Schools Sponsor Nutrition Program

Jean Bunge
Iowa State College

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IOWA STATE graduates are taking the lead in building a foundation for nutrition education in the elementary schools of Iowa. Using suggestions of the State Committee on Elementary Education, which investigates the health habits of Iowa school children, these graduates are promoting good nutrition among young students. "The Iowa Plan for Nutrition Education in Elementary Schools," a pamphlet published by the committee for the use of Iowa teachers, outlines a program for improving the eating habits of grade school children.

Each county has one home economics teacher in charge of the elementary nutrition program. These teachers are members of the County Nutrition Council. There are 87 counties in the program and 56 of the local chairmen are Iowa State graduates. In addition to the regular program being conducted, new methods of teaching have been initiated. Meetings are held with the teachers to give them new and up-to-date information. Home economics students in the high school are helping with the program by giving talks to the elementary pupils and assisting with rat feeding experiments.

Edna Mundt, M.S. '43, is the county chairman for Story County. "Nutrition Week in Aurelia" was the theme of a special program sponsored last year in Cherokee County by Merlene Nelson, '31, and her class.

Making posters to promote better eating habits in the school cafeteria, these art students are integrating the school nutrition program with their class projects.

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