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A Co-ed's Thoughts on Boiling...

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GIRLS' 4-H CLUBS



Club Work Is Glorifying the Iowa Farm Girl

Edited by Clara Austin

All About the Convention

JUST before convention let us consider a moment. Who plans all our state meetings? Who works out our projects and our county programs? Do we really appreciate the thought and the time and the energy that someone has put on these things in order to make our club work worthwhile and interesting?

We sometimes do not realize that the Iowa 4-H girls are the most fortunate club girls in the United States because we have state leaders who are so ready to help us to live up to our club motto.

We do want our state leaders, Mrs. Josephine Arnquist Bakke, Mrs. Edith Barker, Miss Florence Forbes and Miss Lulu Tregoning to know that we appreciate them and the wonderful work they are doing for 4-H'ers in this state.

Letters have been sent out, speakers engaged, and program printed because it is only a few weeks until the State 4-H Convention.

The letter of instruction sent out from the state office says that delegates are to arrive Wednesday, June 1, and not to leave before Saturday noon, June 20.

The purpose of the state convention is to help stimulate work in the local club groups. Each club is entitled to send two delegates, and any girls who have won trips given by the county fairs and the county president also may attend convention.

Every club girl will want to bring her blue 4-H uniform because uniforms are always worn at the convention meetings, especially the banquet, the music memory contest, and when the big group picture is taken.

THE two and one-half days of convention will be just crammed full of inspiration and good times. Convention is a splendid place to meet and get acquainted with girls from all over the state.

The state-wide orchestra and chorus will be important features of the convention again this year. Any delegate may join either the chorus or orchestra and each county is allowed to send two extra delegates for the orchestra.

Each day there will be a conference led by one of the state officers and an opportunity will be given for the delegates to exchange ideas and to solve problems.

Each year the state club staff secures some outstanding woman speaker as an inspiration for 4-H girls at the convention. Last year we had the privilege of hearing Carrie Chapman Catt. Judge Florence Allen of Columbus, Ohio will speak this year. Judge Allen is the only woman in a Supreme Court. She believes in 4-H work and says that the high ideals of 4-H club work are expressed in our own song "Dreaming."

ALL-TALENT night which was a feature of last year's program will be carried out again this year. The 4-H queen will be crowned on that night and each county will have an opportunity to have some part in the program.

Any 4-H girl who has attended a former convention will be happy to know that Miss Fannie Buchanan who has done so much for music appreciation in our club work, will again present the 1931-32 music appreciation list.

Another banquet will be held this year and last day will be Honors Day when the awards for the best club and individual records will be made.

Hold May Breakfast

MAY 1 was another milestone in the history of the Campus 4-H Club.

A Co-ed's Thoughts on Boiling...

By Mary Arnquist

THE other day I heard an Iowa State co-ed remark vehemently to her roommate, "—and got mud splattered all over my new spring coat. Why, I just 'boiled!'" This sweet feminine young thing had evidently gotten so hot her temper had risen so high that it had exceeded 100 degrees Centigrade or 212 degrees Fahrenheit. Is that what happens to water? Do we provoke its temper so much by heat that it literally boils?

Water is such an extremely important and common substance in the household, and is used to such an extent by the housewife that she really ought to understand the function of boiling. After all, the real function of boiling is to boil over—to put a little excitement in cooking. How exciting it is to hear the hot water drip over into the burners and various foods, causing a ghastly odor to arise!

The annual May morning breakfast was one of the most enjoyable meetings of the year.

Nearly one hundred 4-H girls and guests representing 53 counties and three states attended the breakfast.

It is traditional to have the 4-H song "The Four Leaf Clover" sung at each May breakfast and the program opened with that song again this year. Mrs. Josephine Arnquist Bakke gave briefly the purpose of the organization here on the campus, and Clara Blank reported on the meeting of the Student Section of the American Country Life Association. "This job of homemaking" was the subject of a talk by Mrs. Louis Cook who besides being an efficient homemaker is a free lance writer.

THE Campus 4-H Club was honored to have Miss Gertrude Warren, a national club leader, at the breakfast, and her challenge from our national office at Washington D. C. was "to be the very best and to do the best we can—think in terms of what you would do and have a vision."

The officers for the coming year are Janet Cation, president; Esther Everett, vice-president; Clara Austin, secretary; and Alberta Hoppe, publicity chairman.

Then how exciting it is to run to the doors and windows, throwing them wide open. Ah, cooking would never be the same without boiling water.

The word "boil" is derived from the Latin verb, "bulliere," meaning "to bubble." Bubbling is not necessarily boiling, however, and the housewife must keep in mind that water does not boil until the bubbles rise and break the surface.

What would you do without boiling? Well, you wouldn't have any boiled shirts; you wouldn't have any boiling radiator on your car, and, what's more, you wouldn't have any boiled shoes.

Nevertheless, boiling is important. The housewife should know about it. There's always lots to learn about boiling, but if you can give me a definition for it, you are a better man than I am.