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Look to Your Canapes...

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Look to Your Canapes . . .

By Margaret Bruechert

IF THE first impression be the last-
ing impression, then let us look to our canapes and our cocktails.

Canapes should stimulate interest in the meal by appealing to the eye as well as to the appetite, and should be made a part of the color scheme, for they are, of course, on the table when the meal is announced. Canapes can be made almost spectacular with the glossy black of caviar, the vivid red of pimento, the white and yellow of hard-cooked eggs. Cocktails are equally versatile, affording the use of the cool green-yellow of grapefruit, the bright pink of watermelon, the luminous red of strawberries.

Canapes—either hot or cold—are especially suitable for the colder months of the year. These may be made in a variety of ways, but the foundation is always stale white bread cut into quarter-inch slices, and shaped with a cutter into small circles, rings, strips, triangles, or other fancy shapes. The bread may be used as it is, or toasted to a light brown on either one or both sides. The canape should not be too crisp or it will be difficult to eat.

On one side of each piece is spread the desired canape mixture.

Here are a few suggestions for canapes that may be varied at will:

Anchovy canapes—For these anchovy paste that comes in tubes may be used, or anchovies, which are tiny smails, may be reduced to a smooth paste with a wooden spoon. The paste is seasoned with lemon juice. If desired, two anchovies may be split and laid diagonally across the canapes, the point where they cross being marked by a little pyramid of rice, yolk of hard-cooked egg. Petal-shaped pieces of the hard-cooked white may radiate from this center pyramid.

Sardine canapes—The skin and backbone are removed, the sardines skinned with a fork and seasoned with lemon juice, salt, and a few drops of Worcestershire sauce.

Salmon canapes—Salmon is seasoned with lemon juice, spread on toasted bread, and decorated to simulate a flower with a hard-cooked egg white, cream cheese, and a pimento center.

Caviar canapes: A favorite arrangement is to have the canape in the form of an oblong, two by four inches, covering one-half with minced raw onion and the other half with caviar. The striking difference in color is very effective. A slice of green pepper may be placed where the two mixtures meet, and little points of the pepper may extend out on each slice.

Cheese and olive canapes: Prepared bread is spread with a paste made by mixing equal quantities of cream cheese and chopped stuffed olives, and garnished with a quarter-inch border of the chopped olives and a star of red pepper or pickled beet.

Peanut canapes: Toasted bread is spread with cream cheese moistened with

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It Would Be a Woman
(Continued from page 1)

1. Times, take double precautions.
2. Become familiar with traffic laws and regulations in your city.
3. Always be on the alert. If you are not sure about what the other driver intends to do, give him a wide berth. You may have the right of way, but it won’t help you after you are dead.
4. Get plenty of experience in close traffic, and drive often.
5. At times when you are not driving, try to anticipate any trouble which might occur, and plan the best method of action.

Dr. Laner’s experiments have been made with a mechanical device which closely resembles an automobile, except that it has no wheel, and will not go. The drivers are subjected, nevertheless, to a much more complete test than would be possible when actually driving, and a complete record is made of all their reactions.

And Dr. Laner adds a final rule for women. Do not expect too much courtesy on the part of men! Men drivers, we are sorry to say, forget their chivalry and their parlor ethics on the road.

A Place for Books

Have you ever noticed that in all truly interesting homes—homes that impress you, there is always a place for books? This does not mean a separate library, however. There are many ways to include books in the furnishings of a home both to give an added touch of color as well as to convey an element of culture.

In this day and age of installment buying, anyone can have the conventional suite of furniture, rug, drapes, and radio. But books give a personal touch to the interior.

A fireplace arrangement with built-in bookshelves is an attractive feature, especially if the books are arranged according to the principles of color, size and balance as well as the subject matter of the volume. Built-in shelves on either side of a window with a built-in window seat and a deluge of comfortable pillows makes up the end of one very lovely informal living room, although built-in book shelves can be made to fit any odd nook or cranny in a room without necessarily occupying so much space.

A round Duncan Phyfe table that has a place all around it below the edge for books is a novel way of utilizing space by combining bookcase and table into one article of furniture. One or all of the shelves in the top of a secretary may be devoted to books which really is a very appropriate place them. Hanging book shelves, suspended over a Spinet desk or a table, are sometimes just the necessary needed.