstitched together in strips. Instead of shading the strips, different colors may be used effectively.

You can use flowers successfully as trimming this season. But as one designer stated, "The flowers must be good in order to be good". This sounds strange, but it is very true. Cheap flowers fade and lose their shape under certain weather conditions, so it is not advisable to wear them as often they completely destroy the effect of an otherwise attractive costume. However, good looking flowers which are in harmony with the costume are becoming.

Did you know that your gloves are a necessary accessory to complete your wearing apparel? The colored cuffs are attractive and unusual after wearing gloves of dull colors for so many seasons. Fancy embroidered and stitched cuffs harmonize with the costume and you can make them very distinctive.

Perhaps these few suggestions will help you in brightening up your winter clothes. Oftentimes an old dress remodeled is better looking than the original model. Then, too, you have the satisfied feeling of having a distinctive looking costume, making the effect worth while.

CAROLING PARTIES
"It Came Upon the Midnight Clear that Glorious Song of Old," "Hark the Herald Angels Sings," "Oh, Little Town of Bethlehem," "Silent Night, Holy Night" what can be lovelier than to hear the beautiful carols sung by voices as clear and fresh as the frosty air of Christmas Eve? Wouldn't it be fun to learn some of the loveliest of the old carols at your December club meeting, then to sing them beneath the windows of your friends on Christmas 'eve'? In some communities a lighted candle is placed in the window of each home wishing a call from the carolers.

Miss Elesta Gibson of the art department of the Home Economics division was married in June to Mr. Stanley Purnell in Des Moines. Mr. Purnell was formerly in the chemistry department of the college. They are making their home at present at Normal Ill., where Mr. Purnell is sanitary engineer for the city.

Harriet Schielter, Ex. '24, is teaching in the English department and working on her master's degree.

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