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This is a Foreign Country

by Goldie Rouse

HOW would you like to go to a college in some foreign country to begin your home economics training or graduate work? College always demands a great adjustment in personal living and thinking habits. Going to a technical school in another country requires a still greater adjustment.

Enrolled in our Division of Home Economics are students from almost every state, and many from foreign countries. Some of them have had teachers who graduated from here or for other reasons recommended the college. Some foreign students have had firsthand information about the college from relatives or friends who have been here. These foreign students, besides acquiring information for themselves while here, provide an opportunity for Iowa State students to learn quickly and accurately about countries other than our own.

Bo Ock Lee, from the island of Wahiawa, Hawaii, said, "Do you call us foreigners? We are as much a part of the United States as any other citizens." She intends to major in dietetics and return to Hawaii. Also from Hawaii is Beatrice Ching from Honolulu. Her husband is doing dairy industry work and, like many wives on campus, she is taking home economics courses while he is finishing the courses for his degree. She was a stenographer in Honolulu and especially likes the economics course at Iowa State.

Gladys Saunders is doing graduate work as a senior fellow in Institution Management. She is on leave of absence from the University of Manitoba, Winnipeg, Canada. Miss Saunders expects to return to Manitoba next fall where she teaches in the school of home economics.

Another Canadian, Jean Glavais, is from New Glasgow, Nova Scotia. She is a senior research fellow in nutrition. A senior research fellow, besides receiving wages in the upper level paid by the college for fellowships, has more hours of teaching and less hours of class work than a research fellow.

Mildred Cruzen, from Carnduff, Saskatchewan, is a sophomore in education. She was favorably impressed by graduates of Iowa State who taught at a nearby university. She has not found the living conditions very different, but has noted the extreme friendliness of the student body, which is a comment by those from many states.

Julia Maroto is here with her brother from Cartago, Costa Rica. Together they are going to take back to their country the latest information about art design and interior decorating, as well as architectural engineering.

Beryl and Olive Sauerlender, from Constant Spring, Jamaica, also have a brother here. Beryl is a freshman and Olive is a sophomore majoring in Child Development. They are going to return to Jamaica, too, either to teach others or to use their training as a profession.

Across Alumnae Desks

"HOW many serving dishes did you use for dinner? A platter for meat; one bowl for potatoes, another, perhaps two or three other dishes, for more vegetables, salad? Count them—four or five large dishes to take down from the cupboard, to fill, carry to the table, take back again, wash, dry, and put away. One of the easiest ways to get rid of that cluttered, bowls-for-everything situation is to serve dinner on one large platter. You'll be surprised how often the hot foods of a meal do fit together—decoratively, too—in one big dish. Don't make hard work of your composition. Put it together quickly, casually—but be definite. The more you serve meals in this up-to-date, smart way, the more you'll enjoy them."—Genevieve Callahan, '20, Successful Farming, January, 1946

"THIRTY years in bed is a long time. When you know that's how much time the average person spends in bed, you realize how important comfort is. In beds, mattresses, and springs, as in all other types of home furnishings, the word comfort stands up right alongside quality. The best materials, the best designs and workmanship go together to make the most comfortable, as well as the most durable furnishings for the bedroom."—Toni DeLay, '45, Successful Farming, January, 1946

"A n ideally suited costume repeats the personality and physical appearance of the wearer. If she is tall slender girl with dignity and strength in her features, she will wear clothes that are plain, brilliant and rich in color. If they have surface pattern, it will best carry out her forcefulness if it has a large conventional or geometric design, widely spaced.

"Like a star twinkling beside a steadily shining moon, is the girl who is short, feminine, animated. She will appear in light, delicate pastel colors, and her dress will be designed in many small areas, with the use of bows, tucks, gathers and lace frills to emphasize her daintiness. The surface pattern of figured clothes will be small, floral and closely spaced. She will not wear strongly contrasted clothes but those close in value. The girl whose appearance swings somewhere between these two extremes learns to minimize the strong or dainty appearance by combining the two."—Mary Dodds, Mary Elizabeth Lush, Jo Ahern, Country Gentleman, February